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# Supporting Information

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Roles of Localized Electronic Structures Caused by  $\pi$ Degeneracy Due to Highly Symmetric Heavy Atom-Free Conjugated Molecular Crystals Leading to Efficient Persistent Room-Temperature Phosphorescence

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#### Supporting Information

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#### 1. Materials

 $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4$  powders were purchased from Tokyo Chemical Industry Co., Ltd. Single crystals of  $Si(C_6H_5)_4$  and  $Ge(C_6H_5)_4$  were prepared by recrystallization from toluene solutions. The commercially available  $C(C_6H_5)_4$  contained many impurities and did not form crystals well in recrystallization procedures. Therefore, single crystals of  $C(C_6H_5)_4$  were obtained after purification by column chromatography using toluene/hexane and subsequent recrystallization from a toluene/hexane solution.

# 2. Investigation of the rate constant of intersystem crossing from $S_1$ to $T_1$ using quantum chemical calculations

The large  $\Phi_{isc}(RT)$  of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystals, which were estimated from  $\Phi_{isc}(RT)=1-\Phi_f(RT)$ , were probably not caused by the crystalline-induced enhancement of  $\Phi_{isc}(RT)$ .  $k_{isc}(T)$  is generally expressed as,<sup>[S1]</sup>

$$k_{isc}(T) = \frac{2\pi}{\hbar} \sum_{n} |\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2 \exp\left[\frac{-(\lambda + \Delta E_{Tn-S1})^2}{4\lambda kT}\right] / \sqrt{4\lambda kT},$$
(S1)

where  $\overline{H_{SO}}$  is the Hamiltonian operator related to SOC between S<sub>1</sub> and T<sub>n</sub>,  $\Psi_1^1$  is the wavefunction of S<sub>1</sub>,  $\Psi_n^3$  is the wavefunction of a high-order triplet excited state (T<sub>n</sub>),  $\lambda$  is the reorganization energy for the intersystem crossing (ISC) from S<sub>1</sub> to T<sub>n</sub>,  $\Delta E_{S1-Tn}$  is the energy difference between T<sub>n</sub> and S<sub>1</sub>, and k is the Boltzmann constant.  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  of the monomers and dimer 1–5 for C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> were separately calculated based on first-order perturbative SOC. Figure S3a–c shows the relationships between  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  and  $\Delta E_{Tn-S1}$  for the monomers and dimer 1–5 of the three types of crystals. In equation S1,  $\lambda$  is generally between 0 and 0.5 eV.<sup>[S1]</sup> Therefore, the term exp( $-(\lambda + \Delta E_{Tn-S1})^2/4\lambda kT$ ) in Equation S1 becomes large when  $\Delta E_{Tn-S1}$  is from –0.5 to 0 eV and  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  at  $\Delta E_{Tn-S1}=-0.5-0$  eV mainly contributes to  $k_{isc}(RT)$ . Therefore, investigation

of  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  at  $\Delta E_{\text{Tn-S1}} = -0.5 - 0$  eV is important to discuss  $k_{\text{isc}}(\text{RT})$  before and after crystallization. For the C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> monomer, S<sub>1</sub>-T<sub>5</sub> to S<sub>1</sub>-T<sub>14</sub> transitions involve ISC at  $\Delta E_{\text{Tn-S1}} = -0.5 - 0$  eV, as shown in the yellow background of (i) in Figure S3a. The integration of  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  at  $\Delta E_{\text{Tn-S1}} = -0.5 - 0$  eV was 2.85 cm<sup>-2</sup> for the C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> monomer. For dimer 1, 2, 3, 4, and 5 of the C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> single crystal, the integrated values of  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  at  $\Delta E_{\text{Tn-S1}} = -0.5 - 0$  eV were 2.87, 2.87, 2.75, 2.75, and 2.68 cm<sup>-2</sup>, respectively (yellow background in Figure S3a). Therefore,  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  at  $\Delta E_{\text{Tn-S1}} = -0.5 - 0$  eV does not change much among the monomer and dimer 1–5. Small differences of  $|\langle \Psi_1^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2$  at  $\Delta E_{\text{Tn-S1}} = -0.5 - 0$  eV among the monomer and dimer 1–5 were also observed for Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> (yellow background in Figure S3b and c, respectively). These findings indicate that  $k_{\text{isc}}(\text{RT})$  of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> are not affected by crystallization.

# 3. Analysis of the transfer integrals between two dimers contained in crystalline structure

It has been reported that a rubrene single crystal shows efficient anisotropic triplet exciton migration at RT of over 3  $\mu$ m along the *b*-axis of the crystalline structure.<sup>[59,67]</sup> Figure S7a(i) and (ii) depict the HOMO and LUMO in a rubrene monomer, respectively. The T<sub>1</sub>–S<sub>0</sub> transition of rubrene involves a HOMO–LUMO transition. In a rubrene monomer, both the HOMO and LUMO are delocalized over a tetracene moiety. Because the HOMO and LUMO over the tetracene moiety overlap considerably in the dimer along the *b*-axis of a rubrene crystal, the HOMO and LUMO are delocalized over two tetracene moieties in a dimer (Figure S7a, (i) and (ii)). This causes substantial overlap of HOMOs and LUMOs of the two dimers in a tetramer along the *b*-axis of a rubrene crystal as well (Figure S7a, (iii)). Therefore, the large transfer integrals of holes and electrons in the two dimers explain the large triplet exciton

migration distance along the *b*-axis of a rubrene crystal. The calculated absolute value of the transfer integrals using the two dimers in a tetramer of rubrene were  $3.6 \times 10^{-2}$  eV for holes and  $2.2 \times 10^{-2}$  eV for electrons. On the other hand, the absolute value of the hole transfer integral calculated using dimer 5 of  $Ge(C_6H_5)_4$  in a tetramer along the *c*-axis of a  $Ge(C_6H_5)_4$ crystal was  $1.7 \times 10^{-3}$  eV. The small hole transfer integral in Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> can be explained using a model in which triplet excitons are not delocalized all over dimer 5. Because each HOMO of a  $Ge(C_6H_5)_4$  monomer is localized over two phenylene rings rather than four because of its highly symmetric structure, the HOMO of dimer 5 of  $Ge(C_6H_5)_4$  is also not delocalized over all four phenylene rings (Figure S7b, (i)). Therefore, the localization of the HOMO of each monomer induces the localization of the HOMOs in dimer 5 for the  $Ge(C_6H_5)_4$  structure. Consequently, the HOMOs of the two dimer 5 in a tetramer of  $Ge(C_6H_5)_4$  do not overlap (Figure S7b, (iii)). This explains the small hole transfer integral of  $Ge(C_6H_5)_4$  crystals. Conversely, the symmetric delocalization of the LUMO of each monomer over all phenylene rings causes delocalization of the LUMOs over all phenylene rings of dimer 5 (Figure S7b, (ii)). This leads to a large overlap between the LUMOs of the two dimer 5 in a tetramer along the c-axis of a  $Ge(C_6H_5)_4$  crystal (Figure S7b, (iii)). Therefore, the large electron transfer integral of dimer 5 can be explained by a model in which triplet excitons are delocalized over two dimers. Indeed, the absolute value of the electron transfer integral calculated using dimer 5 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> in a tetramer along the *c*-axis of a Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystal was  $2.4 \times 10^{-2}$  eV, which is comparable to that of rubrene. Similar overall characteristics were also observed in pairs of other dimers of  $Ge(C_6H_5)_4$  crystals and for the other two types of crystals. Therefore, the localization of HOMOs caused by the highly symmetric structures in  $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4$  triggers inefficient hole transfer, which contributes to the suppressed triplet exciton diffusion and leads to the minimization of  $k_q(RT)$ .

#### 4. Table S1-S10

**Table S1.** Calculated photophysical parameters of isolated  $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4$ . Conformations were optimized using DFT (Gausian09/B3LYP/sdd) calculations. S<sub>1</sub> and T<sub>1</sub> energies and the oscillator strength for the S<sub>0</sub>–S<sub>1</sub> transition (*f*) were determined by TD-DFT (Gausian09/B3LYP/sdd) calculations.

| Compound       | S      | 1      | Т      | 1      | f      |
|----------------|--------|--------|--------|--------|--------|
|                | [eV]   | [nm]   | [eV]   | [nm]   |        |
| $C(C_6H_5)_4$  | 4.9793 | 249.03 | 3.5129 | 353.98 | 0.1490 |
| $Si(C_6H_5)_4$ | 5.1952 | 238.68 | 3.6481 | 339.90 | 0.0029 |
| $Ge(C_6H_5)_4$ | 5.2400 | 236.64 | 3.6632 | 338.50 | 0.0041 |

**Table S2.** Calculated photophysical parameters of  $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4$  in the crystalline state. Monomer configurations determined by single-crystal X-ray analyses were used to determine the S<sub>1</sub> and T<sub>1</sub> energies and oscillator strength (*f*) for the S<sub>0</sub>–S<sub>1</sub> transition by TD-DFT (Gausian09/B3LYP/sdd) calculations.

