

Gender Affirming Hormone Cohort Survey Measures	
Construct	Measure
Time of Completion: Baseline, 6-month, 12-month, 18-month, & 24-month follow-up periods	
Demographics	Demographic questions for Cross-Sex Hormone Cohort
Religiosity & Spirituality	Modified Duke University Religion Index (DUREL)
Socio-Economic Status	Socioeconomic Status Questions (for Adolescents & Young Adults)
Gender Identity	Transgender Congruence Scale
	DSM 5 – Chicago adapted
Service Utilization	Dr. Olson’s Service Utilization Questions
Depression	BDI-II
Anxiety	Revised Children’s Manifest Anxiety Scale: Second Edition (RCMAS-2 – What I Think and Feel)
Quality of Life	Health-Related Quality of Life Scale (modified HIV QOL)
Suicidality	Suicidal Ideation Scale
Body Esteem	Body Esteem Scale
Body Image	Body Image Scale
Social Relationships	Emotional Support / Friendship / Loneliness / Perceived Hostility / Perceived Rejection – NIH Toolbox
Negative Affect	Anger / Fear / Sadness – NIH Toolbox
Psychological Well-being	General Life Satisfaction / Positive Affect – NIH Toolbox
Self-Efficacy	Self-Efficacy (CAT 13-17)– NIH Toolbox
Perceived Parent Support	Parent Support Scale – Youth Version
Resiliency	Gender Minority Stress and Resilience Scale
	Connor-Davidson Resilience Scale
Sexual Behavior	Sexual Risk Behavior Questions
STI History	STI Questions
Alcohol/Drug Use	Alcohol, Smoking, and Substance Involvement Screening Test (ASSIST)
Autism	Autism-Spectrum Quotient (AQ-10) – Adult
History of Blocker Experience	Questions to obtain history of participant’s blocker experience
Time of Completion: 6-month, 12-month, 18-month & 24-month follow-up periods	
Side Effects of Hormone Use	Physical and emotional effects of hormone use for the following hormone treatments: testosterone, progesterone, estrogen, spironolactone and/or other hormone blockers
Physical Characteristics	Menstruation (first and last menstrual period); history of chest binding and male chest reconstruction procedures; interest in gender affirming surgeries (for transmasculine participants <i>only</i>)
Chest dysphoria	Chest Dysphoria Scale (for transmasculine participants <i>only</i>)
Time of Completion: 12-month, 24-month follow-up periods	
Adolescent Life-Change Event Scale	Life changes in past 6 months (only participants 9 years and older)

Youth Self-Report (YSR) (Collected Online in ASEBA System)	
Construct	Measure

Time of Completion: Baseline, 12-month, & 24-month follow-up periods	
Internalizing/Externalizing	Youth Self-Report (YSR), Child Behavior Check List (CBCL)

MINI ^a :	
Construct	Measure
Time of Completion: Baseline, 12-month, & 24-month follow-up periods	
DSM Diagnoses	Mini International Neuropsychiatric Interview – M.I.N.I. or M.I.N.I. Kid (Modules: Major Depressive Episode / Manic Episode / Hypomanic Episode / Panic Disorder / Agoraphobia / Social Anxiety Disorder (Social Phobia) / Obsessive-Compulsive Disorder / Posttraumatic Stress Disorder / Anorexia Nervosa / Bulimia Nervosa / Binge –Eating Disorder / Generalized Anxiety Disorder / Antisocial Personality Disorder)

^a The M.I.N.I. Kid will be utilized with participants aged 16 and under at the Baseline Visit, and the M.I.N.I. will be utilized with participants 17 and older at the Baseline Visit. Refer to table of “Blocker Cohort – Youth Survey Measures” for modules included in M.I.N.I. Kid interview.