

Supplement 1: Semi structured interview schedule

1. How important do you think physical activity is for adolescents with CF?
 - a. Why?
2. Who should be promoting physical activity for adolescents with CF?
3. What do you think the biggest barriers are to adolescents with CF being physically active?
 - a. How would you help them overcome this?
4. How do you encourage adolescents to be physically active?
 - a. What information or issues do you consider when promoting physical activity?
 - b. How do you encourage those who are not motivated?
 - c. How effective do you think these approaches are? Why?
5. Can you give me an example of how you encourage adolescents to be physically active?
6. In which situations / for which patients (if any) are you least likely to promote PA?
 - a. Why?
7. Is there anything you feel you need to improve physical activity promotion?
 - a. Is there any more information / training that would be useful?
8. Would any organisational or cultural changes facilitate the promotion of physical activity?
9. Is there anything else you want to say?