

Supplementary Online Content

Orman ES, Roberts A, Ghabril M, et al. Trends in characteristics, mortality, and other outcomes of patients with newly diagnosed cirrhosis. *JAMA Netw Open*. 2019;2(6):e196412. doi:10.1001/jamanetworkopen.2019.6412

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This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1: Claims-Based Definitions

	ICD-9-CM	CPT	Laboratory
Alcoholic liver disease	571.0; 571.1; 571.2; 571.3; 291.x; 303.x; 305.0x		
Any solid organ transplant	00.91; 00.92; 00.93; 33.5; 33.50; 33.51; 33.52; 33.6; 37.5; 37.51; 46.97; 50.5; 50.51; 50.59; 52.8; 52.80; 52.81; 52.82; 52.83; 55.6; 55.61; 55.69; 996.8; V42; V58.44; E878.0	32851; 32852; 32853; 32854; 33935; 33945; 44135; 44136; 47135; 47136; 48554; 50360; 50365	
Ascites	789.59		
Autoimmune hepatitis	571.42		
Cirrhosis	456.0; 456.1; 456.2; 456.21; 567.23; 571.2; 571.5; 572.2; 572.3; 572.4		
Dyslipidemia	272.0; 272.1; 272.2; 272.4; 272.5; 272.9		
Hepatic encephalopathy	572.2		
Hepatitis B	070.2; 070.20; 070.21; 070.22; 070.23; 070.30; 070.31; 070.32; 070.33		HBsAg
Hepatitis C	070.41; 070.44; 070.51; 070.54; 070.7; 070.70; 070.71		Anti-HCV HCV RNA
Hepatocellular carcinoma	155.0		
Hypertension	401; 401.0; 401.1; 401.9; 402.0; 402.1; 402.9; 403.0; 403.1; 403.9; 404; 404.0; 404.1; 404.9; 278.0; 278.00; 278.01; 278.02; 278.1; V77.8; 783.1; 278.02		
Impaired fasting glucose/diabetes mellitus	250; 790.2; 790.21; 790.22; 790.29		
Liver transplant	50.5; 50.51; 50.59	47135; 47136	
Nonalcoholic steatohepatitis	571.8		
Obesity	278.0; 278.00; 278.01; 278.1; V77		

Paracentesis	54.91	49080; 49081	
Primary biliary cholangitis	571.6		
Primary sclerosing cholangitis	576.1		
Variceal hemorrhage	456.0; 456.20		

Abbreviations: ICD-9-CM, International Classification of Diseases, Clinical Modification; CPT, Current Procedural Terminology; HBsAg, hepatitis B surface antigen; anti-HCV, hepatitis C antibody; HCV RNA, hepatitis C ribonucleic acid.

