# An Evaluation of the Impact of Co-occurring Anxiety and Substance Use Disorder on Bipolar Disorder Illness Outcomes in STEP-BD (JAD-2018-1672)

Reviewer Supplement

## Use of Current (as Opposed to Lifetime) Co-occurring Diagnoses: Associations between "Substance Use Problems," "Pathological Anxiety," and Select, Evaluated Clinical Variables

(only models [n=4] in which lifetime Substance Use Problems originally failed to significantly predict a given clinical variable when jointly modeled with Pathological Anxiety were evaluated)

**Conclusion:** Although 2 of the 4 evaluated models demonstrated different results (i.e., Substance Use Problems significantly predicting the outcome in question), the new-found associations involving Substance Use Problems were small (unlikely to be "clinically" significant) and associated with correspondingly large p-values (i.e., p=0.023-0.024) that would not survive correction for multiple comparisons.

ST	VUIDV	RDT7F	D MODE	I RESII	II TS

STDYX Standardization

INT = Pathological Anxiety
EXT = Substance Use Problems

%anxious

STDYX Standardization

%depressed

	Estimate	S.E.	Est./S.E.	Two-Tailed P-Value		Estimate	S.E.	Est./S.E.	Two-Tailed P-Value
INT BY					INT BY				
PHOBIAC	0.606	0.045	13.492	0.000	PHOBIAC	0.613	0.046	13.268	0.000
OCDC	0.529	0.036	14.841	0.000	OCDC	0.521	0.038	13.881	0.000
PTSDC	0.569	0.044	12.850	0.000	PTSDC	0.573	0.042	13.785	0.000
GENANXC	0.527	0.034	15.712	0.000	GENANXC	0.476	0.033	14.414	0.000
AGC	0.910	0.024	38.269	0.000	AGC	0.930	0.020	47.004	0.000
PDC	0.879	0.023	38.854	0.000	PDC	0.887	0.019	45.820	0.000
EXT BY					EXT BY				
ALCDEPC	0.883	0.042	20.810	0.000	ALCDEPC	0.883	0.043	20.711	0.000
ALCABUSC	0.919	0.038	24.053	0.000	ALCABUSC	0.921	0.038	24.244	0.000
DRUGDEPC	0.779	0.039	20.146	0.000	DRUGDEPC	0.778	0.039	20.009	0.000
DRUGABC	0.795	0.030	26.854	0.000	DRUGABC	0.794	0.029	27.227	0.000
ANXDAY ON					DEPDAY ON				
INT	0.466	0.014	33.987	0.000	INT	0.348	0.022	16.069	0.000
EXT	0.060	0.026	2.262	0.024	EXT	0.063	0.028	2.268	0.023
EXT WITH					EXT WITH				
INT	0.240	0.038	6.398	0.000	INT	0.238	0.037	6.366	0.000
Intercepts					Intercepts				
ANXDAY	1.040	0.031	33.921	0.000	DEPDAY	1.444	0.053	27.270	0.000
Thresholds					Thresholds				
PHOBIAC\$1	1.006	0.093	10.794	0.000	PHOBIAC\$1	1.005	0.093	10.783	0.000
OCDC\$1	1.399	0.069	20.252	0.000	OCDC\$1	1.396	0.069	20.204	0.000
PTSDC\$1	1.360	0.084	16.198	0.000	PTSDC\$1	1.358	0.083	16.267	0.000
ALCDEPC\$1	1.402	0.069	20.309	0.000	ALCDEPC\$1	1.401	0.069	20.252	0.000
ALCABUSC\$1	1.322	0.054	24.594	0.000	ALCABUSC\$1	1.321	0.054	24.550	0.000
DRUGDEPC\$1	1.575	0.062	25.511	0.000	DRUGDEPC\$1	1.574	0.061	25.603	0.000
DRUGABC\$1	1.481	0.064	22.967	0.000	DRUGABC\$1	1.480	0.064	23.031	0.000
GENANXC\$1	0.923	0.080	11.578	0.000	GENANXC\$1	0.916	0.079	11.570	0.000
AGC\$1	1.167	0.099	11.844	0.000	AGC\$1	1.161	0.097	11.923	0.000
PDC\$1	1.203	0.083	14.418	0.000	PDC\$1	1.195	0.083	14.475	0.000

