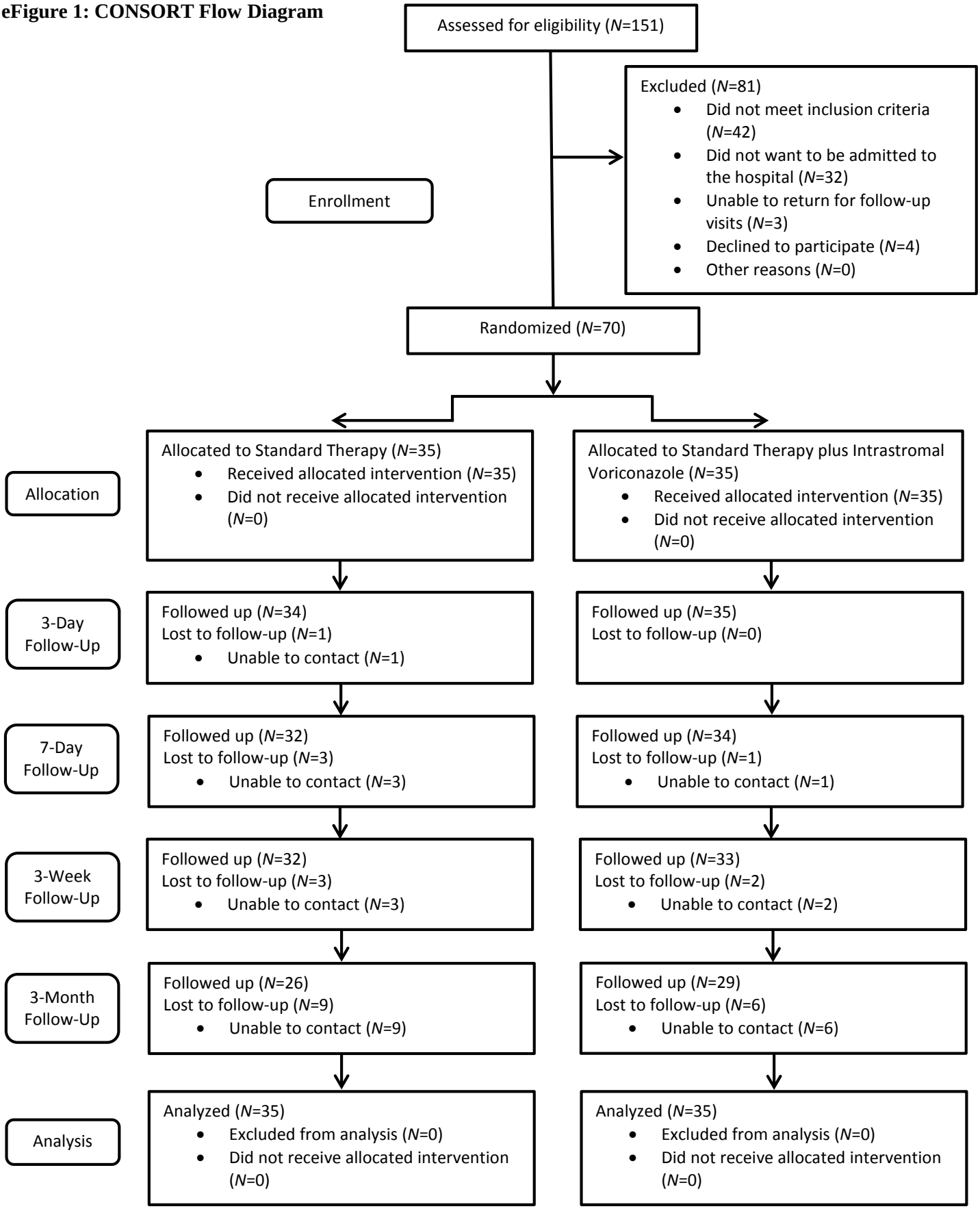eFigure 1: CONSORT Flow Diagram