## Supplemental Material

Figure S1: Mutational spectra of MNVs Figure S2: Mutational spectra of *de novo* MNVs Figure S3: Mutational spectra of adjacent trinucleotide sim-MNVs Figure S4: Extended version of Figure 5 Figure S5: Sensitivity of MNV enrichment analysis to MNV mutation rate estimates

Table S1: Summary of statistical tests performed in the analyses



Figure S2



Figure S2: Mutational spectra of de novo MNVs (a) Frequency of de novo MNVs according to the distance between the two variants in base pairs (b) Frequency of different mutation types for de novo MNV1bp (c) Frequency of different mutation types for de novo MNV2-20bp





Figure S4



Figure S4 : Extended version of figure 5. Ratio of observed number of de novo MNVs vs the expected number based on the MNV mutation rate but comparing to a wider range of SNV enrichment including those not in DD genes by consequence.



(a)

(b)





Figure S5: Sensitivity of MNV enrichment analysis to MNV mutation rate estimates (a) The impact of varying the subsets of variants used to estimate the MNV mutation rate estimate on the enrichment of de novo MNVs in different subcategories of genes as in Figure 5. These were all calculated using an SNV mutation rate estimate of  $1.1 \times 10-8$  /bp/generation. (b) Using three different estimates of the SNV mutation rate estimate and the subcategories of variants as in (a) looking at the difference in enrichment ratios across the same subcategories of genes as in (a).

| Table | S1 |
|-------|----|
|-------|----|

| Analysis   | Conclusion   | Method                         | p-value                        |
|--|--|--------------------------------|--------------------------------|
| Functional consequences o  | f MNVs   |                                |                                |
| Amino acid distance  | Median amino acid distance is<br>significantly larger for two-step than one-<br>step missense MNVs<br>Median amino acid distance for one step<br>missense MNV is significantly larger than | Wilcoxon Test<br>Wilcoxon Test | 1.1×10 <sup>-7</sup><br>0.0008 |
|  | for exclusive SN missense changes  |                                |                                |
| Proportion of variants in<br>highly constrained<br>(pLI>0.9) genes | proportion of inter-codon MNV <sub>1-20bp</sub> that<br>fall in highly constrained genes (pLI>0.9)<br>is significantly smaller compared to<br>missense SNVs                                | Proportion Test                | 0.0007                         |
|  | proportion of two-step missense MNVs<br>observed in highly constrained genes<br>was also significantly smaller than for<br>missense SNVs   | Proportion Test                | 0.0016                         |
|  | proportion of ExAC two-step MNVs in<br>high pLI genes was significantly smaller<br>than for ExAC missense SNVs   | Proportion Test                | 9.84x10 <sup>-6</sup>          |
| CADD score   | median CADD score for two-step<br>missense MNVs was significantly higher<br>than one-step missense MNVs  | Wilcoxon Test                  | 0.00017                        |
|  | median CADD score for two-step<br>missense MNVs was significantly higher<br>than missense SNVs   | Wilcoxon Test                  | 2.70x10∗                       |
| Singleton Proportion   | singleton proportion for two-step<br>missense MNVs was nominally<br>significantly higher compared to<br>missense SNVs  | Proportion Test                | 0.02                           |
| Contribution of de novo MI<br>De novo MNV enrichment               | NVs to developmental disorders<br>de novo MNVs were found to be<br>significiantly enriched based on our<br>estimated MNV mutation rate   | Poisson Test                   | 1.03 x 10 <sup>-3</sup>        |
|  | de novo MNVs were found to be<br>significiantly enriched based on our<br>estimated MNV mutation rate after<br>correcting for sequence context  | Poisson Test                   | 2.28 x 10 <sup>-3</sup>        |
| Undrepresentation in<br>ClinVar                                    | De novo MNVs were found to be<br>depleted compared to expected in<br>ClinVar   | Poisson Test                   | 2.8x10 <sup>-5</sup> ,         |