STANDARDIZED MODEL RESULTS

LIFE-Rift

INT = Pathological Anxiety EXT = Substance Use Problems

**Rapid Cycling** 

STDYX Standardization

STDYX Standardization

	Estimate	S.E.	Est./S.E.	Two-Tailed P-Value		Estimate	S.E.	Est./S.E.	Two-Ta P-Va
INT BY					INT BY				
PHOBIAC	0.613	0.045	13.730	0.000	PHOBIAC	0.606	0.050	12.192	0.
OCDC	0.522	0.038	13.723	0.000	OCDC	0.521	0.036	14.434	0.
PTSDC	0.577	0.039	14.675	0.000	PTSDC	0.561	0.043	13.148	0.
GENANXC	0.467	0.033	14.203	0.000	GENANXC	0.462	0.037	12.439	0.
AGC	0.935	0.020	47.886	0.000	AGC	0.929	0.019	50.098	0.
PDC	0.881	0.021	41.630	0.000	PDC	0.888	0.021	41.993	0.
EXT BY					EXT BY				
ALCDEPC	0.883	0.043	20.328	0.000	ALCDEPC	0.883	0.043	20.667	0.
ALCABUSC	0.920	0.039	23.563	0.000	ALCABUSC	0.919	0.039	23.318	0.
DRUGDEPC	0.780	0.039	19.794	0.000	DRUGDEPC	0.781	0.039	19.868	0.
DRUGABC	0.798	0.030	26.890	0.000	DRUGABC	0.798	0.030	26.668	0.
LRTOT ON									
INT	0.366	0.023	15.651	0.000	RAPIDC ON				_
EXT	0.027	0.023	1.173	0.241	INT	0.311	0.060	5.226	0.
EXT WITH					EXT	0.036	0.039	0.935	0.
INT	0.240	0.040	5.936	0.000	EXT WITH				
	3.2.3		2,722	3,335	INT	0.240	0.040	5.999	0.
Intercepts									
LRTOT	3.046	0.129	23.598	0.000	Thresholds				
					PHOBIAC\$1	1.003	0.094	10.689	0.
Thresholds					OCDC\$1	1.396	0.069	20.107	0.
PHOBIAC\$1	1.004	0.094	10.684	0.000	PTSDC\$1	1.356	0.084	16.112	0.
OCDC\$1	1.396	0.069	20.125	0.000	ALCDEPC\$1	1.400	0.069	20.220	0.
PTSDC\$1	1.358	0.084	16.236	0.000	ALCABUSC\$1	1.321	0.054	24.467	0.
ALCDEPC\$1	1.401	0.069	20.224	0.000	DRUGDEPC\$1	1.574	0.062	25.550	0.
ALCABUSC\$1	1.321	0.054	24.498	0.000	DRUGABC\$1	1.480	0.064	22.957	0.
DRUGDEPC\$1	1.574	0.062	25.581	0.000	GENANXC\$1	0.914	0.080	11.452	0.
DRUGABC\$1	1.480	0.064	22.998	0.000	RAPIDC\$1	0.141	0.096	1.476	0.
GENANXC\$1	0.915	0.080	11.404	0.000	AGC\$1	1.158	0.100	11.599	0.
AGC\$1	1.160	0.099	11.755	0.000	PDC\$1	1.193	0.085	14.109	0.
PDC\$1	1.194	0.084	14.250	0.000	10091	1.173	0.003	14.103	0.

# Moderation Analyses: Associations between "Substance Use Problems," "Pathological Anxiety," and Evaluated Clinical Variables BY Bipolar Disorder Subtype (I vs. II)

(All models were tested, however only models with statistically significant interactions were included in this report)

Conclusion: Three of the 10 evaluated models demonstrated significant interactions between Bipolar Disorder subtype and self-reported %depressed, %elevated, and %anxious days in the year preceding assessment. Once again, these three moderation effects were small in magnitude and associated with relatively large p-values that would be unlikely to survive control for multiple comparisons. Interpretation of these interactions is also not entirely clear. For example, individuals with Bipolar II Disorder had relatively more depressed days, however, individuals with Bipolar I Disorder had a somewhat stronger association between Pathological Anxiety and %depressed days. Furthermore, given that we did not have a priori hypotheses concerning how associations between Pathological Anxiety, Substance Use Problems, and clinical variables would be moderated by Bipolar subtype, we do not feel comfortable attempting to interpret these findings.

