

Laughter Therapy Session Protocol

Held at the Hall on the 1st floor, Osaka International Cancer Institute, Osaka, Japan

Week 1 (Thursday, May 18, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Rakugo* Part 1
- 2:25 pm: *Rakugo* Part 2
- 2:40 pm: *Rakugo* Part 3
- 3:00 pm (end of the session)

Week 3 (Thursday, June 1, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Manzai* Part 1
- 2:30 pm: *Manzai* Part 2
- 2:45 pm: *Manzai* Part 3
- 3:00 pm (end of the session)

Week 5 (Thursday, June 15, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Manzai* Part 1
- 2:25 pm: *Manzai* Part 2
- 2:40 pm: *Manzai* Part 3
- 3:00 pm (end of the session)

Week 7 (Thursday, June 29, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Rakugo* Part 1
- 2:25 pm: *Rakugo* Part 2
- 2:35 pm: *Rakugo* Part 3
- 2:45 pm: *Rakugo* Part 4
- 3:00 pm (end of the session)

Week 9 (Thursday, July 13, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Manzai* Part 1
- 2:25 pm: *Manzai* Part 2
- 2:40 pm: *Manzai* Part 3
- 3:00 pm (end of the session)

Week 11 (Thursday, July 27, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Manzai* Part 1
- 2:25 pm: *Manzai* Part 2
- 2:40 pm: *Manzai* Part 3
- 3:00 pm (end of the session)

Week 13 (Thursday, August 10, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Rakugo* Part 1
- 2:25 pm: *Rakugo* Part 2
- 2:35 pm: *Rakugo* Part 3
- 2:45 pm: *Rakugo* Part 4
- 3:00 pm (end of the session)

Week 15 (Thursday, August 24, 2017)

- 2:00 pm: Greeting from the hospital president, director, or investigator
- 2:05 pm: Laughter yoga
- 2:15 pm: *Rakugo* Part 1
- 2:35 pm: *Rakugo* Part 2
- 3:00 pm (end of the session)

The laughter yoga sessions were led by a professional laughter yoga therapist. Investigators were present throughout the therapy sessions. The *Rakugo* and *Manzai* comedy sessions were conducted by a variety of professional performers dispatched by a local entertainment agency; the content of the comedy performances was decided by each performer.