

THE LANCET Neurology

Supplementary appendix

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Supplement to: Wilson D, Ambler G, Lee K-J, et al. Cerebral microbleeds and stroke risk after ischaemic stroke or transient ischaemic attack: a pooled analysis of individual patient data from cohort studies. *Lancet Neurol* 2019; published online May 23. [http://dx.doi.org/10.1016/S1474-4422\(19\)30197-8](http://dx.doi.org/10.1016/S1474-4422(19)30197-8).

Cerebral microbleeds and stroke risk after ischaemic stroke or transient ischaemic attack: a pooled analysis of individual patient data from cohort studies

Online appendix

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Table 1: Risk of bias assessment for the included cohorts

Cohort	Selection of cohorts	Assessment of exposure	Outcomes of interest not present at study inception?	Adjusting for variables associated with outcome	Assessment of presence/ absence of prognostic variables	Confidence in assessment of outcome	Follow up adequate?	Co-interventions similar between the groups?
CROMIS-2	++	++	++	++	++	++	++	+
HBS	++	++	++	++	++	++	++	+
Bern	++	++	++	++	++	+	+	+
CU-STRIDE	++	++	++	++	++	++	++	+
TABASCO	++	++	++	++	++	++	++	+
Graz	++	+	++	++	++	+	+	+
PERFORM-MRI	++	+	++	++	++	++	++	++
PARISK	++	++	++	++	++	++	++	++
SAMURAI	++	++	++	++	++	++	++	+
RUNDMC	++	++	++	++	++	++	++	+
Wuerzburg	++	++	++	++	++	+	++	++
Monash Stroke	++	++	++	++	++	++	++	+
Basal TIA	++	++	++	++	++	++	++	++
Yonsei	++	++	++	++	++	+	++	++
SNUBH Stroke Cohort	++	++	++	++	++	+	++	+
BIOSTROKE/TIA	++	++	++	++	++	+	++	+
Kushiro City	++	++	++	++	++	++	++	++
Soo	++	++	++	++	++	++	++	+
CASPER	++	+	++	++	++	++	++	+
HERO	++	++	++	++	++	++	++	++
HAGAKURE	++	++	++	++	++	++	++	++
Leuven	++	++	++	++	++	++	++	+
NOACISP	++	+	++	++	++	++	++	++
Min Lou	++	++	++	++	++	++	+	+
MICRO	++	++	++	++	++	++	++	+
Orken	++	++	++	++	++	+	++	+
CATCH	++	++	++	++	++	++	++	+
MSS2	++	++	++	++	++	++	+	++
Sainte-Anne	++	++	++	++	++	++	++	+
STROKEDEM	++	++	++	++	++	++	++	++
Singapore	++	++	++	++	++	+	++	++
Future Study	++	+	++	++	++	++	++	+
Heidelberg	++	++	++	++	++	+	++	+
NNI	++	++	++	++	++	++	++	+
OXVASC	++	++	++	++	++	++	++	++
HKU	++	++	++	++	++	++	++	++
IPAAC Warfarin	++	++	++	++	++	++	++	++
SIGNaL	++	++	++	++	++	++	++	++

Four-point risk of bias scale: ++ Low risk of bias, + minor risk of bias, -some risk of bias, -- high risk of bias

Studies were not eligible for inclusion if any of the criteria below were scored as - or --

Key for risk of bias assessment criteria

Selection of cohorts: ++ if exposed and unexposed participants are recruited from the same populations over the same time periods

Assessment of exposure: ++ use of validated scale for rating CMBs; + use of defined criteria for CMBS

Outcome of interest not present at study inception? ++ for all studies (all outcomes of interest require re-hospitalisation for an outcome event)

Adjusting for variables associated with outcome: ++ or + for all studies as we defined prespecified criteria for study entry

Assessment of presence or absence of prognostic variables: ++ if studies used pre-defined criteria for hypertension, diabetes, etc.

Confidence in assessment of outcome: ++ if outcome adjudicated blinded to CMBs; + if outcome was not adjudicated but blinded to CMBs and with imaging confirmation

Follow up adequate? ++ if less than 5% loss to follow up; + if less than 20% loss to follow up. As we used survival analysis, censoring is unlikely to introduce bias for studies with short follow up times

Co-interventions similar between the groups? ++ if antithrombotic decisions were made blinded to CMB presence; + if antithrombotic decisions were not blinded to CMB presence, but antithrombotic choices were similar among the CMB and non-CMB groups

Table 2. Baseline characteristics of patients with and without cerebral microbleeds (CMBs)

Variable	CMBs present n=5649	CMBs absent n=14673	p value
Age, mean (SD)	73 (13)	69 (11)	<0-0001
Sex (female), n (%)	2314 (41)	6279/14665 (43)	0-0166
Hypertension, n (%)	4338/5639 (78)	9977/14632 (68)	<0-0001
Previous stroke n (%)	1217/5644 (22)	2082/14646 (14)	<0-0001
Diabetes, n (%)	1380/5247 (26)	3121/12921 (24)	0-0024
Regular anticoagulants prior to index stroke, n (%)	392/3832 (10)	833/10335 (8)	<0-0001
Regular antiplatelets prior to index stroke, n (%)	1427/3829 (37)	3340/10315 (32)	<0-0001
Ischaemic heart disease, n (%)	829/5322 (16)	1779/13520 (13)	<0-0001
Antiplatelets at discharge, n (%)	3749 (66)	9606/14665 (66)	0-239
Anticoagulants at discharge, n (%)	2062 (37)	5675 (39)	0-00381
Statins on discharge, n (%)	2859/4377 (65)	7044/11100 (63)	0-0300