## Tests of Between-Subjects Effects

AYS_	YR
ļ	YS_

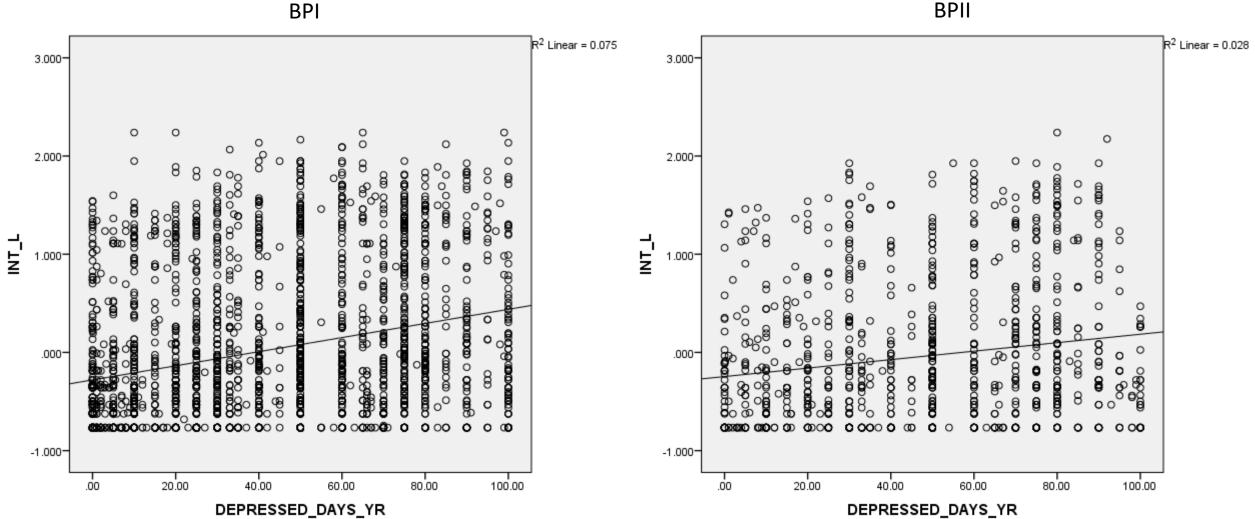
BPIVIIC	32629.949	1	32629.949	39.456	.000
INT_L	95664.432	1	95664.432	115.676	.000
EXT_L	238.678	1	238.678	.289	.591
BPIVIIC * INT_L	3730.734	1	3730.734	4.511	.034
BPIVIIC * EXT_L	1590.903	1	1590.903	1.924	.166



			95% Confidence Interval			
BPIVIIC	Mean	Std. Error	Lower Bound	Upper Bound		
.00	41.313 <sup>a</sup>	.637	40.063	42.562		
1.00	48.235 <sup>a</sup>	.943	46.386	50.084		

a. Covariates appearing in the model are evaluated at the following values: INT\_L = -.00270, EXT\_L = -.00294.

BPII



### Tests of Between-Subjects Effects

Dependent Variable: ELEVATED\_DAYS\_YR

BPIVIIC	5268.095	1	5268.095	12.198	.000
INT_L	2677.468	1	2677.468	6.200	.013
EXT_L	3444.616	1	3444.616	7.976	.005
BPIVIIC * INT_L	1662.244	1	1662.244	3.849	.050
BPIVIIC * EXT_L	2659.058	1	2659.058	6.157	.013

