

Supplementary Online Content

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This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1. Baseline BMI and WC Status in Association With All-Cause and Cause-Specific Mortality Among 89 950 Postmenopausal Women in the WHI OS

	Normal weight (BMI 18.5-24.9 kg/m ²)		Overweight (BMI 25.0-29.9 kg/m ²)		Obesity (BMI ≥30 kg/m ²)	
	Normal WC (≤88 cm)	High WC (>88 cm)	Normal WC (≤88 cm)	High WC (>88 cm)	Normal WC (≤88 cm)	High WC (>88 cm)
No. of participants	35,242	858	20,938	10,037	2,633	20,242
Any cause (n)	9,370	361	5,275	3,661	613	6,827
model 1	1.00(ref)	1.44(1.30, 1.60)	0.94(0.91, 0.97)	1.29(1.24, 1.34)	0.92(0.85, 0.99)	1.47(1.43, 1.52)
model 2	1.00(ref)	1.40(1.26, 1.55)	0.92(0.89, 0.95)	1.22(1.17, 1.27)	0.88(0.81, 0.96)	1.36(1.32, 1.40)
model 3	1.00(ref)	1.30(1.17, 1.44)	0.92(0.89, 0.95)	1.17(1.12, 1.21)	0.89(0.82, 0.97)	1.32(1.28, 1.37)
CVD (n)	2,478	91	1,535	1,143	195	2,227
model 1	1.00(ref)	1.31(1.06, 1.62)	1.03(0.96, 1.10)	1.46(1.36, 1.56)	1.09(0.94, 1.26)	1.82(1.72, 1.93)
model 2	1.00(ref)	1.27(1.03, 1.56)	0.99(0.93, 1.06)	1.36(1.27, 1.46)	1.03(0.89, 1.19)	1.64(1.54, 1.74)
model 3	1.00(ref)	1.19(0.97, 1.47)	0.99(0.93, 1.06)	1.31(1.22, 1.40)	1.04(0.90, 1.20)	1.59(1.49, 1.69)
Cancer (n)	2,514	85	1,435	940	158	1,749
model 1	1.00(ref)	1.35(1.09, 1.68)	0.96(0.90, 1.02)	1.28(1.19, 1.38)	0.87(0.74, 1.02)	1.32(1.24, 1.41)
model 2	1.00(ref)	1.32(1.06, 1.63)	0.94(0.88, 1.01)	1.24(1.15, 1.33)	0.85(0.72, 0.99)	1.25(1.18, 1.34)
model 3	1.00(ref)	1.20(0.97, 1.49)	0.95(0.89, 1.02)	1.18(1.10, 1.28)	0.88(0.75, 1.04)	1.24(1.17, 1.33)
Other causes (n)	4,378	185	2,305	1,578	260	2,851
model 1	1.00(ref)	1.57(1.35, 1.82)	0.88(0.84, 0.93)	1.20(1.13, 1.27)	0.85(0.75, 0.97)	1.38(1.32, 1.45)
model 2	1.00(ref)	1.53(1.32, 1.77)	0.86(0.82, 0.90)	1.14(1.07, 1.20)	0.81(0.72, 0.92)	1.27(1.21, 1.33)
model 3	1.00(ref)	1.42(1.23, 1.65)	0.85(0.81, 0.90)	1.08(1.02, 1.15)	0.81(0.72, 0.92)	1.22(1.16, 1.28)

Model 1: age at baseline and race/ethnicity.

Model 2: model 1+ education, income, NSES, unopposed estrogen usage status, and estrogen + progesterone usage status.

Model 3: model 2 + smoking status, physical activity, total energy intake, and AHEI-2010 score.

Bold values are statistically significant at $p < 0.05$.

eTable 2. Baseline BMI and WC Status in Association With All-Cause and Cause-Specific Mortality Among 129 299 White Women in the WHI