| Crystal             | S      | 1      | Т      | 1      | f      |
|---------------------|--------|--------|--------|--------|--------|
|                     | [eV]   | [nm]   | [eV]   | [nm]   |        |
| $C(C_{6}H_{5})_{4}$ | 5.1386 | 241.31 | 3.8731 | 320.16 | 0.0136 |
| $Si(C_6H_5)_4$      | 5.3742 | 230.73 | 3.9594 | 313.18 | 0.0006 |
| $Ge(C_6H_5)_4$      | 5.4089 | 229.25 | 3.9639 | 312.82 | 0.0005 |

|    |                    | C(C6H5)4            |            |                    | Si(C <sub>6</sub> H <sub>5</sub> ) <sub>4</sub> |            |                    | Ge(C <sub>6</sub> H <sub>5</sub> ) <sub>4</sub> |            |
|----|--------------------|---------------------|------------|--------------------|---|------------|--------------------|---|------------|
| i  | kpn                | $\Delta E_{T1}$ -Ti | Dimer type | k <sub>pi</sub>    | $\Delta E_{T1}$ -T <sub>i</sub>                 | Dimer type | k <sub>pi</sub>    | $\Delta E_{T1}$ -T <sub>i</sub>                 | Dimer type |
|    | (s <sup>-1</sup> ) | (eV)                |            | (s <sup>-1</sup> ) | (eV)  |            | (s <sup>-1</sup> ) | (eV)  |            |
| 1  | 0.0359             | 0.0000              | Dimer 1    | 0.0333             | 0.0000  | Dimer 5    | 0.3280             | 0.0000  | Dimer 5    |
| 2  | 0.0361             | 0.0000              | Dimer 2    | 0.0713             | 0.0016  | Dimer 1    | 0.6270             | 0.0035  | Dimer 1    |
| 3  | 0.0613             | 0.0025              | Dimer 1    | 0.0728             | 0.0016  | Dimer 2    | 0.6543             | 0.0035  | Dimer 2    |
| 4  | 0.0614             | 0.0025              | Dimer 2    | 0.0254             | 0.0033  | Dimer 5    | 0.5160             | 0.0046  | Dimer 1    |
| 5  | 0.0740             | 0.0040              | Dimer 5    | 0.0233             | 0.0033  | Dimer 5    | 0.5162             | 0.0046  | Dimer 2    |
| 6  | 0.0216             | 0.0040              | Dimer 5    | 0.0487             | 0.0039  | Dimer 1    | 0.0061             | 0.0058  | Dimer 3    |
| 7  | 0.1280             | 0.0043              | Dimer 3    | 0.0475             | 0.0039  | Dimer 2    | 0.0330             | 0.0058  | Dimer 4    |
| 8  | 0.1282             | 0.0043              | Dimer 4    | 0.0186             | 0.0059  | Dimer 3    | 0.8660             | 0.0061  | Dimer 3    |
| 9  | 0.0014             | 0.0043              | Dimer 3    | 0.0165             | 0.0059  | Dimer 4    | 0.8344             | 0.0061  | Dimer 4    |
| 10 | 0.0013             | 0.0043              | Dimer 4    | 0.1180             | 0.0067  | Dimer 3    | 0.4410             | 0.0061  | Dimer 5    |
| 11 | 0.0807             | 0.0045              | Dimer 3    | 0.1266             | 0.0067  | Dimer 4    | 0.1820             | 0.0139  | Dimer 1    |
| 12 | 0.0811             | 0.0045              | Dimer 4    | 0.0295             | 0.0070  | Dimer 1    | 0.1858             | 0.0139  | Dimer 2    |
| 13 | 0.0614             | 0.0047              | Dimer 1    | 0.0296             | 0.0070  | Dimer 2    | 0.0449             | 0.0141  | Dimer 5    |
| 14 | 0.0616             | 0.0047              | Dimer 2    | 0.0452             | 0.0074  | Dimer 1    | 0.0467             | 0.0141  | Dimer 5    |
| 15 | 0.0341             | 0.0050              | Dimer 1    | 0.0463             | 0.0074  | Dimer 2    | 0.2030             | 0.0172  | Dimer 1    |
| 16 | 0.0342             | 0.0050              | Dimer 2    | 0.0272             | 0.0074  | Dimer 3    | 0.1925             | 0.0172  | Dimer 2    |
| 17 | 0.0543             | 0.0052              | Dimer 5    | 0.0240             | 0.0074  | Dimer 4    | 0.1670             | 0.0178  | Dimer 3    |
| 18 | 0.0091             | 0.0052              | Dimer 5    | 0.0192             | 0.0075  | Dimer 3    | 0.1634             | 0.0178  | Dimer 4    |
| 19 | 0.0004             | 0.0052              | Dimer 3    | 0.0243             | 0.0075  | Dimer 4    | 0.1170             | 0.0183  | Dimer 1    |
| 20 | 0.0004             | 0.0052              | Dimer 4    | 0.0234             | 0.0076  | Dimer 3    | 0.1140             | 0.0183  | Dimer 2    |
| 21 | 0.0367             | 0.0468              | Dimer 1    | 0.0288             | 0.0076  | Dimer 4    | 0.0048             | 0.0183  | Dimer 3    |
| 22 | 0.0368             | 0.0468              | Dimer 2    | 0.0447             | 0.0076  | Dimer 1    | 0.0094             | 0.0183  | Dimer 4    |
| 23 | 0.0272             | 0.0473              | Dimer 1    | 0.0444             | 0.0076  | Dimer 2    | 0.0231             | 0.0185  | Dimer 3    |
| 24 | 0.0273             | 0.0473              | Dimer 2    | 0.0126             | 0.0076  | Dimer 3    | 0.0159             | 0.0185  | Dimer 4    |
| 25 | 0.0041             | 0.0475              | Dimer 5    | 0.0120             | 0.0076  | Dimer 4    | 0.0112             | 0.0185  | Dimer 3    |
| 26 | 0.0001             | 0.0483              | Dimer 3    | 0.0200             | 0.0077  | Dimer 1    | 0.0179             | 0.0185  | Dimer 4    |
| 27 | 0.0000             | 0.0483              | Dimer 4    | 0.0195             | 0.0077  | Dimer 2    | 0.0628             | 0.0186  | Dimer 1    |
| 28 | 0.0355             | 0.0484              | Dimer 5    | 0.0532             | 0.0082  | Dimer 5    | 0.0627             | 0.0186  | Dimer 2    |
| 29 | 0.0691             | 0.0486              | Dimer 3    | 0.0117             | 0.0082  | Dimer 5    | 0.0518             | 0.0190  | Dimer 5    |
| 30 | 0.0692             | 0.0486              | Dimer 4    | 0.0109             | 0.0082  | Dimer 5    | 0.0518             | 0.0190  | Dimer 5    |
| 31 | 0.0556             | 0.0653              | Dimer 1    | 0.1900             | 0.0180  | Dimer 5    | 1.4300             | 0.0210  | Dimer 5    |
| 32 | 0.0558             | 0.0653              | Dimer 2    | 0.2370             | 0.0193  | Dimer 1    | 1.3100             | 0.0231  | Dimer 1    |
| 33 | 0.0833             | 0.0653              | Dimer 1    | 0.2440             | 0.0193  | Dimer 2    | 1.3198             | 0.0231  | Dimer 2    |
| 34 | 0.0835             | 0.0653              | Dimer 2    | 0.0068             | 0.0207  | Dimer 3    | 0.0161             | 0.0241  | Dimer 3    |
| 35 | 0.0941             | 0.0662              | Dimer 5    | 0.0031             | 0.0207  | Dimer 4    | 0.0868             | 0.0241  | Dimer 4    |
| 36 | 0.0111             | 0.0672              | Dimer 5    | 0.1350             | 0.0209  | Dimer 1    | 2.3300             | 0.0241  | Dimer 3    |
| 37 | 0.0001             | 0.0673              | Dimer 3    | 0.1271             | 0.0209  | Dimer 2    | 2.2552             | 0.0241  | Dimer 4    |
| 38 | 0.0001             | 0.0673              | Dimer 4    | 0.4170             | 0.0210  | Dimer 3    | 1.5100             | 0.0242  | Dimer 1    |
| 39 | 0.0001             | 0.0676              | Dimer 3    | 0.4471             | 0.0210  | Dimer 4    | 1.4914             | 0.0242  | Dimer 2    |
| 40 | 0.1509             | 0.0676              | Dimer 4    | 0.1760             | 0.0214  | Dimer 5    | 1.2300             | 0.0242  | Dimer 5    |

**Table S3.**  $k_{pn}$  and  $\Delta E_{T1}$ -T<sub>n</sub> values of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystals.

