

PubMed

- #1 "Randomized Controlled Trial" [Publication Type] OR "Controlled Clinical Trial" [Publication Type]
 - #2 (((placebo[Title/Abstract]) OR randomized[Title/Abstract]) OR randomly[Title/Abstract]) OR trial[Title/Abstract]) OR groups[Title/Abstract]
 - #3 ("Animals"[Mesh]) NOT "Humans"[Mesh]
 - #4 (#1 OR #2) NOT #3
 - #5 "Spondylarthritis"[Mesh]
 - #6 "Spondylitis, Ankylosing"[Mesh]
 - #7 "Sacroiliitis"[Mesh]
 - #8 (((((Bechterew Disease[Title/Abstract]) OR Marie-Struempell Disease[Title/Abstract]) OR Ankylosing Spondylitis[Title/Abstract]) OR AS[Title/Abstract]) OR axSpA[Title/Abstract]) OR axial spondyloarthritis[Title/Abstract]
 - #9 (((axial[Title/Abstract]) OR spin*[Title/Abstract]) OR peripheral[Title/Abstract]) OR vertebral[Title/Abstract]
 - #10 (((joint*[Title/Abstract]) OR spondyloarthritis[Title/Abstract]) OR arthritis[Title/Abstract]) OR ankylosing[Title/Abstract]
 - #11 #9 AND #10
 - #12 #5 OR #6 OR #7 OR #8 OR #11
 - #13 "Exercise"[Mesh]
 - #14 "Exercise Therapy"[Mesh]
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#15 "Exercise Movement Techniques"[Mesh]
#16 "Physical Therapy Modalities"[Mesh]
#17 "Motor Activity"[Mesh]
#18 "Rehabilitation"[Mesh]
#19 "Proprioception"[Mesh]
#20 (((((program*[Title/Abstract]) OR therap*[Title/Abstract]) OR behavior*[Title/Abstract]) OR intervention*[Title/Abstract]) OR train*[Title/Abstract]) OR activit*[Title/Abstract])
#21 exercise AND #20
#22 physical AND #20
#23 (((AS[Title/Abstract]) OR non drug*[Title/Abstract]) OR non pharmacological*[Title/Abstract]) OR complementary[Title/Abstract]
#24 ((management[Title/Abstract]) OR intervention*[Title/Abstract]) OR treatment*[Title/Abstract]
#25 #23 AND #24
#26 ((((((Train*[Title/Abstract]) OR exercise*[Title/Abstract]) OR therap*[Title/Abstract]) OR fitness[Title/Abstract]) OR program*[Title/Abstract]) OR reeducation[Title/Abstract]) OR rehab*[Title/Abstract]
#27 (((home[Title/Abstract]) OR water[Title/Abstract]) OR spa[Title/Abstract]) OR group[Title/Abstract]
#28 #26 AND #27
#29 (((((((((sport*[Title/Abstract]) OR recreation*[Title/Abstract]) OR walk*[Title/Abstract]) OR swim*[Title/Abstract]) OR

bike*[Title/Abstract]) OR cycl*[Title/Abstract]) OR ergomet*[Title/Abstract]) OR danc*[Title/Abstract]) OR yoga[Title/Abstract])
OR tai chi [Title/Abstract]

#30 (hydrotherapy[Title/Abstract]) OR balneotherapy[Title/Abstract]

#31 #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #21 OR #22 OR #25 OR #28 OR #29 OR #30

#32 #4 AND #12 AND # 31