Table 3. Baseline characteristics of patients with and without any composite event (intracranial haemorrhage or ischaemic stroke) during follow up

Variable	All patients (n=20332)	Any composite event n=1461	No composite event n=18861	p value
Age, mean (SD)	70 (12)	72 (12)	70 (13)	<0-0001
Sex (female), n (%)	8593/20314 (42)	621 (43)	7972/18853 (42)	0-870
Hypertension, n (%)	14365/20271 (71)	1102/1460 (75)	13263/18811 (71)	<0-0001
Previous stroke, n (%)	3299/20290 (16)	371/1459 (25)	2928/18831 (16)	<0-0001
Diabetes, n (%)	4501/18168 (25)	375/1301 (29)	4126/16867 (24)	<0-0001
Regular anticoagulants prior to index stroke, n (%)	1225/14167 (9)	116/1043 (11)	1109/13124 (8)	0-00313
Regular antiplatelets prior to index stroke, n (%)	4767/14144 (34)	401/1041 (39)	4366/13103 (33)	0-000635
Ischaemic heart disease, n (%)	2608/18842 (14)	248/1409 (18)	2360/17433 (14)	<0-0001
Cerebral microbleed presence, n (%)	5649 (28)	542 (37)	5107 (27)	<0-0001
Antiplatelets at discharge, n (%)	12715/20312 (62)	1016 (70)	12339/18852 (65)	0-002
Anticoagulants at discharge, n (%)	7690 (38)	500 (34)	7237/18858 (38)	0-002
Statins on discharge, n (%)	9903/15477 (64)	652/1079 (60)	9251/14398 (64)	0-0116

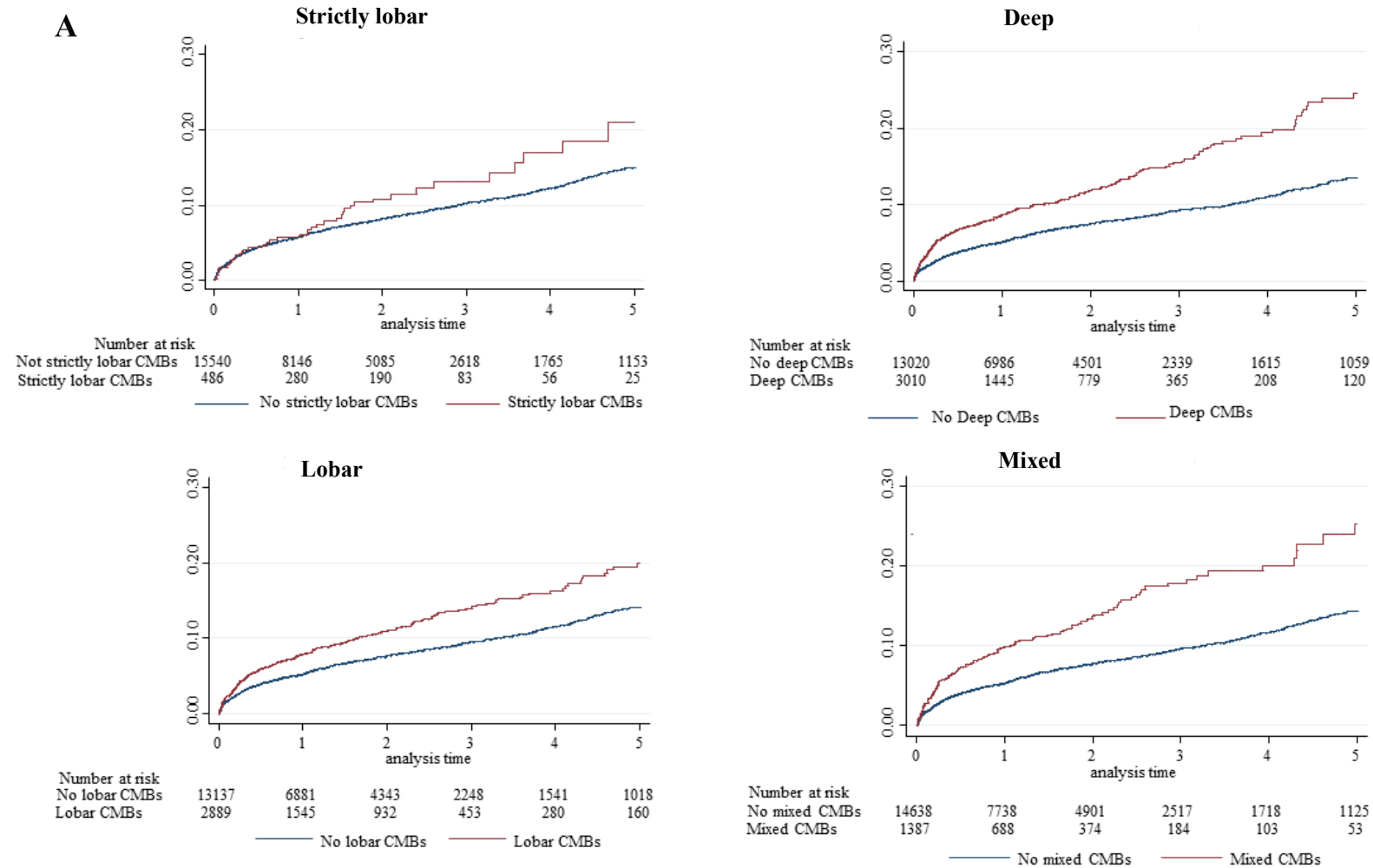
Table 4. Baseline characteristics of patients with and without intracranial haemorrhage during follow up

