

Supplementary Online Content

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eTable 1. Newcastle-Ottawa Quality Assessment Scale of studies with co-primary outcomes

| Study | Selection | | | | Comparability | Outcome | | | Total score |
|---------------------------|--|-------------------------------------|---------------------------|--|---|-----------------------|---|----------------------------------|---------------|
| | 1 | 2 | 3 | 4 | 1 | 1 | 2 | 3 | |
| | Representativeness of the exposed cohort | Selection of the non-exposed cohort | Ascertainment of exposure | Demonstration that outcome of interest was not present at start of study | Comparability of cohorts on the basis of the design or analysis | Assessment of outcome | Was follow-up long enough for outcomes to occur | Adequacy of follow up of cohorts | |
| Ascher-Svanum et al. 2008 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Bitter et al. 2013 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Buoli et al. 2016 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Castro et al. 2007 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 5 |
| Conley et al. 1999 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Conley et al. 2003 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 5 |
| Cooper et al. 2007 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Green et al. 2003 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Guo_Fang et al. 2011 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 0 | 6 |
| Haro et al. 2007 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Herceg et al. 2008 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Hodgson et al. 2005 | 1 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | 9 |
| Karagianis et al. 2009 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Kim et al. 2008 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Lin et al. 2006 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Lindenmayer et al. 1998 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Novick et al. 2012 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Nyakyoma et al. 2010 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Ringback et al. 2014 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1/0 (ACD/HOS) | 7/6 (ACD/HOS) |
| Sharma et al. 2003 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Stroup et al. 2015 | 0 | 1 | 1 | 1 | 2 | 1 | 1 | 1/0 (ACD/HOS) | 8/7 (ACD/HOS) |
| Taylor et al. 2008 | 1 | 1 | 1 | 1/0 (ACD/HOS) | 0 | 1 | 1 | 1 | 7/6 (ACD/HOS) |
| Tiihonen et al. 2006 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Treuer et al. 2010 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |

| | | | | | | | | | |
|----------------------|---|---|---|---|---|---|---|---|---|
| Vanasse et al. 2016 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 7 |
| Velligan et al. 2015 | 1 | 1 | 1 | 0 | 0 | 1 | 1 | 1 | 6 |
| Werneck et al. 2011 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |
| Williams et al. 2006 | 0 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 6 |

ACD, all-cause discontinuation, HOS, hospitalization

eTable 2-1. Results of secondary outcomes related to effectiveness using different types of pre/post coefficients

| Outcome | pre/post correlation coefficients | Effect size | | | | Heterogeneity | |
|-----------------------------|-----------------------------------|-------------|-------------|-------------|--------------|--------------------|------------------|
| | | SMD | Lower 95%CI | Upper 95%CI | P Value | I ² (%) | P Value |
| Overall symptoms | High | -0.521 | -0.988 | -0.053 | 0.029 | 91.9 | <0.001 |
| | Medium | -0.302 | -0.572 | -0.032 | 0.028 | 74.8 | <0.001 |
| | Low | -0.248 | -0.472 | -0.025 | 0.029 | 62.6 | 0.004 |
| Positive symptoms | High | -0.516 | -1.102 | 0.069 | 0.084 | 92.9 | <0.001 |
| | Medium | -0.253 | -0.574 | 0.069 | 0.124 | 76.3 | <0.001 |
| | Low | -0.185 | -0.438 | 0.068 | 0.153 | 61.1 | 0.012 |
| Negative symptoms | High | -0.322 | -0.759 | 0.115 | 0.148 | 87.5 | <0.001 |
| | Medium | -0.227 | -0.568 | 0.113 | 0.190 | 79.5 | <0.001 |
| | Low | -0.194 | -0.502 | 0.113 | 0.216 | 74.9 | <0.001 |
| General symptoms | High | -0.166 | -0.733 | 0.401 | 0.565 | 81.1 | <0.001 |
| | Medium | -0.050 | -0.351 | 0.251 | 0.746 | 45.4 | 0.120 |
| | Low | -0.022 | -0.253 | 0.209 | 0.852 | 12.6 | 0.333 |
| Depressive symptoms | High | -0.038 | -0.343 | 0.266 | 0.805 | 77.0 | <0.001 |
| | Medium | -0.008 | -0.178 | 0.163 | 0.931 | 30.9 | 0.181 |
| | Low | -0.013 | -0.118 | 0.091 | 0.803 | 1.7 | 0.416 |
| Cognitive symptoms | High | -0.354 | -0.635 | -0.074 | 0.013 | 41.5 | 0.181 |
| | Medium | -0.124 | -0.235 | -0.014 | 0.027 | <0.1 | 0.603 |
| | Low | -0.093 | -0.203 | 0.017 | 0.098 | <0.1 | 0.744 |
| Clinical global impressions | High | -2.062 | -3.514 | -0.611 | 0.005 | 92.0 | <0.001 |
| | Medium | -1.182 | -2.243 | -0.122 | 0.029 | 87.7 | <0.001 |
| | Low | -0.911 | -1.809 | -0.014 | 0.047 | 83.8 | <0.001 |

Bolded *P* values indicate *P*<0.05; The pre/post correlation coefficients (High=0.9, Medium=0.5, Low=0.1)

CI, confidence interval; SMD, standardized mean difference

eTable 2-2. Results of secondary outcomes related to safety using different types of pre/post coefficients

| Outcome | pre/post correlation coefficients | Effect size | | | | Heterogeneity | | Effect size | | | | Unit | Heterogeneity | |
|----------------------------|-----------------------------------|-------------|-------------|-------------|------------------|--------------------|------------------|-------------|-------------|-------------|------------------|---------------|--------------------|------------------|
| | | SMD | Lower 95%CI | Upper 95%CI | P Value | I ² (%) | P Value | MD | Lower 95%CI | Upper 95%CI | P Value | | I ² (%) | P Value |
| Waist circumference | High | 0.429 | -0.25 | 1.107 | 0.216 | 86.4 | 0.001 | 1.16 | -0.97 | 3.29 | 0.286 | cm | 88.1 | <0.001 |
| | Medium | 0.272 | -0.042 | 0.586 | 0.090 | 37.7 | 0.201 | 1.21 | -0.78 | 3.20 | 0.234 | | 51.1 | 0.129 |
| | Low | 0.237 | -0.014 | 0.488 | 0.064 | 3.4 | 0.355 | 0.83 | -0.52 | 2.17 | 0.228 | | 14.4 | 0.311 |
| Blood pressure (Systolic) | High | 0.313 | 0.067 | 0.559 | 0.013 | 22.8 | 0.274 | 1.98 | 0.45 | 3.50 | 0.011 | mmHg | 15.9 | 0.304 |
| | Medium | 0.247 | 0.034 | 0.459 | 0.023 | <0.1 | 0.372 | 2.22 | 0.15 | 4.28 | 0.035 | | 9.3 | 0.332 |
| | Low | 0.228 | 0.007 | 0.449 | 0.043 | 6.2 | 0.344 | 2.31 | 0.08 | 4.54 | 0.042 | | 6.9 | 0.342 |
| Blood pressure (Diastolic) | High | 0.387 | 0.173 | 0.600 | <0.001 | <0.1 | 0.616 | 1.71 | 0.05 | 3.37 | 0.044 | mmHg | 63.9 | 0.063 |
| | Medium | 0.336 | 0.111 | 0.561 | 0.003 | 9.0 | 0.333 | 1.92 | 0.03 | 3.81 | 0.047 | | 53.8 | 0.115 |
| | Low | 0.32 | 0.076 | 0.565 | 0.010 | 22.0 | 0.278 | 2.03 | 0.02 | 4.03 | 0.048 | | 50.2 | 0.134 |
| Total cholesterol | High | 0.704 | -0.162 | 1.569 | 0.111 | 92.3 | <0.001 | 12.98 | -4.77 | 30.72 | 0.152 | mg/dL | 87.0 | <0.001 |
| | Medium | 0.297 | -0.186 | 0.781 | 0.228 | 75.3 | 0.007 | 11.06 | -7.66 | 29.78 | 0.247 | | 72.8 | 0.012 |
| | Low | 0.199 | -0.201 | 0.599 | 0.330 | 64.0 | 0.04 | 9.47 | -9.32 | 28.25 | 0.323 | | 63.7 | 0.041 |
| Glucose | High | 0.898 | 0.411 | 1.385 | <0.001 | 87.4 | <0.001 | 9.00 | 5.80 | 12.21 | <0.001 | mg/dL | 64.8 | 0.009 |
| | Medium | 0.486 | 0.230 | 0.743 | <0.001 | 55.6 | 0.036 | 8.09 | 4.56 | 11.62 | <0.001 | | 32.4 | 0.181 |
| | Low | 0.377 | 0.168 | 0.586 | <0.001 | 35.0 | 0.161 | 7.71 | 3.98 | 11.44 | <0.001 | | 20.1 | 0.276 |
| Insulin | High | 0.662 | 0.311 | 1.013 | <0.001 | 31.9 | 0.230 | 3.09 | 0.49 | 5.70 | 0.020 | microU/ mL | 49.5 | 0.138 |
| | Medium | 0.391 | 0.115 | 0.667 | 0.005 | <0.1 | 0.409 | 3.50 | -1.04 | 8.04 | 0.131 | | 36.2 | 0.209 |
| | Low | 0.317 | 0.041 | 0.592 | 0.024 | <0.1 | 0.444 | 3.70 | -1.72 | 9.11 | 0.181 | | 28.8 | 0.245 |
| HOMA-IR | High | 0.584 | 0.287 | 0.881 | <0.001 | 15.5 | 0.314 | 1.05 | 0.40 | 1.69 | 0.001 | | 21.3 | 0.282 |
| | Medium | 0.382 | 0.119 | 0.645 | 0.004 | <0.1 | 0.493 | 0.99 | 0.01 | 1.96 | 0.047 | | 15.6 | 0.314 |
| | Low | 0.311 | 0.049 | 0.574 | 0.020 | <0.1 | 0.547 | 0.95 | -0.15 | 2.05 | 0.091 | | 10.9 | 0.338 |
| EPS score | High | 0.145 | -0.127 | 0.416 | 0.296 | 14.8 | 0.309 | | | | | | | |
| | Medium | 0.068 | -0.179 | 0.314 | 0.590 | <0.1 | 0.720 | | | | | | | |
| | Low | 0.051 | -0.195 | 0.298 | 0.683 | <0.1 | 0.825 | | | | | | | |

Bolded *P* values indicate *P*<0.05; The pre/post correlation coefficients (High=0.9, Medium=0.5, Low=0.1)

CI, confidence interval; EPS, extrapyramidal side effects; HOMA-IR, homeostatic model assessment of insulin resistance; MD, mean difference; SMD, standardized mean difference

eTable 3. Study and patient characteristics with analyzed outcomes

| Study | Country | Study design /Data source | Study duration (month) | Diagnosis | TRS (yes, no, N.R.) | Patients (n) Total (CLO/NC-SGAs) | Comparator | Mean age /Illness duration (year) | % Male | Supported by Pharma Company | Co-primary outcomes | Secondary outcomes |
|--|---------|----------------------------|----------------------------------|---|---------------------|----------------------------------|-------------------|-----------------------------------|--------|-----------------------------|------------------------------------|----------------------------|
| Advokat et al, 2004 ¹ | US. | Retrospective /Single-site | 3 | All diagnoses were made by the treating psychiatrist, using the (DSM-III-R). | N.R. | 100 (7/93) | OLZ QTP RIS | 40.6 /N.R. | 31.0 | No | N.D. | Response rate Anti-chol |
| Agid et al, 2007 ² | Canada | Prospective /Single-site | 6 | All patients were receiving treatment of a first episode of schizophrenia or schizoaffective disorder (DSM-IV) | Yes | 22 (13/9) | OLZ RIS | 25.7 /N.R. | 78.3 | No | N.D. | Psy (O, P, N), CGI |
| Ascher-Svanum et al, 2008 ³ | US | Prospective /Multi-site | 12 | All patients were diagnosed with schizophrenia, schizoaffective, or schizophreniform disorders based on DSM-IV criteria | N.R. | 768 (74/694) | OLZ QTP RIS | 42.0 /21.8 | 57.3 | Yes | ACD (main, pyr, RIS, OLZ, QTP, HR) | N.D. |
| Bai et al, 2009 ⁴ | Taiwan | Retrospective /Single-site | Mean 45.8 (CLO:56, NC-SGAs:38.8) | Schizophrenia, as diagnosed according to DSM-IV. | N.R. | 567 (231/336) | OLZ RIS | 48.7 /N.R. | 65.8 | No | N.D. | Weight, BMI |

| | | | | | | | | | | | | |
|--|---------------------------|----------------------------|----|--|--------------------|-----------------|--|-------------------------|-------------------|-----|---|----------------------------|
| Bitter et al, (IC-SOHO) 2005 ⁵ | 27 Countries ^a | Prospective /Multi-site | 6 | Clinical diagnosis of schizophrenia (ICD-10 or DSM-IV). | N.R. | 4762 (236/4526) | OLZ QTP RIS | 35.2 ^b /N.R. | 54.3 ^b | Yes | ACD (6mo) | N.D. |
| Bitter et al, (IC-SOHO) 2008 ⁶ | 27 Countries ^a | Prospective /Multi-site | 24 | Diagnosed with schizophrenia according to either ICD-10 or DSM-IV | N.R. | 4764 (236/4528) | OLZ QTP RIS | 35.1 /8.7 | 55.0 | Yes | ACD (24mo, aOR) | Anti-cho |
| Bitter et al, 2013 ⁷ | Hungary | Prospective /Data base | 12 | All patients in Hungary who had at least one record of schizophrenia diagnosis (F20.0-F20.9 according to ICD-10) | N.R. | 8472 (790/7682) | AMI APZ OLZ QTP RIS ZIP | 48.2 /N.R. | 39.3 | Yes | ACD (main, 6, 12mo, RIS, OLZ, QTP, APZ, AMI, HR) HOS (main, 12mo, RIS, OLZ, QTP, APZ, AMI) | Death, Suicide-attempt |
| Bobo et al, 2010 ⁸ | US | Retrospective /Single-site | 3 | Patients who met DSM-IV criteria for schizophrenia or schizoaffective disorder. | Partly (SGA:62.9%) | 159 (146/13) | Melperone | 35.8 /13.0 | 71.8 | No | N.D. | WG-risk, weight, BMI |
| Buoli et al, 2016 ⁹ | Netherlands and Italy | Prospective /Multi-site | 36 | All patients with a diagnosis of schizophrenia according to DSM-IV-TR | N.R. | 193 (36/157) | APZ OLZ QTP RIS | 30.5 /6.3 | 67.4 | No | ACD (main, 36mo, pyr, RIS, OLZ, QTP, APZ) | EPS-risk, WG-risk, DM-risk |
| Bushe et al, (SOHO+IC-SOHO) 2012 ¹⁰ | | Prospective /Multi-site | 36 | The patients populations consisted of outpatients aged 18 years or older with schizophrenia | N.R. | 3906 (187/3719) | AMI OLZ QTP RIS | 37.9 /N.R. | 54.6 | Yes | N.D. | WG risk Weight, BMI |

| | | | | | | | | | | | | |
|--------------------------------------|---------|----------------------------|-----|--|------|-----------------|-------------------|------------|------|-----|--------------------------------------|--|
| Castro and Elkis, 2007 ¹¹ | Brazil | Retrospective /Single-site | 36 | All patients with schizophrenia (ICD-10) | Yes | 53 (31/22) | RIS | 36.4 /17.2 | 58.5 | No | HOS (6, 12, 24mo, pyr, RIS) | N.D. |
| Chitaia et al, 2009 ¹² | Russia | Prospective /Single-site | 6 | Most of patients are schizophrenia according to ICD-10 | N.R. | 40 (20/20) | RIS | 36.3 /7.3 | 0.0 | No | N.D. | WG-risk |
| Conley et al, 1999 ¹³ | US. | Prospective /Multi-site | 24 | Patients had a diagnosis of schizophrenia. | N.R. | 124 (49/75) | RIS | 40.4 /N.R. | 60.5 | No | HOS (main, 6, 12, 24mo, pyr, RIS) | N.D. |
| Conley et al, 2003 ¹⁴ | US | Prospective /Multi-site | 12 | Patients with a DSM-IV diagnosis of SCZ | N.R. | 293 (41/252) | OLZ RIS | 38.4 /N.R. | 61.0 | No | HOS (main, 6, 12mo, pyr, RIS, OLZ) | N.D. |
| Cooper et al, 2007 ¹⁵ | Canada | Retrospective /Data base | 12 | Patients diagnosed with schizophrenia (ICD-9). | N.R. | 6662 (164/6498) | OLZ QTP RIS | N.R. /N.R. | 57.4 | Yes | ACD (main, 12mo, RIS, OLZ, QTP, aOR) | N.D. |
| Danilov, 2010 ¹⁶ | Russia | Prospective /Unclear | 2.5 | Patients with schizophrenia | N.R. | 403 (106/297) | OLZ QTP RIS | 34.1 /6.7 | N.R. | No | N.D. | EPS-risk |
| De Hert et al, 2008 ¹⁷ | Belgium | Prospective /Single-site | 36 | The first-episode schizophrenia patients | N.R. | 108 (12/96) | OLZ QTP RIS | 22.1 /N.R. | 71.6 | No | N.D. | Mets-risk |
| Flynn et al, 1998 ¹⁸ | Canada | Prospective /Single site | 3 | Patients met DSM-IV criteria for schizophrenia | Yes | 86 (57/29) | RIS | 33.9 /13.3 | 69.8 | No | N.D. | Psy (O, P, N, G, D, C), CGI Response-rate Anti-cho |

| | | | | | | | | | | | | |
|--------------------------------------|--------|----------------------------|--------------------------------------|--|------|-----------------|---------------------------------|------------|------|-----|---|---|
| Franza et al, 2015 ¹⁹ | Italy | Prospective /Single-site | 12 | Schizophrenia or schizoaffective disorder (DSM-5 criteria). | Yes | 42 (12/30) | APZ OLZ PAL QTP | 45.6 /N.R. | 71.4 | No | N.D. | Psy (O, N, D) |
| Gau et al, 2008 ²⁰ | Taiwan | Prospective /Data base | Mean 21.2 (CLO: 24.0, NC-SGAs: 20.9) | Subjects who were diagnosed as new cases of schizophrenia (ICD-9-CM) | No | 2521 (224/2297) | OLZ QTP RIS ZOT | 34.6 /1.7 | 52.6 | No | N.D. | # of Hos, Hos-days, Anti-cho |
| Gautam and Meena, 2011 ²¹ | India | Prospective /Single-site | 4 | Subjects were cases of schizophrenia diagnosed as per the ICD-10 criteria. | No | 90 (30/60) | OLZ RIS | N.R. /N.R. | N.R. | No | N.D. | Mets-risk, Weight, Waist, BP, TG, Glu |
| Green et al, 2003 ²² | US. | Retrospective /Single-site | 12 | Subjects were comorbid for alcohol and/or cannabis use disorder and schizophrenia or schizoaffective disorder. | N.R. | 53 (35/18) | RIS | 42.2 /N.R. | 75.6 | Yes | ACD (main, 12mo, RIS) | N.D. |
| Guo et al, 2011 ²³ | China | Prospective /Multi-site | 12 | DSM-IV criteria for schizophrenia or schizophreniform disorder | No | 802 (177/625) | APZ OLZ QTP RIS | 25.9 /1.9 | 55.9 | No | HOS (Main, 12mo, pyr, RIS, OLZ, QTP, APZ) | N.D. |
| Gupta et al, 2014 ²⁴ | India | Prospective /Multi-site | 4 | They were screened and classified as schizophrenics if they met the ICD-10 diagnostic criteria | No | 180 (30/150) | AMI APZ OLZ QTP RIS | N.R. /N.R. | N.R. | No | N.D. | Mets-risk, Weight, Waist, BP, TG, Glu, Insulin, HOMA-IR |

| | | | | | | | | | | | | |
|--|------------------------------------|----------------------------|-------------------------------|---|------|--------------------|--------------------------|-----------------|------|-----|---|---------------------------|
| Haro et al, (SOHO) 2005 ²⁵ | 10 European countries ^c | Prospective /Multi-site | 6 | Patients with a clinical diagnosis of schizophrenia | N.R. | 7700 (301/7399) | AMI OLZ QTP RIS | 40.0 /N.R. | 58.3 | Yes | ACD (6mo) | Psy (P, N, D, C) |
| Haro et al, (SOHO) 2007 ²⁶ | 10 European countries ^c | Prospective /Multi-site | 36 | Patients with a clinical diagnosis of schizophrenia | N.R. | 6909 (274/6635) | AMI OLZ QTP RIS | 39.6 /N.R. | 57.3 | Yes | ACD (main, 24, 36mo, pyr, RIS, OLZ, QTP, AMI, HR) HOS (HR) | Suicide-attempt, # of Hos |
| Hennessy et al, 2002 ²⁷ | US | Retrospective /Data base | Mean:7.5 (CLO: 12.6, RIS:5.5) | At least two instances of a schizophrenia diagnosis. | N.R. | 30387 (8330/22057) | RIS | N.R. /N.R. | 54.0 | Yes | N.D. | Death |
| Herceg et al, (chronic) 2008 ²⁸ | Croatia | Retrospective /Single-site | 24 | Diagnosis of schizophrenia was established by licensed psychiatrists according to ICD-10, DSM-IV. | N.R. | 167 (60/107) | OLZ RIS | median 42 /N.R. | 59.9 | No | HOS (6, 12, 24mo, RIS, OLZ) | N.D. |
| Herceg et al, (acute) 2008 ²⁸ | Croatia | Retrospective /Single-site | 24 | Diagnosis of schizophrenia was established by licensed psychiatrists according to ICD-10, DSM-IV. | N.R. | 63 (13/50) | OLZ RIS | median 31 /N.R. | 58.7 | No | HOS (6, 12, 24mo, RIS, OLZ) | N.D. |
| Hodgson et al, 2005 ²⁹ | U.K. | Retrospective /Data base | 96 | Only patients with a diagnosis of schizophrenia/schizoaffective (ICD10) | N.R. | 253 (44/209) | OLZ RIS | 40.5 /N.R. | 64.8 | Yes | ACD (main, 6, 12, 24, 36mo, RIS, OLZ, HR) | N.D. |

| | | | | | | | | | | | | |
|--------------------------------------|--------|----------------------------|--------------------------------------|--|------|---------------|-----------------------------------|------------|------|-----|---------------------------------|-------------------------------------|
| Huang et al, 2011 ³⁰ | Taiwan | Prospective /Single-site | Mean 49.9 (range 4-120) | According to the DSM-IV criteria for schizophrenia | N.R. | 500 (275/225) | OLZ RIS | 43.9 /N.R. | 60.2 | No | N.D. | WG-risk |
| Innamorati et al, 2013 ³¹ | Italy | Retrospective /Single-site | Mean 60.7 (CLO: 64.3, NC-SGAs: 56.4) | Eighty-seven percent of them were diagnosed with schizophrenia (most with paranoid schizophrenia) and 13% with a Psychotic Disorder Not Otherwise Specified. | Yes | 46 (23/23) | APZ OLZ QTP RIS etc., | 41.9 /16.9 | 67.4 | No | N.D. | Psy (P, N, G, D) Suicide-attempt |
| Karagianis et al, 2009 ³² | Canada | Prospective /Multi-site | 12 | Schizophrenia, schizoaffective disorder, schizophreniform disorder, or psychosis not otherwise specified, using DSM-IV | N.R. | 929 (19/910) | OLZ QTP RIS | 43.1 /N.R. | 52.9 | Yes | ACD (main, 12mo, RIS, OLZ, QTP) | N.D. |
| Karki et al, 2001 ³³ | US. | Prospective /Single-site | 6 | 78% had a diagnosis of schizophrenia, and 22% had a diagnosis of schizoaffective disorder. | Yes | 150 (50/100) | OLZ RIS | 45.0 /N.R. | 72.0 | No | N.D. | Psy(O) |
| Kelly et al, 2003 ³⁴ | US. | Retrospective /Single-site | 6 | Identified all patients with a DSM-IV | N.R. | 107 (10/97) | RIS OLZ QTP | 43.0 /N.R. | 68.4 | Yes | N.D. | Weight, T-cho, TG, Glu |

