

Multimedia Appendices

Multimedia Appendix 1.

Socio-demographic and wellbeing changes from 2012 to 2014

Item		2012	2014	χ^2	<i>P</i>
<i>Socio-demographic Items</i>					
Gender	N	1400	1400	0.04	0.85
	<i>Male</i>	%	50.0	50.4	
	<i>Female</i>	%	50.0	49.6	
Age	N	1400	1400	0.42	0.81
	<i>16-18</i>	%	34.6	35.6	
	<i>19-21</i>	%	33.3	33.1	
	<i>22-25</i>	%	32.1	31.2	
Language	N	1400	1400	0.93	0.34
	<i>English only</i>	%	77.6	79.1	
	<i>Additional language</i>	%	22.4	20.9	
Location	N	1400	1400	0.002	0.97
	<i>Major city</i>	%	74.8	74.9	
	<i>Regional, rural or remote</i>	%	25.2	25.1	
Living with parents	N	1400	1400	1.27	0.26
	<i>Yes</i>	%	73.6	75.5	
	<i>No</i>	%	26.4	24.5	
Main activity: Education	N	1399	1398	0.04	0.84

	<i>Yes</i>	%	58.2	57.8		
	<i>No</i>	%	41.8	42.2		
Main activity: Employment		N	1399	1398	0.55	0.46
	<i>Yes</i>	%	35.2	33.9		
	<i>No</i>	%	64.8	66.1		
Aboriginal and/or Torres Strait Islander		N	1399	1396	4.31	.04
	<i>Yes</i>	%	2.1	3.4		
	<i>No</i>	%	97.8	96.6		
<i>Mental Health and Wellbeing Items</i>						
Psychological distress		N	1400	1373	0.67	0.01
	<i>Low to moderate</i>	%	79.1	74.9		
	<i>High to very high</i>	%	20.9	25.1		
Suicidal thoughts and behaviours		N			.36	.55
	<i>Yes</i>	%	18.3	17.4		
	<i>No</i>	%	81.7	82.6		
Personal concern: Mental health or behavioural diagnosis		N	1389	1394	2.35	0.13
	<i>Yes</i>	%	21.5	23.9		
	<i>No</i>	%	78.5	76.1		
Personal concern: Alcohol or substance use diagnosis		N	1397	1400	7.25	0.007
	<i>Yes</i>	%	97.5	98.9		
	<i>No</i>	%	2.5	1.1		

Personal concern: Coping with stress	N	1390	1396	12.39	<.0001
Yes	%	58.5	65.0		
No	%	41.5	35.0		
Personal concern: Body image	N	1394	1393	20.49	<.0001
Yes	%	39.2	47.7		
No	%	60.8	52.3		
Personal concern: Depression	N	1393	1388	8.11	0.004
Yes	%	30.6	35.7		
No	%	69.4	64.3		
Personal concern: Bullying or emotional abuse	N	1397	1394	25.20	<0.0001
Yes	%	79.2	70.9		
No	%	20.8	29.1		
Personal concern: Alcohol	N	1394	1394	37.01	<0.0001
Yes	%	10.7	18.9		
No	%	89.3	81.1		
Personal concern: Drugs	N	1397	1399	42.46	<0.0001
Yes	%	8.2	16.2		
No	%	91.8	83.8		
Personal concern: Self-harm	N	1394	1396	37.00	<0.0001
Yes	%	8.1	15.5		
No	%	91.9	84.5		
Social support	M (SD)	-	9.88 (2.55)	-	-
Resilience	M (SD)	16.02 (2.82)	15.51 (2.62)	4.90 ^a	0.001

<i>Internet Use Items</i>					
Use the Internet	N	1400	1399	.36	0.55
<i>Yes</i>	%	99.0	99.2		
<i>No</i>	%	1.00	0.8		
Internet access	N	1386	1388	19.41	<.0001
<i>Every day or almost every day</i>	%	95.3	98.0		
<i>Not every day / almost every day</i>	%	4.7	2.0		
Internet use after 11pm at night	N	1383	1387	3.41	0.07
<i>Yes</i>	%	63.1	66.4		
<i>No</i>	%	36.9	33.6		
Time spent on the internet	M (SD)	3.42 (2.93)	4.45 (3.14)	-8.93 ^a	<.0001

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