Variable	Intracranial haemorrhage present n=189	Intracranial haemorrhage absent n=16778	p value
Age, mean (SD)	75 (11)	71 (12)	<0.0001
Sex (female), n (%)	84 (44)	7162/16770 (43)	0.631
Hypertension, n (%)	146 (77)	11895/16728 (71)	0.0638
Previous stroke n (%)	52/188 (28)	2760/16747 (16)	<0.0001
Diabetes, n (%)	46/174 (26)	3437/14639 (23)	0.360
Regular anticoagulants prior to index stroke, n (%)	15/174 (9)	1210/13993 (9)	0.990
Regular antiplatelets prior to index stroke, n (%)	62/173 (36)	4705/13971 (34)	0.550
Ischaemic heart disease, n (%)	30/182 (16)	2294/15503 (15)	0.575
Cerebral microbleed presence, n (%)	98 (52)	4385 (26)	<0.0001
Antiplatelets at discharge, n (%)	108 (57)	10143/16769 (60)	0.350
Anticoagulants at discharge, n (%)	91 (48)	7021 (42)	0.081
Statins on discharge, n (%)	75/135 (56)	7106/11988 (59)	0.382

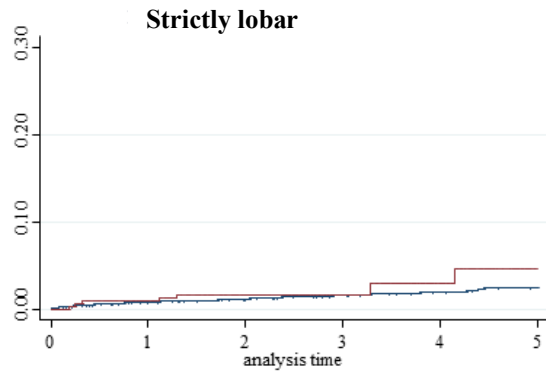
Table 5: Baseline characteristics of patients with and without ischaemic stroke during follow up

Variable	Ischaemic stroke present n=1113	Ischaemic stroke absent n=15854	p value
Age, mean (SD)	72 (11)	71 (12)	0-0004
Sex (female), n (%)	467 (42)	6779/15846 (43)	0-592
Hypertension, n (%)	836/1112 (75)	11205/15805 (71)	0-0230
Previous stroke n (%)	286/1112 (26)	2526/15823 (16)	<0-0001
Diabetes, n (%)	280/968 (29)	3203/13845 (23)	<0-0001
Regular anticoagulants prior to index stroke, n (%)	103/882 (12)	1122/13285 (8)	0-000941
Regular antiplatelets prior to index stroke, n (%)	347/881 (39)	4420/13263 (33)	0-000228
Ischaemic heart disease, n (%)	200/1068 (19)	2124/14419 (15)	0-000418
Cerebral microbleed presence, n (%)	380 (43)	4103 (26)	<0-0001
Antiplatelets at discharge, n (%)	673 (60)	8938/15844 (56)	0-00832
Anticoagulants at discharge, n (%)	376 (35)	6728 (42)	<0-0001
Statins on discharge, n (%)	434/781 (56)	6747/11342 (59)	0-0312

Figure 1: Kaplan Meier curves for CMB distributions and outcomes: A) Composite outcome; B) Intracranial haemorrhage; C) Ischaemic stroke

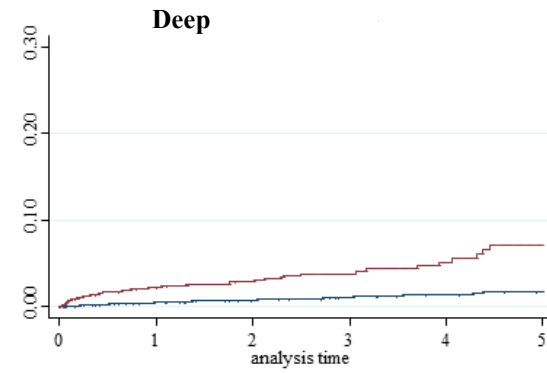


B



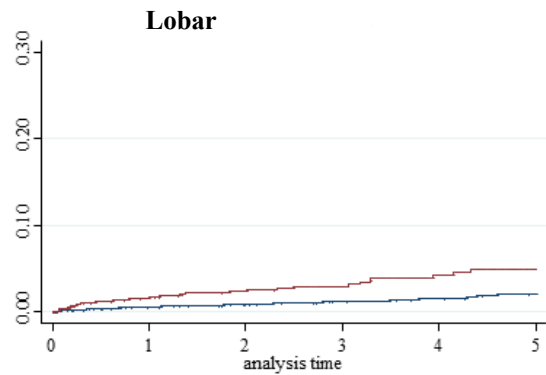
	Number at risk					
	0	1	2	3	4	5
No strictly lobar CMBs	12231	7441	5206	2705	1834	1198
Strictly lobar CMBs	421	272	200	87	59	27