| | | | | | | | | | | | | |
|---------------------------------------|---------|----------------------------|-----|--|------|-----------------|-----|------------|-------|-----|-----------------------------------|---|
| | | | | diagnosis of Schizophrenia | | | | | | | | |
| Kelly et al, 2010 ³⁵ | US. | Retrospective /Data base | 132 | The study population consisted of persons with a DSM-III or DSM-IV diagnosis of schizophrenia, schizoaffective disorder of psychosis not otherwise specified | Yes | 1686 (1084/602) | RIS | 39.8 /N.R. | 62.8 | Yes | N.D. | Death |
| Kim et al, 2008 ³⁶ | Korea | Prospective /Multi-site | 24 | DSM-IV diagnosis of both schizophrenia | N.R. | 61 (25/36) | RIS | 39.5 /11.9 | 100.0 | No | HOS (main, 6, 12, 24mo, pyr, RIS) | N.D. |
| Konrad et al, 2000 ³⁷ | Germany | Prospective /Multi-site | 1.5 | Diagnosis of schizophrenia according to ICD-10 | Yes | 64 (27/37) | RIS | N.R. /N.R. | 45.3 | No | N.D. | Psy (O, P, N, G, D) Response-rate EPS |
| Lin et al, 2006 ³⁸ | Taiwan | Retrospective /Single-site | 24 | The study's subjects consisted of all the schizophrenic patients | Yes | 110 (61/49) | RIS | 43.9 /14.7 | 66.4 | No | HOS (6, 12, 24mo, pyr, RIS) | N.D. |
| Lindenmayer et al, 1998 ³⁹ | US. | Prospective /Multi-site | 3 | DSM-IV criteria for schizophrenia. | Yes | 35 (21/14) | RIS | 39.3 /N.R. | 74.3 | No | ACD (main, RIS) | Psy (O, P, N, D, C), CGI |

| | | | | | | | | | | | | |
|--|------------------------------------|----------------------------|--------------------------------------|--|------|-----------------|--|-------------------------|-------------------|-----|--|------------------------|
| Mauri et al, 2008 ⁴⁰ | Italy | Retrospective /Single-site | 1.5 | Subjects diagnosed as being affected by schizophrenia on the basis of the DSM IV criteria, | N.R. | 111 (19/92) | OLZ QTP RIS | 36.6 /10.4 | 73.9 | No | N.D. | Psy (O, D) EPS |
| Nakamura and Nagamine ⁴¹ 2018 | Japan | Retrospective /Single site | 3 | Patients with schizophrenia | N.R. | 22 (12/10) | ASE | 41.9 /N.R. | 73.3 | No | N.D. | Weight, TG, Glu |
| Nikolac et al, 2014 ⁴² | Croatia | Prospective /Single-site | 2 | Patients with schizophrenia, diagnosed using a structured clinical interview for DSM-IV. | N.R. | 445 (120/325) | OLZ RIS | 40.2 /N.R. | 70.0 | No | N.D. | Response-rate |
| Novick et al, (SOHO) 2010 ⁴³ | 10 European countries ^c | Prospective /Multi-site | 36 | Patients with a clinical diagnosis of schizophrenia | N.R. | 4357 (169/4188) | AMI OLZ QTP RIS | 38.2 /N.R. | 56.3 | Yes | N.D. | EPS-risk |
| Novick et al, (SOHO) 2012 ⁴⁴ | 10 European countries ^c | Prospective /Multi-site | 12 | Patients with a clinical diagnosis of schizophrenia | N.R. | 8162 (316/8146) | AMI OLZ QTP RIS | 39.9 /N.R. | 58.3 | Yes | ACD (12mo) HOS (main, 12mo, RIS, OLZ, QTP, AMI, aOR) | Response-rate, Psy (O) |
| Nyakyoma and Morriss, 2010 ⁴⁵ | UK | Retrospective /Single-site | 24 | A diagnosis of either schizophrenia or schizoaffective (ICD-10) | Yes | 160 (126/34) | AMI OLZ QTP RIS etc. (Majority is NC-SGAs) | 36.4 ^d /N.R. | 77.3 ^d | No | HOS (6, 12, 24mo, pyr, HR, aOR) | N.D. |
| Ollendorf et al, 2004 ⁴⁶ | US | Retrospective /Data base | Mean 13.7 (CLO: 12.8, NC-SGAs: 13.8) | A listed diagnosis of schizophrenia (ICD-9-CM) | N.R. | 1826 (35/1791) | OLZ QTP RIS | 39.1 /N.R. | 48.2 | No | N.D. | DM-risk |

| | | | | | | | | | | | | |
|---|-------------|----------------------------|------------|---|------|-------------------|---------------------------------|-------------------------|-------------------|-----|---|-------------------------|
| Pridan et al, 2015 ⁴⁷ | US | Retrospective /Single-site | 60 | Schizophrenia (DSM-IV-TR) | Yes | 369 (43/326) | NC- SGAs | 67.4 ^d /N.R. | 46.5 ^d | No | N.D. | Death |
| Remington and Khramov, 2001 ⁴⁸ | Canada | Retrospective /Single-site | 18 | DSM-IV diagnosis of schizophrenia | N.R. | 30 (15/15) | RIS | 32.6 /10.5 | 60.0 | No | N.D. | CGI, # of Hos, Hos-days |
| Rettenbacher et al, 2007 ⁴⁹ | Austria. | Prospective /Single-site | 4 | A diagnosis of schizophrenic disorder according to ICD-10 | N.R. | 31 (14/17) | AMI | 34.9 /N.R. | 64.5 | No | N.D. | BMI, Insulin, HOMA-IR |
| Ringback et al, 2014 ⁵⁰ | Sweden | Retrospective /Data base | 12 | Schizophrenia (F20) or schizoaffective syndromes (F25) according to ICD- 10 | N.R. | 10849 (2112/8737) | APZ OLZ QTP RIS ZIP | 46.8 /N.R. | 56.2 | No | ACD (main, 6, 12, 24mo, RIS, OLZ, QTP, APZ) HOS (main, 12mo, RIS, OLZ, QTP, APZ) | N.D. |
| Schulte et al, 2016 ⁵¹ | Netherlands | Retrospective /Single-site | Mean 154.8 | Schizophrenia or schizoaffective disorder as recorded in the medical administration | N.R. | 167 (94/73) | APZ OLZ QTP RIS SER | 39.0 ^d /N.R. | 78.2 ^d | No | N.D. | DM-risk |
| Schuster et al, 2012 ⁵² | France | Prospective /Multi-site | 6 | Patients meet the DSM-IV TR criteria for schizophrenia | N.R. | 3629 (39/3590) | AMI APZ OLZ RIS | 37.5 ^d /N.R. | 61.3 ^d | Yes | N.D. | BMI |
| Sharma et al, 2003 ⁵³ | U.K. | Prospective /Single-site | 6 | Chronic schizophrenia (DSM IV) | Yes | 48 (20/28) | OLZ | 35.2 /11.3 | 64.6 | Yes | ACD (main, 6mo, OLZ) | Psy(O, P, N, G) |

| | | | | | | | | | | | | |
|------------------------------------|--------|----------------------------|------------------------------------|---|------|------------------|--------------------------|-------------------------|-------------------|-----|--|---|
| Shermock et al, 2001 ⁵⁴ | US | Retrospective /Data base | 12 | Schizophrenia diagnosis (ICD-9- CM) | N.R. | 928 (66/862) | RIS | 38.8 /N.R. | 51.1 | Yes | N.D. | # of Hos |
| Stip et al, 1999 ⁵⁵ | Canada | Prospective /Single-site | 6 | Diagnosis was made according to the DSM-IV criteria | N.R. | 25 (7/18) | RIS QTP | 36.5 /11.8 | 32.0 | No | N.D. | Response-rate |
| Stroup et al, 2016 ⁵⁶ | US | Retrospective /Data base | 12 | Inpatient claim for schizophrenia (ICD-9-CM 295.3) prior to their index date, | Yes | 4358 (2179/2179) | NC-SGAs | 38.9 ^d /N.R. | 51.9 ^d | No | ACD (main, 12mo) HOS (main, 12mo, pyr) | Death, suicide-attempt, DM-risk |
| Strous et al, 2006 ⁵⁷ | Israel | Prospective /Multi-site | 3 | The study population consisted of chronic schizophrenia or schizoaffective disorder (as defined by DSM-IV criteria) | N.R. | 131 (55/76) | OLZ RIS | 36.7 /12.5 | 58.0 | Yes | N.D. | Psy (O, P, N, G, D) Weight, BMI, T-chol, TG, Glu |
| Taylor et al, 2007 ⁵⁸ | UK | Retrospective /Single-site | 36 | A diagnosis of schizophrenia or schizoaffective disorder. | N.R. | 36 (7/29) | OLZ RIS | 43.6 /N.R. | 58.0 | No | N.D. | #of Hos, Hos-days |
| Taylor et al, 2008 ⁵⁹ | U.K. | Retrospective /Data base | Mean 21.7 (CLO:23.2, NC-SGAs:21.6) | Only those cases with a diagnosis of schizophrenia or related psychoses (F2 category, ICD-10) were selected | N.R. | 400 (40/360) | AMI OLZ QTP RIS | 40.4 /N.R. | 58.8 | No | ACD (main, pyr, RIS, OLZ, QTP, AMI) HOS (main, pyr, RIS, OLZ, QTP, AMI) | N.D. |

| | | | | | | | | | | | | |
|--|---------------------------|--------------------------|------------------------------|---|------|-------------------|---------------------------------|-------------------------|-------------------|-----|--|--|
| Tiihonen et al, 2006 ⁶⁰ | Finland | Prospective /Data base | Mean 9.8 (CLO:17.0, RIS:7.3) | Schizophrenia or schizoaffective disorder (ICD-9, 10/DSM-IV) | N.R. | 587 (150/437) | OLZ RIS | 30.7 ^d /N.R. | 62.0 ^d | No | ACD (main, pyr, RIS, OLZ) HOS (main, pyr, RIS, OLZ) | N.D. |
| Treuer et al, (IC-SOHO) 2010 ⁶¹ | 27 countries ^a | Prospective /Multi-site | 36 | Subjects who met criteria for schizophrenia (ICD-10 or DSM-IV) | N.R. | 4765 (237/4528) | OLZ QTP RIS | 35.1 /8.7 | 55.0 | Yes | ACD (main, 36mo, RIS, OLZ, QTP) | N.D. |
| Tschoner et al, 2009 ⁶² | Austria | Prospective /Single-site | 1 | Diagnosed with schizophrenic disorder according to ICD-10 | N.R. | 28 (7/21) | AMI OLZ QTP RIS ZIP | 34.2 /N.R. | 57.1 | Yes | N.D. | BMI, T-chol, TG, HOMA-IR |
| van Winkel et al, 2008 ⁶³ | Belgium | Prospective /Single-site | 3 | Patients were included if they had a DSM-IV diagnosis of schizophrenia or schizoaffective disorder as established by their treating psychiatrist; | N.R. | 183 (21/162) | AMI APZ OLZ QTP RIS | 33.7 /7.5 | 60.7 | Yes | N.D. | DM-risk, BMI, Waist, Glu, Insulin, HOMA-IR |
| Vanasse et al, 2016 ⁶⁴ | Canada | Retrospective /Data base | 24 | A prior diagnosis of schizophrenia or schizoaffective disorder (ICD-9: 295) | N.R. | 11980 (324/11656) | OLZ QTP RIS | 44.2 /0.22 | 54.3 | No | ACD (main, 24mo, RIS, OLZ, QTP, HR) HOS (main, 24mo, RIS, OLZ, QTP) | N.D. |
| Velligan et al, 2015 ⁶⁵ | US. | Retrospective /Data base | 12 | At least one diagnosis of schizophrenic disorder (ICD-9- | N.R. | 2919 (479/2440) | APZ OLZ PAL QTP | 39.2 /N.R. | 50.7 | Yes | HOS (main, 12mo, aOR) | N.D. |

| | | | | CM code 295.XX) | | | RIS ZIP | | | | | |
|---------------------------------------|--------|-------------------------------|----|--|------|-----------------|---------------------------------|----------------------------|-------------------|-----|--|----------------------------------|
| Werneck et al, 2011 ⁶⁶ | Brazil | Retrospective /Single-site | 36 | The diagnosis of schizophrenia based on ICD- 10. | N.R. | 172 (59/113) | AMI APZ OLZ RIS ZIP | 37.3 /16.3 | 61.6 | No | HOS (main, 6, 12 24mo, pyr, RIS) | N.D. |
| Williams et al, 2006 ⁶⁷ | Canada | Prospective /Multi-site | 24 | Patients diagnosed with schizophrenia and other psychotic disorders (DSM- IV). | N.R. | 217 (51/166) | OLZ QTP RIS | 37.9 ^d /N.R. | 68.0 ^d | Yes | HOS (main, 12, 24mo, RIS, OLZ, QTP) | N.D. |
| Woo et al, 2009 ⁶⁸ | Korea | Retrospective /Multi-site | 2 | All patients with a DSM-IV diagnosis of schizophrenia | N.R. | 167 (70/97) | OLZ | 38.7 /N.R. | 52.1 | No | N.D. | Weight, BP, T-cho, TG, Glu |

For study references, see e-reference list at the end of the supplemental file.

Abbreviations:

of Hos, number of hospitalization; 6mo, at 6month; 12mo, at 12month; 24mo, at 24month; 36mo, at 36month; ACD, all cause discontinuation; AMI, amisulpride; Anti-cho, anticholinergic use; aOR, adjusted odds ratio
ASE, asenapine; BMI, body mass index; BP, blood pressure; CGI, clinical global impressions; CI, confidence intervals; CLO, clozapine; CM, clinical modification; DM-risk, diabetes mellitus-risk; DSM, the Diagnostic and
Statistical Manual of Mental Disorders ; EPS, extrapyramidal symptoms; Glu, glucose; Hos days, hospitalization days; HOS, hospitalization risk; HR, hazard ratio; ICD, the International Classification of Diseases; Main,
main analysis ; NC-SGAs, non-clozapine second-generation antipsychotics; N.D., No data; N.R., Not reported; OLZ, olanzapine; PAL; paliperidone; Psy, psychopathology; Psy(C), cognitive symptom; Psy(D),
depressive symptom; Psy(G), general symptom; Psy(N), negative symptom; Psy(O), overall symptom; Psy(P), positive symptom; pyr, person years; QTP, quetiapine; RIS, risperidone; SER, sertindole; T-cho, total
cholesterol; TG, triglycerides; TRS, treatment-resistant schizophrenia; WG risk, weight gain risk; ZIP, ziprasidone; ZOT, zotepine

^a Africa, the Middle East, Asia, Central and Eastern Europe, and Latin America

^b Characteristics of the part of analyzed patients

^cGermany, Italy Spain Denmark, France, Greece, Ireland, the Netherlands, Portugal and the UK

^dCharacteristics including non-analyzed patients

eTable 4. Sensitivity analyses of co-primary outcomes removing studies with unequal observation periods for comparing clozapine with specific non-clozapine SGAs.

| Outcome | Studies (N) | Patients (n) | Effect size | | | | Heterogeneity | | Effect size | | |
|---|-------------|--------------|-------------|-------------|-------------|------------------|--------------------|------------------|------------------|-------------|-------------|
| | | | Risk Ratio | Lower 95%CI | Upper 95%CI | P Value | I ² (%) | P Value | NNT ^a | Lower 95%CI | Upper 95%CI |
| Hospitalization (vs specific non-clozapine SGAs) | | | | | | | | | | | |
| CLO vs RIS | 14 | 17,228 | 0.842 | 0.720 | 0.984 | 0.030 | 60.4 | 0.002 | 20 | 12 | 195 |
| CLO vs OLZ | 9 | 19,803 | 0.914 | 0.732 | 1.142 | 0.429 | 79.2 | <0.001 | - | - | - |
| CLO vs QTP | 6 | 8,062 | 0.686 | 0.535 | 0.880 | 0.003 | 81.0 | <0.001 | 13 | 9 | 33 |
| CLO vs APZ | 3 | 4,529 | 0.698 | 0.559 | 0.872 | 0.002 | 46.1 | 0.157 | - | - | - |
| CLO vs AMI | 2 | 2,308 | 0.633 | 0.543 | 0.739 | <0.001 | <0.1 | 0.725 | 11 | 8 | 15 |
| All-cause discontinuation (vs specific non-clozapine SGAs) | | | | | | | | | | | |
| CLO vs RIS | 12 | 20,367 | 0.688 | 0.590 | 0.802 | <0.001 | 88.9 | <0.001 | 7 | 5 | 10 |
| CLO vs OLZ | 11 | 26,677 | 0.800 | 0.659 | 0.971 | 0.024 | 93.9 | <0.001 | 11 | 7 | 72 |
| CLO vs QTP | 9 | 8,524 | 0.668 | 0.495 | 0.902 | 0.009 | 97.2 | <0.001 | 6 | 4 | 18 |
| CLO vs APZ | 3 | 4,070 | 0.712 | 0.338 | 1.501 | 0.372 | 99.0 | <0.001 | - | - | - |
| CLO vs AMI | 2 | 2,240 | 0.792 | 0.598 | 1.049 | 0.104 | 86.0 | 0.008 | - | - | - |

Bolded *P* values indicate *P*<0.05; AMI, amisulpride; APZ, aripiprazole; CI, confidence intervals; CLO, clozapine; N, number; NNT, numbers-needed-to-treat; OLZ, olanzapine; RIS, risperidone; QTP, quetiapine; SGA, second-generation antipsychotic

^a NNTs were only calculated when the risk ratio analysis was significant (*P*<0.05). The mean risk for the non-clozapine SGAs treatment was used as the assumed control group risk.

eTable 5-1. Results of subgroup analyses for hospitalization

| Variables | Subgroup | Studies (N) | Patients (n) | Effect size | | | | Heterogeneity | | Effect size | | | Between subgroup difference |
|-----------------------------------|-----------------|-------------|--------------|-------------|-------------|-------------|------------------|--------------------|------------------|------------------|-------------|-------------|-----------------------------|
| | | | | Risk Ratio | Lower 95%CI | Upper 95%CI | P Value | I ² (%) | P Value | NNT ^a | Lower 95%CI | Upper 95%CI | |
| Baseline setting | Index discharge | 11 | 12,639 | 0.777 | 0.669 | 0.903 | 0.001 | 23.9 | 0.216 | 13 | 9 | 28 | <i>P</i> =0.572 |
| | Outpatients | 6 | 33,495 | 0.883 | 0.727 | 1.073 | 0.210 | 81.2 | <0.001 | - | - | - | |
| | Unclear | 2 | 3,319 | 0.919 | 0.408 | 2.069 | 0.838 | 90.9 | 0.001 | - | - | - | |
| Study design | Prospective | 8 | 18,222 | 0.818 | 0.627 | 1.068 | 0.140 | 69.4 | 0.002 | - | - | - | <i>P</i> =0.986 |
| | Retrospective | 11 | 31,231 | 0.820 | 0.717 | 0.938 | 0.004 | 65.9 | 0.001 | 16 | 10 | 45 | |
| Hospitalization definition | All cause | 3 | 804 | 1.089 | 0.883 | 1.343 | 0.426 | <0.1 | 0.469 | - | - | - | <i>P</i> =0.382 |
| | Mental health | 14 | 48,089 | 0.762 | 0.673 | 0.861 | <0.001 | 64.8 | <0.001 | 14 | 10 | 28 | |
| | Unclear | 2 | 560 | 0.953 | 0.426 | 2.133 | 0.908 | 82.7 | 0.016 | - | - | - | |
| Data source | Database | 7 | 39,565 | 0.803 | 0.691 | 0.934 | 0.004 | 81.2 | <0.001 | 19 | 12 | 57 | <i>P</i> =0.770 |
| | Multi center | 6 | 9,163 | 0.885 | 0.653 | 1.199 | 0.430 | 47.4 | 0.091 | - | - | - | |
| | One site | 6 | 725 | 0.759 | 0.564 | 1.019 | 0.067 | 49.3 | 0.080 | - | - | - | |
| Region | Asia | 3 | 973 | 0.822 | 0.638 | 1.059 | 0.129 | <0.1 | 0.418 | - | - | - | <i>P</i> =0.540 |
| | EU | 8 | 28,364 | 0.886 | 0.723 | 1.086 | 0.245 | 75.0 | <0.001 | - | - | - | |
| | Other | 4 | 12,422 | 0.756 | 0.464 | 1.232 | 0.261 | 72.0 | 0.014 | - | - | - | |
| | U.S. | 4 | 7,694 | 0.702 | 0.551 | 0.895 | 0.004 | 68.4 | 0.023 | 13 | 9 | 36 | |
| Supported by company | No | 15 | 30,179 | 0.843 | 0.758 | 0.938 | 0.002 | 37.0 | 0.074 | 19 | 13 | 48 | <i>P</i> =0.841 |
| | Yes | 4 | 19,274 | 0.815 | 0.596 | 1.115 | 0.201 | 86.3 | <0.001 | - | - | - | |
| Treatment Resistant Schizophrenia | No/Not Reported | 15 | 44,772 | 0.836 | 0.718 | 0.973 | 0.021 | 72.0 | <0.001 | 22 | 13 | 130 | <i>P</i> =0.616 |
| | Yes | 4 | 4,681 | 0.782 | 0.635 | 0.965 | 0.022 | 33.9 | 0.209 | 11 | 7 | 67 | |

Bolded *P* values indicate $P < 0.05$; CI, confidence interval; NNT, numbers-needed-to-treat

^a NNTs were only calculated when the risk ratio analysis was significant ($P < 0.05$). The mean risk for the non-clozapine SGAs treatment was used as the assumed control group risk.

eTable 5-2. Results of subgroup analyses for all-cause discontinuation

| Variable | Subgroup | Studies (N) | Patients (N) | Effect size | | | | Heterogeneity | | Effect size | | | Between subgroup difference |
|-----------------------------------|-----------------|-------------|--------------|-------------|-------------|-------------|------------------|--------------------|------------------|------------------|-------------|-------------|-----------------------------|
| | | | | Risk Ratio | Lower 95%CI | Upper 95%CI | P Value | I ² (%) | P Value | NNT ^a | Lower 95%CI | Upper 95%CI | |
| Baseline setting | Inpatients | 1 | 587 | 0.853 | 0.766 | 0.950 | 0.004 | NA | NA | 9 | 6 | 24 | P<0.001 |
| | Mixed | 2 | 10,724 | 0.535 | 0.493 | 0.580 | <0.001 | <0.1 | 0.587 | 5 | 5 | 6 | |
| | Outpatients | 9 | 44,321 | 0.784 | 0.680 | 0.904 | 0.001 | 91.4 | <0.001 | 9 | 6 | 20 | |
| | Unclear | 4 | 736 | 0.678 | 0.490 | 0.938 | 0.019 | 9.4 | 0.346 | 8 | 6 | 42 | |
| Study design | Prospective | 9 | 22,706 | 0.899 | 0.842 | 0.960 | 0.001 | 31.1 | 0.169 | 20 | 13 | 49 | P<0.001 |
| | Retrospective | 7 | 33,662 | 0.600 | 0.504 | 0.714 | <0.001 | 87.0 | <0.001 | 5 | 4 | 7 | |
| Data source | Database | 8 | 42,668 | 0.686 | 0.574 | 0.819 | <0.001 | 95.9 | <0.001 | 6 | 4 | 10 | P=0.073 |
| | Multi center | 6 | 13,599 | 0.873 | 0.752 | 1.013 | 0.074 | 42.3 | 0.123 | - | - | - | |
| | One site | 2 | 101 | 0.294 | 0.045 | 1.910 | 0.200 | 81.5 | 0.020 | - | - | - | |
| Region | EU | 8 | 26,818 | 0.743 | 0.590 | 0.936 | 0.012 | 95.0 | <0.001 | 8 | 5 | 29 | P=0.682 |
| | Other | 4 | 24,336 | 0.761 | 0.571 | 1.016 | 0.064 | 89.6 | <0.001 | - | - | - | |
| | U.S. | 4 | 5,214 | 0.607 | 0.390 | 0.946 | 0.028 | 68.6 | 0.023 | 6 | 4 | 41 | |
| Supported by company | No | 7 | 22,706 | 0.692 | 0.584 | 0.820 | <0.001 | 89.8 | <0.001 | 7 | 5 | 11 | P=0.219 |
| | Yes | 9 | 33,662 | 0.795 | 0.690 | 0.916 | 0.001 | 74.9 | <0.001 | 10 | 7 | 23 | |
| Treatment Resistant Schizophrenia | No/Not Reported | 13 | 51,927 | 0.723 | 0.613 | 0.852 | <0.001 | 93.4 | <0.001 | 7 | 5 | 13 | P=0.954 |
| | Yes | 3 | 4,441 | 0.719 | 0.682 | 0.758 | <0.001 | <0.1 | 0.543 | 9 | 8 | 11 | |

Bolded P values indicate P<0.05; CI, confidence interval; NA, not available; NNT, numbers-needed-to-treat

^a NNTs were only calculated when the risk ratio analysis was significant (P<0.05). The mean risk for the non-clozapine SGAs treatment was used as the assumed control group risk.

