

Supplementary Table 1

List of benzodiazepine and benzodiazepine-related drugs included in this study

	ATC code	Generic name	Maximum number of prescription days
benzodiazepine-derivative anxiolytics			
1	N05BA01	diazepam	90
2	N05BA02	chlordiazepoxide	30
3	N05BA03	medazepam	30
4	N05BA05	potassium clorazepate	14
5	N05BA06	lorazepam	30
6	N05BA08	bromazepam	30
7	N05BA12	alprazolam	30
8	N05BA17	fludiazepam	30
9	N05BA18	ethyl loflazepate	30
10	N05BA19	etizolam	30
11	N05BA21	clotiazepam	30
12	N05BA22	cloxazolam	30
13	N05BA23	tofisopam	-
benzodiazepine-derivative hypnotics and sedatives			
14	N05CD01	flurazepam	30
15	N05CD02	nitrazepam	90
16	N05CD03	flunitrazepam	30
17	N05CD04	estazolam	30
18	N05CD05	triazolam	30
19	N05CD06	lormetazepam	30
20	N05CD09	brotizolam	30
21	N05CD10	quazepam	30
Z-drugs			
22	N05CF01	zopiclone	30
23	N05CF02	zolpidem	30
24	N05CF04	eszopiclone	-
Other (not covered by the WHO-ATC code)			
25	anxiolytics	flutazolam	-
26	anxiolytics	flutoprazepam	-
27	anxiolytics	mexazolam	-
28	anxiolytics	oxazolam	30
29	hypnotics	nimetazepam	30
30	hypnotics	haloxazolam	30
31	hypnotics	rilmazafone	-

WHO-ATC: World Health Organization Anatomical Therapeutic Chemical