Causes of death	Normal weight (BMI 18.5-24.9 kg/m ²)		Overweight (BMI 25.0-29.9 kg/m ²)		Obesity (BMI ≥30 kg/m ²)	
	Normal WC (≤88 cm)	High WC (>88 cm)	Normal WC (≤88 cm)	High WC (>88 cm)	Normal WC (≤88 cm)	High WC (>88 cm)
No. of participants	46,031	1223	29,833	15,754	3,544	32,914
Any cause (n)	12,284	500	7,465	5,512	818	10,763
model 1	1.00(ref)	1.42(1.30, 1.55)	0.92(0.90, 0.95)	1.23(1.19, 1.27)	0.92(0.85, 0.98)	1.39(1.35, 1.43)
model 2	1.00(ref)	1.38(1.26, 1.51)	0.91(0.88, 0.94)	1.19(1.16, 1.23)	0.89(0.83, 0.95)	1.32(1.28, 1.35)
model 3	1.00(ref)	1.30(1.19, 1.43)	0.92(0.89, 0.94)	1.16(1.12, 1.19)	0.92(0.85, 0.98)	1.31(1.27, 1.34)
CVD (n)	3,266	135	2,127	1,660	250	3,369
model 1	1.00(ref)	1.39(1.17, 1.65)	1.00(0.94, 1.05)	1.37(1.29, 1.45)	1.08(0.95, 1.23)	1.69(1.61, 1.77)
model 2	1.00(ref)	1.33(1.12, 1.58)	0.97(0.92, 1.02)	1.29(1.22, 1.37)	1.02(0.90, 1.16)	1.55(1.47, 1.62)
model 3	1.00(ref)	1.27(1.07, 1.51)	0.97(0.92, 1.02)	1.25(1.18, 1.33)	1.05(0.92, 1.19)	1.52(1.45, 1.60)
Cancer (n)	3,294	115	2,084	1,457	213	2,874
model 1	1.00(ref)	1.28(1.07, 1.55)	0.96(0.91, 1.01)	1.25(1.18, 1.33)	0.86(0.75, 0.99)	1.30(1.24, 1.37)
model 2	1.00(ref)	1.25(1.04, 1.51)	0.95(0.90, 1.01)	1.22(1.15, 1.30)	0.84(0.74, 0.97)	1.25(1.19, 1.31)
model 3	1.00(ref)	1.17(0.97, 1.40)	0.98(0.92, 1.03)	1.19(1.12, 1.27)	0.90(0.78, 1.03)	1.27(1.21, 1.34)
Other causes (n)	5,724	250	3,254	2,395	355	4,520
model 1	1.00(ref)	1.52(1.34, 1.73)	0.86(0.83, 0.90)	1.15(1.10, 1.21)	0.86(0.77, 0.96)	1.29(1.24, 1.34)
model 2	1.00(ref)	1.49(1.31, 1.69)	0.85(0.82, 0.89)	1.13(1.07, 1.18)	0.84(0.75, 0.93)	1.24(1.19, 1.29)
model 3	1.00(ref)	1.41(1.24, 1.60)	0.85(0.82, 0.89)	1.09(1.03, 1.14)	0.85(0.77, 0.95)	1.21(1.16, 1.26)

Model 1: age at baseline.

Model 2: model 1+ education, income, NSES, unopposed estrogen usage status, and estrogen + progesterone usage status.

Model 3: model 2 + smoking status, physical activity, total energy intake, and AHEI-2010 score.

Bold values are statistically significant at $p < 0.05$.

eTable 3. Baseline BMI and WC Status in Association With All-Cause and Cause-Specific Mortality Among 138 322 Postmenopausal Women Without CVD, Cancer, and Diabetes at Baseline in the WHI

Causes of death	Normal weight (BMI 18.5-24.9 kg/m ²)		Overweight (BMI 25.0-29.9 kg/m ²)		Obesity (BMI ≥30 kg/m ²)	
	Normal WC (≤88 cm)	High WC (>88 cm)	Normal WC (≤88 cm)	High WC (>88 cm)	Normal WC (≤88 cm)	High WC (>88 cm)
No. of participants	48,862	1,200	33,297	15,782	4,448	34,733
Any cause (n)	11,847	444	7,380	4,898	893	9,507
model 1	1.00(ref)	1.38(1.26, 1.52)	0.91(0.89, 0.94)	1.20(1.16, 1.24)	0.92(0.86, 0.99)	1.29(1.25, 1.32)
model 2	1.00(ref)	1.34(1.22, 1.48)	0.90(0.87, 0.93)	1.16(1.12, 1.20)	0.90(0.84, 0.96)	1.22(1.19, 1.26)
model 3	1.00(ref)	1.26(1.15, 1.39)	0.91(0.88, 0.93)	1.12(1.08, 1.16)	0.93(0.86, 0.99)	1.21(1.18, 1.25)
CVD (n)	2,976	104	2,019	1,389	266	2,785
model 1	1.00(ref)	1.24(1.02, 1.51)	1.00(0.94, 1.05)	1.31(1.23, 1.40)	1.11(0.98, 1.26)	1.53(1.46, 1.62)
model 2	1.00(ref)	1.19(0.98, 1.45)	0.97(0.91, 1.02)	1.25(1.17, 1.33)	1.06(0.93, 1.20)	1.41(1.34, 1.49)
model 3	1.00(ref)	1.14(0.94, 1.39)	0.97(0.92, 1.03)	1.21(1.14, 1.29)	1.08(0.95, 1.22)	1.40(1.32, 1.48)
Cancer (n)	3,332	115	281	1,403	258	2,797
model 1	1.00(ref)	1.35(1.12, 1.63)	0.96(0.91, 1.01)	1.26(1.18, 1.34)	0.90(0.79, 1.02)	1.26(1.20, 1.33)
model 2	1.00(ref)	1.32(1.10, 1.59)	0.95(0.90, 0.99)	1.23(1.15, 1.31)	0.89(0.78, 1.01)	1.21(1.15, 1.27)
model 3	1.00(ref)	1.22(1.02, 1.47)	0.97(0.92, 1.02)	1.20(1.12, 1.28)	0.94(0.83, 1.07)	1.24(1.17, 1.30)
Other causes (n)	5,539	225	3180	2,106	369	3,925
model 1	1.00(ref)	1.48(1.30, 1.69)	0.85(0.81, 0.88)	1.10(1.05, 1.16)	0.84(0.76, 0.94)	1.18(1.13, 1.23)
model 2	1.00(ref)	1.45(1.27, 1.66)	0.83(0.80, 0.87)	1.08(1.02, 1.13)	0.82(0.74, 0.91)	1.14(1.09, 1.19)
model 3	1.00(ref)	1.36(1.19, 1.56)	0.83(0.80, 0.87)	1.03(0.98, 1.09)	0.83(0.75, 0.93)	1.11(1.06, 1.16)

