

**Supplement 3.** Patient reported experience of early mobilisation on Day 1 and pain control on Day 7 telephone survey following successful fast-track.

Women who remained on the fast-track pathway were surveyed on Day 1 prior to discharge to determine their experience of early mobilisation (n=63) on a scale of 1 to 5 where 1 is not satisfied and 5 is very satisfied (light red). Women were also surveyed at 7 days and asked to report their overall experience of pain control since caesarean section (n=52) (dark red). Women reported pain control as a score of 1 to 10 where 1 was poor and 10 was excellent. The data was then transformed to a 5-point scale for purposes of graphical comparison by dividing the score by two and rounding to the nearest 1 significant figure.