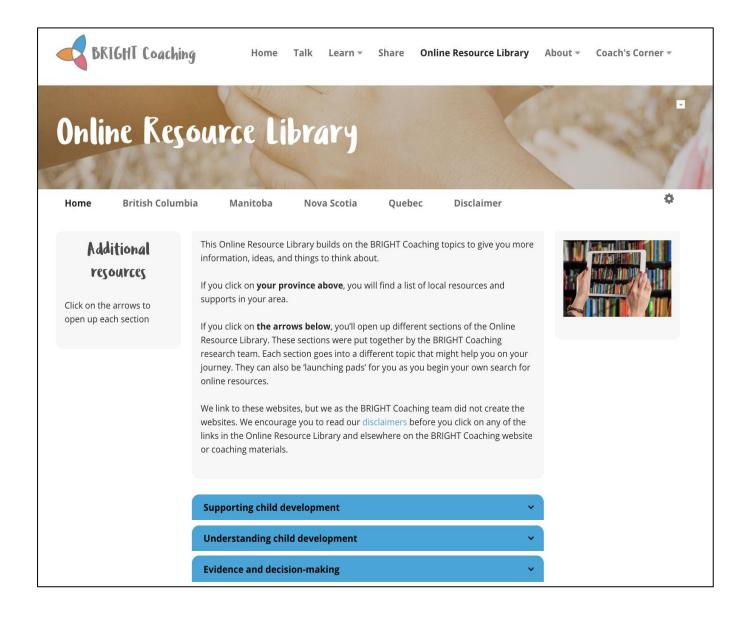
### Appendix 2 The Igloo Platform





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# Topic 2: Understanding child development

### Welcome to Topic 2!

Click on the arrows to open up each section

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### What is this topic about?

What does 'child development' mean?

This topic will help you further develop skills to discuss child development with the professionals who will be providing care and services for your child. It is part of the *'promoting child development'* theme.

Your child's service providers (including doctors, nurses, social workers, therapists, or other professionals) use a certain language to describe child development. Knowing this language will help you talk with these service providers. It can even help you get the right services and care for your child.



## How did you find this topic?

- Very useful
- Somewhat useful
- Not very useful

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## Talk



#### Welcome!

Here you can connect with your coach, schedule your next session and meet the other coaches.

# Connect with your coach

Quebec Coach

British Columbia Coach

Manitoba Coach

Nova Scotia Coach

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### Meet your coaches!

## Coach blog



#### Amélie Brown - Lead Coach - Montreal

Amélie is the Lead Coach in the BRIGHT Coaching research team. She has over 12 years of experience working in mental health and youth services as a Social Worker in the public service setting. She has a Bachelor's degree in Social Work (2006), a Certificate in Psychology (2010), and a Master's degree in Couple and Family Therapy from McGill (2016). Amélie trains and supervises the four coaches through their interactions with the participants. As a health care professional, Amélie will ensure that the coaches are well supported and able to provide high-quality coaching by focusing on the needs of the participants and their families.

### Allison Mounsey - British Columbia

Allison is the BRIGHT Coach for British Columbia and lives in the Lower Mainland of BC. She is a Registered Clinical Social Worker who brings 20 years of experience working with children and families. Her previous work experience includes BC Children's Hospital and Sunny Hill Health Centre for Children as well as having a small private practice working in adoption. She has worked with families who have children with a wide range of developmental, behavioural and mental health challenges, including at an assessment and diagnostic clinic for children with developmental disabilities.

Going through a Family or Personal Crisis?

### Coaches



Amélie Brown, BRIGHT Coaching Team



Tamara Szulzinger



Allison Mounsey



Allyson Baker



Ally Haley