**Supplementary table: self-perceived health status (excellent or good; average or poor) by associated factors**

| | Self-perceived health status | | |
| --- | --- | --- | --- |
| | Excellent/good N (%) | Average/poor N (%) | Total N (%) |
| **Educational level (Chi2 test, p<0.01)** | | | |
| Bachelor's degree and higher | 157 (84.4) | 29 (15.6) | 186 (100) |
| High school degree | 146 (76.4) | 45 (23.6) | 191 (100) |
| Less than high school diploma | 45 (60.8) | 29 (39.2) | 74 (100) |
| **Employment status (Chi2 test, p=0.028)** | | | |
| Empoyed | 242 (80.9) | 57 (19.1) | 299 (100) |
| Unemployed or retired | 39 (69.6) | 17 (30.4) | 56 (100) |
| Retired | 67 (69.8) | 29 (30.2) | 96 (100) |
| **Long-term illness (Chi2 test, p<0.01)** | | | |
| No | 215 (90.7) | 22 (9.3) | 237 (100) |
| One | 105 (71.4) | 42 (28.6) | 147 (100) |
| More than one | 28 (41.8) | 39 (58.2) | 67 (100) |
| **Financial resources at disposal from own or family income enough to get to the end of the month (Chi2 test, p=0.01)** | | | |
| More than enough/Enough | 258 (81.6) | 58 (18.4) | 316 (100) |
| Barely enough/Not enough | 88 (66.7) | 44 (33.3) | 132 (100) |
| | Excellent/good mean ± SD | Average/ poor mean ± SD | Total mean ± SD |
| **Age (Mann-Whitney U test for independent sample, p=0.001)** | 52.1 ± 12.2 | 57.1 ± 8.9 | 53.23 ± 11.7 |