— No strictly lobar CMBs — Strictly lobar CMBs



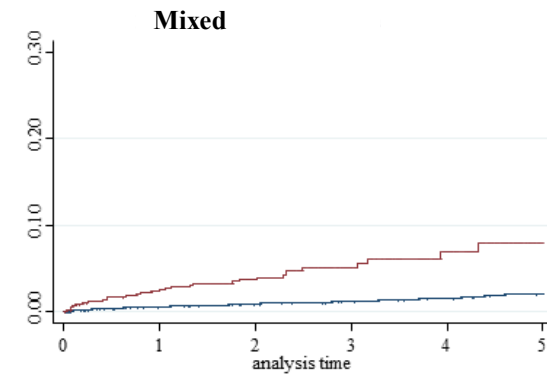
	Number at risk					
	0	1	2	3	4	5
No deep CMBs	10543	6486	4622	2415	1672	1099
Deep CMBs	2113	1232	789	380	223	127

— No deep CMBs — Deep CMBs



	Number at risk					
	0	1	2	3	4	5
No lobar CMBs	10386	6308	4447	2324	1599	1056
Lobar CMBs	2266	1405	959	468	294	169

— No lobar CMBs — Lobar CMBs



	Number at risk					
	0	1	2	3	4	5
No mixed CMBs	11614	7107	5024	2601	1781	1168
Mixed CMBs	1037	606	382	191	112	57

— No mixed CMBs — mixed CMBs

C

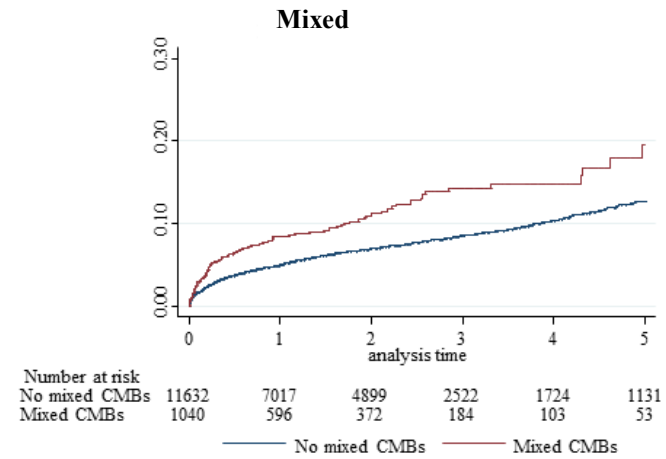
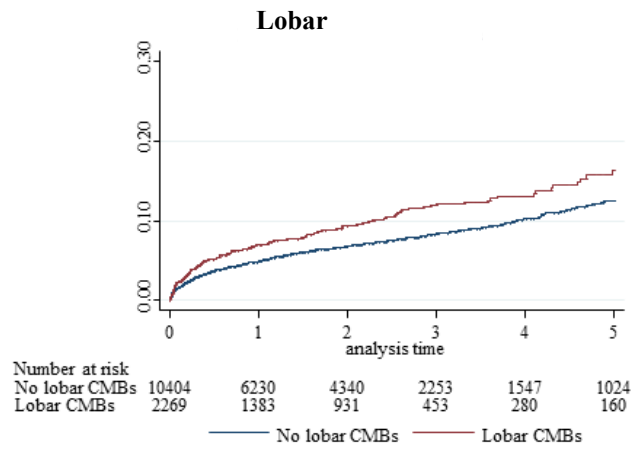
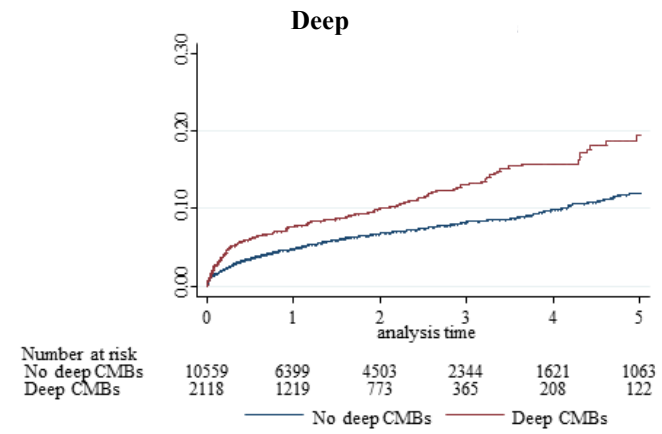
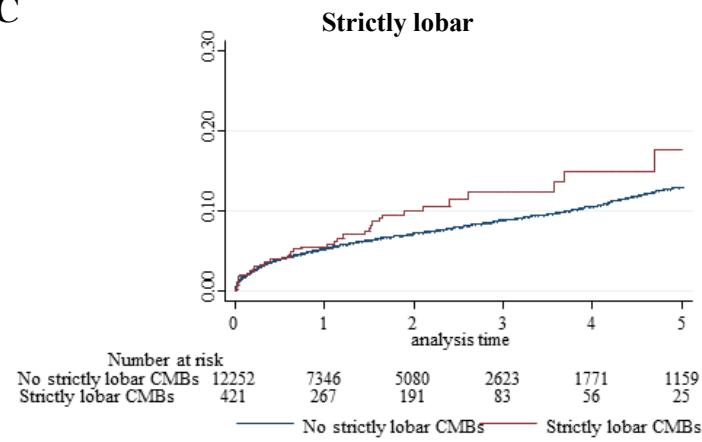
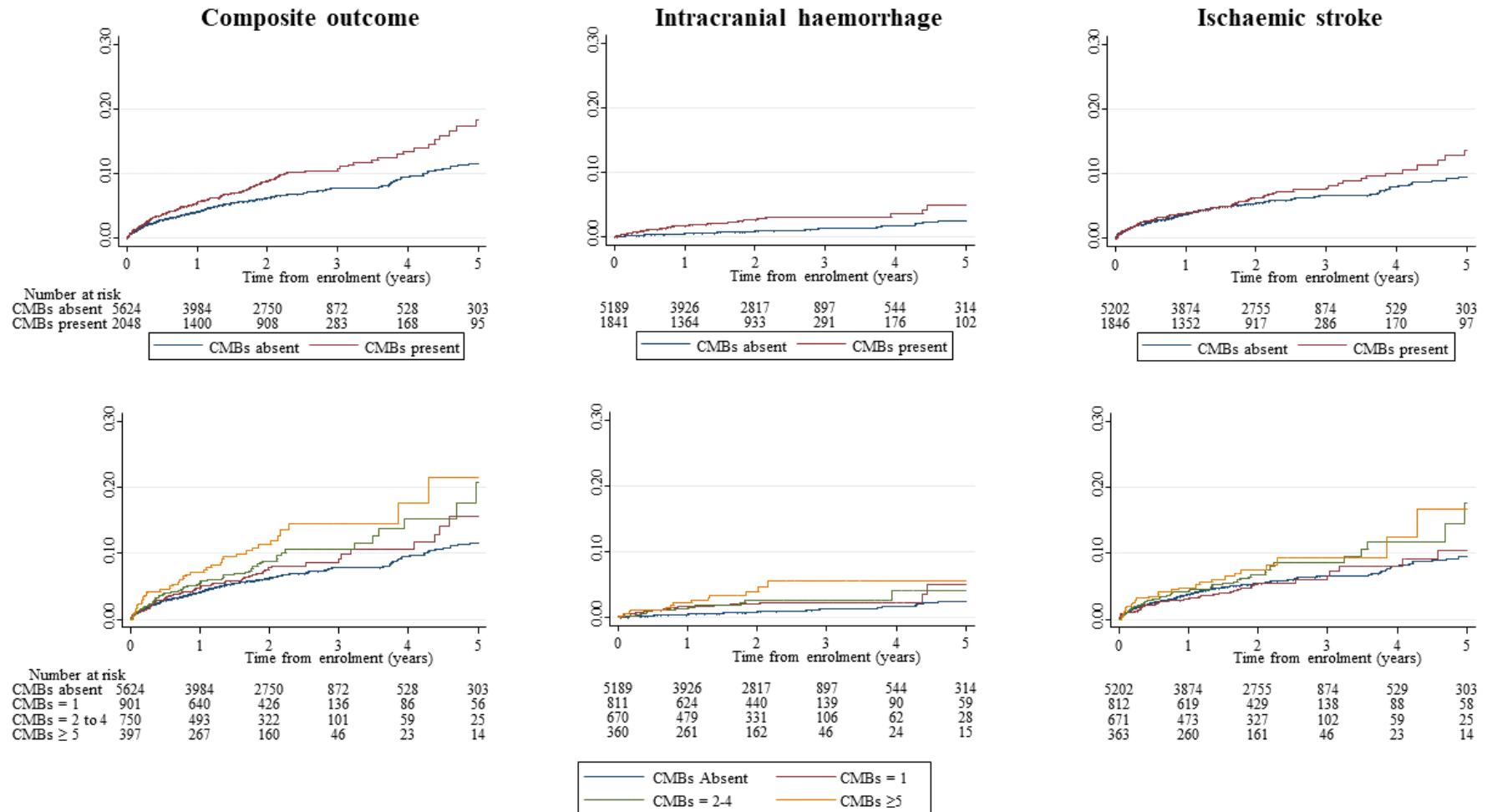


