## **Supplementary Online Content**

Ospina-Romero M, Abdiwahab E, Kobayashi L, et al. Rate of memory change before and after cancer diagnosis. *JAMA Netw Open.* 2019;2(6):e196160. doi:10.1001/jamanetworkopen.2019.6160

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This supplementary material has been provided by the authors to give readers additional information about their work.

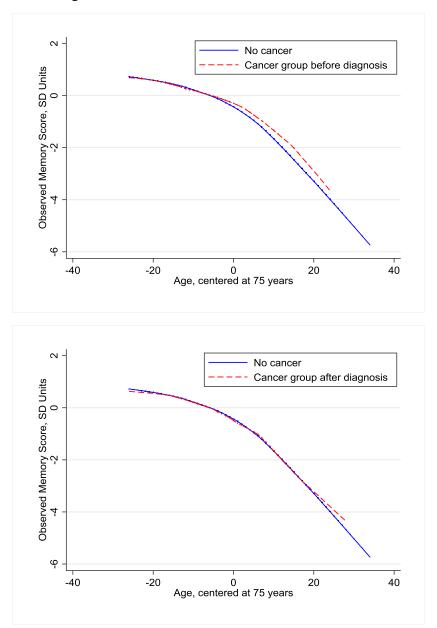
## eAppendix 1. List of Health and Retirement Study Datasets Used for This Study

- 1. RAND HRS Data Documentation. Version P
- 2. Tracker file HRS. Version 2014
- 3. HRS core dataset from 2000 to 2014 (for year and month of cancer diagnosis)
- 4. Imputations of memory score dataset (Wu et al. 2013)
- 5. Childhood socioeconomic measures dataset (Vable et al. 2017)
- 6. HRS core dataset 1998 (for childhood self-rated health)

eTable 1. Comparison of Health and Retirement Study participants with and without complete baseline data. Participants with missing baseline data were mainly from Hispanic origin with low educational level.

10.10.1					
	Complete		Missin	ing	
Characteristic	n	(%)	n	(%)	
Total	16,223	(87.7)	2,270	(12.3)	
Age, mean (SD), years	66.4	(10.4)	64.7	(10.4)	
Male	6,924	(42.7)	1,006	(44.3)	
Race					
White	13,409	(82.6)	1,729	(76.2)	
Black	2,470	(15.2)	224	(9.9)	
Other	344	(2.1)	311	(13.7)	
Hispanic	32	(0.2)	1,437	(63.4)	
Education					
Less than high school	4,159	(25.6)	1,238	(54.5)	
High school	8,643	(53.3)	778	(34.3)	
Some/complete college	2,186	(13.5)	176	(7.8)	
Master or higher degree	1,235	(7.6)	78	(3.4)	

eFigure. LOWESS Curves of the Observed Memory Scores in Participants From the Health and Retirement Study. A. The trajectories of memory function in the cancer group before the diagnosis and the comparison group are diverging at older ages. B. The trajectories of memory function in the cancer group after the diagnosis and the comparison group are diverging at older ages. Bandwidth = 0.2.



eTable 2. Coefficients of the Fully	/ Adjusted	Model of Me	mory		
Characteristic		β	95% CI	Р	
Average memory score at age 75 (constant term)		-0.251	(-0.269, -0.233)	< 0.001	
Difference in memory score right before cancer		0.096	(0.060, 0.1312)	< 0.001	
Change in memory at the time of	diagnosis		-0.058	(-0.084, -0.032)	< 0.001
Participants who remained cancel	r-free				
Memory slope with linear age (	(years)		-0.110	(-0.111, -0.110)	< 0.001
Memory slope with quadratic a	ige (years²	·)	-0.003	(-0.0031, -0.0030)	< 0.001
Difference in rate of change for pe cancer compared to those who re					
Pre-cancer memory slope (linea	ar, years)		0.008	(0.005, 0.012)	< 0.001
Post-cancer memory slope (line	ear, years)		0.005	(0.001, 0.010)	0.012
Covariates					
Male gender			-0.343	(-0.355, -0.332)	< 0.001
Nonwhite race			-0.651	(-0.666, -0.635)	< 0.001
Years of education (center at 12 y	Years of education (center at 12 years)		0.032	(0.030, 0.034)	< 0.001
Southern birth place			-0.067	(-0.079, -0.050)	< 0.001
Childhood self-rated health	Good		-0.025	(-0.040, -0.010)	0.001
(reference: very good/excellent)	Poor/Fai	ir	-0.027	(-0.051, -0.003)	0.024
Childhood SES score			-0.008	(-0.014, -0.002)	0.013
Total household wealth (per 100,000)			-0.332	(-0.792, 0.127)	0.156
Current tobacco use			-0.008	(-0.022, 0.006)	0.267
Current alcohol use (reference:	Low risk		0.007	(-0.006, 0.019)	0.301
none)	Binge		-0.027	(-0.061, 0.008)	0.131
Vigorous physical activity			0.023	(0.012, 0.034)	< 0.001
Body Mass Index			0.002	(0.001, 0.003)	0.001
Comorbidities					
Hypertension			-0.020	(-0.032, -0.008)	0.001
Diabetes mellitus			-0.039	(-0.058, -0.020)	< 0.001
Lung Disease			-0.001	(-0.028, 0.025)	0.920
Heart Disease			-0.009	(-0.026, 0.009)	0.328
Stroke			-0.063	(-0.093, -0.032)	< 0.001
Arthritis			-0.010	(-0.021, 0.002)	0.097