**Table S4.** Summary of  $|H_h|$  and  $|H_e|$  of dimer 1–5 of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystals.

|  |                           |                    | Dimer 1               | Dimer 2               | Dimer 3                | Dimer4                 | Dimer 5               |
|--|---------------------------|--------------------|-----------------------|-----------------------|------------------------|------------------------|-----------------------|
|  | <i>H</i> h                | (eV)               | 4.56×10 <sup>-3</sup> | 6.51×10 <sup>-3</sup> | 2.22×10 <sup>-3</sup>  | 1.09×10 <sup>-3</sup>  | 1.87×10 <sup>-3</sup> |
| $C(C_6H_5)_4$                                  | He                        | (eV)               | 1.58×10 <sup>-2</sup> | 1.58×10 <sup>-2</sup> | 1.25×10 <sup>-2</sup>  | 1.25×10 <sup>-2</sup>  | 3.19×10 <sup>-2</sup> |
| C(C <sub>6</sub> H <sub>5</sub> ) <sub>4</sub> | Hh <sup>2</sup>           | (eV <sup>2</sup> ) | 2.08×10 <sup>-5</sup> | 4.24×10 <sup>-5</sup> | 4.93×10 <sup>-6</sup>  | 1.19×10 <sup>-6</sup>  | 3.50×10⁻⁵             |
|  | He <sup>2</sup>           | (eV <sup>2</sup> ) | 2.49×10 <sup>-4</sup> | 2.49×10 <sup>-4</sup> | 1.56×10 <sup>-4</sup>  | 1.56×10 <sup>-4</sup>  | 1.02×10 <sup>-3</sup> |
|  | $H_{\rm h}^2 H_{\rm e}^2$ | (eV <sup>4</sup> ) | 5.18×10 <sup>-9</sup> | 1.06×10 <sup>-8</sup> | 7.68×10 <sup>-10</sup> | 1.85×10 <sup>-10</sup> | 3.56×10 <sup>-9</sup> |

|  |                                 |                    | Dimer1                 | Dimer 2               | Dimer 3                | Dimer4                 | Dimer 5               |
|--|---------------------------------|--------------------|------------------------|-----------------------|------------------------|------------------------|-----------------------|
|  | <i>H</i> h                      | (eV)               | 3.73×10 <sup>-3</sup>  | 7.02×10⁻³             | 9.40×10 <sup>-4</sup>  | 4.40×10 <sup>-4</sup>  | 8.17×10 <sup>-3</sup> |
| $Si(C_6H_5)_4$                                   | <i>H</i> e                      | (eV)               | 8.45×10⁻³              | 8.45×10⁻³             | 3.01×10 <sup>-3</sup>  | 3.01×10 <sup>-3</sup>  | 5.03×10 <sup>-2</sup> |
| 31(C <sub>6</sub> 11 <sub>5</sub> ) <sub>4</sub> | Hh <sup>2</sup>                 | (eV <sup>2</sup> ) | 1.39×10 <sup>-5</sup>  | 4.93×10 <sup>-5</sup> | 8.84×10 <sup>-7</sup>  | 1.94×10 <sup>-7</sup>  | 6.67×10 <sup>-5</sup> |
|  | He <sup>2</sup>                 | (eV <sup>2</sup> ) | 7.14×10 <sup>-5</sup>  | 7.14×10 <sup>-5</sup> | 9.06×10 <sup>-6</sup>  | 9.06×10 <sup>-6</sup>  | 2.53×10 <sup>-3</sup> |
|  | Hh <sup>2</sup> He <sup>2</sup> | (eV4)              | 9.93×10 <sup>-10</sup> | 3.52×10 <sup>-9</sup> | 8.01×10 <sup>-12</sup> | 1.75×10 <sup>-12</sup> | 1.69×10 <sup>-7</sup> |

| Ge | (C <sub>6</sub> ł | <b>⊣</b> ₅)₄ |
|----|-------------------|--------------|

|     |                           |                    | Dimer 1                | Dimer 2               | Dimer 3                | Dimer4                 | Dimer 5               |
|-----|---------------------------|--------------------|------------------------|-----------------------|------------------------|------------------------|-----------------------|
|     | <i>H</i> h                | (eV)               | 3.01×10 <sup>-3</sup>  | 1.45×10 <sup>-2</sup> | 4.60×10 <sup>-4</sup>  | 1.91×10 <sup>-3</sup>  | 7.32×10 <sup>-3</sup> |
| ١.  | <i>H</i> e                | (eV)               | 7.26×10⁻³              | 7.26×10⁻³             | 1.97×10 <sup>-3</sup>  | 1.97×10 <sup>-3</sup>  | 3.75×10 <sup>-2</sup> |
| 5/4 | Hh <sup>2</sup>           | (eV <sup>2</sup> ) | 9.06×10 <sup>-6</sup>  | 2.10×10 <sup>-4</sup> | 2.12×10 <sup>-7</sup>  | 3.65×10 <sup>-6</sup>  | 5.36×10 <sup>-5</sup> |
|     | He <sup>2</sup>           | (eV <sup>2</sup> ) | 5.27×10 <sup>-5</sup>  | 5.27×10 <sup>-5</sup> | 3.88×10 <sup>-6</sup>  | 3.88×10 <sup>-6</sup>  | 1.41×10 <sup>-3</sup> |
|     | $H_{\rm h}^2 H_{\rm e}^2$ | (eV <sup>4</sup> ) | 4.78×10 <sup>-10</sup> | 1.11×10 <sup>-8</sup> | 8.21×10 <sup>-13</sup> | 1.42×10 <sup>-11</sup> | 7.53×10 <sup>-8</sup> |

**Table S5.** Spin–orbit matrix elements  $(|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2 (\text{cm}^{-2}))$  for dimer 2 in (a)  $C(C_6H_5)_4$ , (b)  $Si(C_6H_5)_4$ , and (c)  $Ge(C_6H_5)_4$ . Red values in (b) are  $|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2 > 1.7 \text{ cm}^{-2}$ . Red values in (c) are  $|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2 > 5.1 \text{ cm}^{-2}$ .

(a)

| n m | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1   | 0.031 | 0.027 | 0.018 | 0.275 | 0.051 | 0.381 | 0.000 | 0.028 | 0.020 | 0.012 |
| 2   | 0.001 | 0.066 | 0.011 | 0.301 | 0.014 | 0.090 | 0.006 | 0.067 | 0.091 | 0.005 |
| 3   | 0.477 | 0.136 | 0.001 | 0.052 | 0.079 | 0.128 | 0.074 | 0.123 | 0.071 | 0.005 |
| 4   | 0.151 | 0.452 | 0.000 | 0.057 | 0.012 | 0.453 | 0.001 | 0.003 | 0.061 | 0.057 |
| 5   | 0.447 | 0.193 | 0.023 | 0.116 | 0.009 | 0.003 | 0.000 | 0.078 | 0.021 | 0.007 |
| 6   | 0.082 | 0.385 | 0.003 | 0.322 | 0.010 | 0.001 | 0.000 | 0.023 | 0.083 | 0.018 |
| 7   | 0.087 | 0.844 | 0.020 | 0.444 | 0.003 | 0.017 | 0.003 | 0.037 | 0.132 | 0.022 |
| 8   | 0.906 | 0.102 | 0.094 | 0.611 | 0.011 | 0.085 | 0.000 | 0.058 | 0.020 | 0.045 |

(b)

| (~) |       |       |       |       |       |       |       |       |       |       |
|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| n m | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
| 1   | 0.074 | 0.158 | 0.001 | 0.055 | 0.064 | 0.194 | 0.001 | 0.037 | 0.317 | 0.433 |
| 2   | 0.030 | 0.056 | 0.001 | 0.001 | 0.098 | 0.062 | 0.001 | 0.018 | 0.238 | 0.298 |
| 3   | 0.073 | 0.032 | 0.000 | 0.140 | 0.008 | 0.117 | 0.000 | 0.038 | 0.252 | 0.102 |
| 4   | 0.028 | 0.089 | 0.001 | 0.019 | 0.155 | 0.152 | 0.000 | 0.006 | 0.023 | 0.236 |
| 5   | 0.048 | 0.040 | 0.003 | 0.020 | 0.227 | 0.021 | 0.001 | 0.004 | 0.132 | 0.400 |
| 6   | 0.100 | 0.008 | 0.000 | 0.041 | 0.155 | 0.183 | 0.001 | 0.072 | 0.337 | 0.031 |
| 7   | 0.081 | 0.329 | 0.007 | 0.229 | 0.022 | 0.079 | 0.000 | 0.011 | 0.212 | 1.800 |
| 8   | 0.318 | 0.123 | 0.004 | 0.241 | 0.063 | 0.011 | 0.000 | 0.020 | 2.160 | 0.351 |

(c)

| n m | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 1   | 0.464 | 0.038 | 0.000 | 0.205 | 0.013 | 0.030 | 0.030 | 0.076 | 5.370 | 1.860 |
| 2   | 0.014 | 0.271 | 0.016 | 0.091 | 0.000 | 0.009 | 0.012 | 0.769 | 2.460 | 2.650 |
| 3   | 0.363 | 0.052 | 0.039 | 0.117 | 0.037 | 0.224 | 0.006 | 0.074 | 0.867 | 0.879 |
| 4   | 0.133 | 0.398 | 0.001 | 0.041 | 0.088 | 0.172 | 0.001 | 0.042 | 0.160 | 1.330 |
| 5   | 0.184 | 0.204 | 0.001 | 0.006 | 0.192 | 0.008 | 0.000 | 0.032 | 0.443 | 0.627 |
| 6   | 0.014 | 0.032 | 0.004 | 0.425 | 0.123 | 0.060 | 0.001 | 0.098 | 0.504 | 0.124 |
| 7   | 0.670 | 0.311 | 0.044 | 0.509 | 0.090 | 0.508 | 0.000 | 0.015 | 5.880 | 6.630 |
| 8   | 0.180 | 0.943 | 0.039 | 0.620 | 0.392 | 0.083 | 0.000 | 0.005 | 6.530 | 7.510 |