eTable 2. Incidence of Clinical Outcomes Based on Age

	Person-years	Events	Incidence rate ^a (95% CI)	Crude HR/SHR (95% CI)	Adjusted HR/SHR ^b (95% CI)
Mortality					
<40	1,975	126	6.4 (5.4-7.6)	0.66 (0.55-0.79)	0.66 (0.55-0.80)
40-64	19,435	1,924	9.9 (9.5-10.4)	Ref	Ref
≥65	6,037	976	16.2 (15.2-17.2)	1.43 (1.33-1.55)	1.10 (0.98-1.23)
Transplant					
<40	1,975	6	0.3 (0.1-0.7)	1.06 (0.46-2.45)	1.21 (0.52-2.82)
40-64	19,435	61	0.3 (0.2-0.4)	Ref	Ref
≥65	6,037	21	0.3 (0.2-0.5)	0.88 (0.54-1.44)	1.38 (0.67-2.83)
Hepatocellular carcinoma					
<40	1,690	8	0.5 (0.2-0.9)	0.27 (0.13-0.54)	0.36 (0.18-0.72)
40-64	16,218	304	1.9 (1.7-2.1)	Ref	Ref
≥65	4,691	84	1.8 (1.4-2.2)	0.84 (0.66-1.07)	1.58 (1.13-2.22)
Decompensation^c					
<40	1,129	82	7.3 (5.9-9.0)	0.75 (0.59-0.93)	0.78 (0.62-0.99)
40-64	11,597	1,188	10.2 (9.7-10.8)	Ref	Ref
≥65	3,603	402	11.2 (10.1-12.3)	0.92 (0.83-1.03)	1.08 (0.93-1.26)
Ascites^c					
<40	1,180	68	5.8 (4.5-7.3)	0.79 (0.62-1.01)	0.86 (0.67-1.10)
40-64	12,245	950	7.8 (7.3-8.3)	Ref	Ref
≥65	3,745	318	8.5 (7.6-9.5)	0.93 (0.82-1.06)	1.11 (0.93-1.33)
Hepatic encephalopathy^c					
<40	1,272	29	2.3 (1.6-3.3)	0.55 (0.38-0.79)	0.53 (0.36-0.78)
40-64	12,922	577	4.5 (4.1-4.8)	Ref	Ref
≥65	3,887	180	4.6 (4.0-5.4)	0.88 (0.75-1.04)	1.19 (0.95-1.50)
Variceal bleeding^c					
<40	1,262	19	1.5 (1.0-2.4)	0.81 (0.51-1.29)	0.82 (0.50-1.33)
40-64	13,131	267	2.0 (1.8-2.3)	Ref	Ref
≥65	3,990	56	1.4 (1.1-1.8)	0.58 (0.44-0.78)	0.94 (0.64-1.37)

^aPer 100 person-years.

^bMultivariable models were adjusted for sex, cause of cirrhosis, decompensation, Charlson comorbidity index, insurance, and year of cohort entry. For the mortality outcomes, hazard ratios (HR) are reported; for other outcomes, subhazard ratios (SHR) are reported.

^cDecompensation outcomes were assessed in only those with compensated cirrhosis at baseline.

Abbreviations: HR, hazard ratio; SHR, subhazard ratio; CI, confidence interval.

eTable 3: Cumulative Survival According to Baseline Decompensation Status, Age, and Cause of Cirrhosis

	1-year survival (95% CI)	2-year survival (95% CI)	5-year survival (95% CI)
Compensated			
<40	94.5 (91.5-96.5)	92.8 (89.4-95.1)	85.4 (80.1-89.4)
40-64	90.6 (89.6-91.4)	84.7 (83.4-85.8)	72.1 (70.4-73.8)
≥65	84.1 (82.2-85.8)	75.9 (73.6-78.0)	57.6 (54.5-60.6)
Decompensated			
<40	73.1 (66.3-78.8)	64.5 (57.0-71.1)	55.6 (47.2-63.2)
40-64	65.1 (62.9-67.3)	57.1 (54.7-59.5)	41.7 (38.8-44.6)
≥65	62.6 (59.1-66.0)	52.4 (48.4-56.2)	34.1 (28.7-39.5)
Compensated			
Alcohol	91.4 (90.0-92.6)	86.5 (84.7-88.0)	73.9 (71.3-76.3)
Viral	91.5 (90.3-92.5)	85.2 (83.7-86.5)	70.8 (68.7-72.9)
NASH/other	80.3 (78.0-82.3)	71.7 (69.0-74.2)	58.1 (54.7-61.3)
Autoimmune/cholestatic	92.8 (87.7-95.9)	88.2 (82.1-92.3)	75.1 (65.7-82.3)
Decompensated			
Alcohol	73.1 (70.4-75.6)	64.9 (61.8-67.7)	51.1 (47.2-54.8)
Viral	65.5 (62.3-68.6)	55.5 (52.0-58.9)	36.8 (32.8-40.9)
NASH/other	52.7 (48.9-56.3)	46.2 (42.2-50.1)	33.4 (28.6-38.3)
Autoimmune/cholestatic	59.7 (45.2-71.6)	38.7 (23.6-53.7)	27.5 (12.1-45.5)

Abbreviations: CI, confidence interval; NASH, nonalcoholic steatohepatitis.

