#### **Supporting Information**

The natural product antroalbol H promotes phosphorylation of liver kinase B1 (LKB1) at threonine 189 and thereby enhances cellular glucose uptake

# Fang Wang<sup>1,4,#</sup>, Xiaoyan Yang<sup>4,5, #</sup>, Yanting Lu<sup>1,4</sup>, Zhenghui Li<sup>2</sup>, Yuhui Xu<sup>1</sup>, Jing Hu<sup>1</sup>, Jikai Liu<sup>2,\*</sup> and Wenyong Xiong<sup>1,3,\*</sup>

From the <sup>1</sup>State Key Laboratory of Phytochemistry and Plant Resources in West China, Kunming Institute of Botany, Chinese Academy of Sciences, Kunming 650201, P. R. China; <sup>2</sup>School of Pharmaceutical Sciences, South-Central University for Nationalities, Wuhan 430074, P. R. China; <sup>3</sup>The General Hospital of Ningxia Medical University, Yinchuan 750004, P. R. China; <sup>4</sup>University of the Chinese Academy of Sciences, Beijing 100049, P. R. China; <sup>5</sup>Faculty of Life Science and Technology, Kunming University of Science and Technology, Kunming 650201, P. R. China

Running title: AH enhances cellular glucose uptake through T189 of LKB1

<sup>#</sup>Authors contributed equally to this work

\*To whom correspondence should be addressed: Jikai Liu: School of Pharmaceutical Sciences, South-Central University for Nationalities, Wuhan 430074, P. R. China; <u>liujikai@mail.scuec.edu.cn</u>; Tel. 86-27-67842267. Wenyong Xiong: State Key Laboratory of Phytochemistry and Plant Resources in West China, Kunming Institute of Botany, Chinese Academy of Sciences, Kunming 650201, P. R. China; The General Hospital of Ningxia Medical University, Yinchuan 750004, P. R. China; <u>xiong.wenyong@mail.kib.ac.cn</u>; Tel. 86-871-65216750.

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#### Table of Content

Table S1. <sup>1</sup>H (400 Hz) and <sup>13</sup>C NMR (100 Hz) NMR data in CDCl<sub>3</sub> for antroalbol H
Table S2. Antibodies used for western blotting
Table S3. SiRNA nucleotide sequence
Figure S1. Effects of antroalbol H on cell viability in 3T3-L1 adipocytes
Figure S2. Antroalbol H does not change the phosphorylation of CaMKII and Ca<sup>2+</sup>
Figure S3. Antroalbol H does not change the protein levels of GLUT4.
Figure S4. Key 2D NMR correlations of antroalbol H
Figure S5. <sup>1</sup>H NMR (400MHz, CDCl<sub>3</sub>) spectrum of antroalbol H
Figure S7. HSQC spectrum of antroalbol H
Figure S8. <sup>1</sup>H-<sup>1</sup>H COSY spectrum of antroalbol H
Figure S9. HMBC spectrum of antroalbol H
Figure S10. ROESY spectrum of antroalbol H
Figure S11. HR-ESI-MS spectrum of antroalbol H
Figure S12. IR spectrum of antroalbol H

Position	$\delta_{ m C}$ type	$\delta_{\rm H}$ mult. (J in Hz)
1	40.1, CH <sub>2</sub>	2.72, d (14.8)
		2.33, d (14.8)
2	211.9, C	
3	73.5, CH	4.01, t (8.0)
4	34.1, CH <sub>2</sub>	2.14, m
5	26.1, CH <sub>2</sub>	1.86, m
		1.55, m
6	55.6, C	
7	82.1, C	
8	214.1, C	
9	33.4, CH <sub>2</sub>	2.66, m
		2.38, m
10	36.1, CH <sub>2</sub>	1.78, m
		1.63, m
11	38.2, C	
12	28.0, CH <sub>3</sub>	1.01, s
13	25.1, CH <sub>3</sub>	1.12, s
14	26.4, CH <sub>3</sub>	1.36, s

Table S1.  $^{1}$ H (400 Hz) and  $^{13}$ C NMR (100 Hz) NMR data in CDCl<sub>3</sub> for antroalbol H

