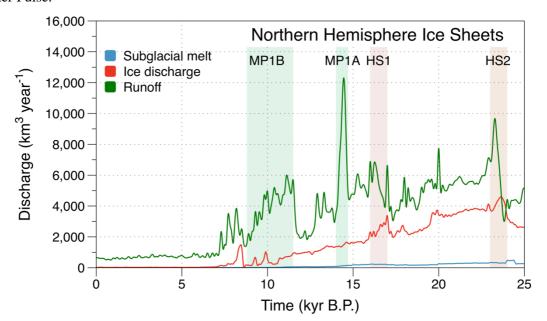
Supplementary Information

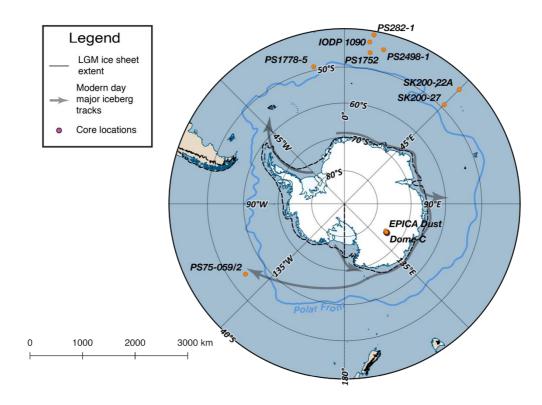
To accompany the Review Article "Ice sheets matter for the global carbon cycle" by J.L. Wadham, J. R. Hawkings, L. Tarasov, L. Gregoire, R. G.M. Spencer, M. Gutjahr, A. Ridgwell and K. Kohfeld

Supplementary Figures

Supplementary Figure 1. Time series of deglacial meltwater melt fluxes separated into subglacial meltwater, runoff and iceberg fluxes from northern hemisphere ice sheets (North American ice sheet complex, Eurasian, Greenland) from the 25 kyr B.P. to the present day. HS = Heinrich Stadial, MP = Meltwater Pulse.



Supplementary Figure 2. Map indicating the locations of sub-Antarctic marine cores presented in Figure 5 (main manuscript), along with the location of the EPICA Dome C core, the present day Polar Front position and the estimated LGM ice sheet extent.



Supplementary Tables

Supplementary Table 1. Estimated dissolved concentrations of nutrients and organic carbon associated with Greenland and Antarctic freshwater fluxes (all values to 3/4 sig. figs).

Concentrations Dissolve	d Species - N	Iorthern He	misphere (Gr	reenland)					
	RUNOFF		ICEBERGS						
	min	mid	max	min	mid	max			
FW Flux (km ³ a ⁻¹)	404	545	728	494	498	501			
DIN (∞	0.500	1.50	7.50	0.500	1.40	2.30			
DIP (∞M)	0.160	0.230	0.300	n/a	n/a	n/a			
DFe (∞M)	0.232	0.706	4.74	n/a	n/a	n/a			
DSi (∞M)	0.800	9.60	41.4	n/a	n/a	n/a			
DOC (∞M)	6.46	29.6	97.2	0.833	5.83	15.8			
Concentrations Particula	•	Northern H	emisphere (G	Greenland)					
	RUNOFF			ICEBERGS					
	min	mid	max	min	mid	max			
Sediment Flux (Tg a ⁻¹)	260	604	2822	138	249	401			
PIN (∞M-runoff, % bergs)	0.300	1.40	3.70	0.0000110	0.000150	0.00389			
PIP (%)	0.000710	0.00151	0.00072	0.000190	0.000690	0.00120			
PFe (%)	0.110	0.150	0.180	0.0300	0.0760	0.194			
PSi (%)	0.510	0.910	1.21	0.160	0.280	0.470			
POC (%)	0.0250	0.0675	0.132	0.185	0.440	0.660			

Supplementary Table 2 Estimated sediment-bound concentrations of nutrients and organic carbon associated with Greenland and Antarctic freshwater fluxes (all values to 3/4 sig. figs).

Concentrations Dissolved Species - Southern Hemisphere (Antarctica)									
	RUNOFF			ICEBERGS					
	min	mid	max	min	mid	max			
FW Flux (km ³ a ⁻¹)	41.0	65.0	79.3	1231	1562	1893			
DIN (🖂	2.10	3.30	4.50	0.375	2.93	5.54			
DIP (∞M)	2.40	3.10	3.80	n/a	n/a	n/a			
DFe (∞M)	0.470	4.70	47.0	n/a	n/a	n/a			
DSi (∞M)	130	140	210	n/a	n/a	n/a			
DOC (∞M)	166	221	276	0.833	25.0	71.7			

Concentrations Particulate Species - Southern Hemisphere (Antarctica)										
	RUNOFF	ICEBERGS								
	min	mid	max	min	mid	max				
Sediment Flux (Tg a ⁻¹)	26	72	307	345	781	1514				
PIN (∞M-runoff, % bergs)	0.300	1.400	3.70	0.0000110	0.000150	0.00389				
PIP (%)	0.000710	0.00151	0.00072	0.000190	0.000690	0.00120				
PFe (%)	0.110	0.150	0.180	0.0300	0.076	0.194				
PSi (%)	0.510	0.910	1.21	0.160	0.280	0.470				
POC (%)	0.100	0.461	1.00	0.100	0.461	1.00				

Supplementary Table 3 Fluxes of nutrients and organic carbon associated with freshwater fluxes from present day (Greenland, Antarctic) and former (northern hemisphere only) ice sheets. All values quoted to 3 sig. figs.

