

1 Supplemental Text:

2 Tibial Eminence Morphometry

3 Human tibial plateaus have an intercondylar eminence that consists of separate medial
4 and lateral tibial spines with a bony ridge spaced between each spine. This has significant
5 functional implications that may be a product of evolution. A study by White et al. investigated
6 the variations in tibial plateau morphology across different primates and found features of the
7 tibial eminence to be characteristically different among primate species based on their movement
8 patterns. A tibial single-spine eminence or a tibial eminence with a decrease medial spine size
9 and a decreased distance between spines were theorized to facilitate a greater degree of internal-
10 external rotation of the proximal tibia relative to the distal femur. These features were more
11 characteristic of vertical clinging and climbing primates who require internal-external rotation of
12 the tibia relative to the femur for increased mobility and precise foot placement. In contrast, a
13 double-spine eminence would act to limit knee rotation and were more indicative of primates
14 with greater use of horizontal locomotion. Likewise, humans have double-spine eminences that,
15 correspondingly, could have evolved to resist internal-external rotation of the knee and support
16 horizontal locomotion. From this perspective, humans with a larger medial spine have better
17 biomechanical function.

18Supplemental Table 1: Summary of injured to uninjured side comparisons made within ACL
19injured subjects and within matched control subjects. Results are presented for males and
20females as a combined group. Comparisons were made using paired t-tests. Within control
21subject comparisons were made with the injured and uninjured sides defined to correspond to the
22legs of their matched ACL-injured subject. Similar findings were obtained when considering
23females and males as separate groups (Supplemental Tables 2 and 3).

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Variable	ACL Injured Subjects			Control Subjects		
	Injured Side	Uninjured Side	P-value	Injured Side	Uninjured Side	P-value
	Mean (SD)	Mean (SD)		Mean (SD)	Mean (SD)	
M _{ed} VOL (mm ³)	297.3 (118.7)	295.8 (136.4)	0.89	330.4 (167.6)	325.9 (170.6)	0.71
M _{ed} Height (mm)	10.2 (1.2)	10.1 (1.2)	0.26	10.1 (1.4)	10.2 (1.5)	0.67
M _{ed} Width (mm)	17.8 (1.9)	17.8 (2.0)	1.00	17.7 (2.1)	17.8 (2.2)	0.67
M _{ed} Length (mm)	34.5 (5.1)	34.1 (5.5)	0.52	34.2 (5.8)	34.6 (6.4)	0.38
M _{ed} CGLoc (mm)	1.0 (2.1)	1.1 (2)	0.56	1.6 (2.3)	1.6 (2.3)	0.69
L _{at} VOL (mm ³)	580.1 (185.7)	587.1 (219.8)	0.72	590.4 (205.3)	576.1 (209.2)	0.40
L _{at} Height (mm)	7.6 (1.2)	7.8 (1.3)	0.18	8.1 (1.4)	8.0 (1.4)	0.67
L _{at} Width (mm)	17.2 (2.3)	17.0 (2.3)	0.43	17.2 (2.6)	17.0 (2.5)	0.39
L _{at} Length (mm)	28.0 (5.5)	27.8 (5.5)	0.62	27.7 (5.3)	27.9 (5.6)	0.60
L _{at} CGLoc (mm)	-5.8 (1.6)	-5.7 (1.7)	0.74	-5.7 (1.6)	-5.6 (1.5)	0.92

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28Supplemental Table 2: Summary of injured to uninjured side comparisons made within ACL
 29injured and within matched control subjects with males as a separate group. Within control
 30subject comparisons were made with the injured and uninjured sides defined to correspond to the
 31legs of their matched ACL-injured subject. Comparisons tested using paired t-tests.
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Variable	Male ACL Injured Subjects			Male Control Subjects		
	Injured Side	Uninjured Side	P-value	Injured Side	Uninjured Side	P-value
	Mean (SD)	Mean (SD)		Mean (SD)	Mean (SD)	
M _{ed} VOL (mm ³)	368.3 (132.5)	340.8 (173.6)	0.20	487.0 (189.2)	462.1 (202.1)	0.44
M _{ed} Height (mm)	11.0 (1.2)	10.7 (1.3)	0.24	11.3 (1.2)	11.4 (1.3)	0.78
M _{ed} Width (mm)	19.0 (2.0)	19.3 (1.9)	0.48	19.2 (1.9)	19.7 (1.8)	0.13
M _{ed} Length (mm)	37.1 (5.1)	37.0 (4.4)	0.92	37.7 (5.5)	38.4 (6.2)	0.32
M _{ed} CGLoc (mm)	1.7 (1.9)	1.7 (1.8)	0.88	2.3 (2.2)	2.2 (2.2)	0.64
L _{at} VOL (mm ³)	656.3 (226.8)	719.0 (251.8)	0.15	701.4 (229.2)	704.1 (262.7)	0.94
L _{at} Height (mm)	8.0 (1.4)	8.1 (1.3)	0.59	8.8 (1.3)	8.8 (1.6)	0.93
L _{at} Width (mm)	19.3 (2.2)	18.8 (2.1)	0.30	19.3 (2.1)	19.1 (2.3)	0.58
L _{at} Length (mm)	28.6 (4.6)	29.4 (5.1)	0.40	29.9 (6.0)	30.6 (6.3)	0.46
L _{at} CGLoc (mm)	-5.8 (1.8)	-5.4 (1.9)	0.12	-5.9 (1.4)	-6.0 (1.1)	0.74