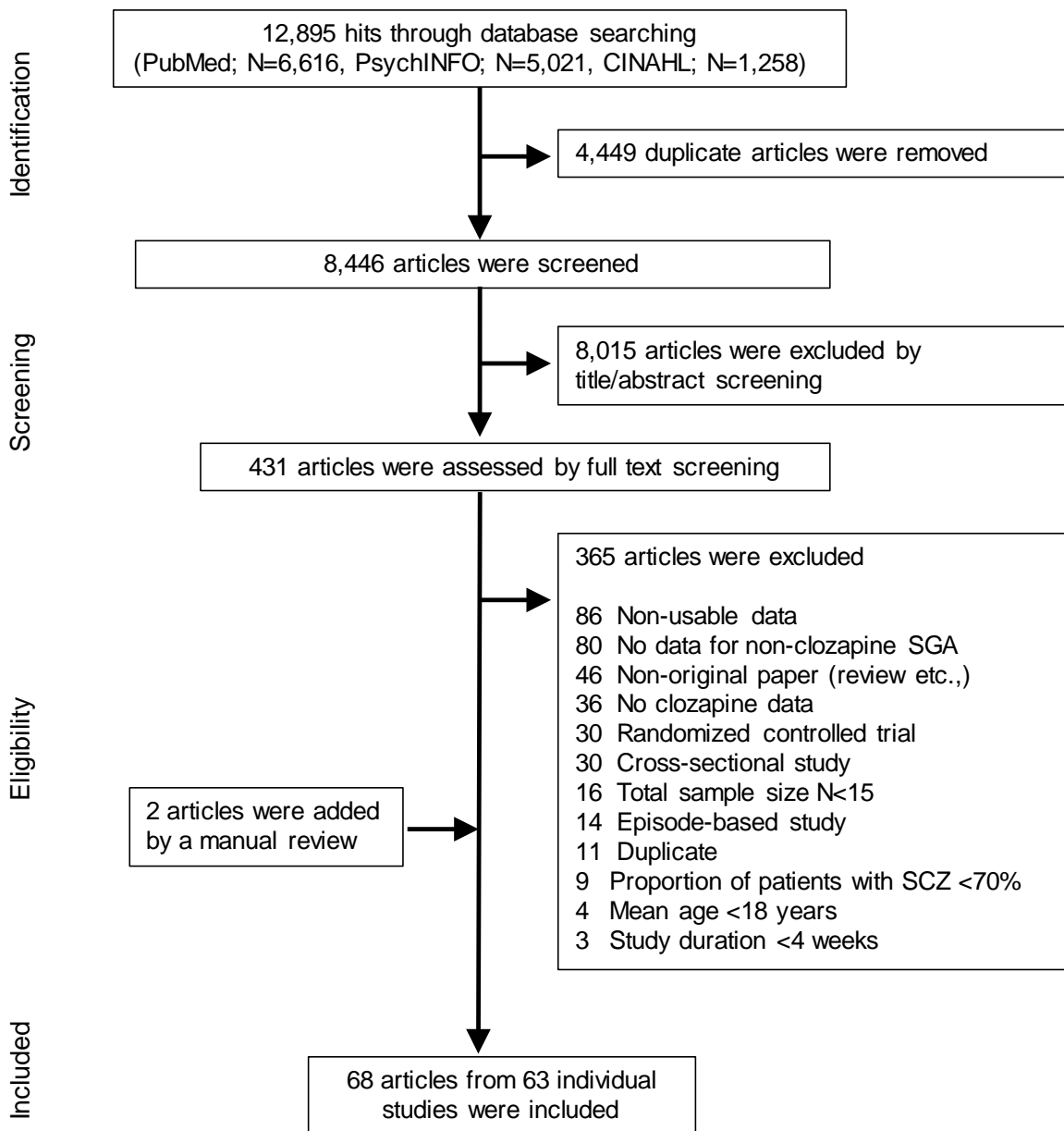
eTable 6. Results of meta-regression analyses for co-primary outcomes

| Moderator or Mediator Variable | Studies (N) | Results | | | |
|---|-------------|-------------|-------------|-------------|---------|
| | | Coefficient | Lower 95%CI | Upper 95%CI | P Value |
| Meta-regression analyses for hospitalization | | | | | |
| Male (%) | 19 | 0.001 | -0.009 | 0.011 | 0.802 |
| Sample size | 19 | 0.000 | 0.000 | 0.000 | 0.809 |
| Publication year | 19 | -0.006 | -0.037 | 0.026 | 0.721 |
| Mean age | 18 | -0.007 | -0.032 | 0.017 | 0.551 |
| Illness duration | 6 | -0.028 | -0.058 | 0.003 | 0.080 |
| Study duration | 17 | -0.055 | -0.268 | 0.158 | 0.616 |
| Follow up duration | 11 | -0.129 | -0.505 | 0.248 | 0.504 |
| Study quality | 19 | 0.090 | -0.148 | 0.328 | 0.458 |
| Baseline illness severity (Hedges' g)* | 12 | 0.201 | -0.143 | 0.544 | 0.253 |
| Meta-regression analyses for all-cause discontinuation | | | | | |
| Male (%) | 16 | -0.011 | -0.029 | 0.008 | 0.250 |
| Sample size | 16 | 0.000 | 0.000 | 0.000 | 0.659 |
| Publication year | 16 | 0.001 | -0.032 | 0.034 | 0.942 |
| Mean age | 15 | -0.015 | -0.043 | 0.014 | 0.315 |
| Illness duration | 5 | -0.008 | -0.047 | 0.031 | 0.679 |
| Study duration | 14 | 0.011 | -0.076 | 0.097 | 0.811 |
| Follow up duration | 5 | 0.055 | -0.319 | 0.428 | 0.774 |
| Study quality | 16 | 0.011 | -0.205 | 0.227 | 0.920 |
| Baseline illness severity (Hedges' g)* | 8 | -0.284 | -0.792 | 0.224 | 0.274 |

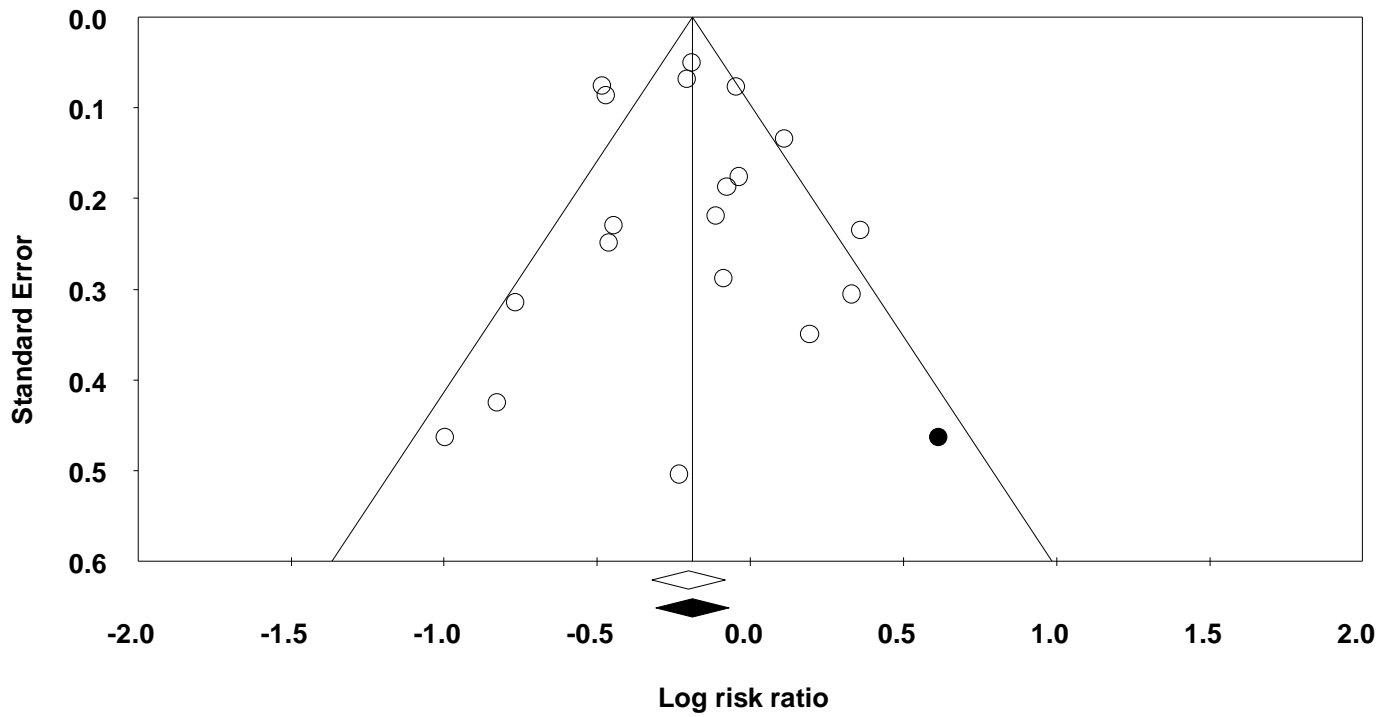
CI, confidence interval

*We used four types of data (choosing in descending order when multiple data were available): 1) psychopathology score (Positive and Negative Syndrome Scale (PANSS), Brief Psychiatric Rating Scale (BPRS) or Clinical Global Impressions scale (CGI) at baseline, 2) a prior number of hospitalizations, 3) prior hospitalization days, and 4) proportion of hospitalized patients at baseline.

eFigure 1. PRISMA Diagram of the Systematic Literature Search



eFigure 2-1. Funnel plot for hospitalization



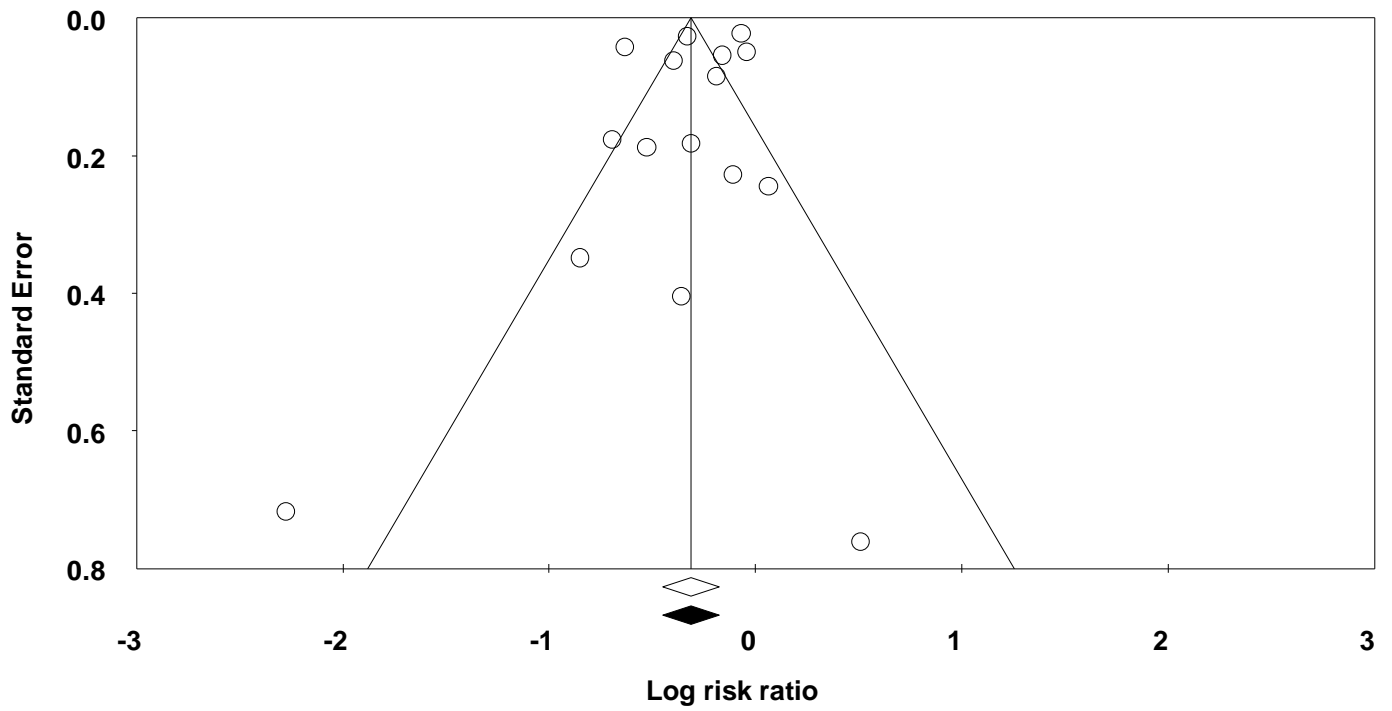
Egger's regression test

Intercept=0.138, 95%CI (-1.309 to 1.585), $P=0.843$

One data imputed by Duval and Tweedie's trim and fill method

Observed values: Risk Ratio=0.817, 95% confidence interval (0.725-0.920)

Adjusted values: Risk Ratio=0.827, 95% confidence interval (0.733-0.933)

eFigure 2-2. Funnel plot for all-cause discontinuation

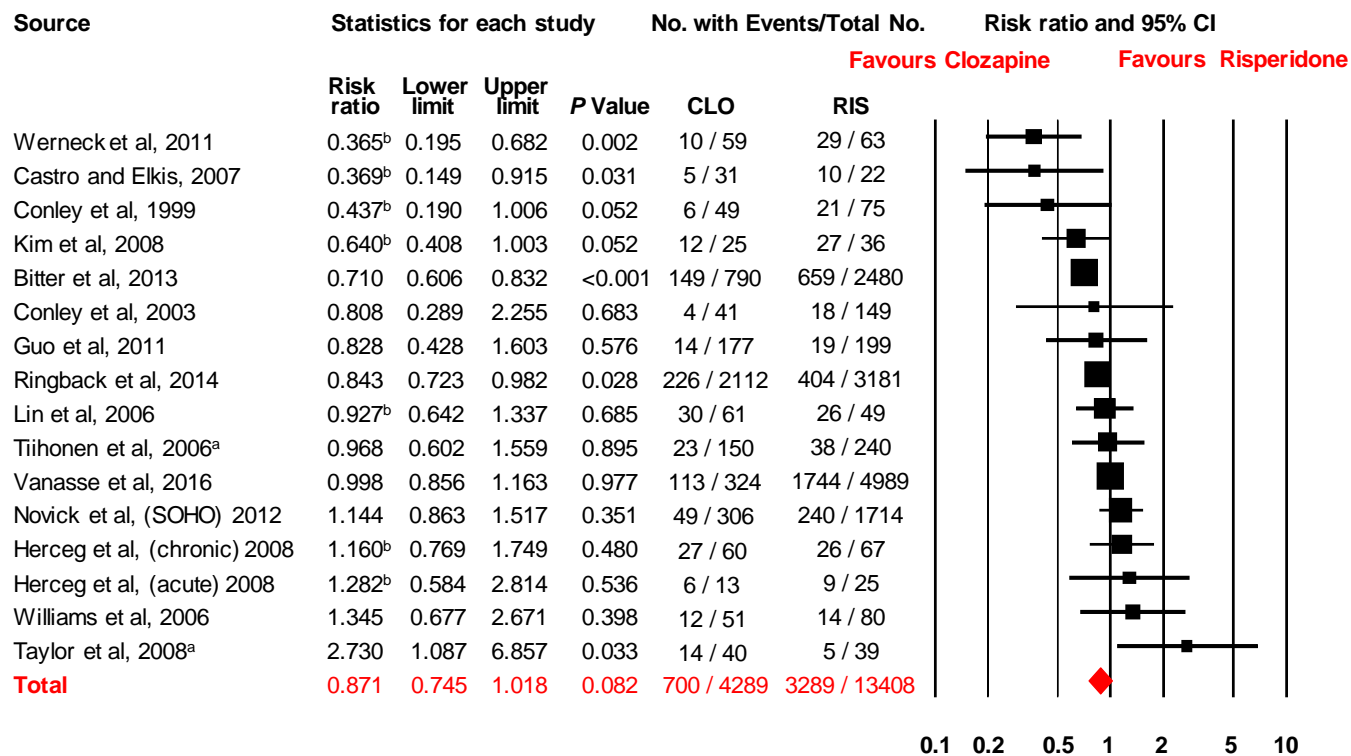
Egger's regression test

Intercept=-1.215, 95%CI (-4.015 to 1.584), $P=0.368$

No imputed data by Duval and Tweedie's trim and fill method

Observed values: Risk Ratio=0.732, 95% confidence interval (0.639-0.838)

eFigure 3-1. Forest plot of risk ratio for hospitalization (clozapine vs risperidone)



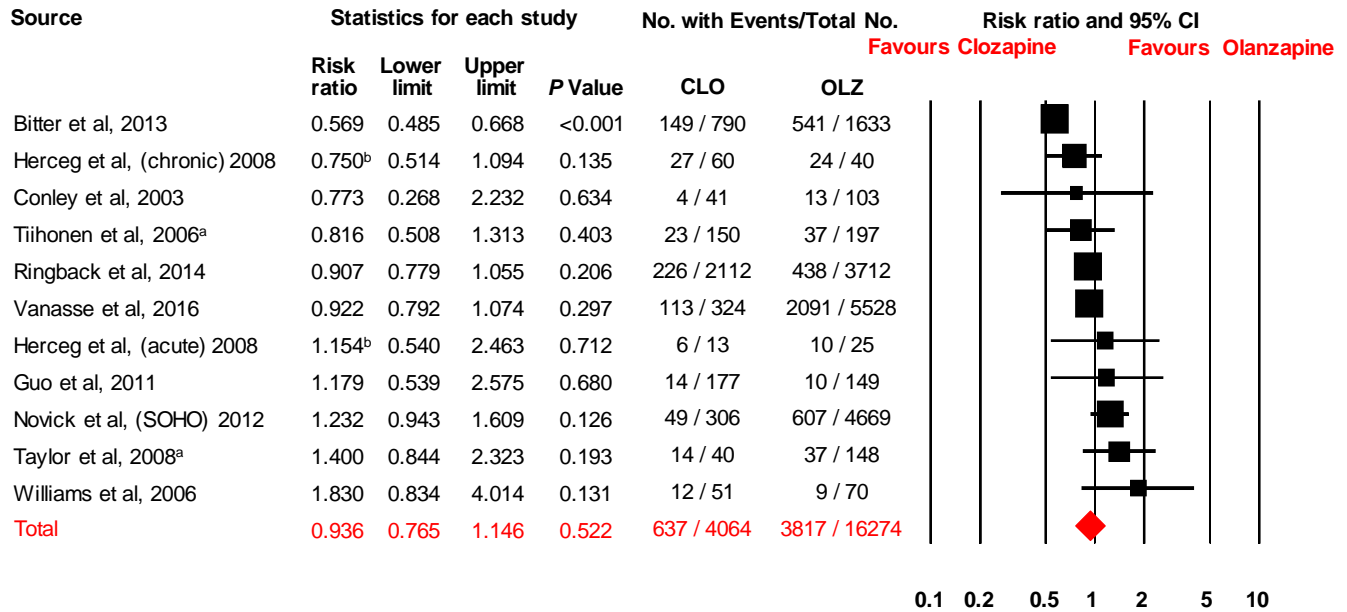
CI, confidence intervals; CLO, clozapine; RIS, risperidone

^a The Study with unequal observation periods between clozapine and risperidone

The mean of observation period (months); Tiihonen et al. 2006, (CLO=17.0, RIS=6.5), Taylor et al, 2008, (CLO=23.2, RIS=17.4)

^b Data from Kaplan-Meier estimates

eFigure 3-2. Forest plot of risk ratio for hospitalization (clozapine vs olanzapine)

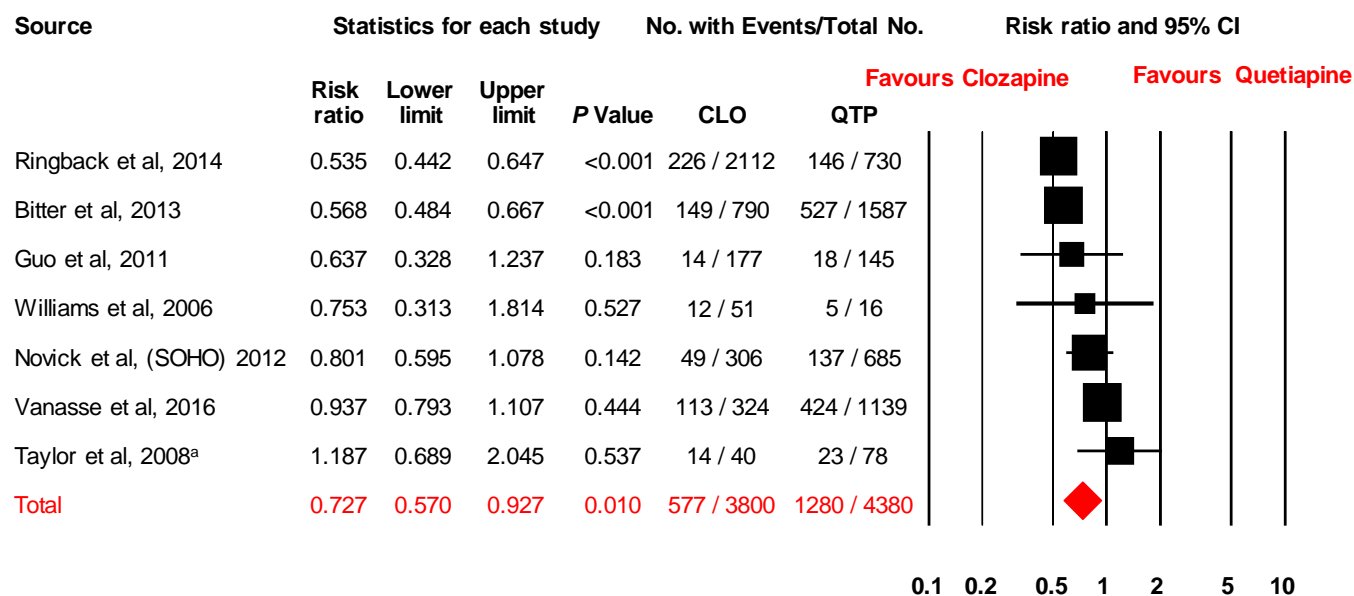


CI, confidence intervals; CLO, clozapine; OLZ, olanzapine

^a The Study with unequal observation periods between clozapine and olanzapine

The mean of observation period (months); Tiihonen et al. 2006, (CLO=17.0, OLZ=8.4), Taylor et al, 2008, (CLO=23.2, OLZ=21.1)

