

Table S1. Description of intervention schedule.

Session	Time from first session (days)			<i>p</i>
	Control (<i>n</i> = 12)	Selenium (<i>n</i> = 14)	Total (<i>n</i> = 26)	
Second session	3.3 ± 0.8	3.0 ± 1.1	3.2 ± 1.0	0.560
Third session	6.9 ± 1.9	6.4 ± 2.1	6.6 ± 2.0	0.432
Fourth session	9.8 ± 2.4	9.9 ± 3.7	9.8 ± 3.1	0.667
Fifth session	13 ± 2.8	13 ± 5.1	13 ± 4.2	0.940

Values are presented as mean ± standard deviation (SD). Significant differences between groups were determined by Mann–Whitney *U* test.

Table S2. Proportion of patients by lymphedema stage.

	CTRL (<i>n</i> = 12)			SE (<i>n</i> = 14)		
	Baseline	2-week	Follow-up	Baseline	2-week	Follow-up
Stage II	1 (8.33)	1 (8.33)	2 (16.7)	2 (14.3)	11 (78.6)	12 (85.7)
Stage III	11 (91.7)	11 (91.7)	10 (83.3)	12 (85.7)	3 (21.4)	2 (14.3)
<i>p</i> [*]	0.309			0.001		
<i>p</i> [†]	0.002					

Values are presented as *n* (%). * *p*-values were determined by generalizing estimating equation using time as a fixed effect. † *p*-values were determined by generalizing estimating equation using time × group as a fixed effect.