**Table S6.** Spin–orbit matrix elements  $(|\langle \Psi_m^1 | \overline{H_{S0}} | \Psi_i^3 \rangle|^2 \text{ (cm}^{-2}))$  for dimer 1–5 of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. The relationship between triplet energy and *i* is shown in Table S3.

| i m | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    | Number<br>of dimer |
|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------------------|
| 1   | 0.106 | 0.463 | 0.044 | 0.263 | 0.498 | 0.639 | 0.045 | 0.304 | 1.180 | 0.194 | Dimer 1            |
| 2   | 0.031 | 0.027 | 0.018 | 0.275 | 0.051 | 0.381 | 0.000 | 0.028 | 0.020 | 0.012 | Dimer 2            |
| 3   | 0.001 | 0.066 | 0.011 | 0.301 | 0.014 | 0.090 | 0.007 | 0.065 | 0.091 | 0.004 | Dimer 1            |
| 4   | 0.001 | 0.066 | 0.011 | 0.301 | 0.014 | 0.090 | 0.006 | 0.067 | 0.091 | 0.005 | Dimer 2            |
| 5   | 0.002 | 0.196 | 0.000 | 0.542 | 0.042 | 0.002 | 0.046 | 0.372 | 0.034 | 0.015 | Dimer 5            |
| 6   | 0.196 | 0.002 | 0.006 | 0.000 | 0.002 | 0.042 | 0.045 | 0.375 | 0.014 | 0.033 | Dimer 5            |
| 7   | 0.066 | 0.001 | 0.012 | 0.006 | 0.005 | 0.603 | 0.006 | 0.002 | 0.139 | 0.004 | Dimer 3            |
| 8   | 0.066 | 0.000 | 0.013 | 0.000 | 0.000 | 0.602 | 0.006 | 0.002 | 0.141 | 0.004 | Dimer 4            |
| 9   | 0.001 | 0.020 | 0.000 | 0.645 | 0.612 | 0.005 | 0.000 | 0.081 | 0.001 | 0.149 | Dimer 3            |
| 10  | 0.000 | 0.021 | 0.000 | 0.650 | 0.618 | 0.000 | 0.000 | 0.079 | 0.000 | 0.153 | Dimer 4            |
| 11  | 0.625 | 0.000 | 0.003 | 0.000 | 0.000 | 0.617 | 0.021 | 0.001 | 0.083 | 0.007 | Dimer 3            |
| 12  | 0.624 | 0.000 | 0.003 | 0.000 | 0.000 | 0.614 | 0.022 | 0.000 | 0.086 | 0.006 | Dimer 4            |
| 13  | 0.477 | 0.136 | 0.001 | 0.052 | 0.079 | 0.127 | 0.074 | 0.121 | 0.070 | 0.006 | Dimer 1            |
| 14  | 0.477 | 0.136 | 0.001 | 0.052 | 0.079 | 0.128 | 0.074 | 0.123 | 0.071 | 0.005 | Dimer 2            |
| 15  | 0.151 | 0.452 | 0.000 | 0.057 | 0.013 | 0.452 | 0.001 | 0.003 | 0.062 | 0.056 | Dimer 1            |
| 16  | 0.151 | 0.452 | 0.000 | 0.057 | 0.012 | 0.453 | 0.001 | 0.003 | 0.061 | 0.057 | Dimer 2            |
| 17  | 0.000 | 0.467 | 0.000 | 0.202 | 0.000 | 0.000 | 0.035 | 0.254 | 0.042 | 0.095 | Dimer 5            |
| 18  | 0.466 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.036 | 0.254 | 0.094 | 0.041 | Dimer 5            |
| 19  | 0.000 | 0.672 | 0.000 | 0.023 | 0.623 | 0.000 | 0.000 | 0.140 | 0.005 | 0.080 | Dimer 3            |
| 20  | 0.000 | 0.672 | 0.000 | 0.023 | 0.624 | 0.000 | 0.000 | 0.144 | 0.004 | 0.077 | Dimer 4            |
| 21  | 0.447 | 0.193 | 0.023 | 0.117 | 0.009 | 0.003 | 0.000 | 0.079 | 0.019 | 0.008 | Dimer 1            |
| 22  | 0.447 | 0.193 | 0.023 | 0.116 | 0.009 | 0.003 | 0.000 | 0.078 | 0.021 | 0.007 | Dimer 2            |
| 23  | 0.082 | 0.385 | 0.003 | 0.322 | 0.010 | 0.001 | 0.000 | 0.023 | 0.081 | 0.018 | Dimer 1            |
| 24  | 0.082 | 0.385 | 0.003 | 0.322 | 0.010 | 0.001 | 0.000 | 0.023 | 0.083 | 0.018 | Dimer 2            |
| 25  | 0.476 | 0.491 | 0.000 | 0.007 | 0.004 | 0.004 | 0.000 | 0.000 | 0.063 | 0.068 | Dimer 5            |
| 26  | 0.000 | 0.498 | 0.000 | 0.494 | 0.000 | 0.000 | 0.000 | 0.116 | 0.000 | 0.125 | Dimer 3            |
| 27  | 0.000 | 0.498 | 0.000 | 0.495 | 0.000 | 0.000 | 0.000 | 0.116 | 0.000 | 0.125 | Dimer 4            |
| 28  | 0.041 | 0.029 | 0.053 | 0.448 | 0.003 | 0.003 | 0.000 | 0.001 | 0.038 | 0.035 | Dimer 5            |
| 29  | 0.514 | 0.000 | 0.090 | 0.000 | 0.000 | 0.000 | 0.000 | 0.001 | 0.118 | 0.000 | Dimer 3            |
| 30  | 0.514 | 0.000 | 0.089 | 0.000 | 0.000 | 0.000 | 0.000 | 0.000 | 0.118 | 0.000 | Dimer 4            |
| 31  | 0.086 | 0.844 | 0.020 | 0.444 | 0.003 | 0.017 | 0.003 | 0.037 | 0.128 | 0.023 | Dimer 1            |
| 32  | 0.087 | 0.844 | 0.020 | 0.444 | 0.003 | 0.017 | 0.003 | 0.037 | 0.132 | 0.022 | Dimer 2            |
| 33  | 0.906 | 0.102 | 0.094 | 0.611 | 0.011 | 0.086 | 0.000 | 0.056 | 0.019 | 0.044 | Dimer 1            |
| 34  | 0.906 | 0.102 | 0.094 | 0.611 | 0.011 | 0.085 | 0.000 | 0.058 | 0.020 | 0.045 | Dimer 2            |
| 35  | 0.023 | 0.021 | 0.001 | 1.000 | 0.000 | 0.000 | 0.012 | 0.000 | 0.075 | 0.072 | Dimer 5            |
| 36  | 0.023 | 0.021 | 0.001 | 1.000 | 0.000 | 0.000 | 0.012 | 0.000 | 0.075 | 0.072 | Dimer 5            |
| 37  | 0.000 | 1.050 | 0.000 | 1.010 | 0.098 | 0.000 | 0.000 | 0.130 | 0.000 | 0.155 | Dimer 3            |
| 38  | 0.000 | 1.050 | 0.000 | 1.010 | 0.098 | 0.000 | 0.000 | 0.132 | 0.000 | 0.151 | Dimer 4            |
| 39  | 1.040 | 0.000 | 0.005 | 0.000 | 0.000 | 0.094 | 0.001 | 0.001 | 0.147 | 0.000 | Dimer 3            |
| 40  | 1.040 | 0.000 | 0.005 | 0.000 | 0.000 | 0.094 | 0.000 | 0.001 | 0.152 | 0.000 | Dimer 4            |

**Table S7.** Spin–orbit matrix elements  $(|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_i^3 \rangle|^2 (\text{cm}^{-2}))$  for dimer 1–5 of Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. The relationship between triplet energy and *i* is shown in Table S3. Red values are  $|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2 > 1.7 \text{ cm}^{-2}$ .

