



Supplementary Fig. 2: The presence of (-)-epicatechin metabolites in plasma is not related with antioxidant activity. Total antioxidant activity was measured in plasma samples using a commercial kit. No differences were observed in basal state and 2 h after cocoa and placebo intake. Antioxidant activity of plasma was calculated applying external calibration curves. Data analyzed by t-test for related samples and expressed as mean and standard error in a sample of n=20

Antioxidant-related Gene Expression Changes by High-Polyphenols Cocoa Powder Intake. A Randomized Crossover Clinical Study.

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