eTable 3. Coefficients of the Fully Adjusted	d Model of N	lemory Wit	h Interactions of	
Baseline Covariates and Age			050/ 01	
Characteristic	. ,	β	95% CI	P
Average memory score at age 75 (constant term)		-0.193	(-0.221, -0.165)	< 0.001
Difference in memory score right before cancer		0.084	(0.048, 0.120)	< 0.001
Change in memory at the time of diagnosis		-0.056	(-0.081, -0.030)	< 0.001
Participants who remained cancer-free				
Memory slope with linear age (years)		-0.105	(-0.107, -0.103)	< 0.001
Memory slope with quadratic age (years <sup>2</sup> )		-0.003	(-0.0030, -0.0029)	< 0.001
Difference for people diagnosed with cance	er			
Pre-cancer memory slope (linear, years)		0.008	(0.004, 0.011)	< 0.001
Post-cancer memory slope (linear, years)	)	0.004	(-0.031, 0.080)	0.069
Covariates				
Male gender		-0.398	(-0.421, -0.374)	< 0.001
Nonwhite race		-0.768	(-0.801, -0.735)	< 0.001
Years of education (center at 12 years)		0.056	(0.051, 0.060)	< 0.001
Southern birth place		-0.136	(-0.161, -0.110)	< 0.001
Childhood self-rated health (reference:	Good	-0.047	(-0.076, -0.018)	0.002
high)	Low	-0.043	(-0.091, 0.004)	0.072
Childhood SES score		-0.012	(-0.026, 0.003)	0.115
Total household wealth (per 100,000)		2.920	(1.42, 4.43)	< 0.001
Current tobacco use		-0.119	(-0.151, -0.086)	< 0.001
Current alcohol use (reference: none)	Low risk	0.005	(0.003, 0.007)	< 0.001
	Binge	-0.011	(-0.017, -0.005)	< 0.001
Vigorous physical activity		0.071	(0.048, 0.094)	< 0.001
Body Mass Index		0.000	(-0.002, 0.003)	0.710
Comorbidities				
Hypertension		-0.020	(-0.043, 0.004)	0.103
Diabetes mellitus		-0.151	(-0.188, -0.115)	< 0.001
Lung Disease		-0.010	(-0.058, 0.037)	0.669
Heart Disease		-0.005	(-0.034, 0.024)	0.754
Stroke		-0.203	(-0.250, -0.156)	< 0.001
Arthritis		0.012	(-0.011, 0.035)	0.300
Interactions				
Education*age		0.0023	(0.002,0.003)	<0.001
Nonwhite*age		-0.0099	(-0.012, -0.007	<0.001
Male*age		-0.0053	(-0.007, -0.004)	<0.001
SUS*age		-0.0057	(-0.007, -0.004)	<0.001
Childhood SES*age		-0.0005	(-0.001, 0.000)	0.295
Total household wealth*age		0.2390	(0.134, 0.344)	<0.001
Childhood health*age	good	-0.0018	(-0.004, 0.000)	0.09
	low	-0.0013	(-0.005, 0.002)	0.442