|    | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    | Number<br>of dimer |
|----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--------------------|
| 1  | 0.074 | 0.158 | 0.001 | 0.055 | 0.064 | 0.194 | 0.001 | 0.038 | 0.347 | 0.413 | Dimer 5            |
| 2  | 0.181 | 0.180 | 0.000 | 0.047 | 0.047 | 0.006 | 0.010 | 0.523 | 0.059 | 0.057 | Dimer 1            |
| 3  | 0.074 | 0.158 | 0.001 | 0.055 | 0.064 | 0.194 | 0.001 | 0.037 | 0.317 | 0.433 | Dimer 2            |
| 4  | 0.031 | 0.056 | 0.001 | 0.001 | 0.098 | 0.062 | 0.001 | 0.018 | 0.226 | 0.314 | Dimer 5            |
| 5  | 0.073 | 0.032 | 0.000 | 0.139 | 0.008 | 0.117 | 0.000 | 0.038 | 0.257 | 0.092 | Dimer 5            |
| 6  | 0.023 | 0.022 | 0.009 | 0.004 | 0.068 | 0.122 | 0.000 | 0.000 | 0.365 | 0.012 | Dimer 1            |
| 7  | 0.030 | 0.056 | 0.001 | 0.001 | 0.098 | 0.062 | 0.001 | 0.018 | 0.238 | 0.298 | Dimer 2            |
| 8  | 0.095 | 0.033 | 0.000 | 0.122 | 0.000 | 0.131 | 0.000 | 0.002 | 0.376 | 0.079 | Dimer 3            |
| 9  | 0.095 | 0.033 | 0.000 | 0.122 | 0.000 | 0.131 | 0.000 | 0.003 | 0.380 | 0.063 | Dimer 4            |
| 10 | 0.008 | 0.162 | 0.007 | 0.000 | 0.036 | 0.000 | 0.000 | 0.014 | 0.038 | 0.696 | Dimer 3            |
| 11 | 0.008 | 0.162 | 0.007 | 0.000 | 0.036 | 0.000 | 0.000 | 0.015 | 0.032 | 0.700 | Dimer 4            |
| 12 | 0.022 | 0.023 | 0.009 | 0.068 | 0.004 | 0.121 | 0.000 | 0.046 | 0.012 | 0.366 | Dimer 1            |
| 13 | 0.073 | 0.032 | 0.000 | 0.140 | 0.008 | 0.117 | 0.000 | 0.038 | 0.252 | 0.102 | Dimer 2            |
| 14 | 0.058 | 0.058 | 0.000 | 0.120 | 0.120 | 0.000 | 0.040 | 0.364 | 0.304 | 0.302 | Dimer 1            |
| 15 | 0.028 | 0.089 | 0.001 | 0.019 | 0.155 | 0.152 | 0.000 | 0.006 | 0.023 | 0.236 | Dimer 2            |
| 16 | 0.082 | 0.070 | 0.000 | 0.058 | 0.000 | 0.253 | 0.001 | 0.001 | 0.356 | 0.166 | Dimer 3            |
| 17 | 0.082 | 0.071 | 0.000 | 0.058 | 0.000 | 0.253 | 0.001 | 0.000 | 0.352 | 0.134 | Dimer 4            |
| 18 | 0.030 | 0.001 | 0.000 | 0.064 | 0.389 | 0.008 | 0.000 | 0.089 | 0.029 | 0.029 | Dimer 3            |
| 19 | 0.032 | 0.002 | 0.000 | 0.063 | 0.391 | 0.005 | 0.000 | 0.089 | 0.034 | 0.025 | Dimer 4            |
| 20 | 0.001 | 0.007 | 0.006 | 0.002 | 0.008 | 0.390 | 0.000 | 0.001 | 0.009 | 0.181 | Dimer 3            |
| 21 | 0.001 | 0.007 | 0.006 | 0.001 | 0.005 | 0.393 | 0.000 | 0.001 | 0.007 | 0.235 | Dimer 4            |
| 22 | 0.061 | 0.001 | 0.000 | 0.058 | 0.000 | 0.169 | 0.000 | 0.222 | 0.003 | 0.046 | Dimer 1            |
| 23 | 0.048 | 0.040 | 0.003 | 0.020 | 0.227 | 0.021 | 0.001 | 0.004 | 0.132 | 0.400 | Dimer 2            |
| 24 | 0.072 | 0.023 | 0.001 | 0.028 | 0.354 | 0.000 | 0.000 | 0.068 | 0.369 | 0.074 | Dimer 3            |
| 25 | 0.070 | 0.023 | 0.001 | 0.030 | 0.355 | 0.000 | 0.000 | 0.064 | 0.367 | 0.076 | Dimer 4            |
| 26 | 0.001 | 0.061 | 0.000 | 0.000 | 0.058 | 0.170 | 0.001 | 0.022 | 0.046 | 0.003 | Dimer 1            |
| 27 | 0.100 | 0.008 | 0.000 | 0.041 | 0.155 | 0.183 | 0.001 | 0.072 | 0.337 | 0.031 | Dimer 2            |
| 28 | 0.028 | 0.089 | 0.001 | 0.019 | 0.156 | 0.151 | 0.001 | 0.005 | 0.029 | 0.235 | Dimer 5            |
| 29 | 0.048 | 0.040 | 0.004 | 0.020 | 0.227 | 0.020 | 0.000 | 0.003 | 0.120 | 0.412 | Dimer 5            |
| 30 | 0.099 | 0.008 | 0.000 | 0.041 | 0.153 | 0.184 | 0.001 | 0.071 | 0.335 | 0.026 | Dimer 5            |
| 31 | 0.081 | 0.329 | 0.007 | 0.229 | 0.022 | 0.079 | 0.000 | 0.010 | 0.170 | 1.810 | Dimer 5            |
| 32 | 0.094 | 0.094 | 0.000 | 0.362 | 0.363 | 0.021 | 0.007 | 0.512 | 1.400 | 1.400 | Dimer 1            |
| 33 | 0.081 | 0.329 | 0.007 | 0.229 | 0.022 | 0.079 | 0.000 | 0.011 | 0.212 | 1.800 | Dimer 2            |
| 34 | 0.525 | 0.000 | 0.000 | 0.419 | 0.029 | 0.004 | 0.001 | 0.000 | 2.540 | 0.022 | Dimer 3            |
| 35 | 0.525 | 0.000 | 0.000 | 0.418 | 0.029 | 0.004 | 0.001 | 0.001 | 2.550 | 0.012 | Dimer 4            |
| 36 | 0.340 | 0.339 | 0.000 | 0.221 | 0.222 | 0.000 | 0.030 | 0.741 | 1.190 | 1.180 | Dimer 1            |
| 37 | 0.318 | 0.123 | 0.004 | 0.241 | 0.063 | 0.011 | 0.000 | 0.020 | 2.160 | 0.351 | Dimer 2            |
| 38 | 0.000 | 0.510 | 0.003 | 0.000 | 0.001 | 0.025 | 0.000 | 0.007 | 0.029 | 2.550 | Dimer 3            |
| 39 | 0.000 | 0.510 | 0.003 | 0.000 | 0.001 | 0.025 | 0.000 | 0.011 | 0.009 | 2.570 | Dimer 4            |
| 40 | 0.081 | 0.329 | 0.007 | 0.229 | 0.022 | 0.079 | 0.000 | 0.010 | 0.170 | 1.810 | Dimer 5            |

**Table S8.** Spin–orbit matrix elements  $(|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_i^3 \rangle|^2 (\text{cm}^{-2}))$  for dimer 1–5 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. The relationship between triplet energy and *i* is shown in Table S3. Red values are  $|\langle \Psi_m^1 | \overline{H_{SO}} | \Psi_n^3 \rangle|^2 > 5.1 \text{ cm}^{-2}$ .

