

Heroic music stimulates empowering thoughts during mind-wandering

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Supplementary Table S4

Questionnaire used for stimulus selection.

Item question	Response options
1 <i>Synes du musikken var ubehagelig eller behagelig?</i> Do you think the music was unpleasant or pleasant?	1: Svært ubehagelig, 7: Svært behagelig 1: Very unpleasant, 7: Very pleasant
2 <i>Synes du musikken var rolig eller energisk?</i> Do you think that the music was calm or energetic?	1: Svært rolig, 7: Svært energisk 1: Very calm, 7: Very energetic
3 <i>I hvor stor grad vil du beskrive musikken som trist?</i> To what degree do you would you describe the music as sad?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
4 <i>I hvor stor grad vil du beskrive musikken som heroisk (helteaktig)?</i> To what degree do you would you describe the music as heroic?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
5 <i>I hvor stor grad vil du beskrive musikken som nostalgisk?</i> To what degree do you would you describe the music as nostalgic?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
6 <i>I hvor stor grad vil du beskrive musikken som kraftfull?</i> To what degree do you would you describe the music as powerful?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
7 <i>I hvor stor grad vil du beskrive musikken som inspirerende?</i> To what degree do you would you describe the music as inspiring?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
8 <i>I hvor stor grad vil du beskrive musikken som fredfull?</i> To what degree do you would you describe the music as peaceful?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
9 <i>I hvor stor grad vil du beskrive musikken som modig (uttrykker mot)?</i> To what degree do you would you describe the music as courageous?	1: Ikke i det hele tatt, 7: Svært mye 1: Not at all, 7: Very much
10 <i>Hørtes musikken kjent ut?</i> Did the music sound familiar?	1: Ikke kjent, har ikke hørt den før. 2: Vet ikke, tror ikke jeg har hørt den før. 3: Litt kjent, har kanskje hørt den før. 4: Ganske kjent, tror jeg har hørt den før. 5: Veldig kjent, har hørt den før. 1: Not at all, I have not heard it before. 2: I don't know, I don't think I've heard it before. 3: Somewhat familiar, I've might heard it before. 4: Quite familiar, I think I've heard it before. 5: Very well known, I have heard it before.