^b Data from Kaplan-Meier estimates

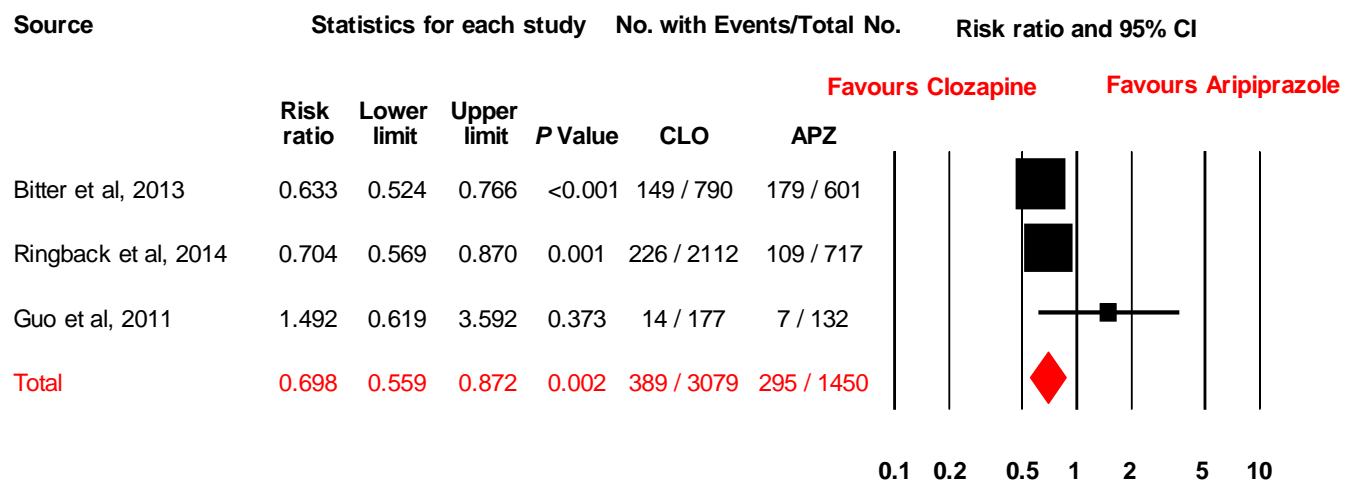
eFigure 3-3. Forest plot of risk ratio for hospitalization (clozapine vs quetiapine)

CI, confidence intervals; CLO, clozapine; QTP, quetiapine

^aThe Study with unequal observation periods between clozapine and quetiapine

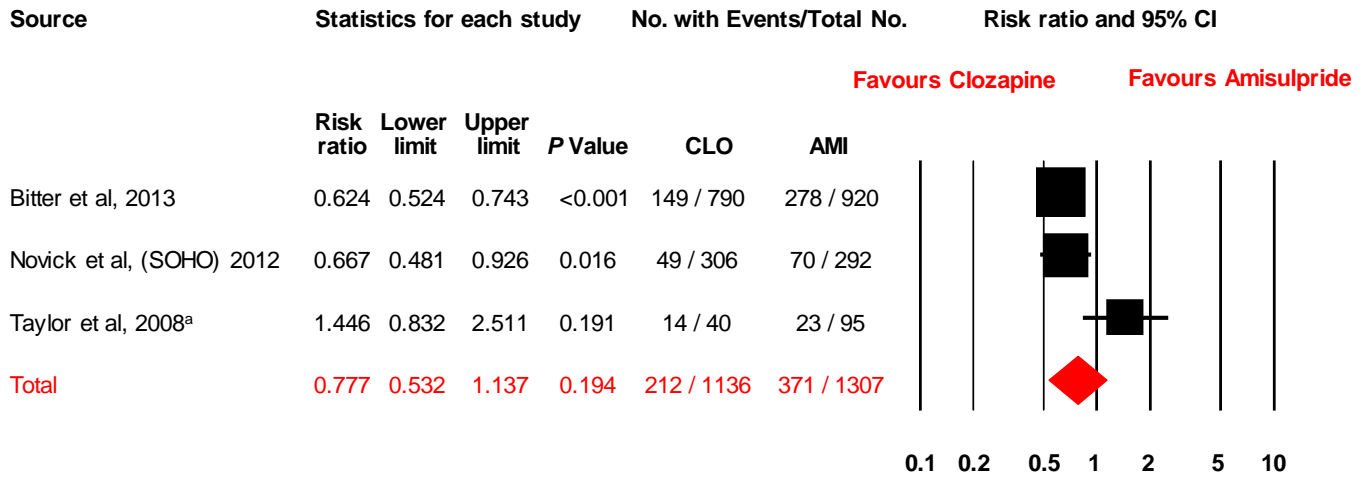
The mean of observation period (months); Taylor et al, 2008, (CLO=23.2, QTP=22.0)

eFigure 3-4. Forest plot of risk ratio for hospitalization (clozapine vs aripiprazole)



APZ, aripiprazole; CI, confidence intervals; CLO, clozapine

eFigure 3-5. Forest plot of risk ratio for hospitalization (clozapine vs amisulpride)

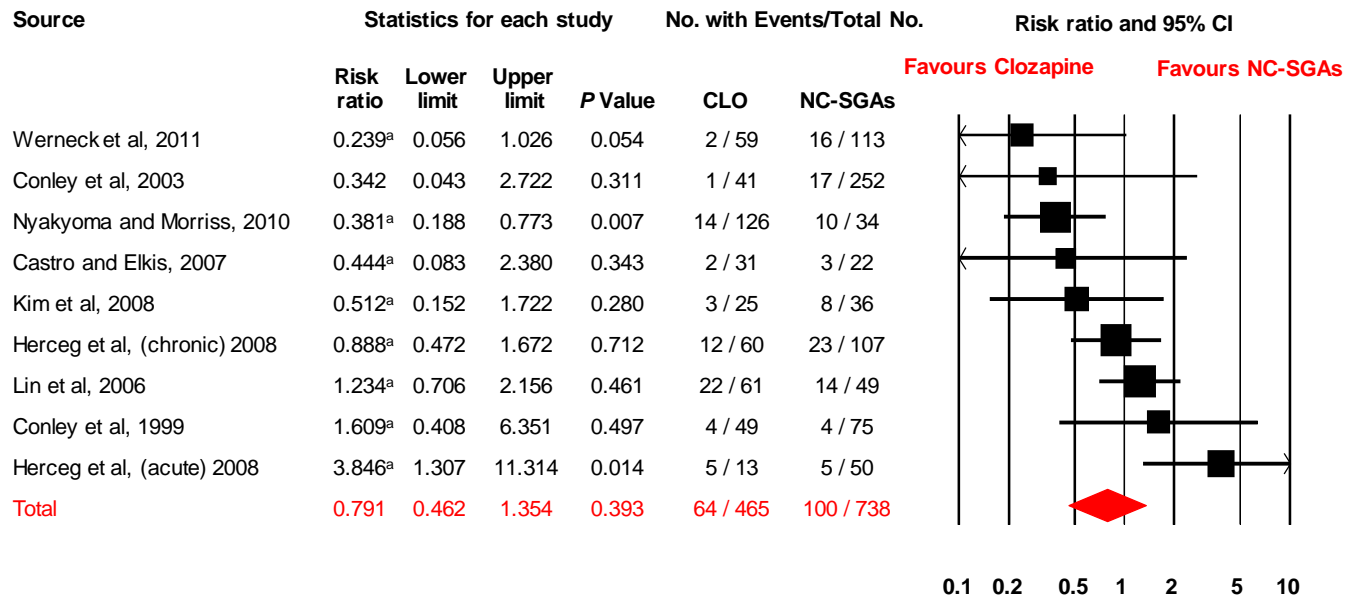


AMI, amisulpride; CI, confidence intervals; CLO, clozapine

^aThe Study with unequal observation periods between clozapine and amisulpride

The mean of observation period (months); Taylor et al, 2008, (CLO=23.2, AMI=23.5)

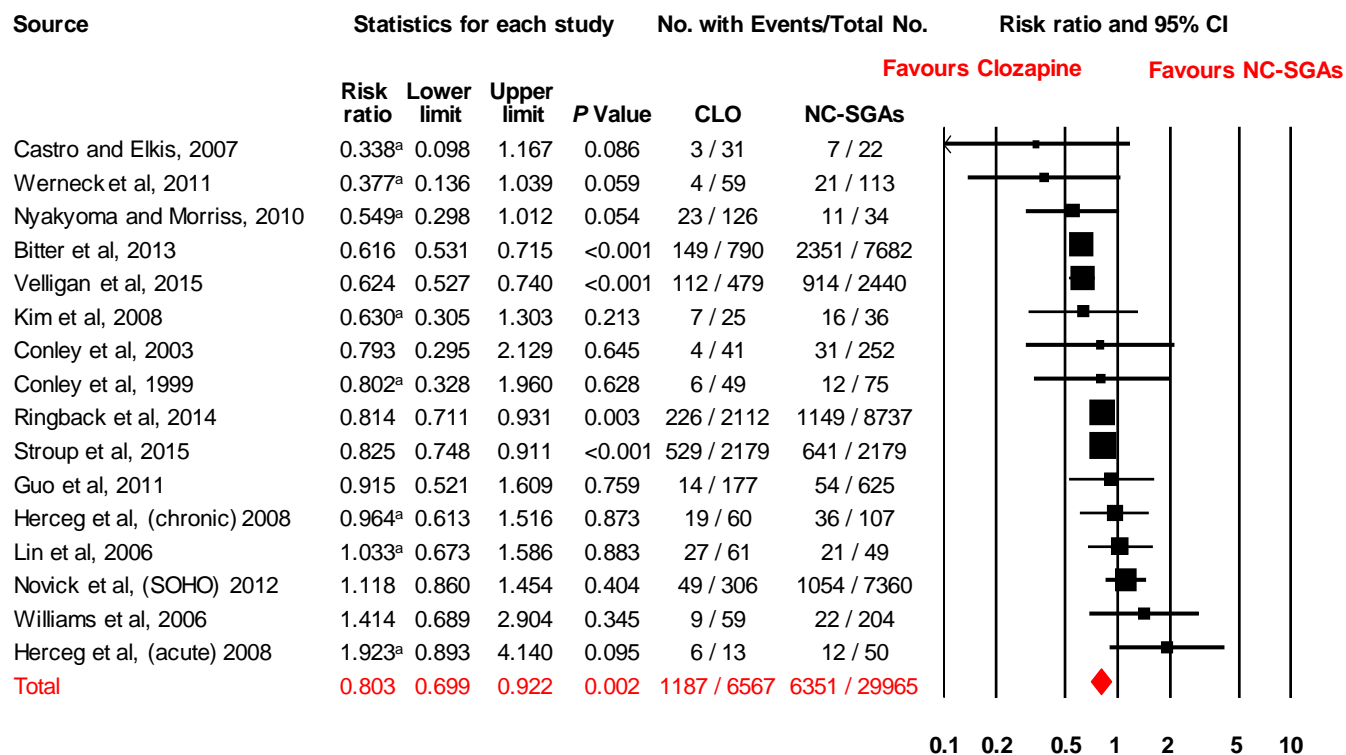
eFigure 3-6. Forest plot of risk ratio for hospitalization (at 6 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

^a Data from Kaplan-Meier estimates

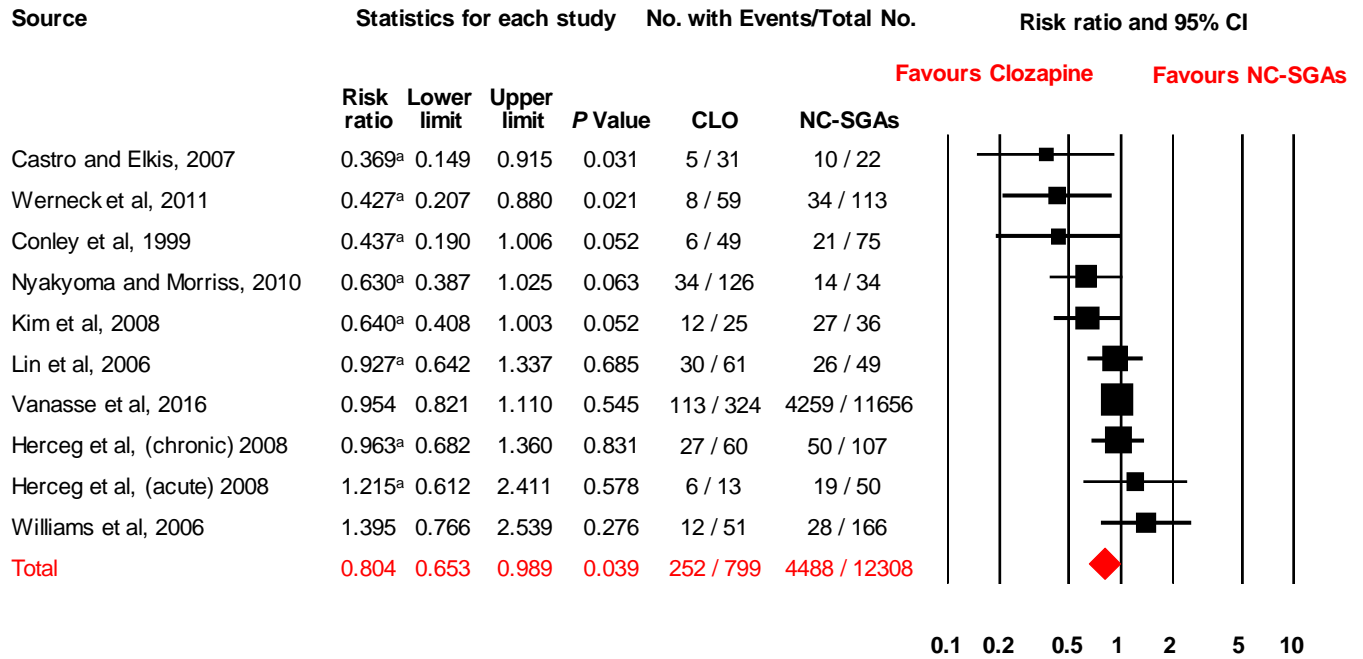
eFigure 3-7. Forest plot of risk ratio for hospitalization (at 12 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

^a Data from Kaplan-Meier estimates

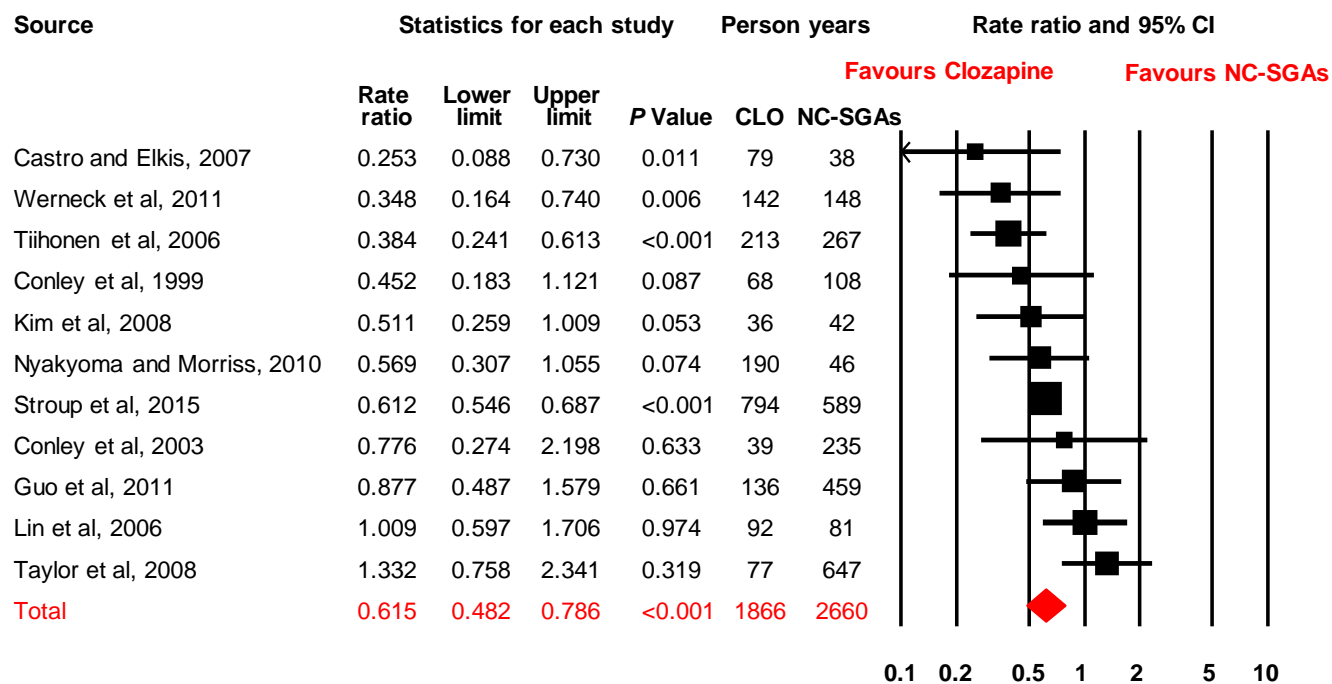
eFigure 3-8. Forest plot of risk ratio for hospitalization (at 24 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

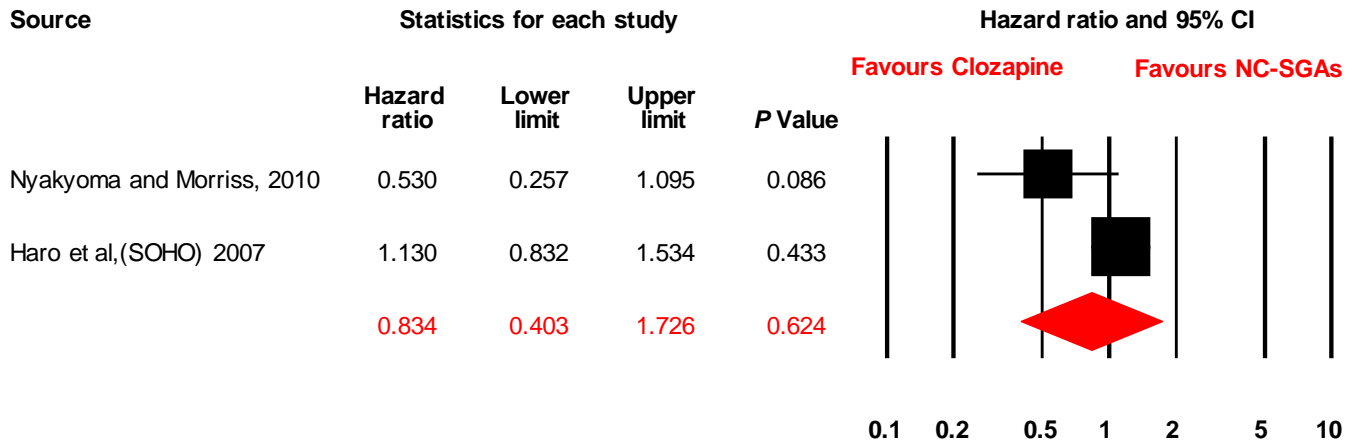
^a Data from Kaplan-Meier estimates

eFigure 3-9. Forest plot of risk ratio for hospitalization (adjusted for follow-up duration)



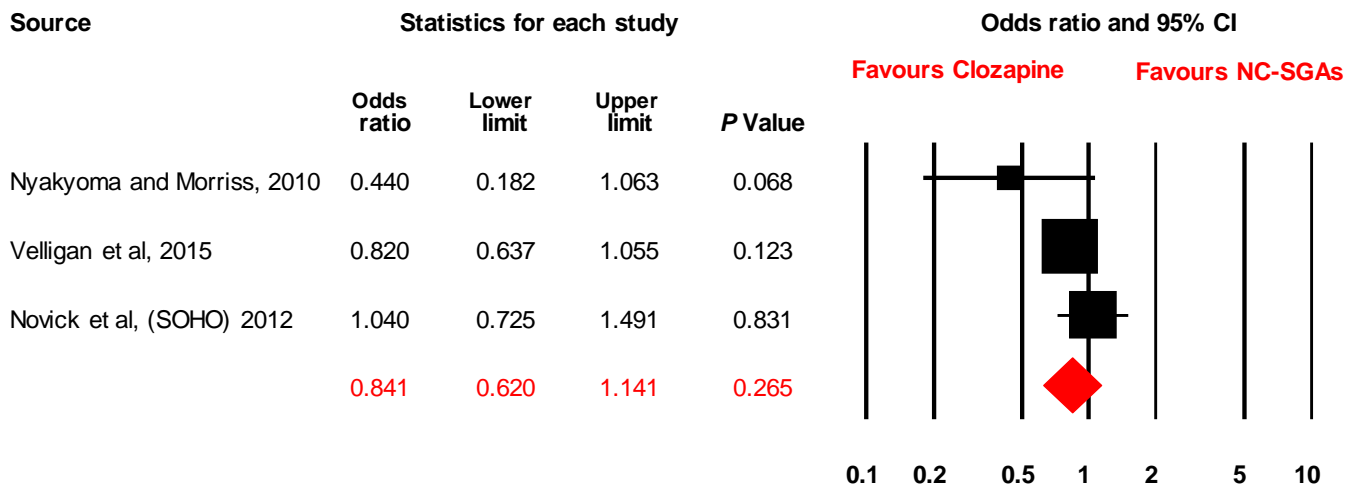
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 3-10. Forest plot of hazard ratio for hospitalization