| m  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9      | 10     | Number   |
|----|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|----------|
| 1  |       |       |       |       |       |       |       |       |        |        | of dimer |
| 1  | 0.261 | 0.261 | 0.000 | 0.226 | 0.226 | 0.079 | 0.168 | 4.710 | 0.645  | 0.646  | Dimer 5  |
| 2  | 0.464 | 0.037 | 0.000 | 0.205 | 0.013 | 0.030 | 0.030 | 0.077 | 5.390  | 1.800  | Dimer 1  |
| 3  | 0.464 | 0.038 | 0.000 | 0.205 | 0.013 | 0.030 | 0.030 | 0.076 | 5.370  | 1.860  | Dimer 2  |
| 4  | 0.014 | 0.271 | 0.016 | 0.091 | 0.000 | 0.009 | 0.012 | 0.768 | 2.450  | 2.650  | Dimer 1  |
| 5  | 0.014 | 0.271 | 0.016 | 0.091 | 0.000 | 0.009 | 0.012 | 0.769 | 2.460  | 2.650  | Dimer 2  |
| 6  | 0.288 | 0.001 | 0.000 | 0.254 | 0.001 | 0.001 | 0.009 | 0.002 | 5.850  | 0.017  | Dimer 3  |
| 7  | 0.353 | 0.001 | 0.000 | 0.223 | 0.001 | 0.000 | 0.009 | 0.003 | 8.420  | 0.122  | Dimer 4  |
| 8  | 0.000 | 0.291 | 0.006 | 0.001 | 0.000 | 0.000 | 0.000 | 0.946 | 0.025  | 5.970  | Dimer 3  |
| 9  | 0.104 | 0.233 | 0.004 | 0.049 | 0.000 | 0.000 | 0.000 | 0.946 | 2.890  | 5.850  | Dimer 4  |
| 10 | 0.167 | 0.167 | 0.027 | 0.155 | 0.156 | 0.000 | 0.097 | 2.500 | 2.340  | 2.350  | Dimer 5  |
| 11 | 0.363 | 0.052 | 0.039 | 0.117 | 0.037 | 0.224 | 0.005 | 0.074 | 0.903  | 0.829  | Dimer 1  |
| 12 | 0.363 | 0.052 | 0.039 | 0.117 | 0.037 | 0.224 | 0.006 | 0.074 | 0.867  | 0.879  | Dimer 2  |
| 13 | 0.474 | 0.000 | 0.087 | 0.008 | 0.090 | 0.078 | 0.006 | 0.015 | 0.502  | 0.028  | Dimer 5  |
| 14 | 0.000 | 0.475 | 0.086 | 0.090 | 0.008 | 0.080 | 0.000 | 0.271 | 0.029  | 0.502  | Dimer 5  |
| 15 | 0.133 | 0.398 | 0.001 | 0.041 | 0.088 | 0.172 | 0.001 | 0.042 | 0.170  | 1.370  | Dimer 1  |
| 16 | 0.133 | 0.398 | 0.001 | 0.041 | 0.088 | 0.172 | 0.001 | 0.042 | 0.160  | 1.330  | Dimer 2  |
| 17 | 0.017 | 0.057 | 0.003 | 0.001 | 0.002 | 0.226 | 0.000 | 0.081 | 0.115  | 1.050  | Dimer 3  |
| 18 | 0.114 | 0.057 | 0.003 | 0.049 | 0.002 | 0.138 | 0.000 | 0.043 | 2.860  | 1.050  | Dimer 4  |
| 19 | 0.184 | 0.204 | 0.001 | 0.006 | 0.192 | 0.008 | 0.000 | 0.032 | 0.429  | 0.656  | Dimer 1  |
| 20 | 0.184 | 0.204 | 0.001 | 0.006 | 0.192 | 0.008 | 0.000 | 0.032 | 0.443  | 0.627  | Dimer 2  |
| 21 | 0.034 | 0.003 | 0.000 | 0.529 | 0.228 | 0.000 | 0.001 | 0.002 | 0.959  | 0.028  | Dimer 3  |
| 22 | 0.139 | 0.002 | 0.000 | 0.577 | 0.146 | 0.000 | 0.001 | 0.003 | 3.730  | 0.046  | Dimer 4  |
| 23 | 0.025 | 0.487 | 0.003 | 0.003 | 0.011 | 0.244 | 0.000 | 0.104 | 0.132  | 0.007  | Dimer 3  |
| 24 | 0.234 | 0.389 | 0.001 | 0.060 | 0.045 | 0.175 | 0.000 | 0.071 | 2.890  | 0.022  | Dimer 4  |
| 25 | 0.523 | 0.023 | 0.000 | 0.053 | 0.233 | 0.012 | 0.001 | 0.006 | 0.050  | 0.113  | Dimer 3  |
| 26 | 0.523 | 0.121 | 0.000 | 0.091 | 0.161 | 0.048 | 0.001 | 0.023 | 2.850  | 0.115  | Dimer 4  |
| 27 | 0.014 | 0.032 | 0.004 | 0.425 | 0.123 | 0.060 | 0.001 | 0.098 | 0.507  | 0.130  | Dimer 1  |
| 28 | 0.014 | 0.032 | 0.004 | 0.425 | 0.123 | 0.060 | 0.001 | 0.098 | 0.504  | 0.124  | Dimer 2  |
| 29 | 0.000 | 0.104 | 0.000 | 0.459 | 0.016 | 0.115 | 0.000 | 0.527 | 0.009  | 1.560  | Dimer 5  |
| 30 | 0.104 | 0.000 | 0.000 | 0.016 | 0.460 | 0.116 | 0.004 | 0.000 | 0.044  | 0.132  | Dimer 5  |
| 31 | 0.353 | 0.353 | 0.000 | 0.611 | 0.611 | 0.439 | 0.040 | 3.930 | 8.940  | 8.950  | Dimer 5  |
| 32 | 0.670 | 0.311 | 0.044 | 0.509 | 0.090 | 0.508 | 0.000 | 0.015 | 6.040  | 6.440  | Dimer 1  |
| 33 | 0.670 | 0.311 | 0.044 | 0.509 | 0.090 | 0.508 | 0.000 | 0.015 | 5.880  | 6.630  | Dimer 2  |
| 34 | 1.250 | 0.001 | 0.000 | 0.962 | 0.461 | 0.018 | 0.000 | 0.008 | 15.200 | 0.043  | Dimer 3  |
| 35 | 0.800 | 0.002 | 0.000 | 0.941 | 0.461 | 0.017 | 0.000 | 0.016 | 10.300 | 0.157  | Dimer 4  |
| 36 | 0.001 | 1.210 | 0.109 | 0.000 | 0.007 | 0.494 | 0.000 | 0.001 | 0.062  | 15.400 | Dimer 3  |
| 37 | 0.105 | 0.716 | 0.091 | 0.048 | 0.008 | 0.494 | 0.001 | 0.001 | 2.930  | 7.780  | Dimer 4  |
| 38 | 0.180 | 0.943 | 0.039 | 0.620 | 0.392 | 0.083 | 0.000 | 0.005 | 6.380  | 7.740  | Dimer 1  |
| 39 | 0.180 | 0.943 | 0.039 | 0.620 | 0.392 | 0.083 | 0.000 | 0.005 | 6.530  | 7.510  | Dimer 2  |
| 40 | 0.353 | 0.353 | 0.000 | 0.611 | 0.611 | 0.439 | 0.040 | 3.930 | 8.940  | 8.950  | Dimer 5  |

**Table S9.** Relationships between  $\mu_{S_m \to S_0}^2$  (D<sup>2</sup>) and *m* of dimer 1–5 in C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>.

| C(C <sub>6</sub> H <sub>5</sub> ) <sub>4</sub> | Type m  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
|--|---------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|  | Dimer 1 | 0.423 | 0.423 | 1.370 | 0.443 | 0.145 | 0.000 | 0.032 | 0.032 | 0.045 | 4.060 |
|  | Dimer 2 | 0.831 | 0.257 | 0.222 | 0.518 | 0.439 | 0.389 | 2.070 | 0.389 | 0.585 | 0.044 |
|  | Dimer 3 | 0.927 | 0.000 | 0.973 | 0.000 | 0.005 | 2.450 | 1.020 | 0.002 | 0.820 | 0.002 |
|  | Dimer4  | 0.927 | 0.000 | 0.973 | 0.000 | 0.007 | 2.460 | 1.000 | 0.001 | 0.848 | 0.002 |
|  | Dimer5  | 0.492 | 0.488 | 0.304 | 0.000 | 1.660 | 1.660 | 0.001 | 0.035 | 0.741 | 0.746 |
|  |         |       |       |       |       |       |       |       |       |       |       |
|  | Type m  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
|  | Dimer1  | 0.179 | 1.070 | 0.412 | 0.651 | 0.065 | 0.540 | 0.005 | 0.003 | 0.853 | 2.770 |
| $Si(C_6H_5)_4$                                 | Dimer 2 | 0.179 | 1.070 | 0.412 | 0.651 | 0.065 | 0.549 | 0.005 | 0.005 | 0.741 | 2.870 |
|  | Dimer 3 | 0.000 | 0.962 | 1.080 | 0.003 | 0.005 | 0.522 | 0.000 | 0.009 | 0.035 | 3.710 |
|  | Dimer4  | 0.000 | 0.962 | 1.080 | 0.003 | 0.005 | 0.522 | 0.001 | 0.011 | 0.012 | 3.980 |
|  | Dimer5  | 0.216 | 0.219 | 0.000 | 0.509 | 0.509 | 0.288 | 0.505 | 0.505 | 1.350 | 1.350 |
|  |         |       |       |       |       |       |       |       |       |       |       |
|  | туре т  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |
|  | Dimer1  | 0.092 | 0.480 | 0.230 | 0.435 | 0.003 | 0.423 | 0.002 | 0.003 | 2.070 | 3.510 |
| $Ge(C_6H_5)_4$                                 | Dimer 2 | 0.092 | 0.480 | 0.230 | 0.435 | 0.003 | 0.423 | 0.002 | 0.003 | 2.160 | 3.420 |
|  | Dimer 3 | 0.000 | 0.505 | 0.531 | 0.001 | 0.001 | 0.371 | 0.009 | 0.001 | 0.017 | 4.110 |
|  | Dimer4  | 0.000 | 0.505 | 0.531 | 0.001 | 0.000 | 0.371 | 0.012 | 0.000 | 0.082 | 4.040 |
|  | Dimer 5 | 0.123 | 0.123 | 0.000 | 0.245 | 0.245 | 0.285 | 0.700 | 0.705 | 1.880 | 1.880 |

|   | m  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |  |
|---|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|--|
|   | S <sub>m</sub> -S <sub>0</sub><br>energy<br>(eV) | 5.031 | 5.034 | 5.050 | 5.050 | 5.230 | 5.270 | 5.270 | 5.300 | 5.320 | 5.330 |  |
| C(C <sub>6</sub> H <sub>5</sub> ) <sub>4</sub>  | T1-S0<br>energy<br>(eV)                          | 3.960 |       |       |       |       |       |       |       |       |       |  |
|   | Δ <i>E</i> T1-Sm<br>(eV)                         | 1.071 | 1.075 | 1.086 | 1.089 | 1.269 | 1.307 | 1.314 | 1.342 | 1.360 | 1.372 |  |
|   |  |       |       |       |       |       |       |       |       |       |       |  |
|   | m  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |  |
|   | S <sub>m</sub> -S <sub>0</sub><br>energy<br>(eV) | 5.266 | 5.278 | 5.280 | 5.290 | 5.300 | 5.310 | 5.370 | 5.380 | 5.420 | 5.430 |  |
| Si(C <sub>6</sub> H <sub>5</sub> ) <sub>4</sub> | T1-S0<br>energy<br>(eV)                          | 4.035 |       |       |       |       |       |       |       |       |       |  |
|   | Δ <i>E</i> <sub>T1-Sm</sub><br>(eV)              | 1.230 | 1.243 | 1.247 | 1.251 | 1.268 | 1.271 | 1.336 | 1.343 | 1.389 | 1.393 |  |
|   |  |       |       |       |       |       |       |       |       |       |       |  |
|   | m  | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |  |
|   | Sm-So<br>energy<br>(eV)                          | 5.327 | 5.338 | 5.340 | 5.340 | 5.370 | 5.370 | 5.400 | 5.410 | 5.510 | 5.520 |  |
| $Ge(C_6H_5)_4$                                  | T <sub>1</sub> -S <sub>0</sub>                   |       |       |       |       |       |       |       |       |       |       |  |

