

**S4 Table. Body weight (BW), rectal temperatures, baseline HR and HR means during the different phases of the treadmill in control and treated groups.** Values are medians and interquartile ranges.

Parameter	Group		P value
	Control	Treated	
<b>BW (kg) before starting the nutritional treatment (T0)</b>	26.7 (26.2, 28.3)	25.4 (21.7, 27.3)	0.209
<b>BW (kg) after the nutritional treatment (T1)</b>	27.0 (26.3, 28.2)	25.8 (22.0, 27.3)	0.259
<b>Baseline Rectal temperatures (°C)</b>	38.4 (38.1, 39.0)	38.7 (38.3, 39.2)	0.383
<b>Rectal temperatures after treadmill (°C)</b>	39.2 (38.9, 39.5)	39.2 (38.9, 39.5)	1.000
<b>Rectal temperatures after recovery (°C)</b>	39.0 (38.7, 39.0)	38.7 (38.5, 38.9)	0.259
<b>Baseline HR (bpm)</b>	109 (101, 118)	95 (93, 106)	0.209
<b>HR mean during Phase 1 (bpm)</b>	125 (97, 137)	122 (117, 157)	0.620
<b>HR mean during Phase 2 (bpm)</b>	127 (100, 139)	123 (121, 153)	0.620
<b>HR mean during Phase 3 (bpm)</b>	159 (114, 164)	142 (138, 158)	1.000
<b>HR mean during Phase 4 (bpm)</b>	133 (105, 143)	120 (107, 133)	0.535

Phase 1: 5 min at a 2.5% incline at 3.8 km/h.

Phase 2: 5 min at a 5% incline at 3.8 km/h.

Phase 3: 10 min at a 2.5% incline at 7.0-8.0 km/h.

Phase 4: 7 min of cool down at a 2.5% incline at 3.8 km/h.

P values from Mann-Whitney tests.