Model 1: age at baseline and race/ethnicity.

Model 2: model 1+ education, income, NSES, unopposed estrogen usage status, and estrogen + progesterone usage status.

Model 3: model 2 + smoking status, physical activity, total energy intake, and AHEI-2010 score.

Bold values are statistically significant at $p < 0.05$.

eTable 4. Baseline BMI and WHR Status in Association With All-Cause and Cause-Specific Mortality Among 156 624 Postmenopausal Women

Causes of death	Normal weight (BMI 18.5-24.9 kg/m ²)		Overweight (BMI 25.0-29.9 kg/m ²)		Obesity (BMI ≥30 kg/m ²)	
	Normal WHR (<0.85)	High WHR (≥0.85)	Normal WHR (<0.85)	High WHR (≥0.85)	Normal WHR (<0.85)	High WHR (≥0.85)
No. of participants	48498	5627	39007	15902	25093	22497
Any cause (n)	11992	2288		5442	6385	7582
model 1	1.00(ref)	1.43(1.37, 1.49)	0.98(0.95, 1.01)	1.29(1.25, 1.33)	1.21(1.17, 1.24)	1.60(1.56, 1.65)
model 2	1.00(ref)	1.40(1.34, 1.46)	0.96(0.93, 0.99)	1.24(1.20, 1.28)	1.15(1.12, 1.19)	1.50(1.46, 1.55)
model 3	1.00(ref)	1.33(1.27, 1.39)	0.96(0.93, 0.98)	1.20(1.16, 1.24)	1.16(1.12, 1.19)	1.47(1.42, 1.51)
CVD (n)	3163	657	2682	1806	2077	2580
model 1	1.00(ref)	1.44(1.33, 1.57)	1.06(1.01, 1.11)	1.47(1.39, 1.56)	1.45(1.37, 1.53)	1.98(1.88, 2.08)
model 2	1.00(ref)	1.40(1.29, 1.53)	1.02(0.97, 1.08)	1.38(1.31, 1.47)	1.34(1.27, 1.42)	1.79(1.70, 1.89)
model 3	1.00(ref)	1.33(1.22, 1.45)	1.01(0.96, 1.07)	1.33(1.26, 1.42)	1.33(1.25, 1.41)	1.74(1.65, 1.84)
Cancer (n)	3289	552	2670	1446	1812	2059
model 1	1.00(ref)	1.38(1.26, 1.51)	1.01(0.96, 1.06)	1.28(1.21, 1.36)	1.14(1.08, 1.21)	1.46(1.38, 1.54)
model 2	1.00(ref)	1.36(1.24, 1.48)	1.00(0.95, 1.05)	1.25(1.17, 1.33)	1.11(1.04, 1.17)	1.39(1.32, 1.47)
model 3	1.00(ref)	1.26(1.14, 1.38)	1.01(0.96, 1.07)	1.22(1.14, 1.30)	1.15(1.08, 1.23)	1.40(1.32, 1.48)
Other causes (n)	5540	1079	4042	2424	2735	3225
model 1	1.00(ref)	1.45(1.36, 1.55)	0.91(0.88, 0.95)	1.20(1.14, 1.26)	1.12(1.07, 1.17)	1.49(1.42, 1.55)
model 2	1.00(ref)	1.43(1.34, 1.53)	0.90(0.87, 0.94)	1.16(1.10, 1.22)	1.08(1.03, 1.13)	1.41(1.35, 1.48)
model 3	1.00(ref)	1.37(1.28, 1.47)	0.89(0.86, 0.93)	1.11(1.06, 1.17)	1.06(1.01, 1.12)	1.36(1.29, 1.42)

Abbreviation: WHR, waist-to-hip ratio.

Model 1: age at baseline and race/ethnicity.

Model 2: model 1+ education, income, OS/CT, NSES, unopposed estrogen usage status, and estrogen + progesterone usage status.

Model 3: model 2 + smoking status, physical activity, total energy intake, and AHEI-2010 score.

Bold values are statistically significant at $p < 0.05$.