

| Stage | Pubic Hair  | Breast   | Testicular volume |
|-------|---|--|-------------------|
| I     | No pubic hair   | No glandular tissue, only the nipple papilla is elevated beyond the flat chest contour         | < 4mL             |
| II    | Small amount of long, downy hair; may be pigmented  | Breast bud forms with minimal glandular tissue, areola widens                                  | 4-8 mL            |
| III   | Darker, more curly and rougher texture  | Breast tissue beyond the nipple areolar complex (NAC border), forming the shape of the breasts | 10-15 mL          |
| IV    | Adult hair quality in limited area  | Increased breast size and differentiation of NAC above the contour of the breast               | 15-20 mL          |
| V     | Adult hair quality that extends to the medial thighs in the shape of an inverted triangle | Adult final size, areola regresses and matches the contour of the breast                       | >25mL             |