1.297

4.047

1.322

1.325

1.363

1.357

1.465

1.477

Table S10. Summary of  $S_m$ -S<sub>0</sub> energies and  $\Delta E_{T1-Sm}$  of dimer 2 of  $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4.$ 

energy (eV)

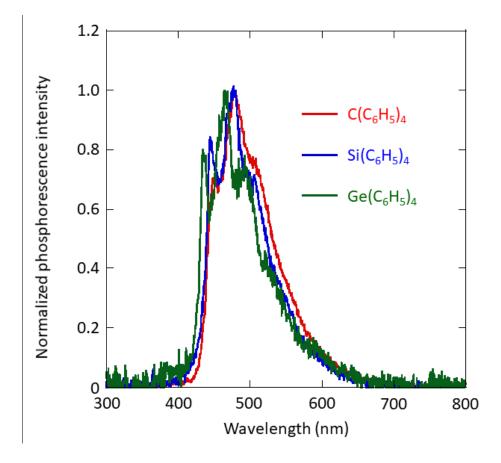
Δ*E*<sub>T1-Sm</sub> (eV)

1.281

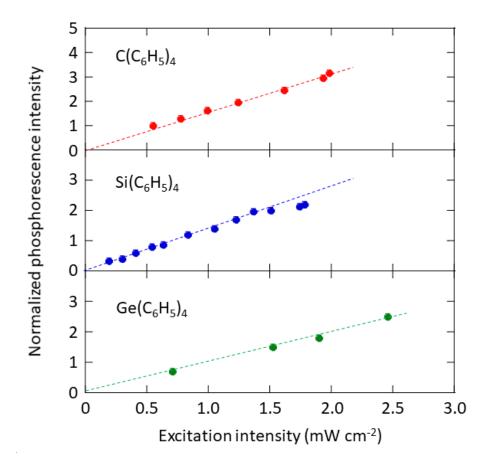
1.292

1.292

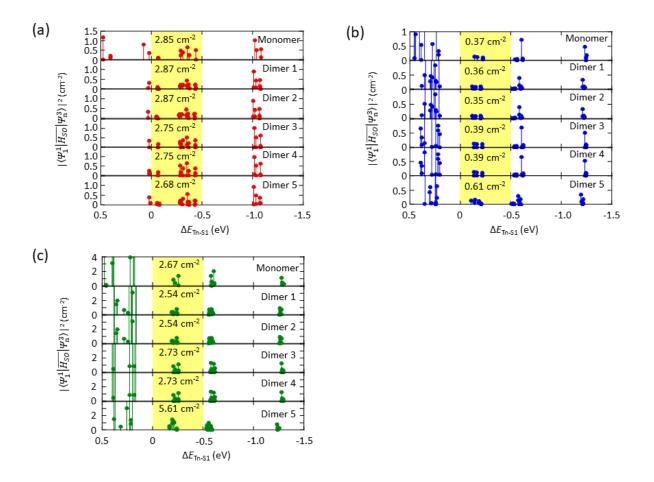
#### 5. Figure S1–S11



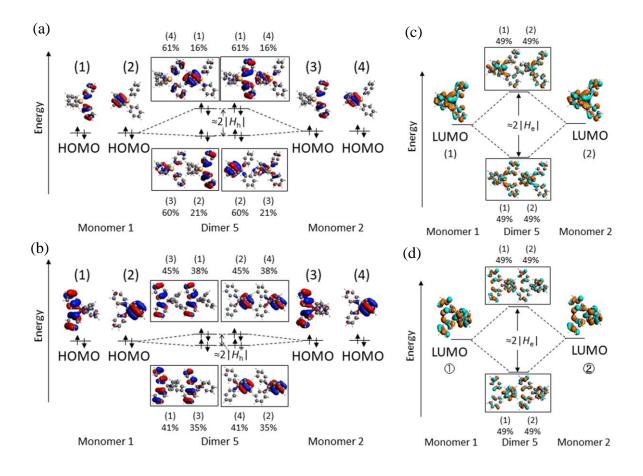
**Figure S1.** Phosphorescence spectra of  $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4$  in 2-methyl-tetrahydrofuran at 77 K. Spectra were measured soon after ceasing excitation at 280 nm.



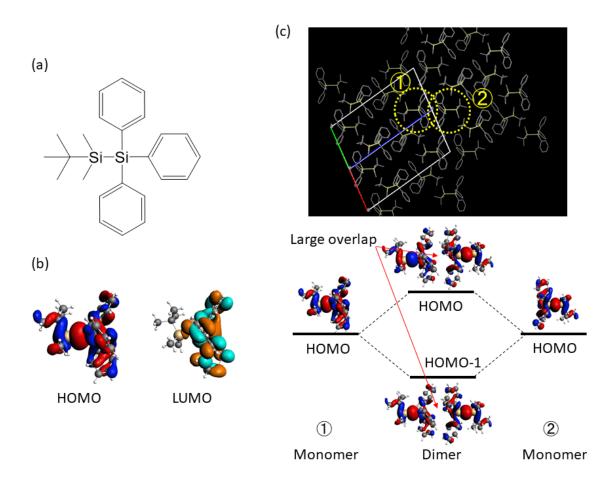
**Figure S2.** Dependence of RTP intensity change of  $C(C_6H_5)_4$ ,  $Si(C_6H_5)_4$ , and  $Ge(C_6H_5)_4$  crystals on excitation intensity at 280 nm.



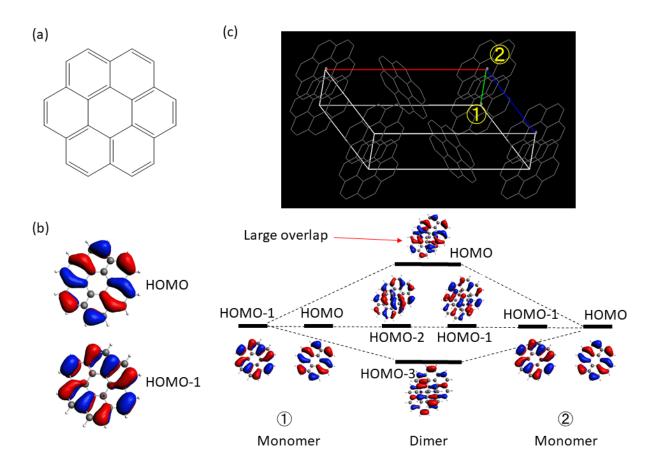
**Figure S3.** Relationships between  $|\langle \Psi_1^1 | \overline{H_{S0}} | \Psi_n^3 \rangle|^2$  and  $\Delta E_{\text{Tn-S1}}$  of monomers and dimer 1–5 of (a) C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, (b) Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and (c) Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>.



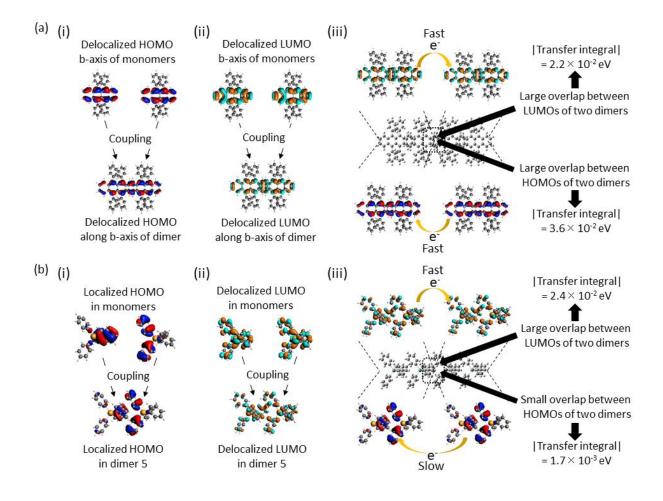
**Figure S4.** Structures of MOs causing small  $|H_h|$  and large  $|H_e|$  of Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> and C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystals. (a) Electronic structures causing small  $|H_h|$  of dimer 5 of Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (b) Electronic structures causing small  $|H_h|$  of dimer 5 of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (c) Electronic structures causing large  $|H_e|$  of dimer 5 of Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (d) Electronic structures causing large  $|H_e|$  of dimer 5 of C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>.



