

Table 1a Distribution of patients with metabolic syndrome at baseline, 3 mon and 12 mon

Arms	0 Mo		P value*	3 Mo		P value*	12 Mo		P value*
	Yes	No		Yes	No		Yes	No	
Probiotic	7	9	0.495	6	9	0.153	2	11	0.049
Placebo	6	12		7	9		6	7	

* Pearson chi-square test

mo, months;

Table 1b Distribution of patients with number of abnormalities in components of metabolic syndrome at baseline, 3 mon and 12 mon

Arms / Time/ No. of abnormalities	Probiotic			Placebo		
	0 mo	3 mo	12 mo	0 mo	3 mo	12 mo
0	1	1	1	4	2	0
1	2	4	5	1	3	3
2	6	4	5	7	4	4
3	6	6	2	4	6	3
4	1	0	0	1	0	3
5	0	0	0	1	1	0
P-value		0.039*	0.437^		0.124*	0.054^

* Comparison within group, 0 mo vs 3 mo

^ Comparison within group, 0 mo vs 12 mo

mo, months; Between group analysis for metabolic abnormalities: P-value at 0 mon = 0.175; P-value at 3 mon = 0.569; P-value at 12 mon = 0.094