Figure 2: Kaplan Meier curves for CMB presence and burden in (A) Patients treated with oral anticoagulants (with or without antiplatelet drugs) (n=7,737); and (B) Patients treated with antiplatelet drugs only (n=11,520)

A



B

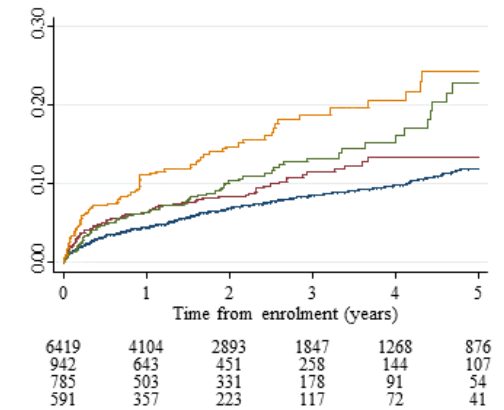
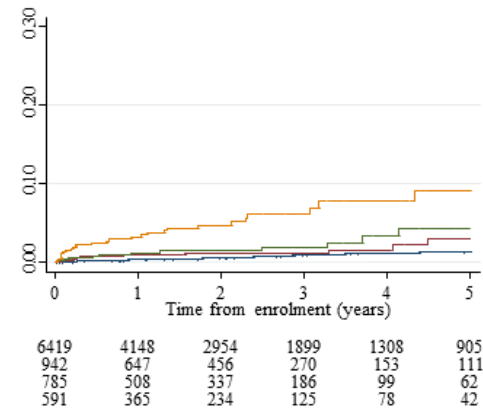
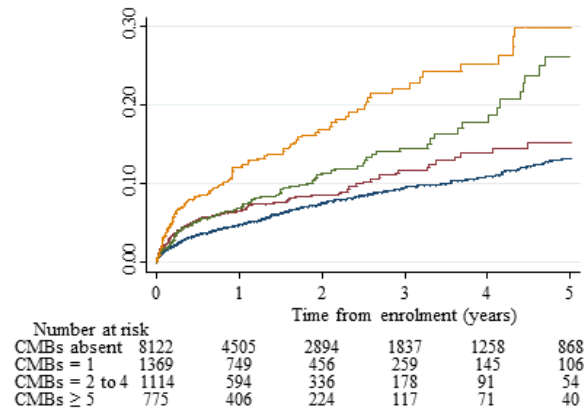
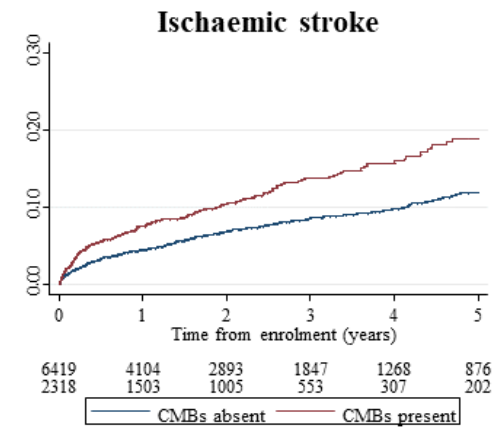
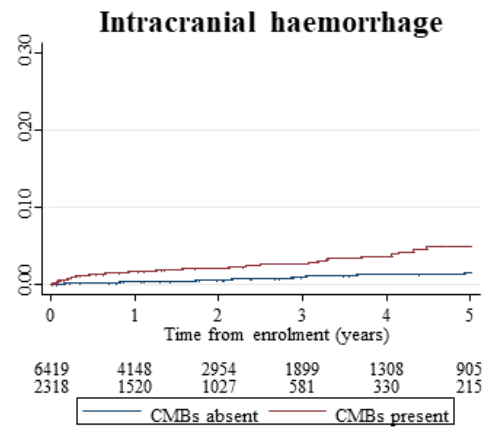
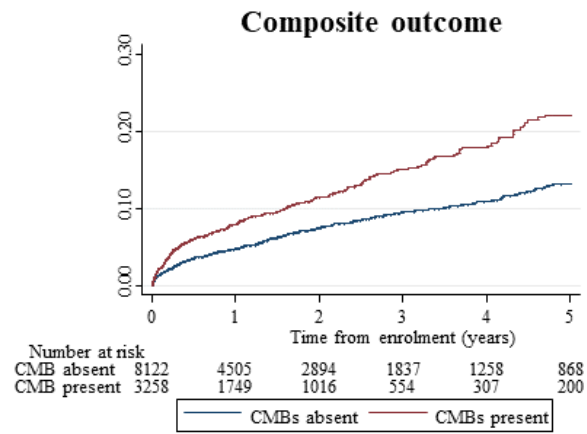


