

**S5 Table. Mapping of intervention components**

	Transfer of information	Self-treatment through use of an action plan	Active stimulation of symptom monitoring	Stress or psychological management	Enhancing problem solving/ decision-making	Resource utilization	Enhancing physical activity	Enhancing dietary intake	Enhancing smoking cessation	Enhancing medication adherence
Adachi et al. (1)	✓	✗	✗	✓	✗	✗	✓	✓	✗	✗
Banasiak et al. (2)	✓	✗	✗	✗	✓	✗	✗	✗	✗	✗
Barbanel et al. (3)	✓	✓	✓	✗	✓	✗	✗	✗	✓	✓
Barley et al. (4)	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗
Bartels et al. (5)	✓	✗	✗	✓	✗	✗	✗	✗	✗	✓
Bischoff et al. (6)	✓	✓	✗	✓	✗	✗	✗	✗	✗	✓
Broderick et al. (7)	✓	✗	✓	✓	✓	✗	✗	✗	✗	✗
Browning et al. (8, 9)	✓	✗	✗	✗	✓	✗	✗	✗	✗	✗
Chalder et al. (10)	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗
Cherkin et al. (11)	✓	✗	✓	✗	✗	✗	✓	✗	✗	✗
Clark et al. (12, 13)	✓	✗	✗	✗	✓	✗	✓	✓	✗	✗
Clarkson et al.(14, 15)	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗
Doucette et al. (16)	✓	✓	✗	✗	✗	✗	✗	✗	✗	✓
Dziedzic et al. (17-19)	✓	✓	✗	✗	✗	✓	✓	✓	✗	✗
Efrainsson et al. (20)	✓	✓	✗	✗	✗	✓	✓	✓	✓	✓
Eikelenboom et al. (21, 22)	✓	✓	✓	✗	✓	✗	✗	✗	✗	✗
Farmer et al. (23-25)	✓	✗	✓	✗	✓	✗	✓	✓	✗	✓
Ferrone et al. (26)	✓	✓	✗	✓	✓	✗	✓	✓	✓	✓
Fortin et al. (27, 28)	✓	✗	✗	✗	✗	✗	✓	✓	✓	✗
Freund et al. (29)	✓	✓	✓	✗	✓	✓	✗	✗	✗	✗

Friedberg et al. (30, 31)	✓	✓	✓	✓	✓	✗	✓	✗	✗	✗
Gabbay et al. (32)	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗
Gabbay et al. (33)	✓	✗	✗	✗	✗	✓	✗	✗	✗	✓
Goudswaard et al. (34)	✓	✗	✓	✗	✗	✗	✓	✓	✗	✓
Grilo et al.(35)	✓	✗	✓	✓	✗	✗	✗	✓	✗	✗
Heitkemper et al. (36)	✓	✓	✓	✓	✓	✗	✗	✓	✗	✗
Hill et al. (37)	✓	✗	✗	✗	✗	✗	✓	✗	✓	✓
Hoffmann et al. (38)	✓	✓	✗	✗	✗	✗	✗	✗	✗	✗
Huang et al. (39, 40)	✓	✓	✓	✗	✗	✗	✓	✓	✗	✓
Ismail et al. (41)	✓	✓	✓	✗	✓	✗	✗	✓	✗	✓
Jaipakdee et al. (42)	✓	✗	✓	✓	✓	✗	✓	✓	✗	✓
Kennedy et al. (43, 44)	✓	✗	✗	✓	✗	✓	✗	✗	✗	✗
McGeoch et al. (45)	✓	✓	✓	✗	✗	✗	✗	✗	✗	✗
McLean et al. (46)	✓	✓	✓	✗	✓	✗	✗	✗	✗	✓
Mehuys et al. (47)	✓	✗	✗	✗	✗	✓	✗	✗	✓	✓
Mehuys et al. (48)	✓	✗	✗	✗	✗	✓	✓	✓	✓	✓
Meland et al.(49, 50)	✓	✗	✓	✓	✓	✗	✓	✓	✓	✗
Mitchell et al. (51, 52)	✓	✗	✗	✓	✗	✗	✓	✗	✗	✗
Morgan et al. (53, 54)	✓	✓	✗	✗	✓	✗	✗	✗	✗	✗
Moss-Morris et al. (55, 56)	✓	✗	✓	✓	✗	✗	✓	✓	✗	✗
Murphy et al. (57-59)	✓	✓	✗	✓	✗	✓	✓	✓	✓	✓
Olry de Labry Lima et al. (60)	✓	✗	✗	✗	✗	✓	✓	✓	✗	✗
Partapsingh et al. (61)	✓	✗	✗	✗	✗	✗	✓	✓	✗	✓
Richards et al. (62)	✓	✗	✗	✓	✗	✗	✗	✗	✗	✗
Rosemann et al. (63)	✓	✗	✗	✓	✗	✓	✓	✗	✗	✗
Smit et al. (64, 65)	✓	✓	✓	✓	✗	✗	✗	✗	✗	✗
Striegel-Moore et al.(66, 67)	✓	✗	✓	✓	✓	✓	✗	✓	✗	✗
Sturt et al. (68)	✓	✗	✓	✓	✓	✗	✓	✓	✓	✓
Tiessen et al. (69, 70)	✓	✗	✓	✗	✗	✗	✓	✓	✓	✗
van Dijk-de Vries et al. (71)	✓	✓	✓	✓	✓	✗	✗	✗	✗	✗

Von Korff et al. (72)	✓	✓	✗	✗	✓	✗	✓	✗	✗	✗
Waite et al. (73)	✓	✗	✗	✓	✗	✓	✗	✗	✗	✗
Watkins et al. (74)	✓	✗	✗	✓	✗	✓	✗	✗	✗	✗
Watson et al. (75)	✓	✓	✓	✗	✗	✗	✓	✓	✓	✓
Williams et al. (76)	✓	✗	✗	✓	✓	✗	✗	✗	✗	✗
Wood-Baker et al. (77)	✓	✓	✗	✓	✗	✓	✓	✓	✓	✓
Yardley et al. (78)	✓	✓	✓	✗	✓	✗	✓	✗	✗	✗
Zimmermann et al. (79)	✓	✗	✗	✓	✓	✗	✗	✗	✗	✗
<b>Total</b>	57	26	25	25	24	13	27	24	13	21

**Legend:** (✓) component present; (✗): component absent/ unclear/ not specified

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