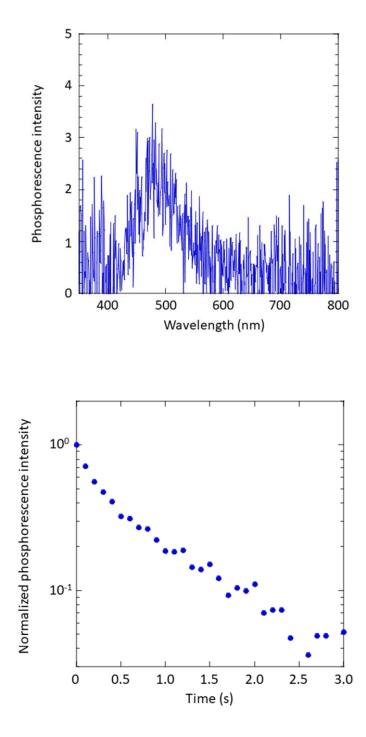
**Figure S5.** Molecular, electronic, and crystalline structures of (*tert*-butyldimethylsilyl)triphenylsilane. (a) Chemical structure. (b) HOMO and LUMO of a monomer. (c) Crystalline structure and molecular orbitals related to the hole transfer integral of a dimer in the crystal.



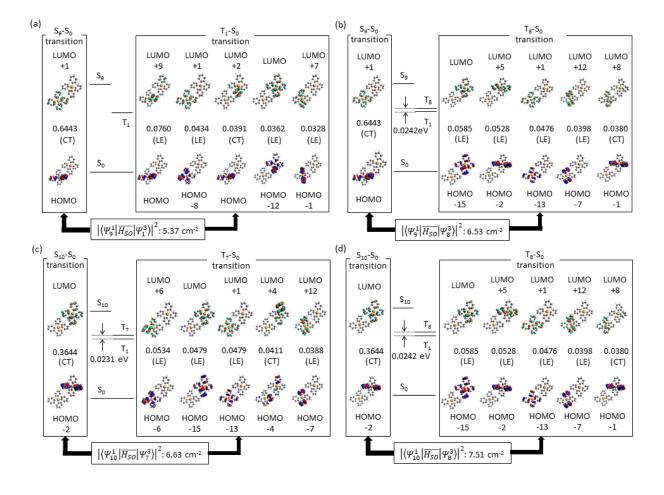
**Figure S6.** Molecular, electronic, and crystalline structures of coronene. (a) Chemical structure. (b) HOMO and LUMO of a monomer. (c) Crystalline structure and molecular orbitals related to hole transfer integral of a dimer in the crystal.



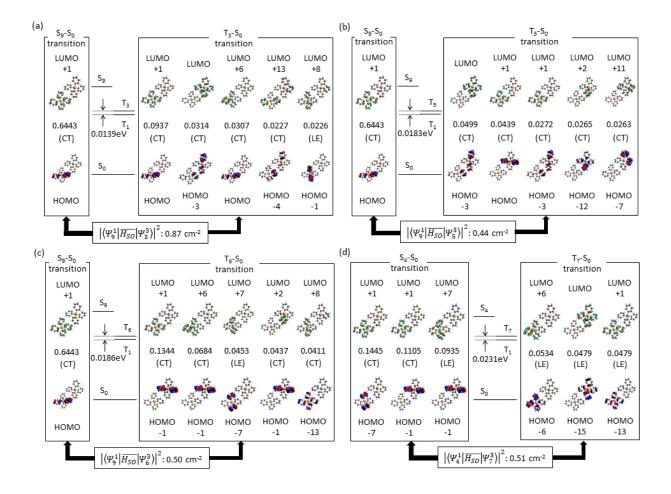
**Figure S7.** Dependence of the HOMOs and LUMOs of rubrene and  $Ge(C_6H_5)_4$  on molecular stacking. (a) (i) Change of HOMO caused by dimerization of two rubrene monomers along the *b*-axis of a rubrene crystal. (ii) Change of LUMO caused by dimerization of two rubrene monomers along the *b*-axis of a rubrene crystal. (iii) Overlap of the HOMOs and LUMOs of each rubrene dimer in a tetramer along the *b*-axis of a rubrene crystal and hole and electron transfer integrals between the two dimers in the tetramer. (b) (i) Change of HOMO caused by dimerization of two Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> monomers along the *c*-axis of a Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystal. (ii) Change of LUMO caused by dimerization of two Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> monomers along the *c*-axis of a Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> dimer in a tetramer along the Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystal. (iii) Overlap of HOMOs and LUMOs of each Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> dimer in a tetramer along the *c*-axis of a Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> dimer in a tetramer along the Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystal. (iii) Overlap of HOMOs and LUMOs of each Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> dimer in a tetramer along the *c*-axis of a Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> dimer in a tetramer along the tetramer.



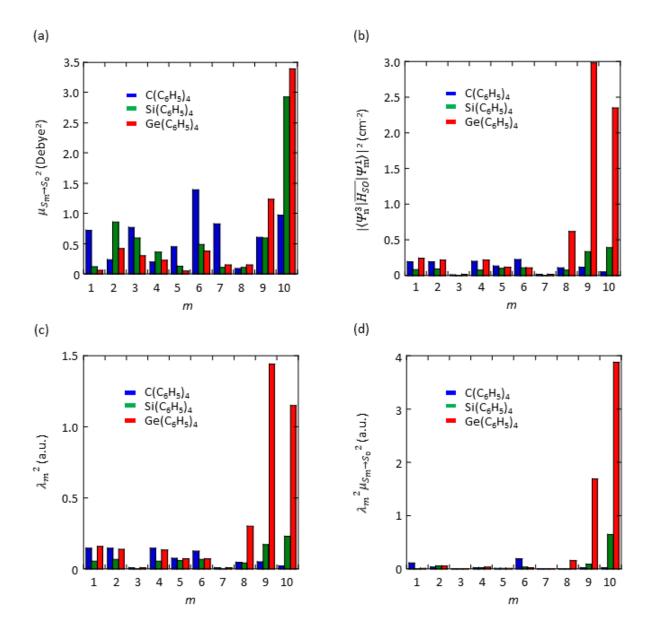
**Figure S8.** (a) RTP spectrum and (b) decay characteristics of a 1 wt%  $Si(C_6H_5)_4$ -doped Zeonex film under vacuum conditions. Excitation wavelength is 280 nm.



**Figure S9.** MOs related to the  $S_m-S_0$  and  $T_n-S_0$  transitions contributing to the large  $|\langle \Psi_m^1 | \overline{H_{S0}} | \Psi_n^3 \rangle|^2$  of dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (a) MOs related to the S<sub>9</sub>–S<sub>0</sub> and T<sub>1</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_1^3 \rangle|^2$ . (b) MOs related to the S<sub>9</sub>–S<sub>0</sub> and T<sub>8</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_8^3 \rangle|^2$ . (c) MOs related to the S<sub>10</sub>–S<sub>0</sub> and T<sub>7</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_{10}^1 | \overline{H_{S0}} | \Psi_7^3 \rangle|^2$ . (d) MOs related to the S<sub>10</sub>–S<sub>0</sub> and T<sub>8</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_{10}^1 | \overline{H_{S0}} | \Psi_7^3 \rangle|^2$ .



**Figure S10.** MOs related to the  $S_m-S_0$  and  $T_n-S_0$  transitions contributing to small  $|\langle \Psi_m^1 | \overline{H_{S0}} | \Psi_n^3 \rangle|^2$ . (a) MOs related to the  $S_9-S_0$  and  $T_3-S_0$  transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_3^3 \rangle|^2$  for dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (b) MOs related to the S<sub>9</sub>–S<sub>0</sub> and T<sub>5</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_5^3 \rangle|^2$  for dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (c) MOs related to the S<sub>9</sub>–S<sub>0</sub> and T<sub>6</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_6^3 \rangle|^2$  for dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (c) MOs related to the S<sub>9</sub>–S<sub>0</sub> and T<sub>6</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_6^3 \rangle|^2$  for dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (d) MOs related to the S<sub>9</sub>–S<sub>0</sub> and T<sub>6</sub>–S<sub>0</sub> and T<sub>7</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_6^3 \rangle|^2$  for dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>. (d) MOs related to the S<sub>4</sub>–S<sub>0</sub> and T<sub>7</sub>–S<sub>0</sub> transitions and value of  $|\langle \Psi_9^1 | \overline{H_{S0}} | \Psi_6^3 \rangle|^2$  for dimer 2 of Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>.



**Figure S11.** Relationships between photophysical parameters related to  $k_p$  and m for C(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, Si(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub>, and Ge(C<sub>6</sub>H<sub>5</sub>)<sub>4</sub> crystals. (a) Relationship between m and  $\mu_{S_m \to S_0}{}^2$  averaged for i=1-40 of dimer 1–5. (b) Relationship between m and  $|\langle \Psi_n^1 | \overline{H_{SO}} | \Psi_i^3 \rangle|^2$  averaged for i=1-40 of dimer 1–5. (c) Relationship between m and  $\lambda_m^2$  averaged for i=1-40 of dimer 1–5. (d) Relationship between m and  $\mu_{S_m \to S_0}{}^2 \lambda_m{}^2$  averaged for i=1-40 of dimer 1–5.

#### 6. Supporting reference

(S1) K. Schmidt, S. Brovelli, V. Coropceanu, D. Baljonne, J. Cornil, C. Bazzini, T. Caronna, R. Tubino, F. Meinardi, Z. Shuai, J-L. Bredas, *J. Phys. Chem. A* **2007**, *111*, 10490.