Appendix 1 Predicted prevalence rates of overweight and underweight in the transition from childhood to adulthood

Overweight

Age	Male	Female	High income	Low & medium income	9 years of schooling	6 years of schooling	Urban China	Rural China	Southern China	Northern China	Western China	Non-western China
6	11.6%	10.3%	10.8%	11.0%	10.4%	11.4%	11.5%	10.9%	9.6%	14.3%	7.6%	12.8%
7	9.3%	8.8%	9.5%	9.0%	8.6%	9.5%	10.2%	8.9%	7.3%	13.9%	6.2%	10.7%
8	7.7%	7.6%	8.4%	7.5%	7.2%	7.9%	8.9%	7.4%	5.7%	13.4%	5.2%	9.0%
9	6.5%	6.5%	7.6%	6.3%	6.1%	6.7%	7.7%	6.3%	4.6%	12.8%	4.4%	7.7%
10	5.6%	5.6%	7.0%	5.3%	5.3%	5.8%	6.6%	5.4%	3.7%	12.3%	3.8%	6.6%
11	5.0%	4.8%	6.5%	4.6%	4.7%	5.1%	5.6%	4.8%	3.1%	11.6%	3.3%	5.8%
12	4.5%	4.2%	6.2%	4.0%	4.2%	4.5%	4.7%	4.3%	2.7%	11.0%	3.0%	5.2%
13	4.3%	3.6%	6.0%	3.6%	3.8%	4.1%	3.9%	4.0%	2.4%	10.3%	2.7%	4.7%
14	4.1%	3.1%	5.9%	3.2%	3.5%	3.7%	3.2%	3.7%	2.2%	9.6%	2.5%	4.3%
15	4.1%	2.7%	5.9%	3.0%	3.3%	3.4%	2.6%	3.6%	2.1%	8.9%	2.3%	4.0%
16	4.1%	2.4%	6.0%	2.8%	3.2%	3.2%	2.1%	3.5%	2.0%	8.2%	2.2%	3.8%
17	4.3%	2.1%	6.2%	2.6%	3.1%	3.1%	1.6%	3.5%	2.0%	7.5%	2.1%	3.6%
18	4.7%	1.8%	6.5%	2.5%	3.0%	3.0%	1.3%	3.6%	2.0%	6.8%	2.1%	3.6%

Underweight

Age	Male	Female	High income	Low & medium income	9 years of schooling	6 years of schooling	Urban China	Rural China	Southern China	Northern China	Western China	Non-western China
6	16.0%	20.1%	15.5%	18.3%	18.4%	17.4%	21.4%	17.1%	19.3%	15.1%	25.3%	15.1%
7	18.1%	22.1%	16.9%	20.5%	20.4%	19.4%	21.4%	19.5%	21.6%	16.6%	27.0%	17.2%
8	20.0%	23.9%	18.1%	22.6%	22.2%	21.3%	21.3%	21.8%	23.7%	18.0%	28.3%	19.2%
9	21.6%	25.6%	19.1%	24.4%	23.9%	23.0%	21.1%	23.8%	25.5%	19.3%	29.4%	21.0%
10	22.9%	27.0%	20.0%	25.8%	25.3%	24.3%	21.0%	25.6%	27.0%	20.4%	30.2%	22.5%
11	23.8%	28.2%	20.7%	27.0%	26.3%	25.3%	20.8%	26.9%	28.1%	21.3%	30.6%	23.8%
12	24.3%	29.1%	21.1%	27.7%	27.1%	26.0%	20.6%	27.9%	28.8%	22.0%	30.8%	24.7%
13	24.5%	29.7%	21.4%	28.1%	27.5%	26.2%	20.3%	28.3%	29.1%	22.4%	30.6%	25.2%
14	24.1%	29.9%	21.4%	28.0%	27.5%	26.1%	20.1%	28.3%	28.9%	22.5%	30.0%	25.3%
15	23.4%	29.9%	21.1%	27.5%	27.2%	25.6%	19.8%	27.8%	28.3%	22.4%	29.2%	25.1%
16	22.3%	29.6%	20.7%	26.6%	26.5%	24.7%	19.5%	26.9%	27.3%	22.0%	28.0%	24.4%
17	20.8%	28.9%	20.0%	25.3%	25.5%	23.5%	19.2%	25.5%	25.9%	21.3%	26.5%	23.4%
18	19.1%	27.9%	19.1%	23.7%	24.2%	21.9%	18.8%	23.8%	24.1%	20.5%	24.9%	22.0%