35Supplemental Table 3: Summary of injured to uninjured side comparisons made within ACL
36injured and within matched control subjects with females as a separate group. Within control
37subject comparisons were made with the injured and uninjured sides defined to correspond to the
38legs of their matched ACL-injured subject. Comparisons tested using paired t-tests.
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Variable	Female ACL Injured Subjects			Female Control Subjects		
	Injured Side	Uninjured Side	P-value	Injured Side	Uninjured Side	P-value
	Mean (SD)	Mean (SD)		Mean (SD)	Mean (SD)	
M _{ed} VOL (mm ³)	265.9 (97.7)	275.9 (112.3)	0.42	261.0 (96.3)	265.7 (111.6)	0.65
M _{ed} Height (mm)	9.8 (1.1)	9.8 (1.1)	0.65	9.6 (1.2)	9.6 (1.2)	0.74
M _{ed} Width (mm)	17.3 (1.7)	17.1 (1.6)	0.41	17.0 (1.7)	16.9 (1.8)	0.67
M _{ed} Length (mm)	33.3 (4.7)	32.9 (5.4)	0.48	32.6 (5.3)	32.9 (5.7)	0.64
M _{ed} CGLoc (mm)	0.7 (2.1)	0.8 (2.0)	0.52	1.3 (2.3)	1.3 (2.3)	0.86
L _{at} VOL (mm ³)	546.3 (154.7)	528.8 (177.0)	0.41	541.3 (174.2)	519.5 (151.5)	0.23
L _{at} Height (mm)	7.5 (1.0)	7.6 (1.2)	0.21	7.8 (1.3)	7.7 (1.2)	0.58
L _{at} Width (mm)	16.3 (1.7)	16.2 (2.0)	0.85	16.2 (2.1)	16.0 (2.0)	0.52
L _{at} Length (mm)	27.7 (5.9)	27.1 (5.5)	0.22	26.7 (4.7)	26.8 (4.9)	0.91
L _{at} CGLoc (mm)	-5.8 (1.6)	-5.9 (1.6)	0.57	-5.6 (1.7)	-5.5 (1.6)	0.75

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42Supplemental Table 4: Univariate associations between tibial spine measurements and risk of
43suffering an ACL injury. Odds ratio and 95% confidence interval (CI) obtained from conditional
44logistic regression using the injured leg of ACL injured subjects and corresponding leg of
45control. Females and males analyzed as both separate and combined groups. (Note: M_{ed}Vol and
46L_{at}Vol odds ratios correspond to the effect of a 100 mm³ increase and the odds ratios for the other
47variables correspond to a 1 mm change.)

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Variable (Unit Change)	Female subjects		Male subjects		Males and Females combined	
	Odds Ratio (95% CI)	P-value	Odds Ratio (95% CI)	P-value	Odds Ratio (95% CI)	P-value
M _{ed} VOL (100 mm ³)	1.05 (0.74 - 1.49)	0.79	0.55 (0.33 - 0.9)	0.02	0.80 (0.62 - 1.03)	0.08
M _{ed} Height (1 mm)	1.23 (0.88 - 1.72)	0.22	0.72 (0.43 - 1.22)	0.22	1.04 (0.8 - 1.37)	0.75
M _{ed} Width (1 mm)	1.17 (0.89 - 1.53)	0.26	0.94 (0.73 - 1.22)	0.66	1.04 (0.87 - 1.25)	0.64
M _{ed} Length (1 mm)	1.03 (0.96 - 1.1)	0.45	0.96 (0.84 - 1.11)	0.60	1.01 (0.95 - 1.08)	0.66
M _{ed} CGLoc (1 mm)	0.87 (0.73 - 1.03)	0.11	0.81 (0.59 - 1.12)	0.20	0.85 (0.74 - 0.99)	0.04
L _{at} VOL (100 mm ³)	1.02 (0.8 - 1.3)	0.85	0.88 (0.66 - 1.18)	0.40	0.96 (0.8 - 1.15)	0.67
L _{at} Height (1 mm)	0.82 (0.61 - 1.11)	0.19	0.64 (0.39 - 1.07)	0.09	0.76 (0.59 - 0.98)	0.03
L _{at} Width (1 mm)	1.02 (0.84 - 1.23)	0.85	0.98 (0.74 - 1.29)	0.89	1.01 (0.86 - 1.17)	0.94
L _{at} Length (1 mm)	1.04 (0.97 - 1.12)	0.28	0.93 (0.81 - 1.07)	0.30	1.01 (0.95 - 1.08)	0.66
L _{at} CGLoc (1 mm)	0.9 (0.71 - 1.15)	0.40	1.07 (0.74 - 1.55)	0.70	0.95 (0.78 - 1.16)	0.61

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