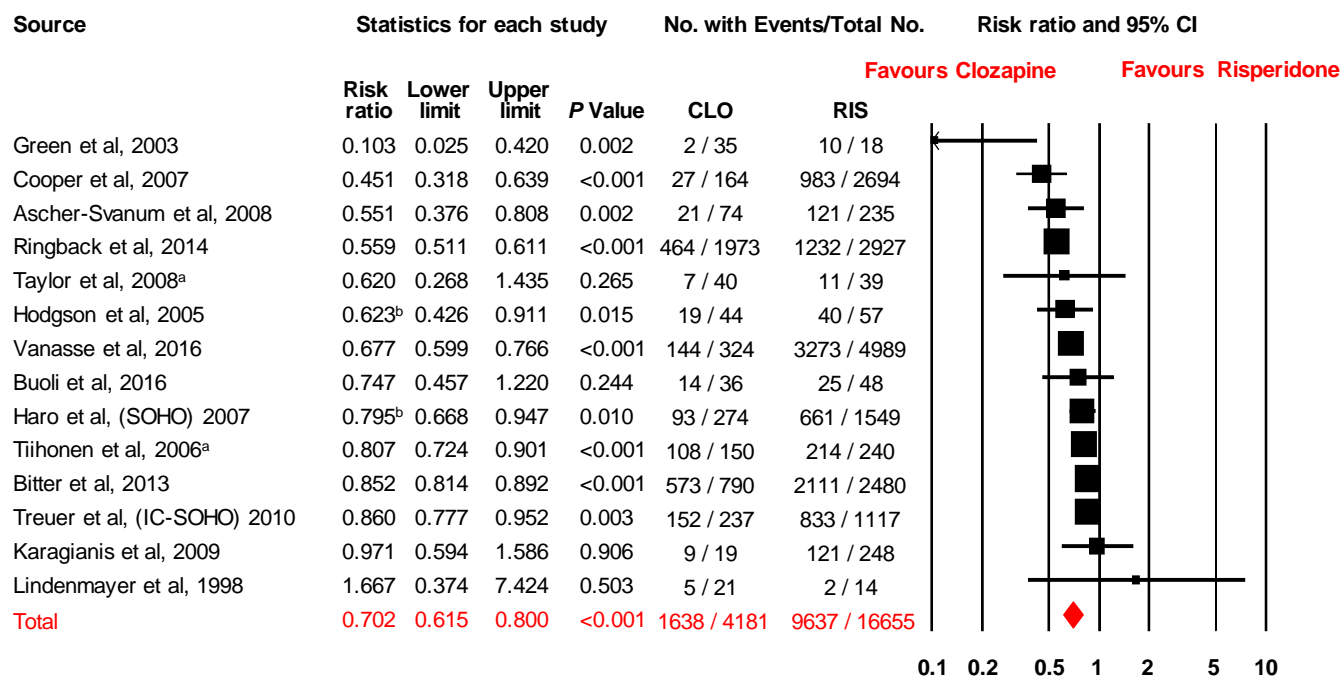
CI, confidence intervals; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 3-11. Forest plot of adjusted odds ratio for hospitalization



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 3-12. Forest plot of risk ratio for all-cause discontinuation (clozapine vs risperidone)

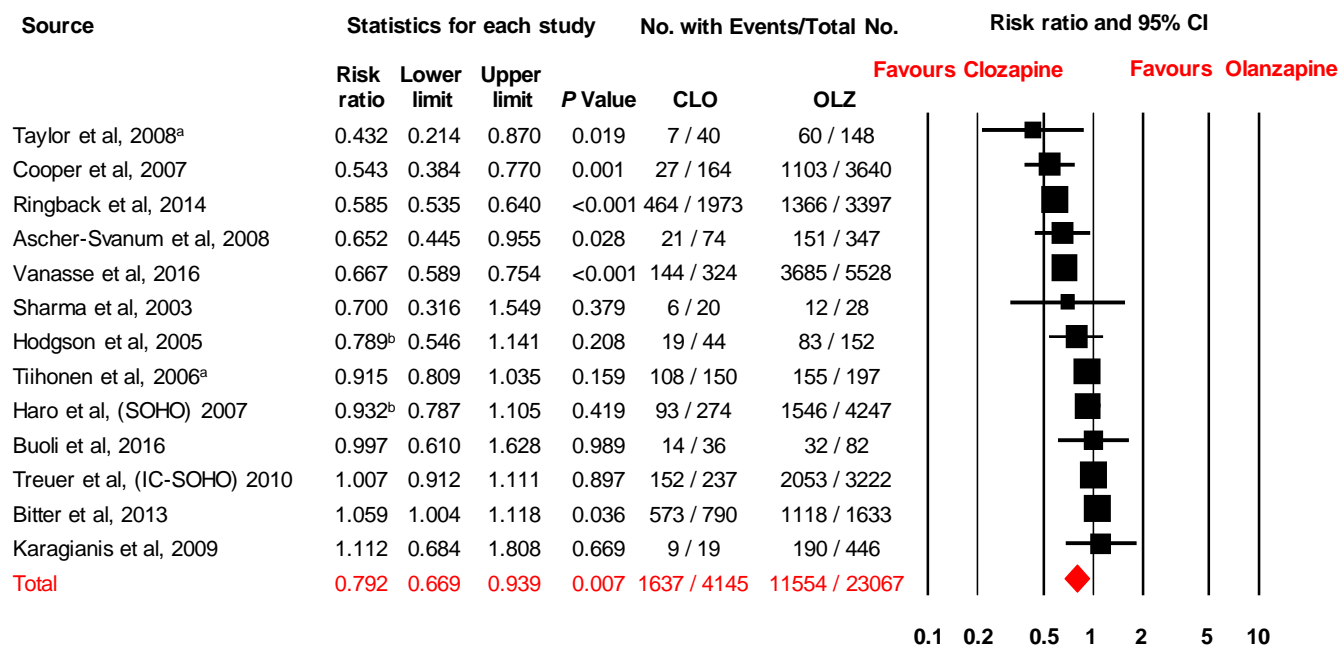


CI, confidence intervals; CLO, clozapine; RIS, risperidone

^aThe Study with unequal observation periods between clozapine and risperidone

The mean of observation period (months); Tiihonen et al. 2006, (CLO=17.0, RIS=6.5), Taylor et al, 2008, (CLO=23.2, RIS=17.4)

^b Data from Kaplan-Meier estimates

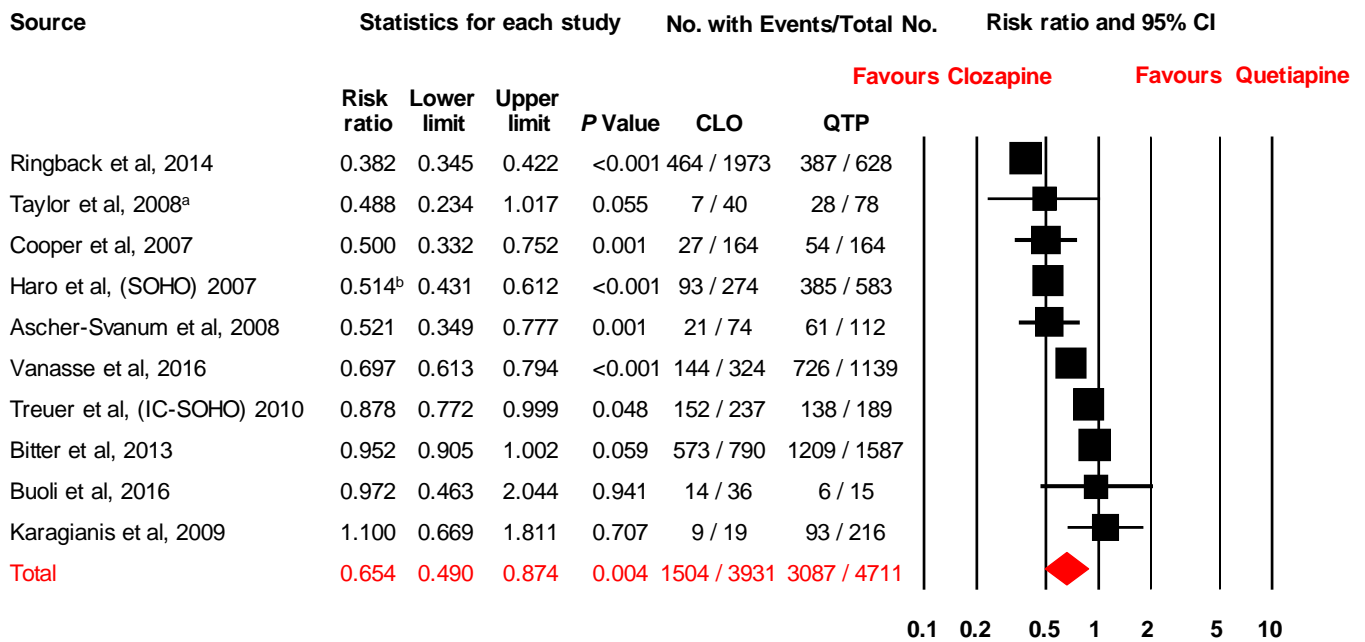
eFigure 3-13. Forest plot of risk ratio for all-cause discontinuation (clozapine vs olanzapine)

CI, confidence intervals; CLO, clozapine; OLZ, olanzapine

^aThe Study with unequal observation periods between clozapine and olanzapine

The mean of observation period (months); Tiihonen et al. 2006, (CLO=17.0, OLZ=8.4), Taylor et al, 2008, (CLO=23.2, OLZ=21.1)

^b Data from Kaplan-Meier estimates

eFigure 3-14. Forest plot of risk ratio for all-cause discontinuation (clozapine vs quetiapine)

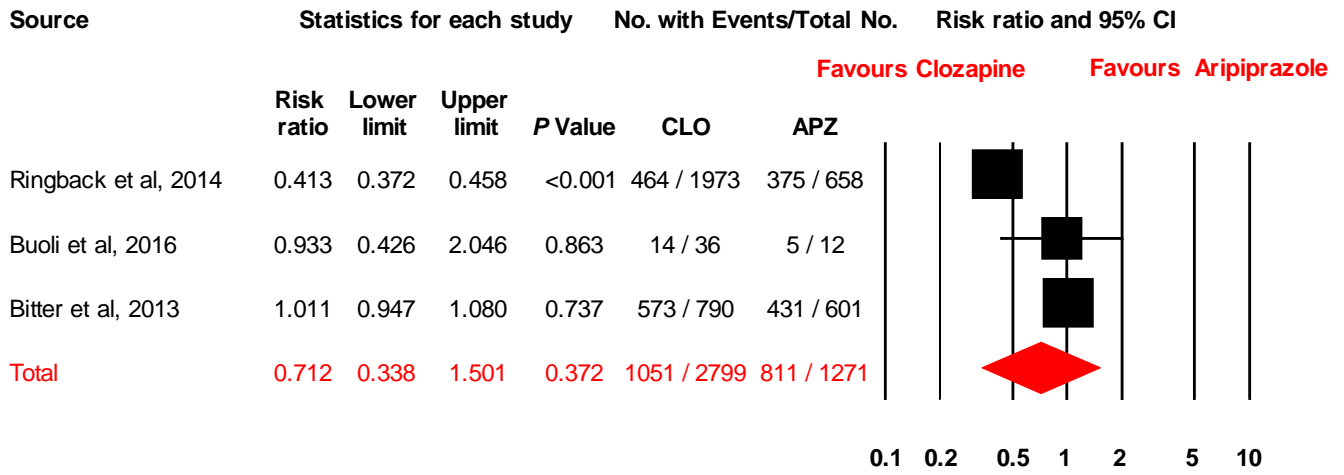
CI, confidence intervals; CLO, clozapine; QTP, quetiapine

^aThe Study with unequal observation periods between clozapine and quetiapine

The mean of observation period (months); Taylor et al, 2008, (CLO=23.2, QTP=22.0)

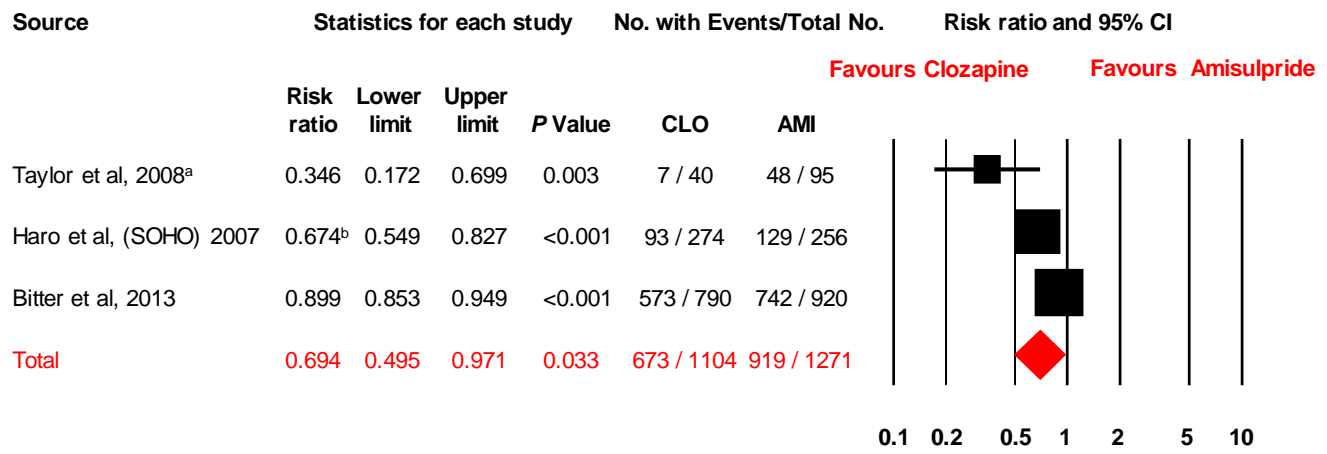
^b Data from Kaplan-Meier estimates

eFigure 3-15. Forest plot of risk ratio for all-cause discontinuation (clozapine vs aripiprazole)



APZ, aripiprazole; CI, confidence intervals; CLO, clozapine

eFigure 3-16. Forest plot of risk ratio for all-cause discontinuation (clozapine vs amisulpride)



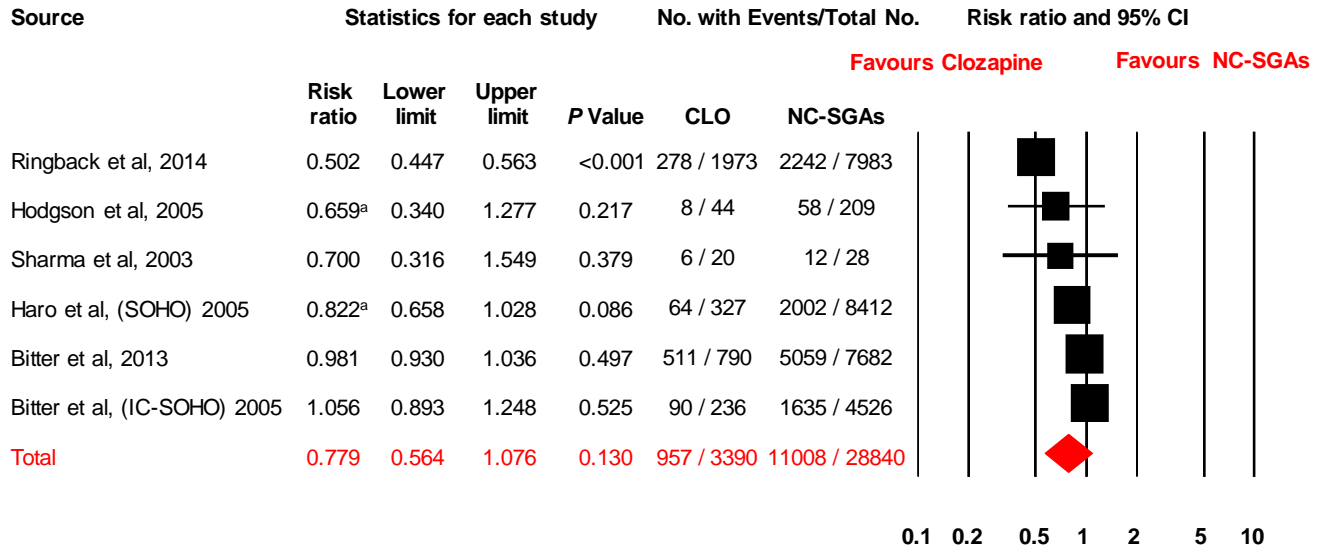
AMI, amisulpride; CI, confidence intervals; CLO, clozapine

^aThe Study with unequal observation periods between clozapine and amisulpride

The mean of observation period (months); Taylor et al, 2008, (CLO=23.2, AMI=23.5)

^b Data from Kaplan-Meier estimates

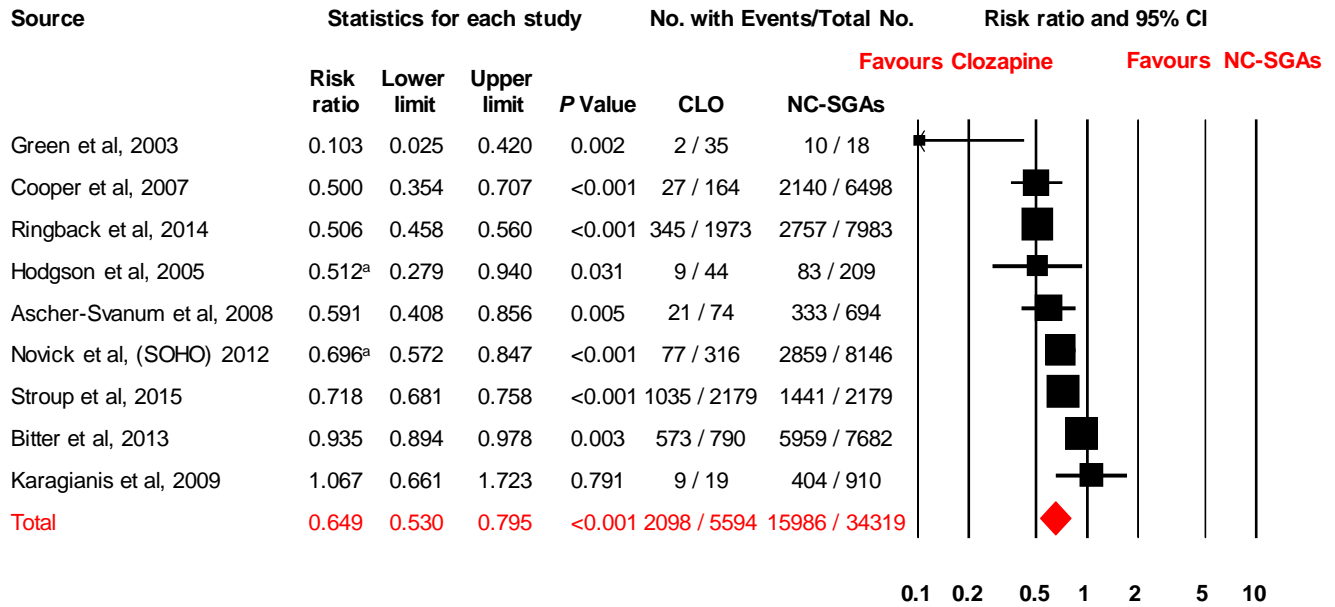
eFigure 3-17. Forest plot of risk ratio for all-cause discontinuation (at 6 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

^a Data from Kaplan-Meier estimates

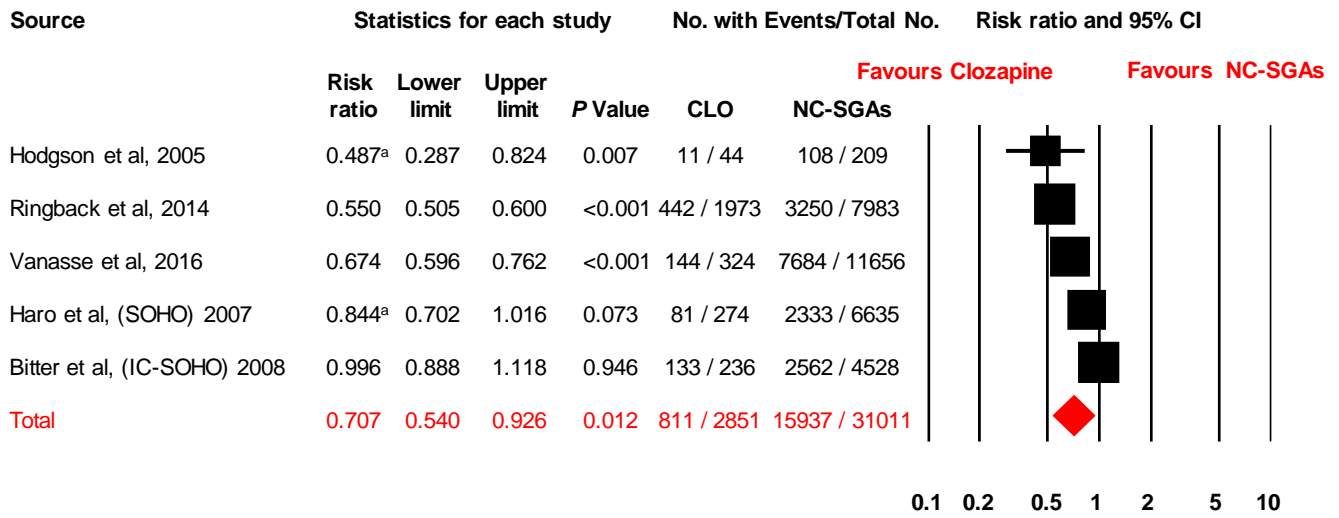
eFigure 3-18. Forest plot of risk ratio for all-cause discontinuation (at 12 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

^a Data from Kaplan-Meier estimates

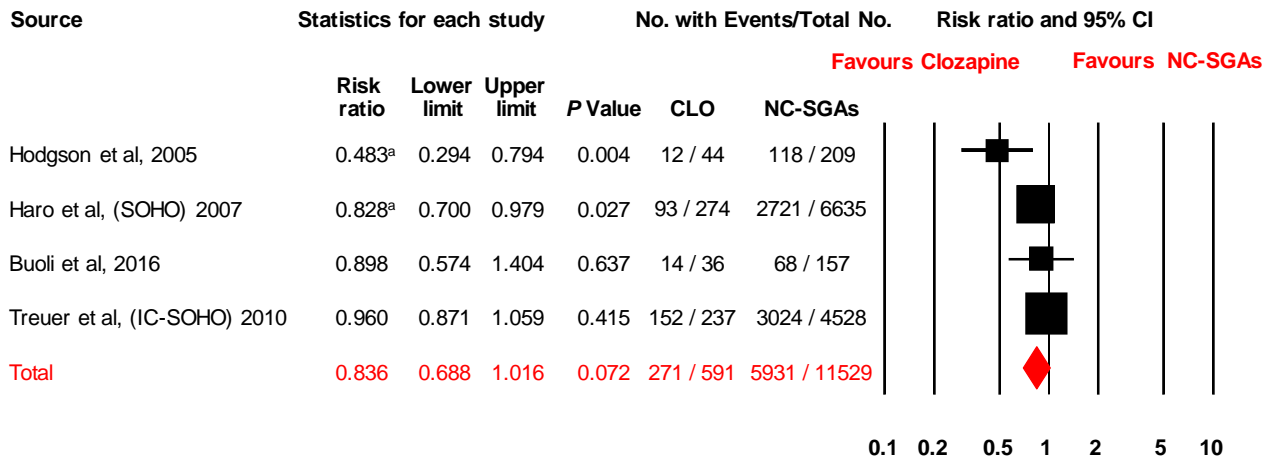
eFigure 3-19. Forest plot of risk ratio for all-cause discontinuation (at 24 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

^a Data from Kaplan-Meier estimates

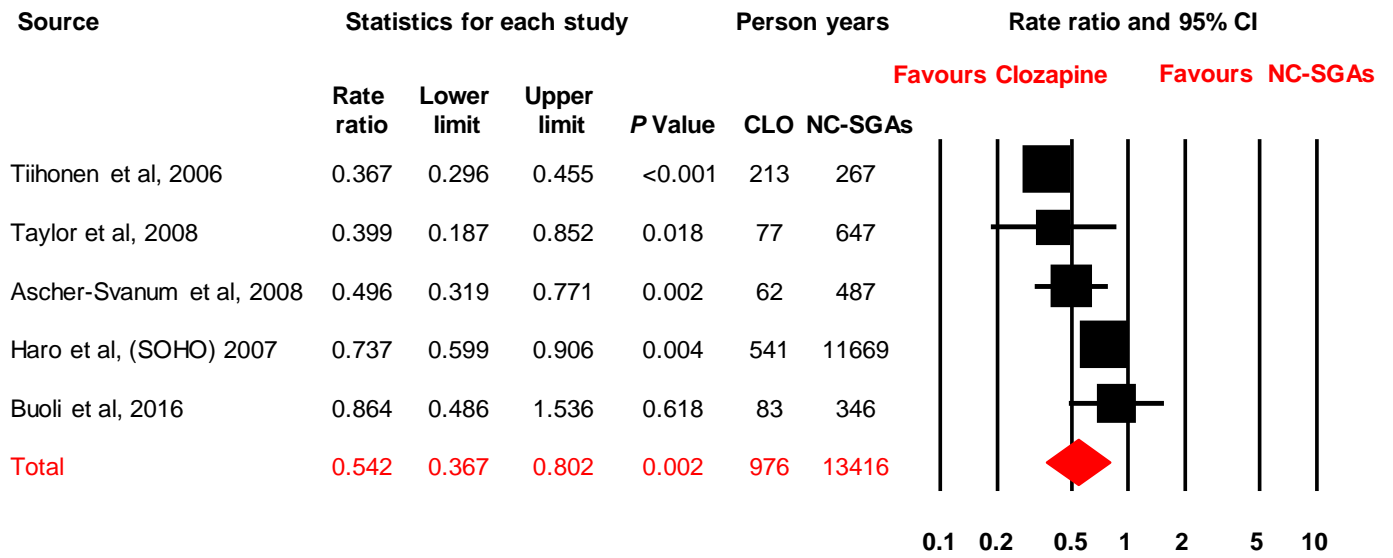
eFigure 3-20. Forest plot of risk ratio for all-cause discontinuation (at 36 months)



