

Supplemental Data

Supplemental Table 1

Insulin Adjustment Protocol

Mean FPG	Glargine adjustment
100-140 mg/dL	No Change
140-180 mg/dL	Increase daily dose by 2 units or 10%
>180 mg/dL	Increase daily dose by 4 units or 20%
Glargine adjustment for BG <100 mg/dL	
If any FBG 70-99 mg/dL	Decrease by 4 units or 10% of total daily dose
If any FBG or RBG <70 mg/dL	Decrease by 8 units or 20% of total daily dose
If any FBG or RBG <40 mg/dL	Decrease total daily dose by 30-40%

Abbreviations:
 BG = blood glucose ; FPG = fasting plasma glucose ; RBG= random plasma glucose