

Supplemental Table S1: Baseline mean group strength comparisons by JSW group.						
	Mean Side-to-Side Percent Values (% inj vs normal)			Effect Size		
	Control	ACLR- Normal	ACLR- Narrow	Control vs ACL Normal	Control vs ACL Narrow	ACL Norm vs ACL Narrow
Isokinetic Test						
Extension 60°/sec	100	67	58	1.489	1.910	0.421
(SD)	(10.7)	(15.9)	(13.2)			
Extension 180°/sec	101	81	74	1.289	1.725	0.436
(SD)	(10.0)	(11.2)	(15.9)			
Extension 300°/sec	99	83	80	1.131	1.352	0.221
(SD)	(9.0)	(12.1)	(19.5)			
Flexion 60°/sec	102	77	76	1.281	1.341	0.059
(SD)	(14.0)	(15.5)	(12.0)			
Flexion 180°/sec	101	87	80	1.107	1.602	0.495
(SD)	(8.8)	(11.8)	(9.8)			
Flexion 300°/sec	98	88	84	0.878	1.194	0.316
(SD)	(9.9)	(10.2)	(9.4)			
Extension to Flexion Ratio	Injured Knee Ext:Flexion Ratio					
Ext:Flex 60°/sec	1.6	1.5	1.3	0.590	1.010	0.420
(SD)	(0.3)	(0.3)	(0.2)			
Ext:Flex 180°/sec	1.4	1.3	1.3	0.490	0.513	0.023
(SD)	(0.2)	(0.2)	(0.2)			
Ext:Flex 300°/sec	1.3	1.1	1.2	0.637	0.438	0.199
(SD)	(0.2)	(0.2)	(0.2)			

Supplemental Table A2: Between group effect sizes for additional outcomes at baseline and final follow-up evaluation.						
	Baseline			Final Follow-up		
	Control vs ACL Norm	Control vs ACL Narrow	ACL Norm vs ACL Narrow	Control vs ACL Norm	Control vs ACL Narrow	ACL Norm vs ACL Narrow
IKDC Objective	1.680	1.735	0.055	1.295	1.488	0.193
IKDC Subjective	1.815	2.059	0.244	1.003	1.852	0.849
KT1000 (Norm - Inj)	1.042	1.878	0.836	1.004	1.486	0.481
MARX	1.530	1.493	0.036	0.342	0.808	1.150
Tegner	1.426	1.709	0.283	0.606	0.551	1.157
KOOS: Pain	1.583	1.956	0.373	0.808	1.115	0.307
KOOS: Quality of Life	1.739	2.130	0.391	0.870	1.936	1.066
KOOS: Activities of Daily Living	1.264	1.222	0.043	0.704	0.460	0.244
KOOS: Symptoms	1.652	1.750	0.098	0.985	1.111	0.126
KOOS: Sports	1.582	1.836	0.254	0.789	1.586	0.797