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

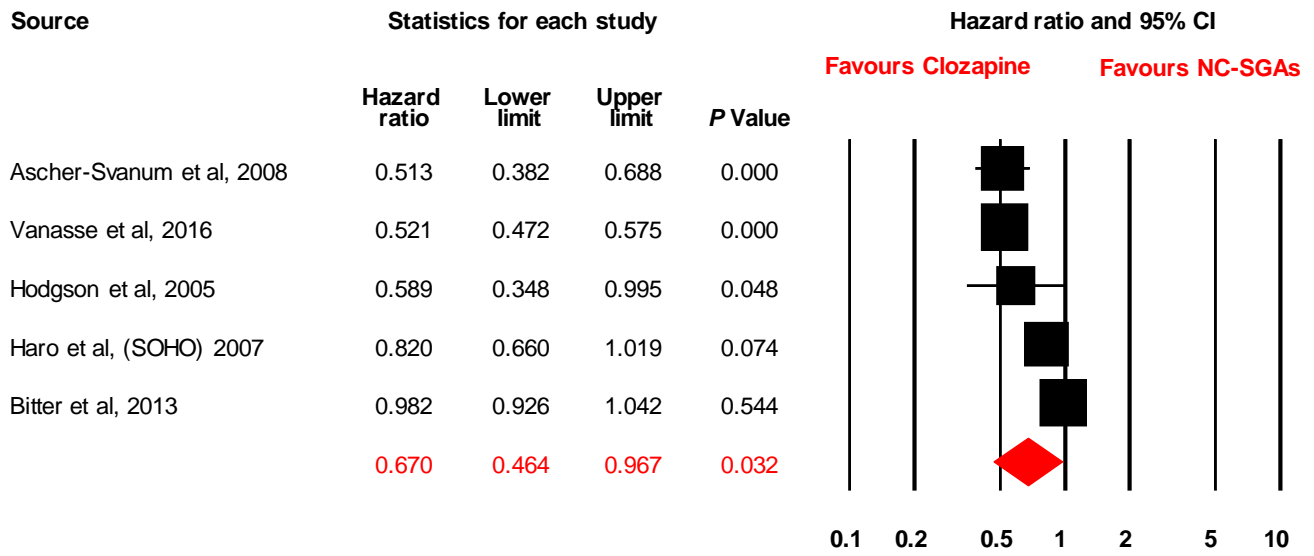
^a Data from Kaplan-Meier estimates

eFigure 3-21. Forest plot of risk ratio for all-cause discontinuation (adjusted for follow-up duration)



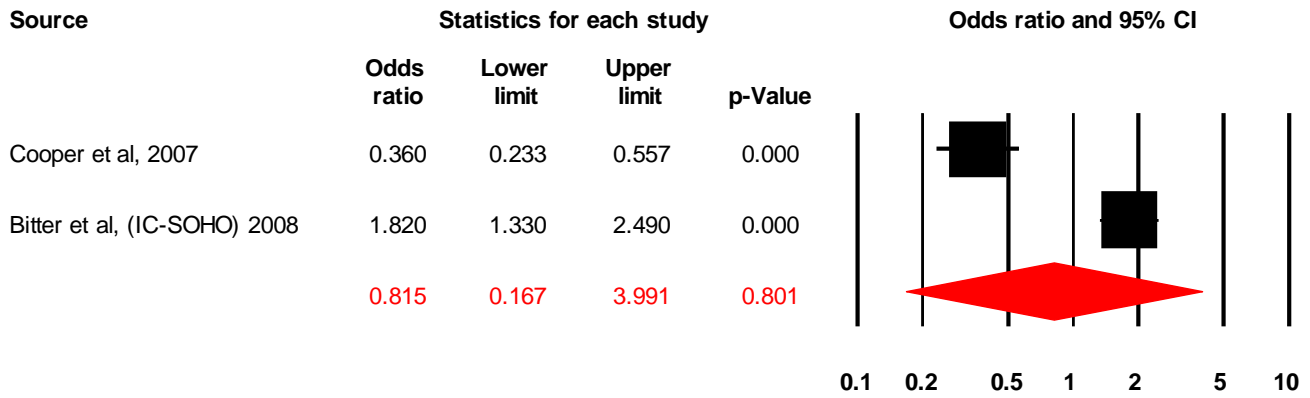
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 3-22. Forest plot of hazard ratio for all-cause discontinuation



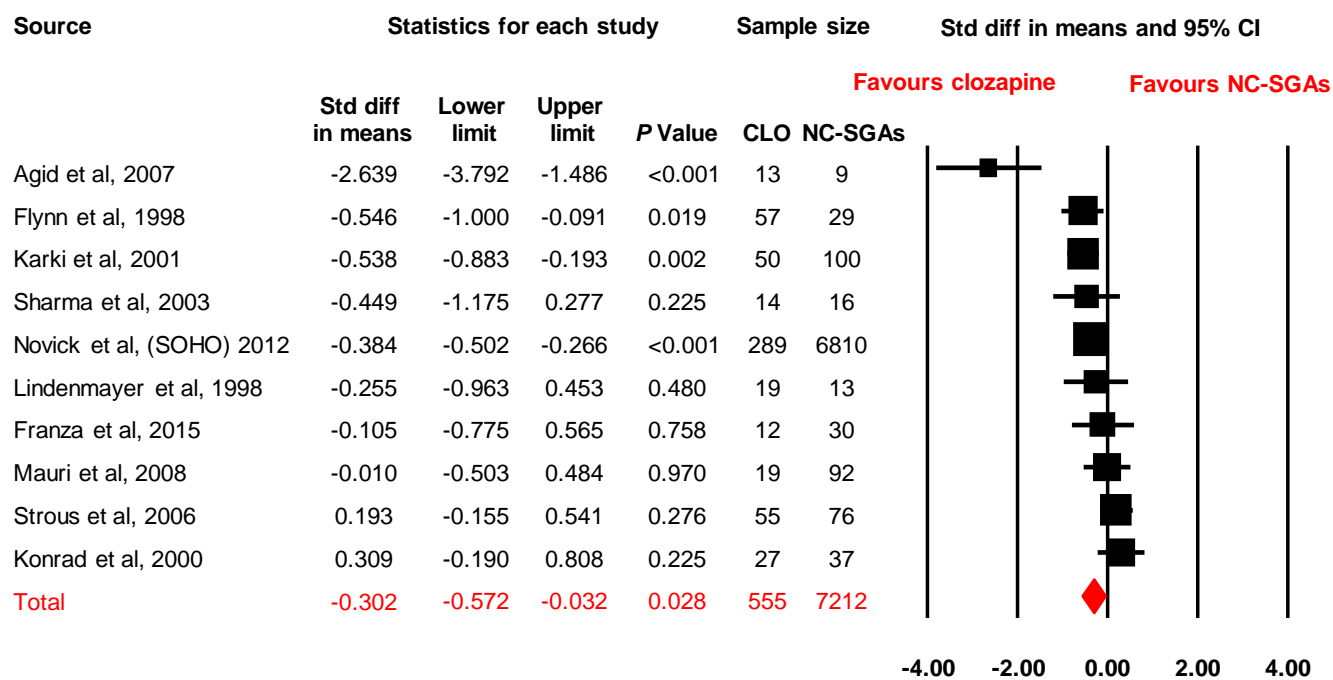
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 3-23. Forest plot of adjusted odds ratio for all-cause discontinuation



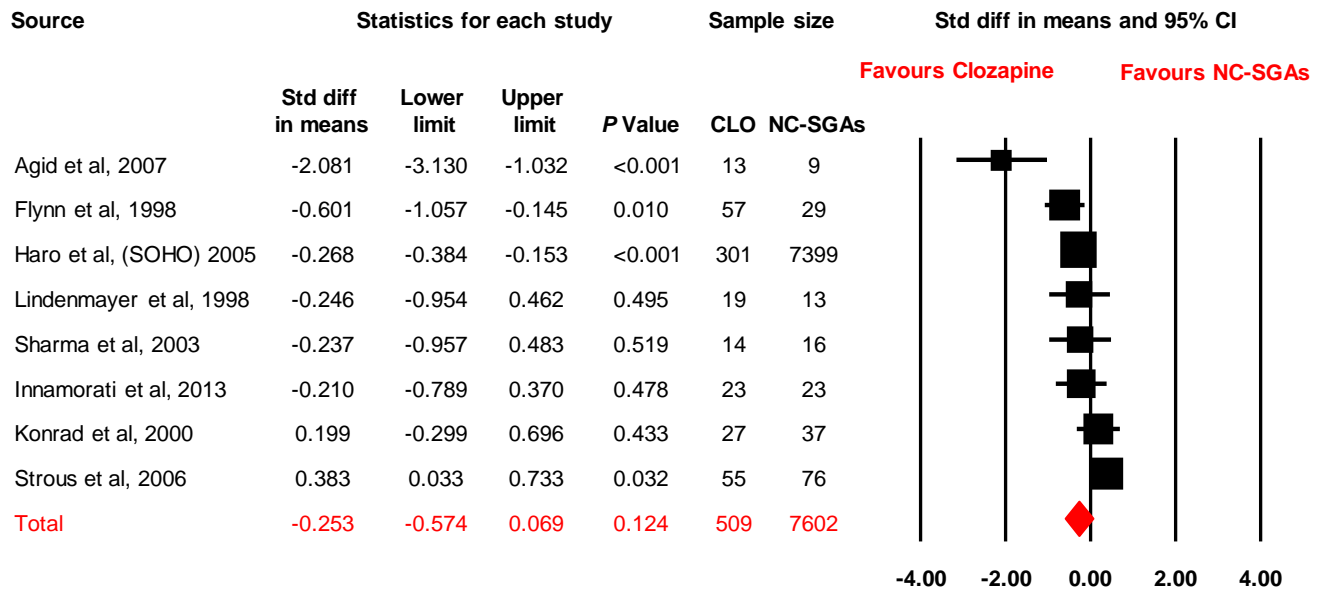
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-1. Forest plot of standardized mean difference for overall symptoms



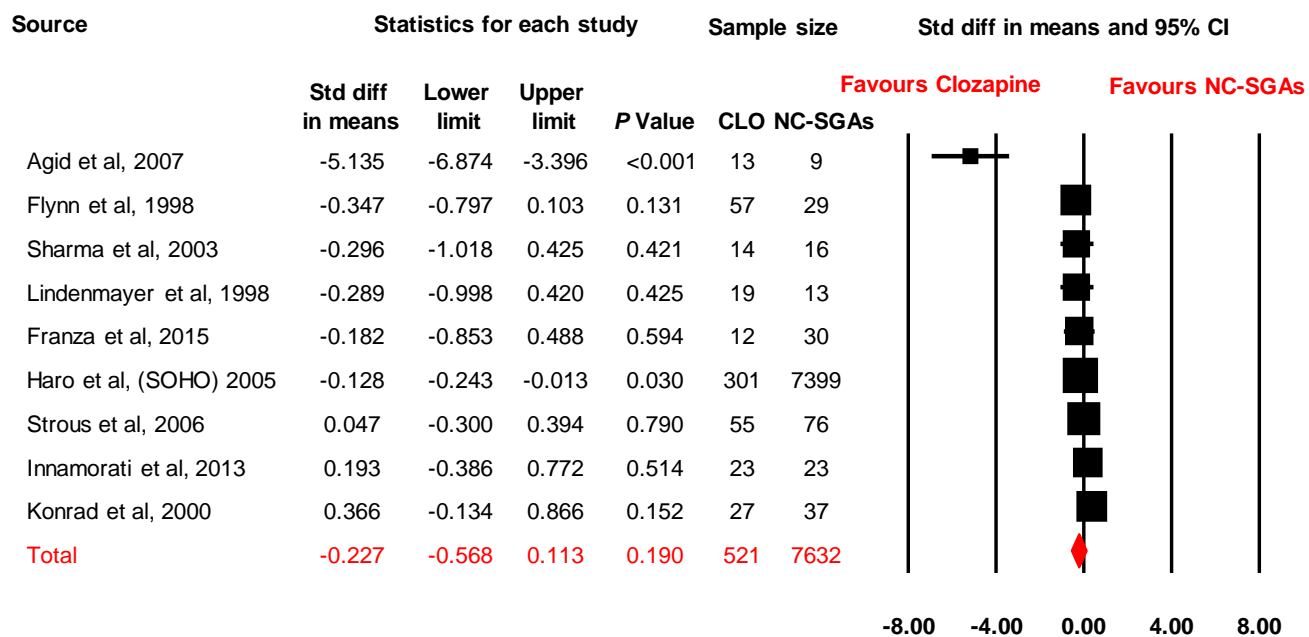
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-2. Forest plot of standardized mean difference for positive symptoms



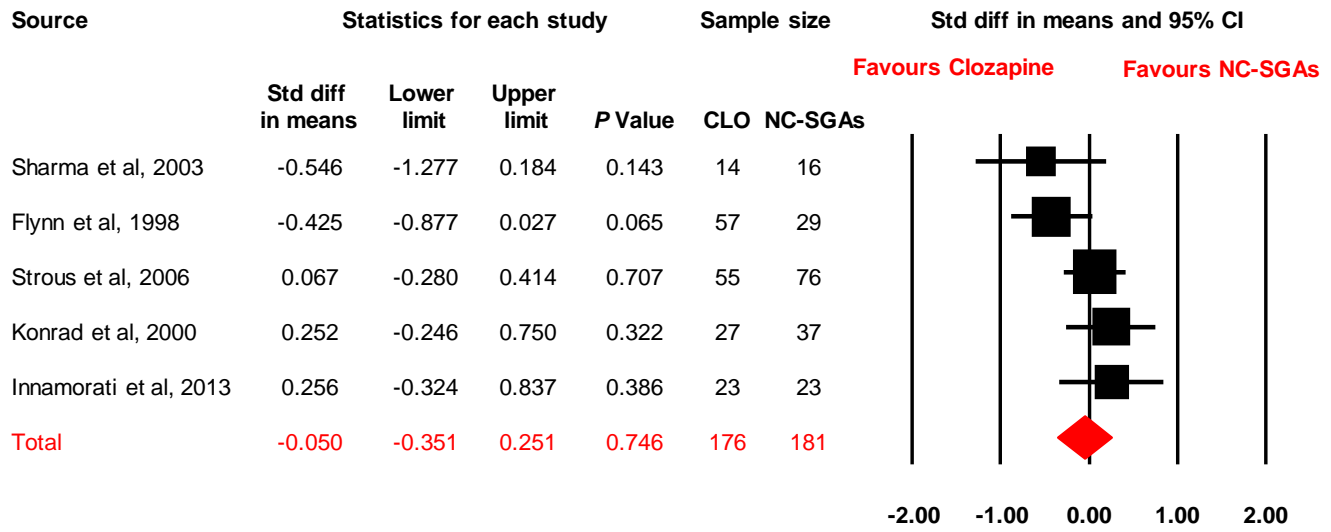
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-3. Forest plot of standardized mean difference for negative symptoms



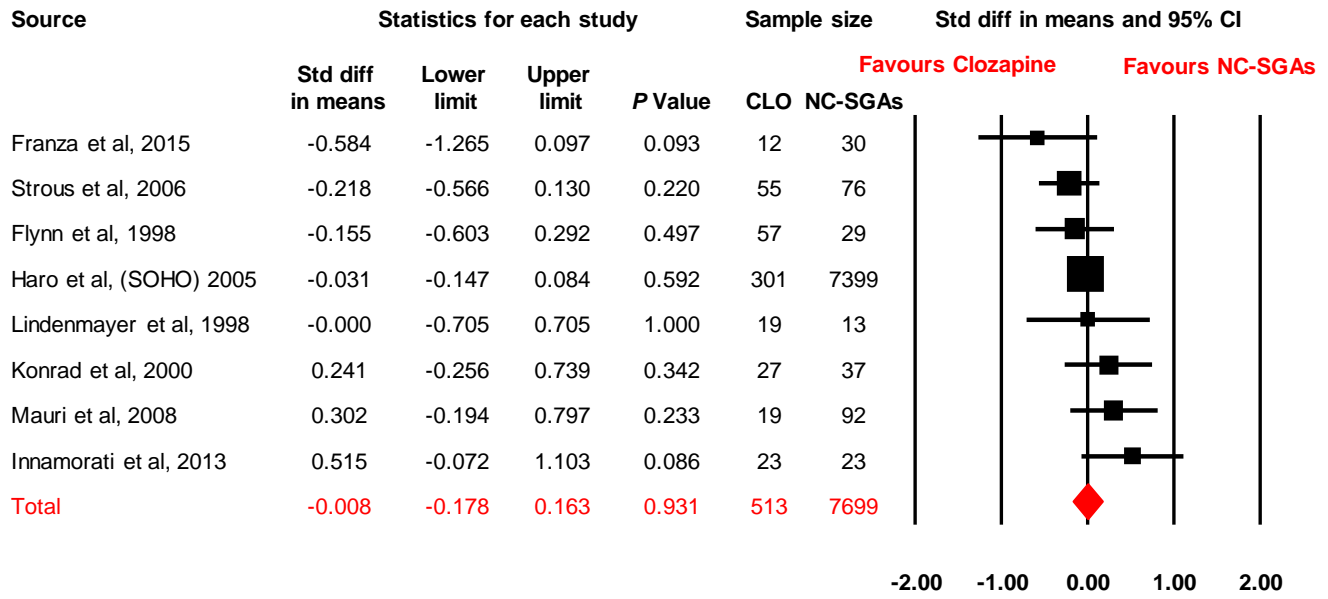
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-4. Forest plot of standardized mean difference for general symptoms



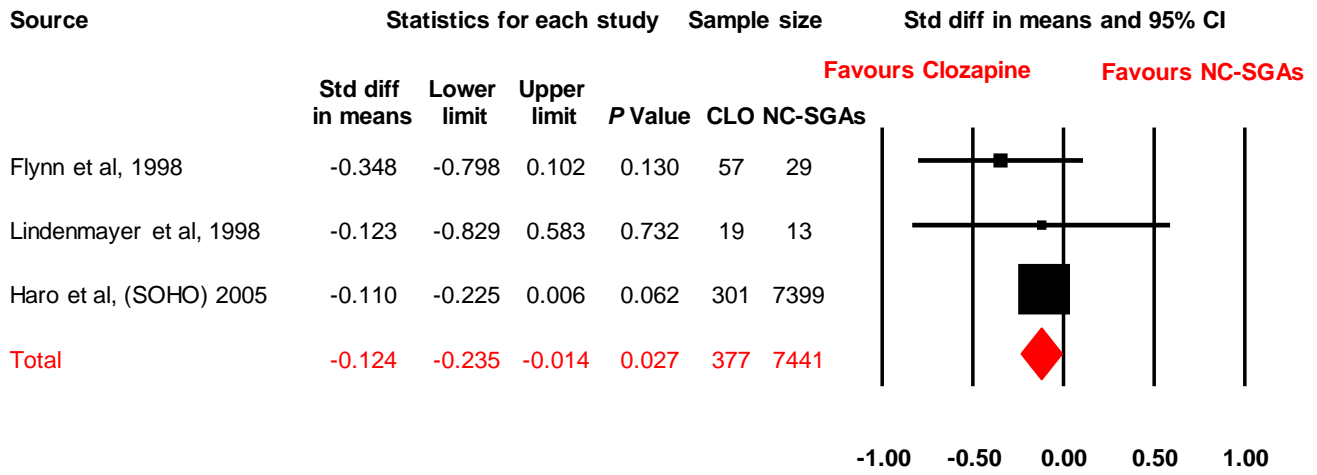
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-5. Forest plot of standardized mean difference for depressive symptoms



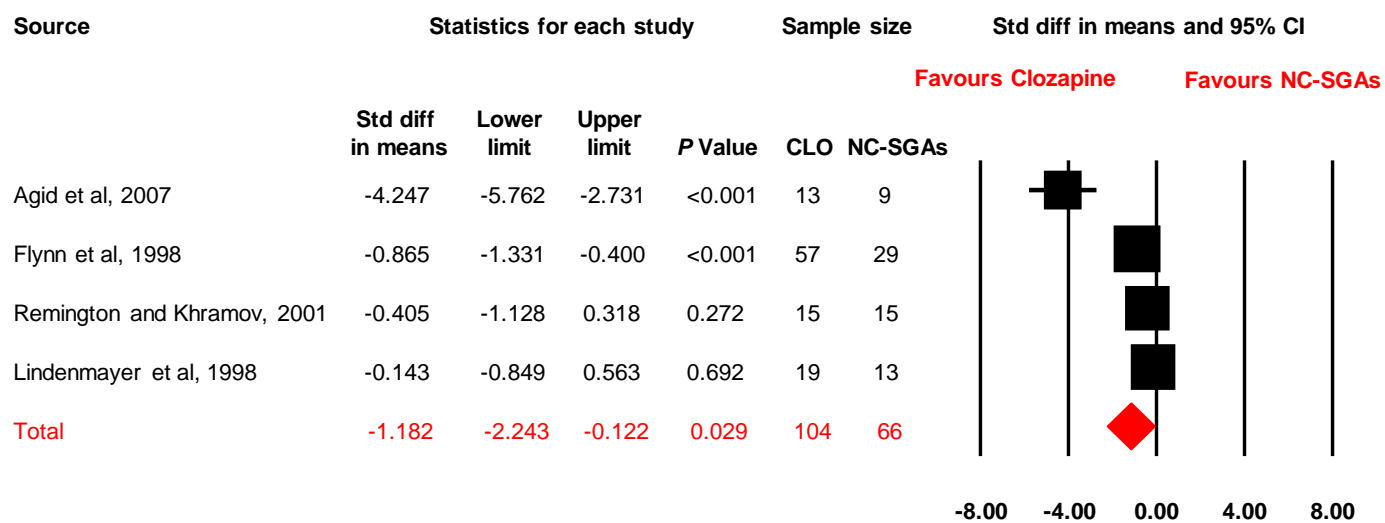
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-6. Forest plot of standardized mean difference for cognitive symptoms