Figure 3. Forest plots for each outcome for all cohorts

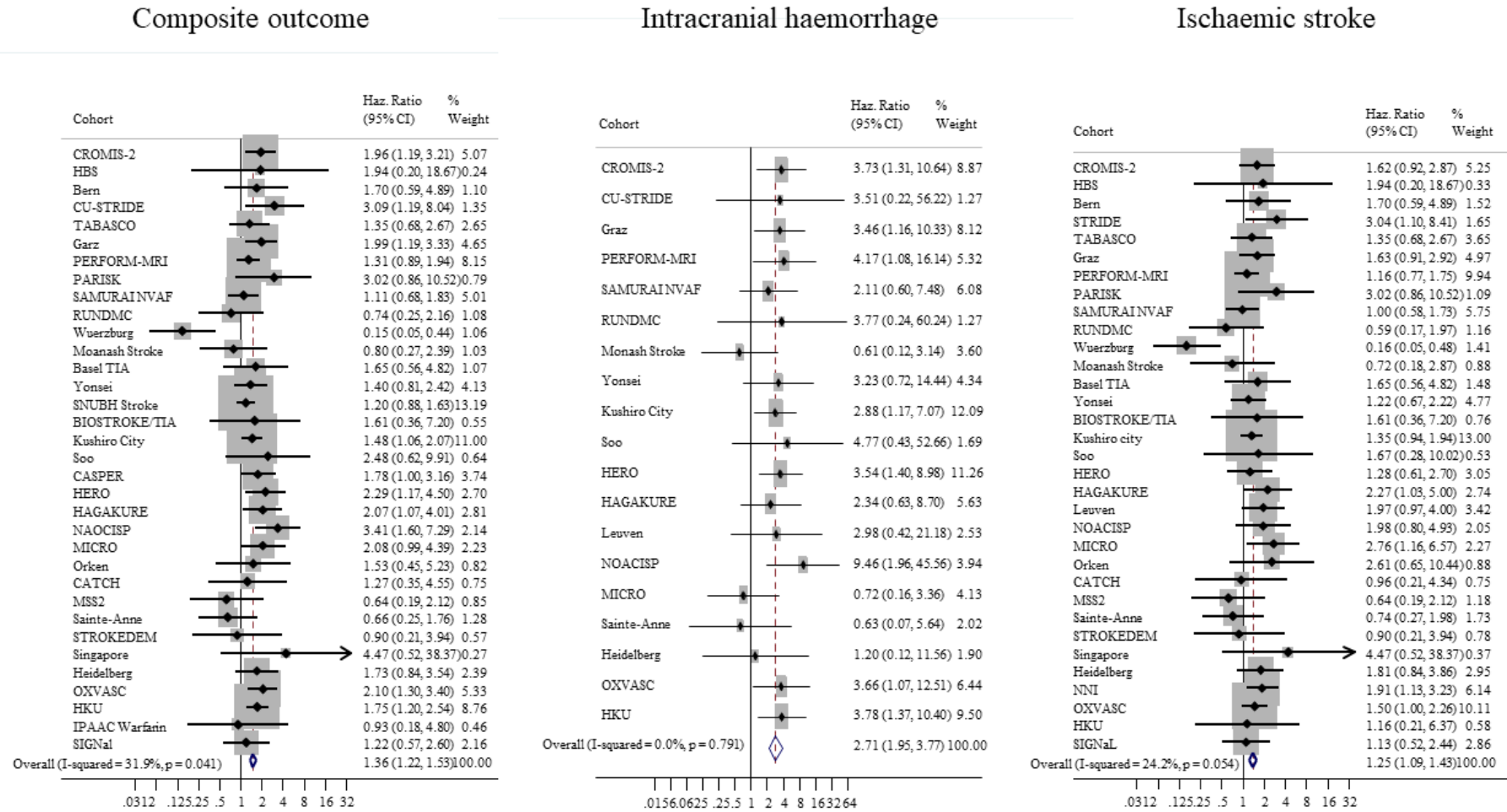


Table 6. Incidence and risk of outcome events according to baseline CMB in patients treated with antiplatelets only.

PATIENTS TREATED WITH ANTIPLATELET DRUGS ONLY (n=11520)												
Composite of intracranial haemorrhage and ischaemic stroke (n=11312 in multivariable models)					Symptomatic intracranial haemorrhage (n=8670 in multivariable models)				Symptomatic ischaemic stroke (n=8670 in multivariable models)			
	n/time at risk (years)	Rate/1000 patient years (95% CI)	Absolute rate increase/ 1000 patient years (95% CI)	Adjusted Hazard ratio (95% CI)	n/time at risk (years)	Rate/1000 patient years (95% CI)	Absolute rate increase/ 1000 patient years (95% CI)	Adjusted Hazard ratio (95% CI)	n/time at risk (years)	Rate/1000 patient years (95% CI)	Absolute rate increase/ 1000 patient years (95% CI)	Adjusted Hazard ratio (95% CI)
No CMB	544/14798	37 (34 to 40)	<i>Reference</i>	<i>Reference</i>	41/13518	3 (2 to 4)	<i>Reference</i>	<i>Reference</i>	424/13290	32 (29 to 35)	<i>Reference</i>	<i>Reference</i>
CMB present	343/5301	65 (58 to 72)	28 (24 to 32)	1.38 (1.19 to 1.59)	52/4541	11 (9 to 15)	8 (7 to 11)	2.59 (1.68 to 4.00)	240/4442	54 (47 to 61)	22 (18 to 26)	1.32 (1.11 to 1.56)
1 CMB	114/2340	49 (40 to 59)	12 (6 to 19)	1.20 (0.97 to 1.47)	12/1984	6 (3 to 11)	3 (1 to 7)	1.60 (0.83 to 3.08)	82/1951	42 (33 to 52)	10 (4 to 17)	1.22 (0.96 to 1.55)
2-4 CMBs	111/1759	63 (52 to 76)	26 (18 to 36)	1.25 (1.02 to 1.55)	13/1487	9 (5 to 15)	6 (3 to 11)	1.82 (0.95 to 3.47)	78/1457	54 (42 to 67)	22 (13 to 32)	1.20 (0.94 to 1.55)
≥5 CMBs*	118/1203	98 (81 to 117)	61 (47 to 77)	1.85 (1.50 to 2.28)	27/1069	25 (17 to 37)	22 (15 to 33)	5.69 (3.36 to 9.65)	80/1034	77 (61 to 96)	45 (32 to 61)	1.63 (1.27 to 2.09)
≥10 CMBs*	59/593	99 (76 to 128)	62 (42 to 88)	1.82 (1.38 to 2.40)	16/519	31 (18 to 50)	28 (16 to 46)	6.81 (3.67 to 12.63)	37/511	72 (51 to 100)	40 (22 to 65)	1.47 (1.04 to 2.07)
≥20 CMBs*	30/221	136 (92 to 194)	99 (58 to 154)	2.86 (1.97 to 4.96)	11/194	57 (28 to 101)	54 (26 to 97)	15.71 (7.69 to 32.11)	16/192	83 (48 to 135)	51 (19 to 100)	2.00 (1.20 to 3.32)
Mixed CMBs	102/1121	91 (74 to 110)	54 (40 to 70)	1.21 (0.96 to 1.52)	24/896	27 (17 to 40)	24 (15 to 36)	2.90 (1.64 to 5.13)	60/867	69 (53 to 89)	37 (21 to 54)	1.03 (0.76 to 1.39)
Deep CMBs	193/2320	83 (72 to 96)	46 (38 to 56)	1.22 (1.02 to 1.47)	34/1692	20 (14 to 28)	17 (12 to 24)	2.63 (1.54 to 4.47)	116/1647	70 (58 to 84)	38 (29 to 49)	1.11 (0.88 to 1.40)
Lobar CMBs	180/2423	74 (64 to 86)	37 (30 to 46)	1.26 (1.05 to 1.52)	31/2029	15 (10 to 22)	12 (8 to 18)	2.44 (1.44 to 4.15)	123/1973	62 (52 to 74)	30 (23 to 39)	1.26 (1.01 to 1.57)
Probable CAA	32/372	86 (59 to 121)	49 (25 to 81)	1.52 (1.07 to 2.18)	3/340	9 (2 to 26)	6 (0 to 22)	1.43 (0.44 to 4.59)	28/326	86 (57 to 124)	54 (28 to 89)	1.79 (1.21 to 2.63)

Footnote: CMB location HRs are compared to patients without CMBs in each location and are adjusted for CMB number in addition to our pre-specified variables, *overlapping categories

Secondary outcomes and sensitivity analyses

Secondary outcomes: death and vascular death

There were 2418 deaths, 484 of which were vascular. In multivariable analyses, CMB presence was not associated with all-cause death (aHR 1.03, 95% CI 0.94-1.12) or vascular death (aHR 0.97, 95% CI 0.79-1.19).

