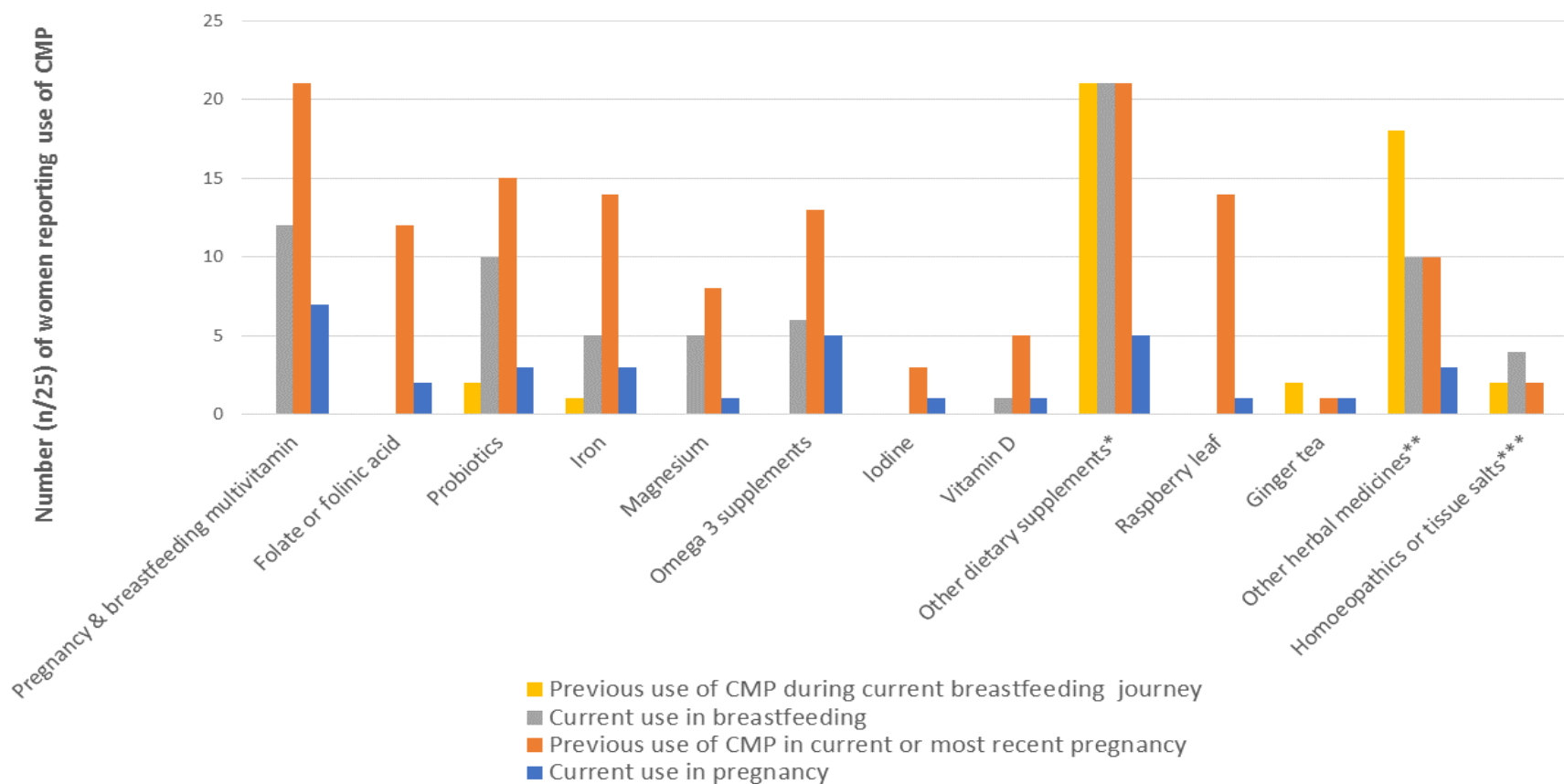


Additional file 2. Types of CMPs used in pregnancy and lactation

As reported by participants in the study by Barnes, Barclay, McCaffery and Aslani (2019) Factors influencing women's decision-making regarding complementary medicine product use in pregnancy and lactation, *BMC Pregnancy and Childbirth*.



*Other dietary supplements included Evening primrose oil, Calcium, Magnesium, Vitamins C, B complex and B6, Zinc, Selenium, Lecithin, Brewer's yeast, a mixed vitamin-mineral thyroid support tablet, Glutathione, Calcium di-gluconate

** Other herbal medicines included herbal extract blends and supplements individually prescribed by participants' HCPs for various health conditions, several different herbal teas taken to support breastfeeding (supply and to treat / prevent mastitis), and/or to support digestion

*** Used to treat nausea, mastitis, for labour induction or unspecified reason