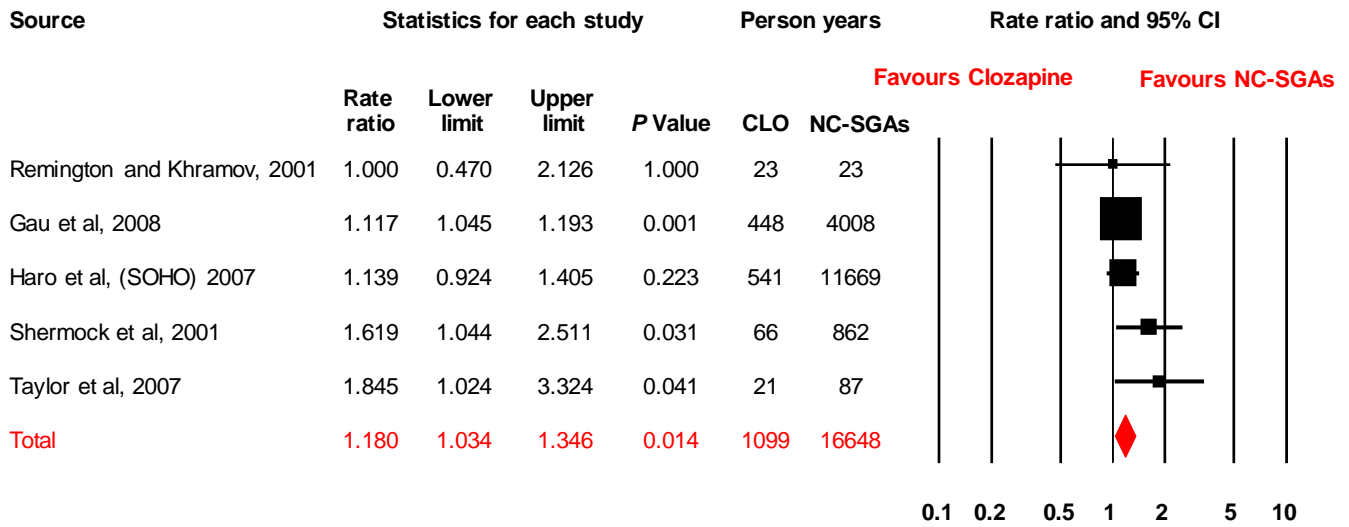
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-7. Forest plot of standardized mean difference for clinical global impressions



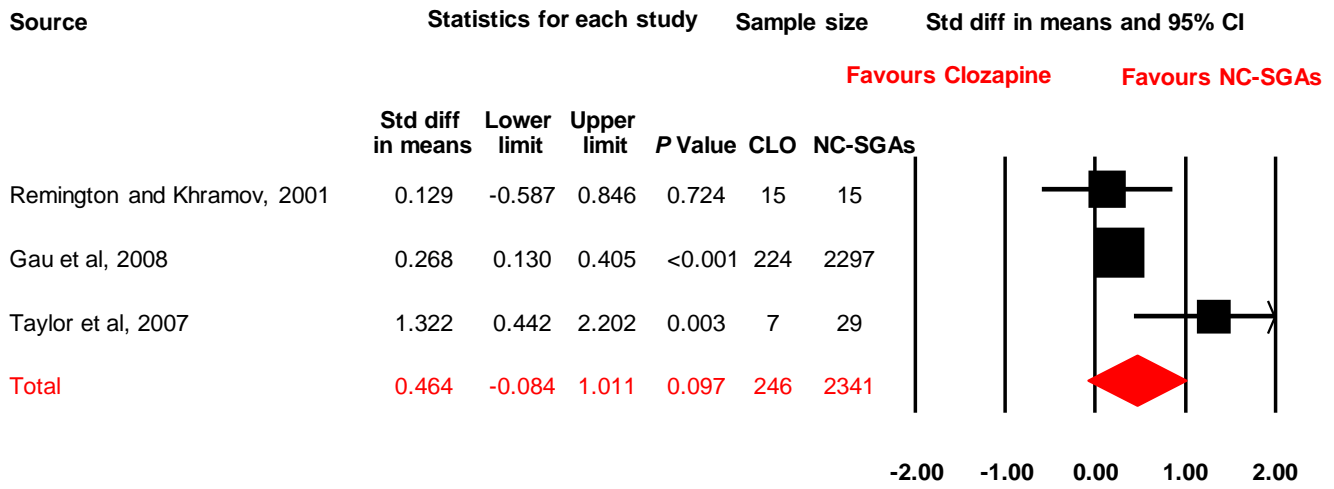
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-8. Forest plot of rate ratio for frequency of hospitalization



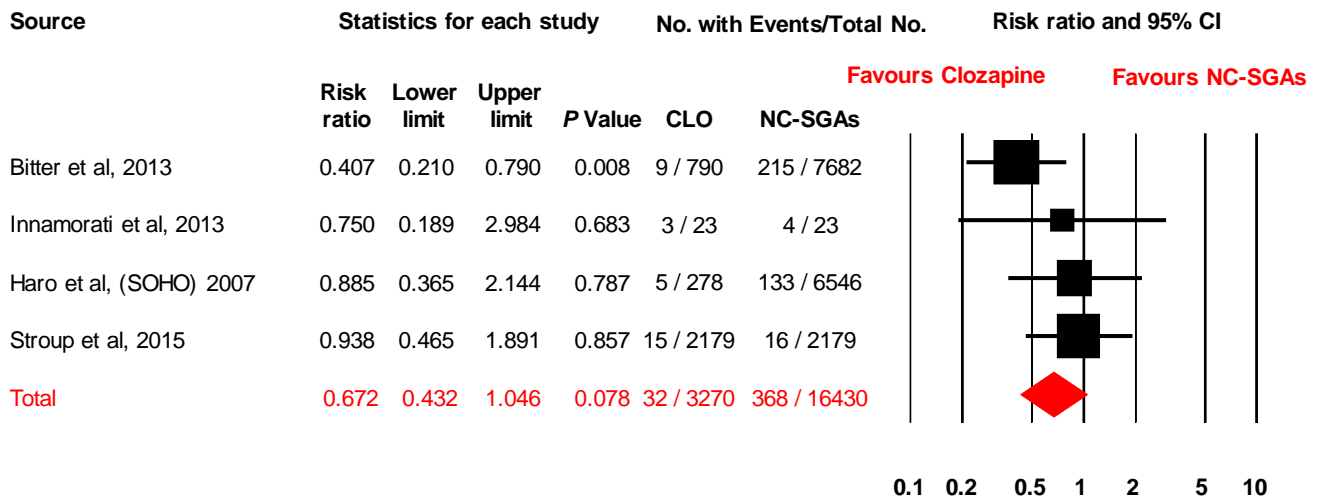
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-9. Forest plot of standardized mean difference for length of hospitalization



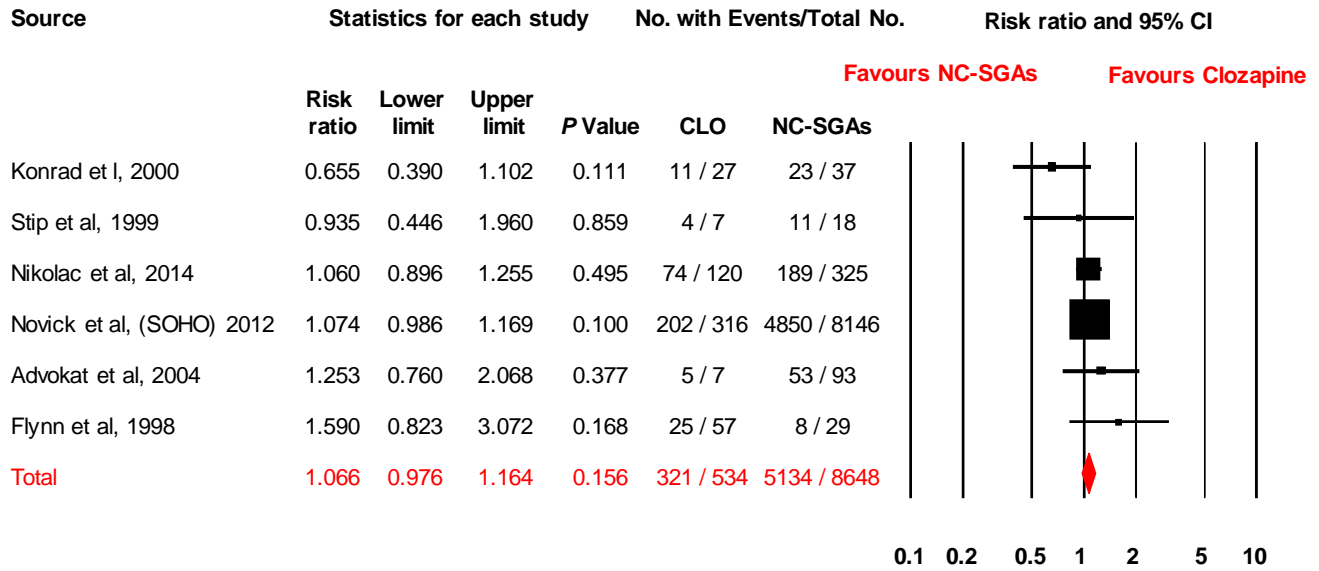
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-10. Forest plot of risk ratio for suicide attempt/self-injurious behavior



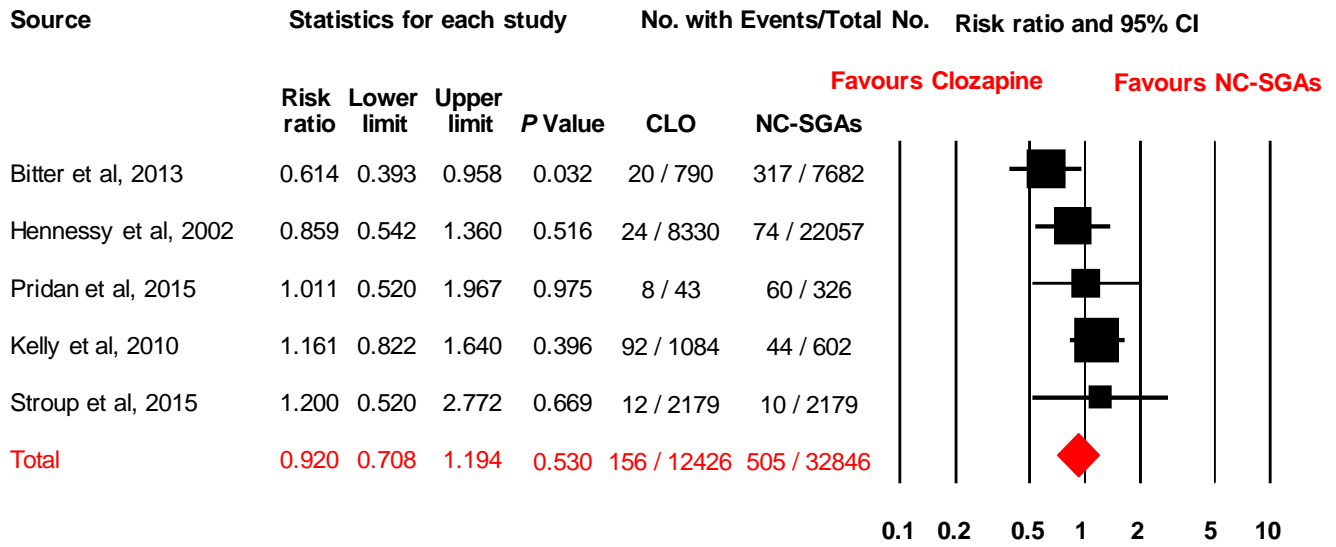
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-11. Forest plot of risk ratio for response



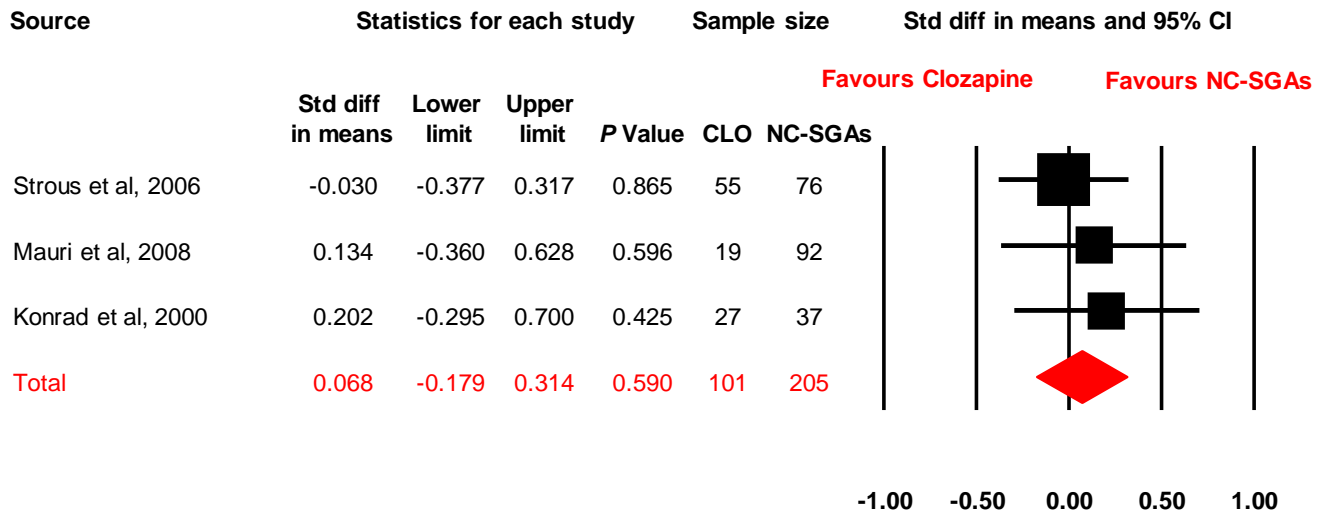
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-12. Forest plot of risk ratio for death



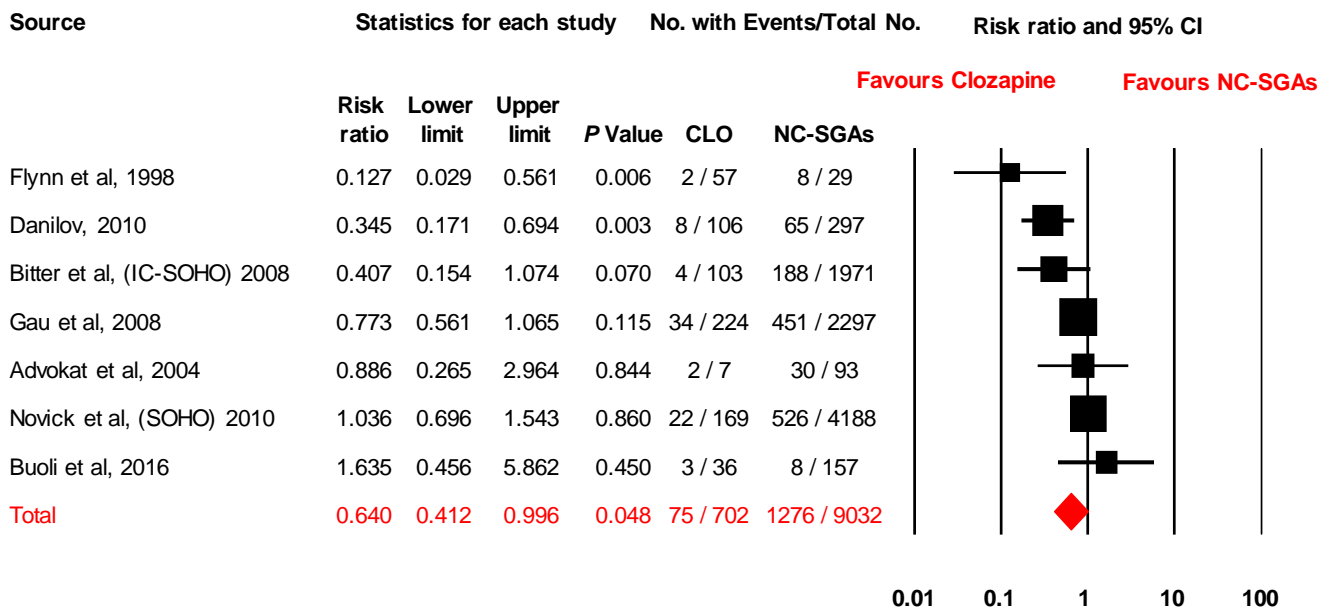
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-13. Forest plot of standardized mean difference for EPS score



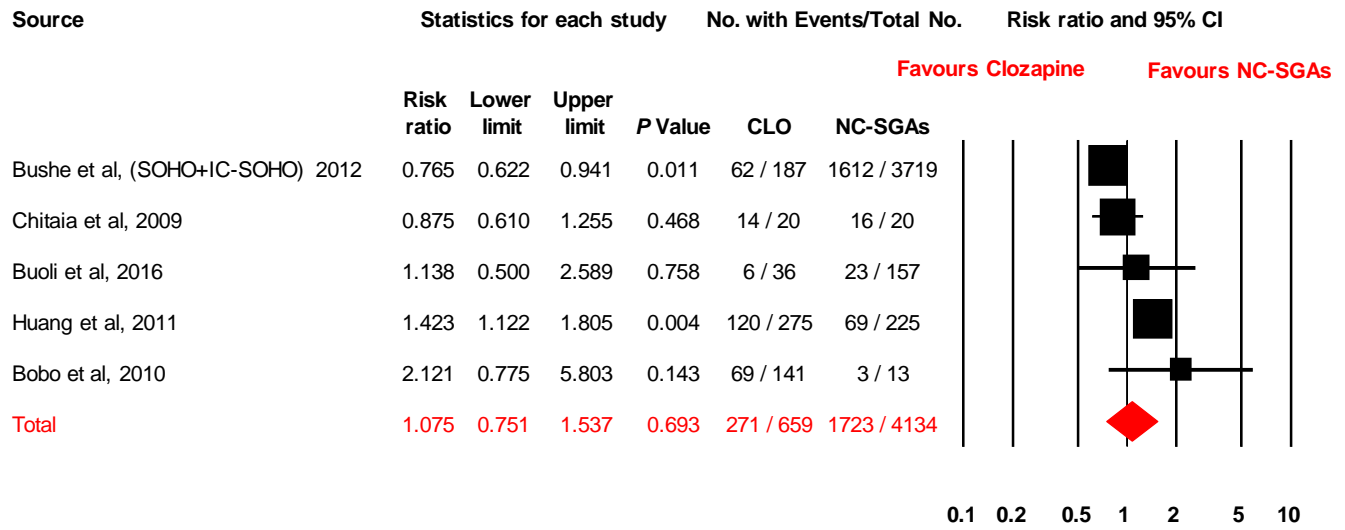
CI, confidence intervals; CLO, clozapine; EPS, extrapyramidal symptoms; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-14. Forest plot of risk ratio for EPS risk/Anticholinergic use



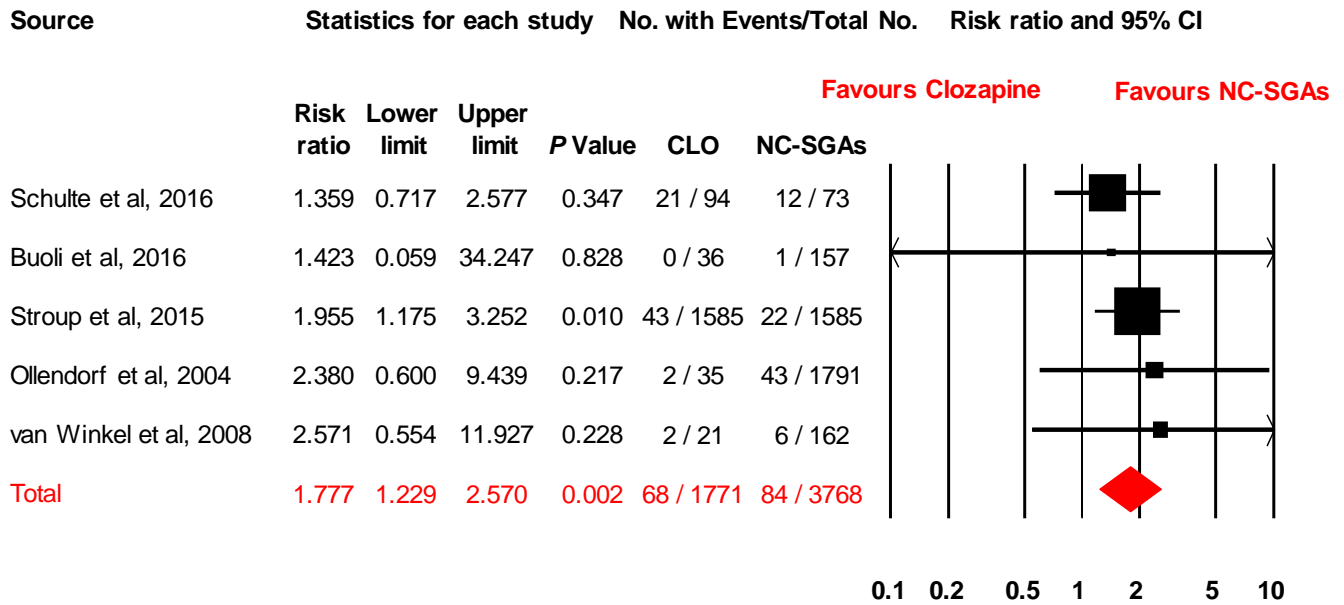
CI, confidence intervals; CLO, clozapine; EPS, extrapyramidal symptoms; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-15. Forest plot of risk ratio for weight gain



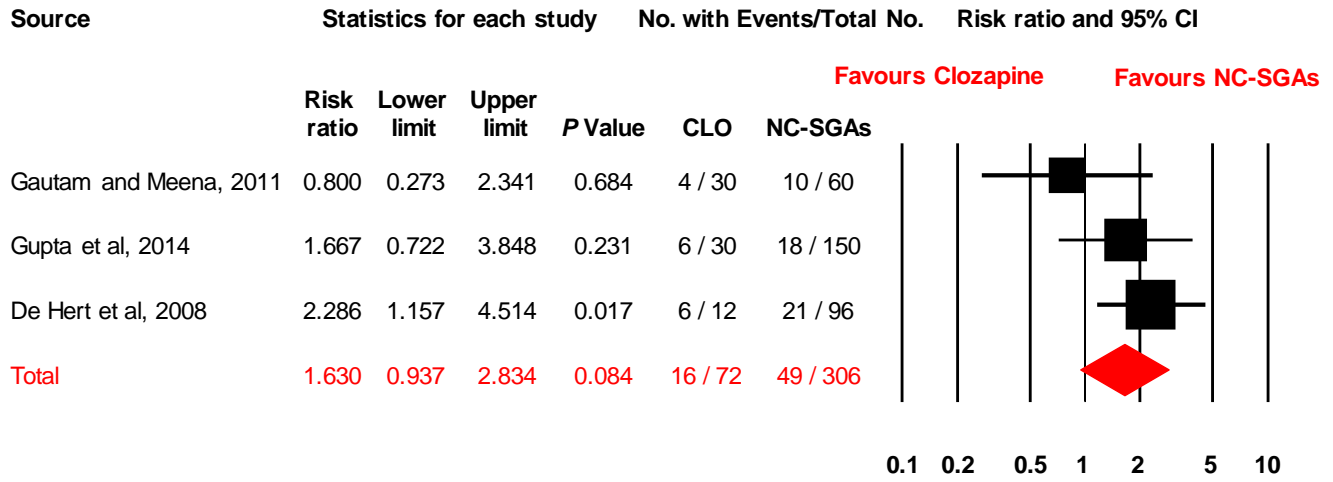
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-16. Forest plot of risk ratio for diabetes mellitus