Smoking*age		-0.0079	(-0.010, -0.006)	<0.001
Alcohol*age	low risk	0.0053	(0.003, 0.007)	<0.001
	Binge	-0.0112	(-0.017, -0.005)	<0.001
Physical activity*age		0.0042	(0.003, 0.006)	<0.001
BMI*age		-0.0001	(-0.0002, 0.0001)	0.503
HTN*age		0.0004	(-0.001, 0.002)	0.614
Diabetes*age		-0.0096	(-0.012, -0.007)	<0.001
Lung Disease*age		-0.0011	(-0.005, 0.002)	0.54
Heart Disease*age		0.0003	(-0.002, 0.002)	0.758
Stroke*age		-0.0142	(-0.018, -0.011)	<0.001
Arthritis*age		0.0019	(0.00028, 0.0035)	0.021

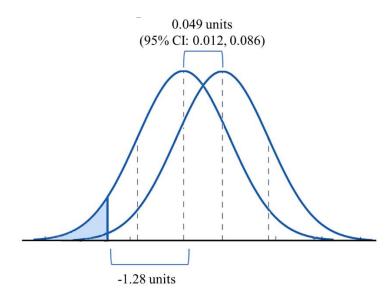
eTable 4. Estimated Regression Coefficients of Memory Function and Memory Decline Restricting the Sample to Those Who Had at Least 3, 4, or 5 Follow-up Waves

	Model 3 <sup>a</sup>		Model 4 <sup>b</sup>		Model 5 <sup>c</sup>	
Characteristic	β	95% CI	β	95% CI	β	95% CI
Memory function						
Average memory score at age 75 (constant term)	-0.221	(-0.239, -0.203)	-0.199	(-0.217, -0.181)	-0.169	(-0.187, -0.150
Difference in memory score right before cancer	0.075	(0.039, 0.112)	0.062	(0.026, 0.0.98)	0.048	(0.012, 0.084)
Change in memory at the time of diagnosis	-0.050	(-0.076, -0.024)	-0.038	(-0.065, -0.012)	-0.031	(-0.058, -0.045)
Memory decline per decade						
Among participants not diagnosed with cancer						
Memory slope with linear age	-1.088	(-1.099, -1.076)	-1.074	(-1.086, -1.063)	-1.058	(-1.070, -1.046)
Memory slope with quadratic age	-0.303	(-0.307, -0.297)	-0.302	(-0.307, -0.297)	-0.303	(-0.308, -0.298)
Difference for people diagnosed with cancer						
Pre-cancer memory slope (linear)	0.066	(0.031, 0.102)	0.055	(0.019, 0.090)	0.044	(0.009, 0.080)
Post-cancer memory slope (linear)	0.037	(-0.006, 0.079)	0.021	(-0.021, 0.063)	0.005	(-0.037, 0.046)
<sup>a.</sup> Included participants with 3 or more follow-up waves, n = 13,044						
b. Included participants with 4 or more follow-up waves, n = 11,829						
<sup>c.</sup> Included participants with 5 or more follow-up waves, n = 10,730						

**eAppendix 2.** Estimation of risk ratio for memory impairment between participants with cancer diagnosis (2 years after cancer) and similar aged participants with no cancer diagnosis during follow-up.

The mean memory function 2 years after cancer, when cancer diagnosis was at 75 years of age, is -0.43 units (95% CI: 0.47, 0.40). The mean memory function at 77 years of age in the group with no cancer diagnosis is -0.48 units (95% CI: 0.50, 0.46). The averaged difference in memory function 2 years after diagnosis was 0.049 units (95% CI: 0.012, 0.086).

If we assume that the risk of memory impairment in the population with no cancer diagnosis is 10%, we can find the cutoff level when memory becomes impaired (threshold for memory impairment). The z-score that cuts the lower 10% of the population with no cancer is -1.28. (see Figure below).



To estimate the risk of cognitive impairment in the cancer group if we applied the same threshold, we added the averaged difference of memory function between the two populations to the cut-off level in the population with no cancer diagnosis.

$$-1.28 \ units - 0.049 \ units = -1.33 \ units$$

The risk of memory impairment in the population with 2 years history of cancer diagnosis is the area under the curve below the z-score of -1.33 which corresponds 9.2% of the population. In other words, the impairment threshold that classifies the lower 10% of the sample without cancer as "impaired" would classify only 9.2% of the sample who were diagnosed with cancer 2 years previously. This corresponds with a risk ratio for impairment of 0.92:

$$RR = \frac{Risk \ in \ the \ cancer \ group}{Risk \ group \ with \ no \ cancer} = \frac{0.092}{0.1} = 0.92$$

Using a similar calculation, if the impairment threshold cuts off 5% of the sample without cancer, it would imply a RR of approximately 0.90 associated with a cancer diagnosis 2 years previously.