Ethnicity

There was no interaction between CMB and ethnicity (n=15123; 6743 white, 8380 Asian) for the risks of: the composite outcome of intracranial haemorrhage or ischaemic stroke (p-interaction=0.707); intracranial haemorrhage (p-interaction=0.537); or ischaemic stroke (p-interaction=0.654).

Age

There was no interaction between CMB and older age (4376 patients aged >80 years) for the risk of the composite outcome of intracranial haemorrhage or ischaemic stroke (p-interaction=0.538); intracranial haemorrhage (p-interaction=0.219); or ischaemic stroke (p-interaction=0.286).

Sensitivity analysis to quantify heterogeneity

Using a two-stage meta-analysis, the estimated risks associated with CMB presence were consistent with our main model for: the composite of intracranial haemorrhage or ischaemic stroke (heterogeneity ($I^2=31.7\%$)); intracranial haemorrhage ($I^2=0\%$); and ischaemic stroke ($I^2=24.2\%$). The forest plots are shown above, in appendix Figure 3.

Sensitivity analysis including white matter hyperintensities

23 cohorts, including 10,235 patients, provided ratings for WMH, which were moderate to severe (Fazekas grade ≥ 2) in 3,105 (30%). Including WMH in multivariable models did not substantially change the aHR

associated with the presence of CMBs for the composite outcome (aHR 1.30, 95% CI 1.12-1.52), intracranial haemorrhage (aHR 2.44, 95% CI 1.68-3.53) or for ischaemic stroke (aHR 1.16, 95% CI 0.98-1.37).

Sensitivity analysis including only intracerebral, convexity subarachnoid and subdural intracranial haemorrhage

183 patients had a symptomatic intracranial haemorrhage during 32,847 patient-years of follow up. The risk of symptomatic intracranial haemorrhage was 2.59 (95% CI 1.91-3.50) times higher for patients with CMBs than patients without CMBs and rose with increasing CMB burden. Compared to no CMBs, aHRs were: 1.92 (95% CI 1.25-2.94) for 1 CMB; 2.02 (95% CI 1.30-3.16) for 2-4 CMBs; 4.88 (95% CI 3.29-7.25) for ≥ 5 CMBs; 5.87 (95% CI 3.56-9.66) for ≥ 10 CMBs; and 9.32 (95% CI 5.06-17.16) for ≥ 20 CMBs. These results are consistent with our primary findings.

Incidence of outcome events beyond the first year and change in risks over time

There were 102 intracranial haemorrhage events over 12,794 patient-years of follow up within the first year, and 87 symptomatic intracranial haemorrhages over 31,059 patient-years of follow-up after the first year. In patients with CMBs, the incidence of intracranial haemorrhage (per 1000 patients-years) was 18 (95% CI 14-23) within the first year, and 5 (95% CI 3-6) after the first year.

There were 696 ischaemic strokes over 12,873 patient-years of follow up within the first year, and 417 symptomatic ischaemic strokes during 30,447 patient-years of follow up after the first year. In patients with CMBs the incidence of symptomatic ischaemic stroke within the first year was 70 (95% CI 62-80), and 18 (95% CI 15-21) after the first year. Accounting for death as a competing risk, we found no evidence for a change in risk over time associated with CMB presence for intracranial haemorrhage (subdistribution Hazard Ratio [SHR] 4.96, 95% CI 3.18-7.74 at day 0 vs. 4.81, 95% CI 3.15-7.35 after 1 year) or ischaemic stroke. (SHR 1.46, 95% CI 1.23-1.73 at day 0 vs. 1.49, 95% CI 1.27-1.75 after 1 year).

Table 7. Baseline characteristics of patients according to whether they received treatment with antithrombotic drugs (antiplatelet drugs or oral anticoagulants) following ischaemic stroke or TIA.

Variable	Antithrombotic drug treatment received n=1065	Antithrombotic drug treatment not received n=19257	p value
Age mean (SD)	72 (14)	70 (13)	<0.0001
Sex (female), n (%)	489 (46)	8104/19257 (42)	0.0074
Hypertension, n (%)	727/1051 (69)	13638/19220 (71)	0.215
Previous ischaemic stroke, n (%)	171/1044 (16)	2762/18156 (15)	0.101
Previous intracranial haemorrhage, n (%)	45/742 (6%)	319/16480 (2)	<0.0001
Diabetes, n (%)	261/905 (27)	4240/17203 (25)	0.0930
Regular anticoagulants prior to index stroke, n (%)	105/829 (13)	1120/13338 (8)	<0.0001
Regular antiplatelets prior to index stroke, n (%)	221/826 (27)	4546/13318 (34)	<0.0001
Ischaemic heart disease, n (%)	158/984 (16)	2450/17858 (14)	0.0387
Stroke (vs. TIA) at study entry, n (%)	967/1064 (91)	15901/19247 (83)	<0.0001
Cerebral microbleed presence, n (%)	306 (29)	5243 (28)	0.484