Antibody	Vendor	Cat. No.	Fold Dilution
Rabbit anti-AMPKα	Cell Signaling Technology	2532	1000
Rabbit anti-phospho-AMPKα	Cell Signaling	2535	1000
	Technology		
Rabbit anti-phospho-AMPK B	Cell Signaling	4186	1000
(Ser182)	Technology		
Rabbit anti- AMPK $\beta 1/2$	Cell Signaling Technology	4150	1000
Rabbit anti-phospho-Acetyl-CoA	Cell Signaling		
Carboxylase (Ser79)	Technology	11818	1000
Rabbit anti- Acetyl-CoA	Cell Signaling	2662	1000
Carboxylase	Technology	3662	
Rabbit anti-Akt	Cell Signaling Technology	9272	1000
Rabbit anti-phospho-Akt (S473)	Cell Signaling Technology	4060	1000
Rabbit anti-phospho-Akt (T308)	Cell Signaling Technology	13038	1000
Rabbit anti- LKB1	Santa Cruz Biotechnology	Sc-374300	1000
Rabbit anti-phospho-LKB1 (T189)	Cell Signaling Technology	3054	1000
Rabbit anti- phospho-LKB1 (S307)	Merck-Millipore	09-478	1000
Rabbit anti-phospho-LKB1 (S428)	Cell Signaling Technology	3482	1000
Rabbit anti-CaMKII	Cell Signaling Technology	3362	1000
Rabbit anti-phospho-CaMKII	Cell Signaling	1071 -	1000
(T286)	Technology	12/10	
Mouse anti-N-cadherin	Cell Signaling Technology	13116	1000
Mouse anti-GLUT4	Abcam	Ab654	1000
Mouse anti-β-Actin	Sigma	A5316	8000

Table S2. Antibodies used for western blotting

Alexa Fluor ® 488-conjugated	Jackson		
AffiniPure goat anti-mouse lgG	ImmunoResearch A5316		2000
(H+L)	Laboratories Inc.		
CyTM 3-conjugated AffiniPure goat anti-mouse lgG (H+L)	Jackson		
	ImmunoResearch	A5316	2000
	Laboratories Inc.		

## Table S3. siRNA nucleotide sequence.

Genes	siRNA sequence
Control	UUCUCCGAACGUGUCACGUTT
ΑΜΡΚα	AUGAUGUCAGAUGGUGAAUUU
LKB1	CGGUCAAGAUCCUCAAGAAUU



**Figure S1.** Effects of antroalbol H on cell viability in 3T3-L1 adipocytes. 3T3-L1 adipocytes were treated with 20 - 320  $\mu$ M AH for 24 h, the cytotoxicity was detected by MTS assay. Results were represented as means  $\pm$  SEM (n = 6).



**Figure S2.** Antroalbol H does not change the phosphorylation of CaMKII and Ca<sup>2+</sup>. (A and B) Immunoblots of p-CaMKII<sup>T286</sup>, t-CaMKII and  $\beta$ -actin in L6 myotubes. L6 myotubes were treated with 0-20  $\mu$ M AH for 24 h or 10  $\mu$ M AH for indicated hours. Results were represented as means  $\pm$  SEM (n = 3). (C and D) Ca<sup>2+</sup> signal assay in L6 myotubes and 3T3-L1 adipocytes. Cells were grown on 24-well plate and washed three times with Ca<sup>2+</sup>-containing resting buffer (145 mM NaCl, 5 mM KCl, 2.6 mM CaCl<sub>2</sub>, 1 mM MgCl<sub>2</sub>, 5.6 mM D-glucose, and 10 mM HEPES, pH 7.4). Loading with 10  $\mu$ M Fluo 3-AM was for 30 min at 37 °C. Washed plate were mounted in fluorescence microscope and recorded of fluorescence (excitation490 nm, emission 530 nm) was initiated about 30 seconds prior to addition of 0.1% DMSO (Con), 1  $\mu$ M ionomycin or 10  $\mu$ M AH. Results were represented as the net increase value of fluorescence in 15-20 cells per condition (n = 3).



**Figure S3.** Antroalbol H does not change the protein levels of GLUT4. (A) 3T3-L1 adipocytes were treated with 5-20  $\mu$ M AH for 24 h or 100 nM insulin for indicated times, then immunoblots of GLUT4 and  $\beta$ -actin were performed. (B) L6 myotubes were treated with 0-20  $\mu$ M AH for 24 h, GLUT4 protein levels also assayed by western blotting. Results were represented as means  $\pm$  SEM (n = 3).



**Figure S4.** Key 2D NMR correlations of antroalbol H. (A) <sup>1</sup>H-<sup>1</sup>H COSY and key HMBC correlations of antroalbol H. (B) Key NOESY correlations of antroalbol H.



Figure S5. <sup>1</sup>H NMR (400MHz, CDCl<sub>3</sub>) spectrum of antroalbol H



Figure S6. <sup>13</sup>C NMR (400MHz, CDCl<sub>3</sub>) spectrum of antroalbol H



**Figure S7.** HSQC spectrum of antroalbol H



**Figure S8.** <sup>1</sup>H-<sup>1</sup>H COSY spectrum of antroalbol H



Figure S9. HMBC spectrum of antroalbol H

![](_page_14_Figure_0.jpeg)

Figure S10. ROESY spectrum of antroalbol H

### **Elemental Composition Report**

## Page 1

![](_page_15_Figure_2.jpeg)

Figure S11. HR-ESI-MS spectrum of antroalbol H

![](_page_16_Figure_0.jpeg)

Figure S12. IR spectrum of antroalbol H