eTable 4: Incidence of Clinical Outcomes Based on Cause of Cirrhosis

	Person-years	Events	Incidence rate ^a (95% CI)	Crude HR/SHR (95% CI)	Adjusted HR/SHR ^b (95% CI)
Mortality					
Alcohol	9,444	881	9.3 (8.7-10.0)	0.94 (0.86-1.02)	0.89 (0.80-0.98)
Viral	12,565	1,198	9.5 (9.0-10.1)	Ref	Ref
NASH/other	4,722	879	18.6 (17.4-19.9)	1.69 (1.55-1.85)	1.44 (1.30-1.60)
Autoimmune/cholestatic	716	68	9.5 (7.5-12.1)	0.94 (0.74-1.20)	1.01 (0.76-1.33)
Transplant					
Alcohol	9,444	35	0.4 (0.3-0.5)	1.13 (0.72-1.79)	1.10 (0.66-1.82)
Viral	12,565	39	0.3 (0.2-0.4)	Ref	Ref
NASH/other	4,722	6	0.1 (0.1-0.3)	0.29 (0.13-0.69)	0.32 (0.12-0.82)
Autoimmune/cholestatic	716	8	1.1 (0.6-2.2)	3.39 (1.58-7.26)	3.87 (1.72-8.70)
Hepatocellular carcinoma					
Alcohol	7,881	76	1.0 (0.8-1.2)	0.35 (0.27-0.45)	0.30 (0.23-0.41)
Viral	10,336	281	2.7 (2.4-3.1)	Ref	Ref
NASH/other	3,792	28	0.7 (0.5-1.1)	0.25 (0.17-0.36)	0.22 (0.15-0.35)
Autoimmune/cholestatic	590	11	1.9 (1.0-3.4)	0.67 (0.37-1.24)	0.59 (0.29-1.19)
Decompensation^c					
Alcohol	5,083	541	10.6 (9.8-11.6)	0.92 (0.83-1.03)	0.97 (0.86-1.09)
Viral	7,776	891	11.5 (10.7-12.2)	Ref	Ref
NASH/other	2,970	195	6.6 (5.7-7.6)	0.50 (0.43-0.59)	0.51 (0.43-0.60)
Autoimmune/cholestatic	501	45	9.0 (6.7-12.0)	0.77 (0.57-1.03)	0.82 (0.59-1.13)
Ascites^c					
Alcohol	5,406	406	7.5 (6.8-8.3)	0.83 (0.73-0.93)	0.86 (0.75-0.98)
Viral	8,236	744	9.0 (8.4-9.7)	Ref	Ref
NASH/other	3,010	150	5.0 (4.2-5.8)	0.48 (0.40-0.57)	0.46 (0.37-0.56)
Autoimmune/cholestatic	519	36	6.9 (5.0-9.6)	0.75 (0.54-1.04)	0.83 (0.58-1.19)
Hepatic encephalopathy^c					
Alcohol	5,662	281	5.0 (4.4-5.6)	1.04 (0.90-1.21)	1.12 (0.95-1.31)
Viral	8,790	423	4.8 (4.4-5.3)	Ref	Ref
NASH/other	3,085	62	2.0 (1.6-2.6)	0.36 (0.28-0.48)	0.38 (0.28-0.50)

Autoimmune/cholestatic	545	20	3.7 (2.4-5.7)	0.76 (0.49-1.18)	0.80 (0.49-1.30)
Variceal bleeding^c					
Alcohol	5,766	126	2.2 (1.8-2.6)	1.00 (0.80-1.25)	1.17 (0.92-1.50)
Viral	8,956	195	2.2 (1.9-2.5)	Ref	Ref
NASH/other	3,111	17	0.5 (0.3-0.9)	0.22 (0.13-0.36)	0.28 (0.16-0.47)
Autoimmune/cholestatic	550	4	0.7 (0.3-1.9)	0.33 (0.12-0.87)	0.24 (0.06-0.97)