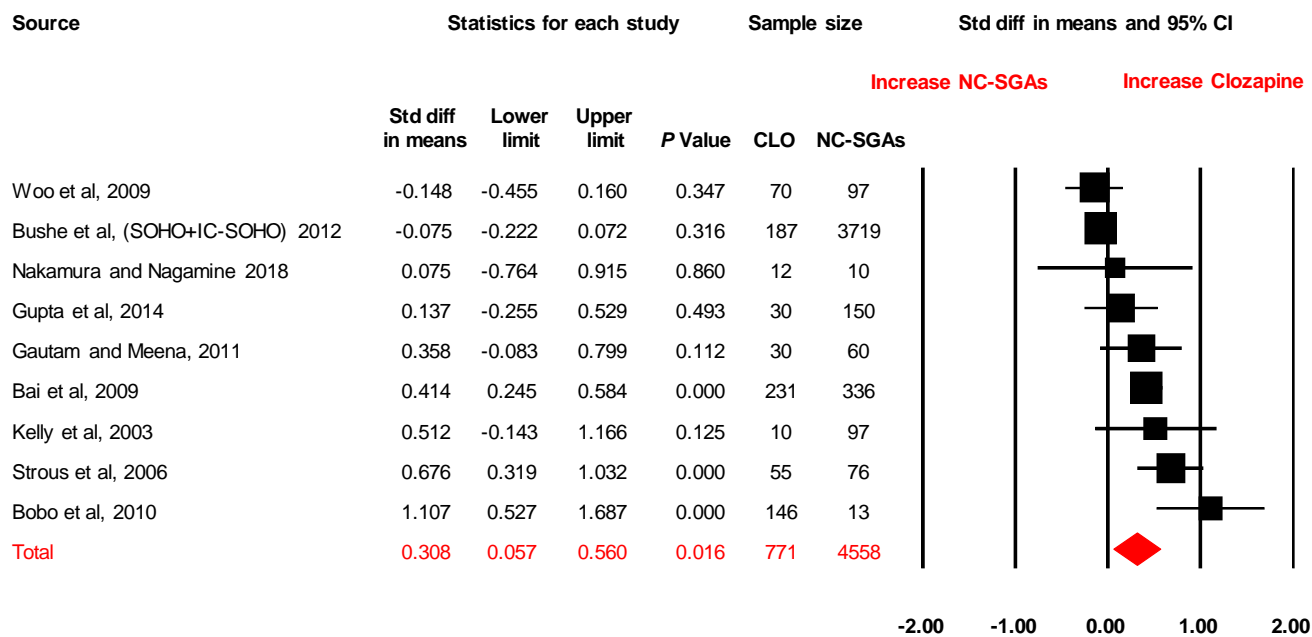
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-17. Forest plot of risk ratio for metabolic syndrome



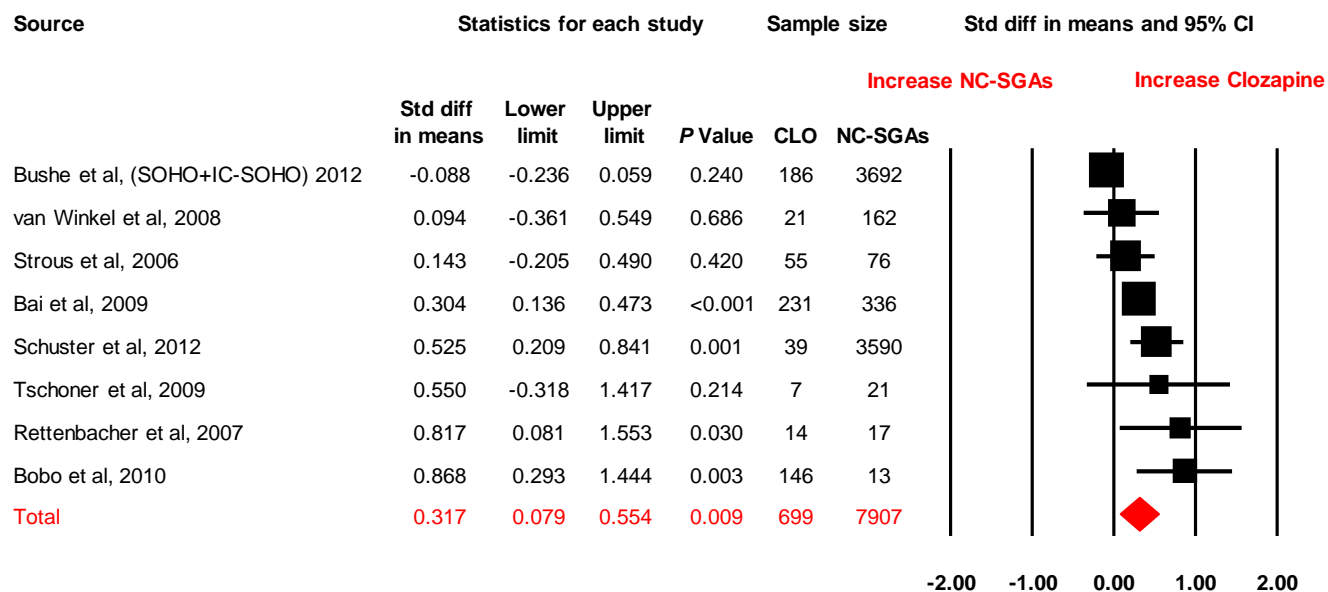
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics

eFigure 4-18. Forest plot of standardized mean difference for body weight



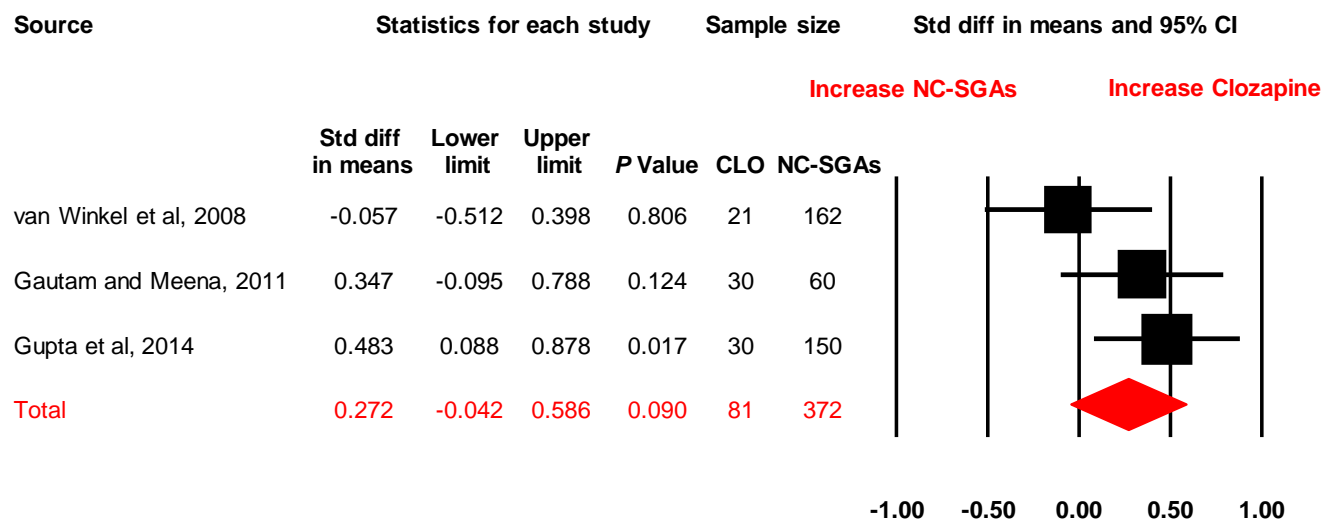
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-19. Forest plot of standardized mean difference for body mass index



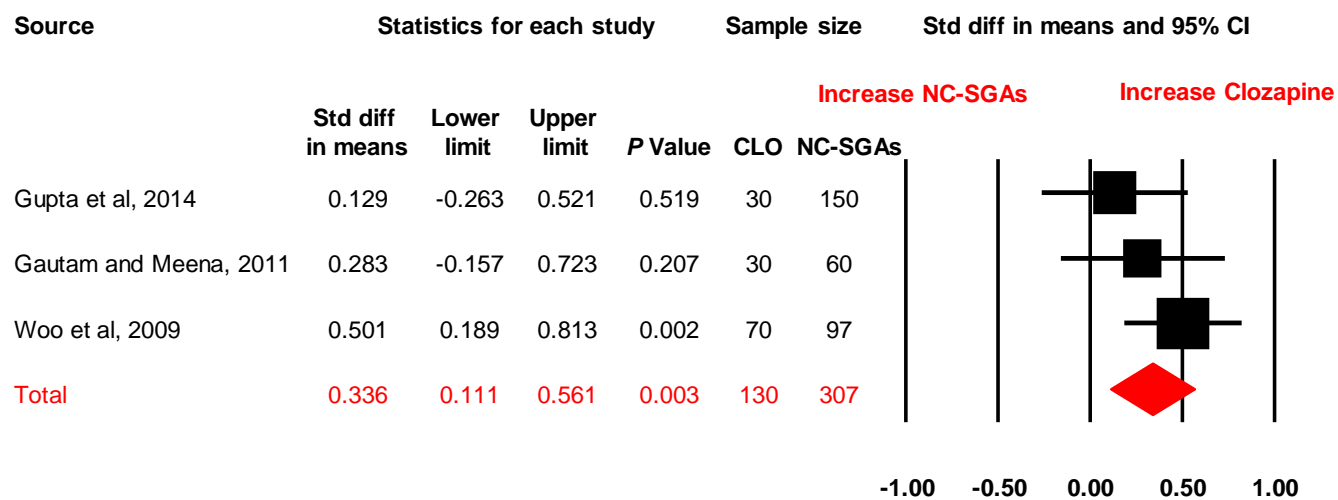
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-20. Forest plot of standardized mean difference for waist circumference



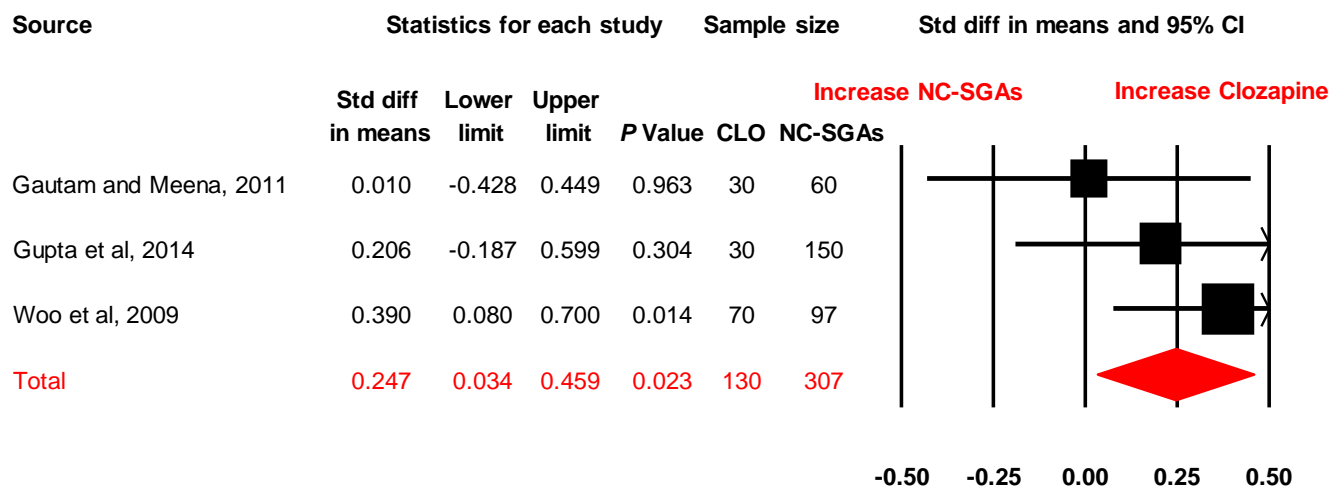
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-21. Forest plot of standardized mean difference for blood pressure (diastolic)



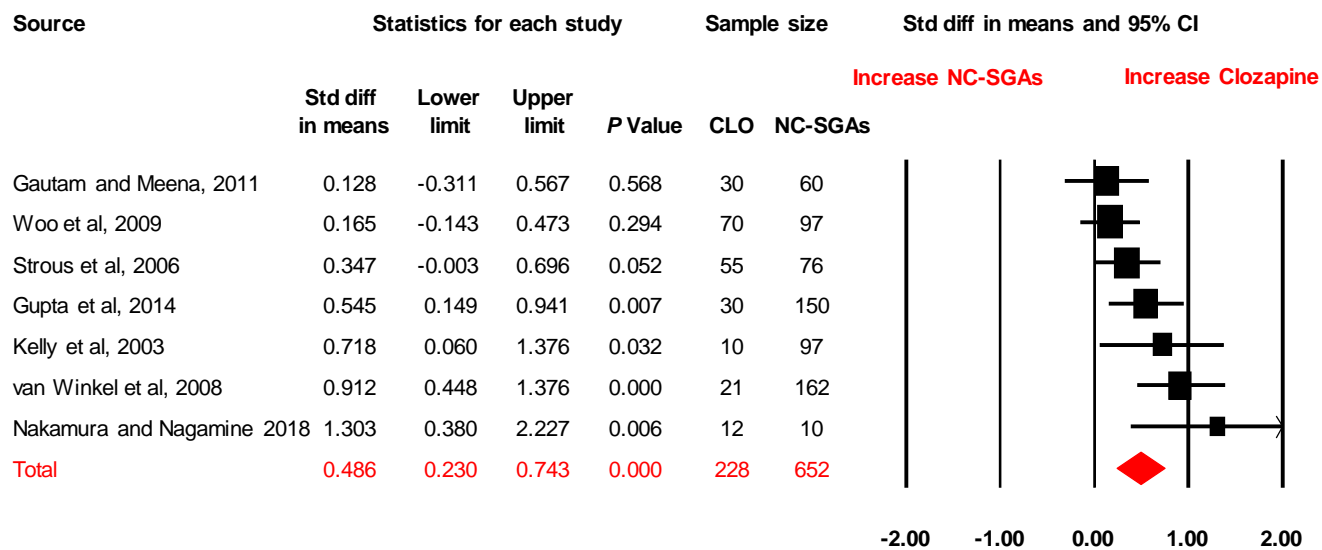
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-22. Forest plot of standardized mean difference for blood pressure (systolic)



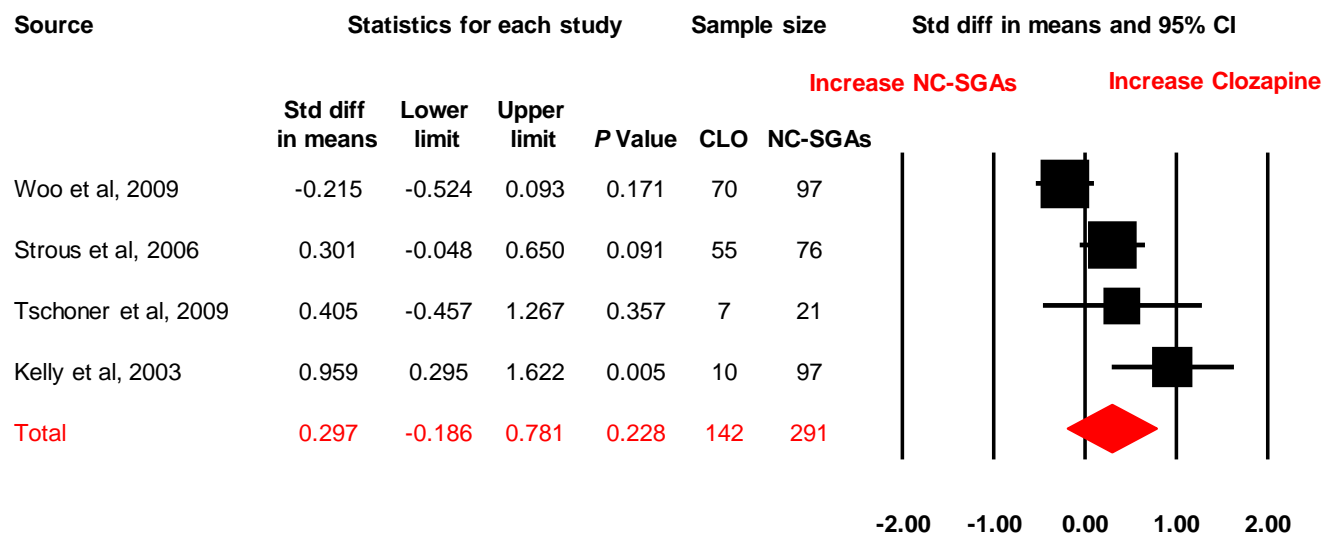
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-23. Forest plot of standardized mean difference for glucose



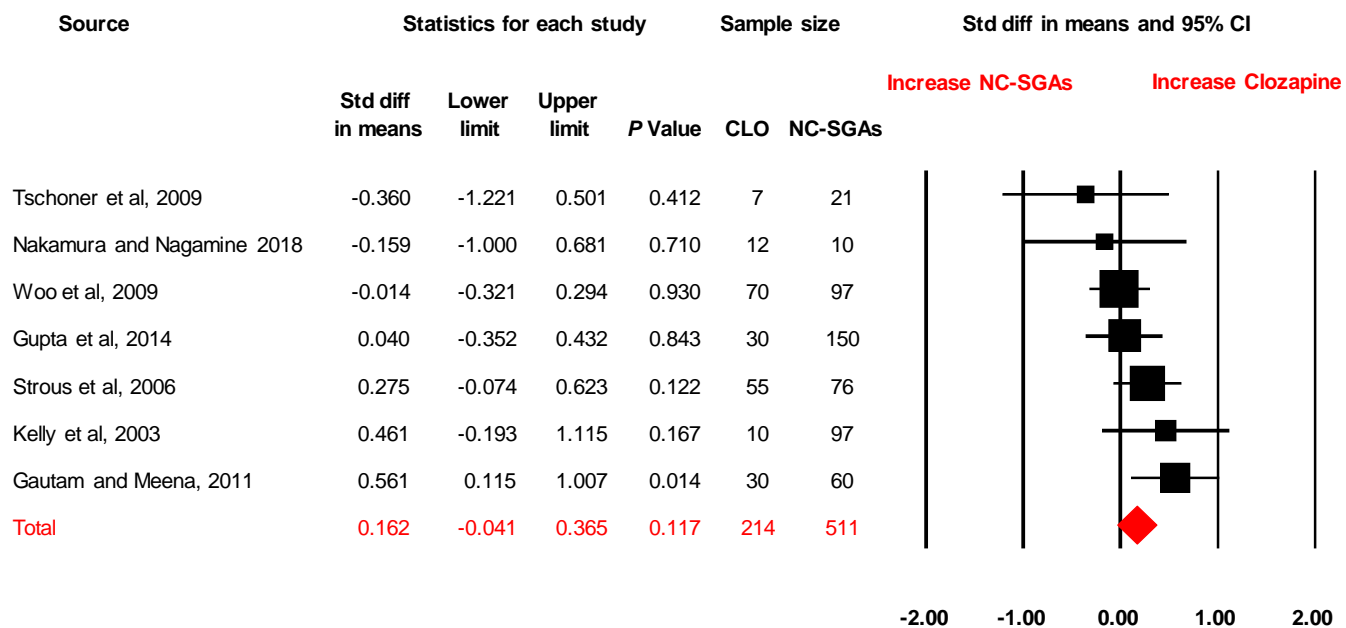
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-24. Forest plot of standardized mean difference for total cholesterol



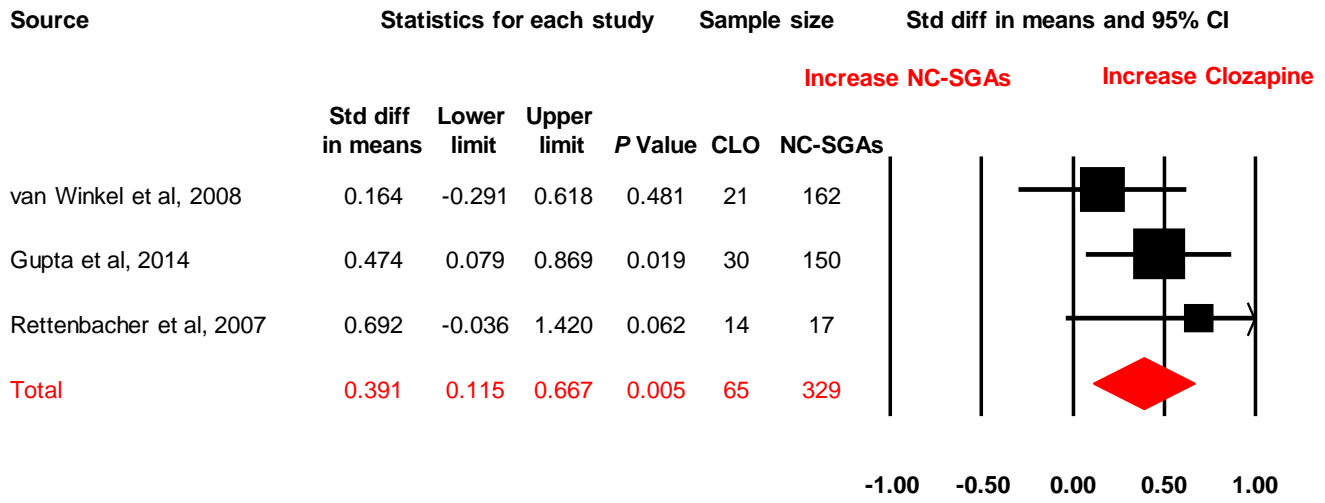
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-25. Forest plot of standardized mean difference for triglycerides



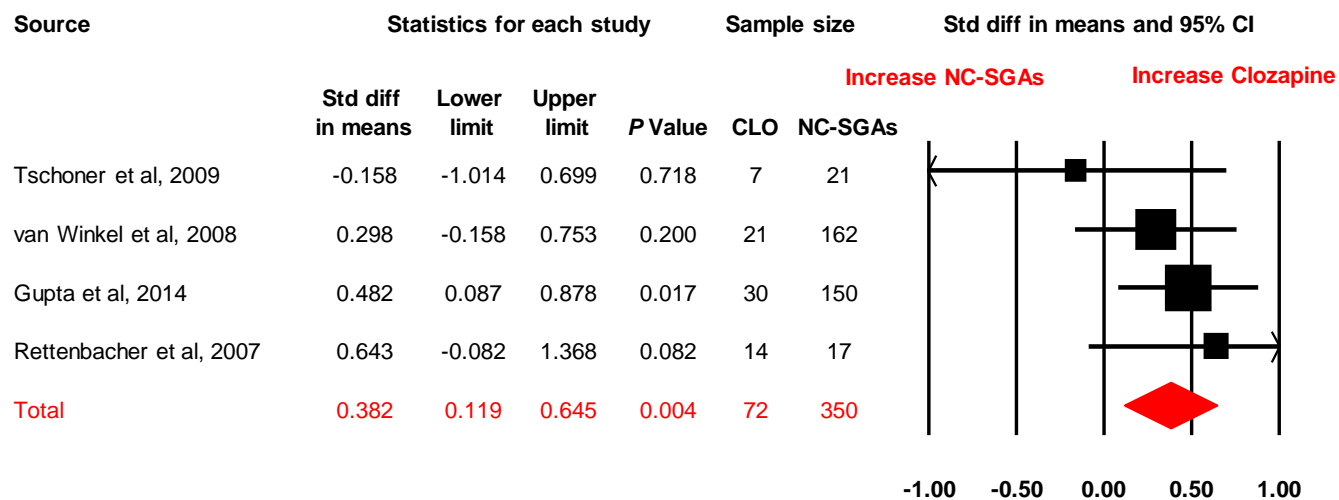
CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-26. Forest plot of standardized mean difference for insulin



CI, confidence intervals; CLO, clozapine; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

eFigure 4-27. Forest plot of standardized mean difference for HOMA-IR



CI, confidence intervals; CLO, clozapine; HOMA-IR: homeostatic model assessment of insulin resistance; NC-SGAs, non-clozapine second-generation antipsychotics; Std diff, standardized difference

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