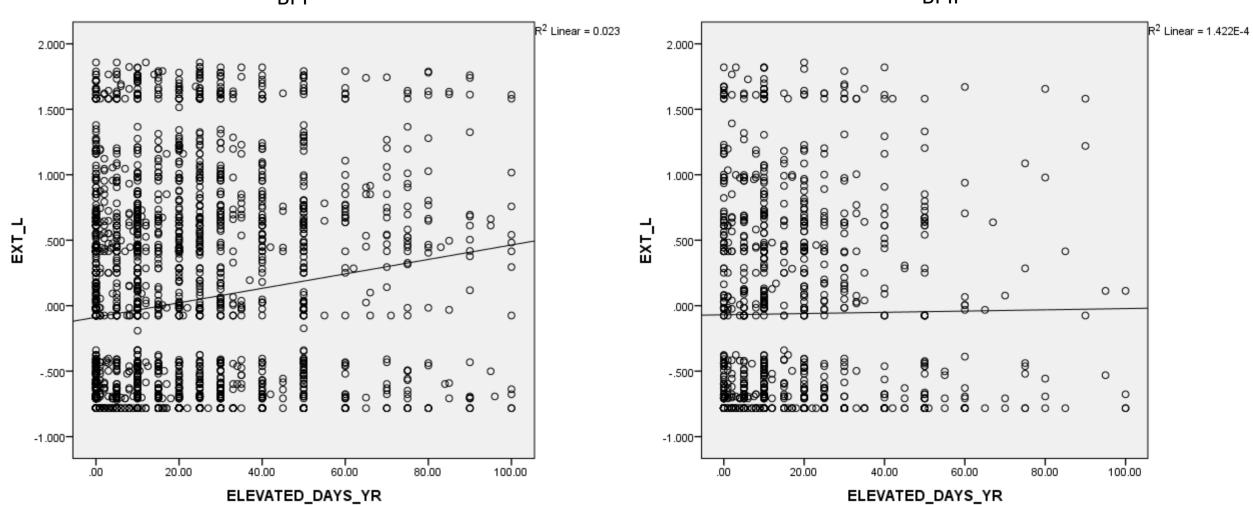
Dependent Variable: ELEVATED\_DAYS\_YR

			95% Confidence Interval		
BPIVIIC	Mean	Std. Error	Lower Bound	Upper Bound	
.00	20.227 <sup>a</sup>	.461	19.323	21.132	
1.00	17.453 <sup>a</sup>	.685	16.110	18.795	

a. Covariates appearing in the model are evaluated at the following values: INT\_L = -.00304, EXT\_L = -.00134.

**BPI** 





## Tests of Between-Subjects Effects

Dependent Variable: ANXIETY_DAYS_YR							
BPIVIIC	5617.856	1	5617.856	5.601	.018		
INT_L	278960.017	1	278960.017	278.100	.000		
EXT_L	2189.044	1	2189.044	2.182	.140		
BPIVIIC * INT_L	354.582	1	354.582	.353	.552		
BPIVIIC * FXT I	4467 310	1	4467 310	4 454	035		

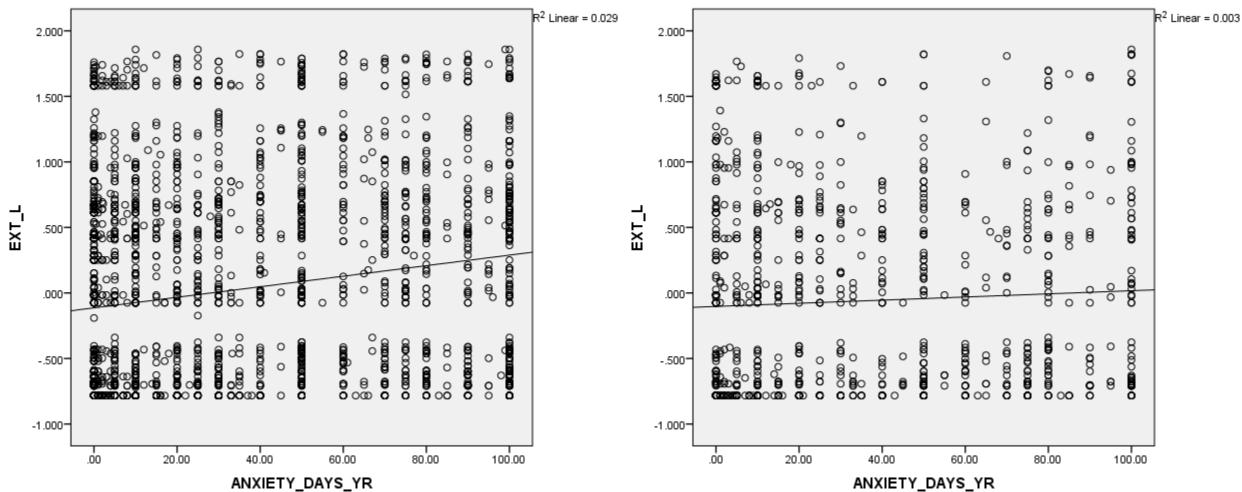
Dependent Variable: ANXIETY\_DAYS\_YR

			95% Confidence Interval		
BPIVIIC	Mean	Std. Error	Lower Bound	Upper Bound	
.00	33.993 <sup>a</sup>	.707	32.607	35.379	
1.00	36.880ª	1.043	34.835	38.925	

BPII

BPI





a. Covariates appearing in the model are evaluated at the following values: INT\_L = -.00127, EXT\_L = -.00097.