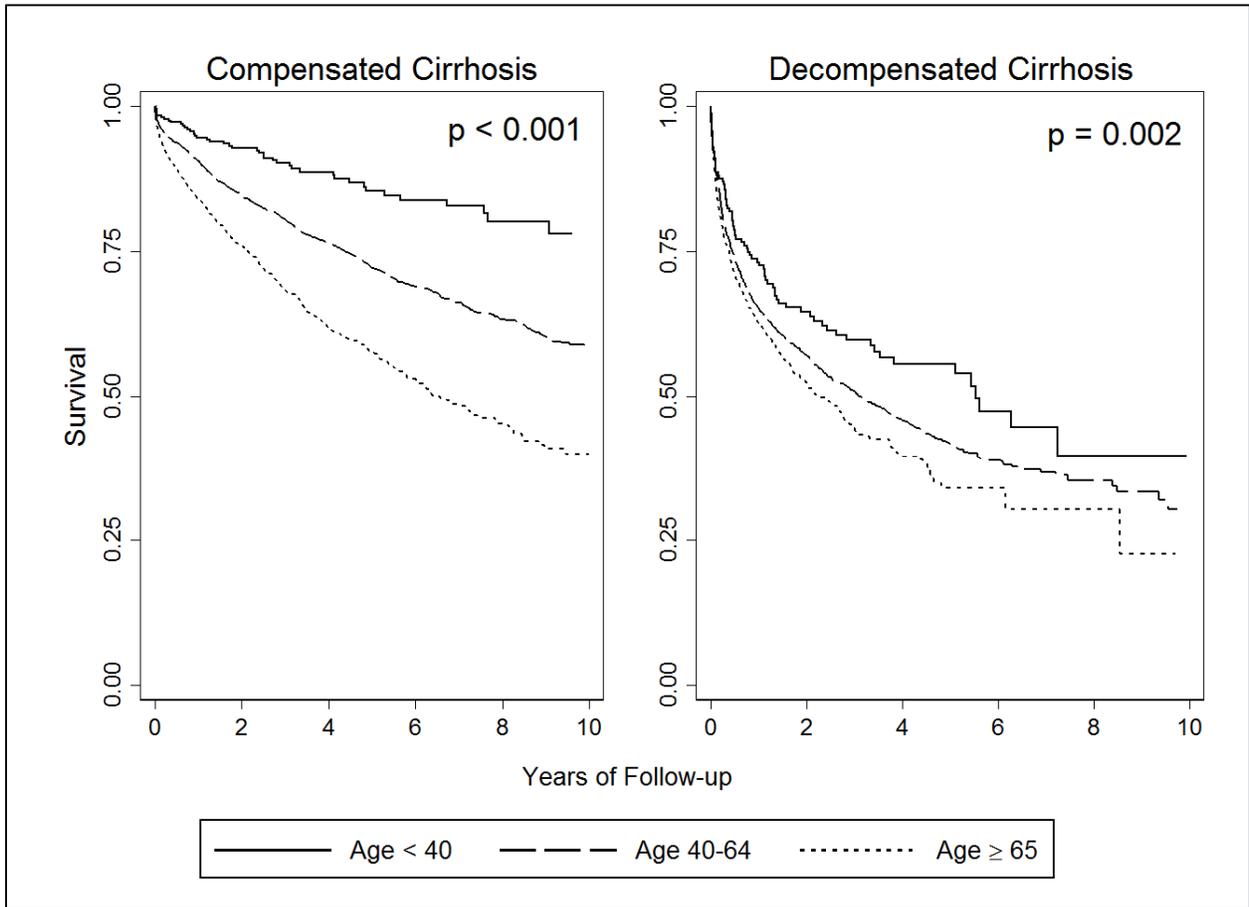
^aPer 100 person-years.

^bMultivariable models were adjusted for sex, cause of cirrhosis, decompensation, Charlson comorbidity index, insurance, and year of cohort entry. For the mortality outcomes, hazard ratios (HR) are reported; for other outcomes, subhazard ratios (SHR) are reported.

^cDecompensation outcomes were assessed in only those with compensated cirrhosis at baseline.

Abbreviations: NASH, nonalcoholic steatohepatitis; HR, hazard ratio; SHR, subhazard ratio; CI, confidence interval.

eFigure 1. Mortality According to Age



eFigure 2. Mortality According to Cause of Cirrhosis