PRE	SENT DAY												
Nort	nern Hemis	phere (G	reenland)									
	Fluxes (Gg a ⁻¹) Fluxes (Gg a ⁻¹)				Fluxes (Gg a ⁻¹)			Fluxes (Tg a -1)					
	min	mid	max	min	mid	max	min	mid	max	Runoff	Icebergs	Total	Upwelling E Greenland
	Runoff -	dissolve	d	Runoff -	SPM		Icebergs			TOTAL (mid)			Cape et al (2019)
N	2.83	11.4	57.2	1.45	9.16	32.3	3.52	10.2	31.7	0.0206	0.0102	0.0308	0.012-0.040
Р	2.00	3.88	6.76	1.84	9.13	20.3	0.263	1.72	4.81	0.0130	0.0017	0.0147	0.002 - 0.009
	Fluxes (1	Гg а ⁻¹)		Fluxes (Tg a ⁻¹)		Fluxes (1	Гg а ⁻¹)		Fluxes (Tg a ⁻¹)			
Fe	0.00523		0.193	0.286	0.907	5.08	0.0415	0.189	0.778	0.928	0.189	1.12	n.d.
Si	0.00905	0.146	0.844	1.32	5.50	34.1	0.221	0.697	1.88	5.65	0.697	6.34	0.014-0.066
OC	0.0313	0.193	0.849	0.0649	0.408	3.72	0.261	1.13	2.74	0.601	1.13	1.73	
Sout	hern Hemis	sphere											
	min	mid	max	min	mid	max	min	mid	max				
	Runoff -	Runoff - dissolved Runoff - SPM			lcebergs			TOTAL (mid)					
	Fluxes (Gg a ⁻¹)		Fluxes (Gg a ⁻¹)		Fluxes (Gg a ⁻¹)			Fluxes (1	「g a ⁻¹)				
N	1.21	3.00	5.00	0.172	1.27	4.11	6.50	65.2	147	0.00428	0.0652	0.0695	
Р	1.77	3.63	5.42	0.187	1.09	2.21	0.65	5.39	18.2	0.00472	0.00539	0.0101	
	Fluxes (1	Гg а ⁻¹)		Fluxes (Tg a ⁻¹)		Fluxes (Tg a ⁻¹)		Fluxes (Tg a ⁻¹)					
Fe	0.00108		0.208	0.0290	0.108	0.55	0.103	0.594	2.94	0.125	0.594	0.719	
Si	0.149	0.255	0.466	0.134	0.656	3.7	0.551	2.19	7.12	0.911	2.19	3.10	
OC	0.0817	0.172	0.263	0.0264	0.332	3.1	0.71	4.07	15.7	0.505	4.07	4.57	
Peak	Deglaciati	ion (14.5	kyr B.P.)										
Nort	nern Hemis	phere (G	ireenland	, Laurentide	e, Europe	an)							
	min	mid	max	min	mid	max	min	mid	max				
	Runoff -		d	Runoff -	SPM		Icebergs			TOTAL (mid)			
N	61.9	251	1600	31.8	200	708	10.9	31.6	98.2	0.451	0.032	0.483	
Р	43.8	85.0	148	40.4	200	1850	0.81	5.32	14.9	0.285	0.005	0.290	
	Fluxes (1	uxes (Tg a ⁻¹) Fluxes (Tg a ⁻¹)		Fluxes (1	Гg а ⁻¹)		Fluxes (1	「g a ⁻¹)					
Fe	0.115	0.47	4.22	6.26	19.8	111	0.128	0.586	2.41	20.3	0.586	20.9	
Si	0.198	3.21	18.5	29.0	120	748	0.685	2.16	5.83	124	2.16	126	
OC	0.686	4.23	18.6	1.42	8.93	81.5	0.81	3.50	8.49	13.2	3.50	16.7	

Supplementary Methods

Laboratory Methods - nutrient concentrations in Greenland icebergs

Concentrations of inorganic nitrogen (extractable NO_3^{-1} and NH_4^+) loosely bound to iceberg entrained sediment were determined from 11 Greenland icebergs samples collected from Tunulliarfik Fjord, Greenland (61.1°N 45.4°W) in July 2013, using 2.0 M KCl¹. These extractions gave mean concentrations of 1.5 μ g N g⁻¹ (range 0.11-38.9 μ g N g⁻¹). Loosely-bound P (MgCl₂-extractable) and Fe/Al-bound phosphorous (NaOH-extractable) concentrations associated with sediments in icebergs were determined from 15 Greenland icebergs sampled from Tunulliarfik Fjord in July 2013 (as with exchangeable nitrogen species above)². Both these P phases are taken to be bioavailable, and gave combined mean concentrations of 6.9 μ g P g⁻¹ (range 1.9-12 μ g P g⁻¹).

Modelled freshwater fluxes over the last 25 kyr (Northern Hemisphere)

To calculate freshwater fluxes from former northern hemisphere ice sheets, we employed the GLAC-1D model, published in refs ^{3,4,5}, and used for PMIP4⁶. Tarasov et al. computed a posterior probability distribution for the deglacial evolution of the North American ice sheet complex by large ensemble Bayesian calibration of the 3D Glacial Systems Model (GSM). In short, 39 ensemble GSM parameters (attempting to account for uncertainties in climate forcing, basal drag, ice calving, and marginal surface mass-balance/extent) were calibrated against a large set of geophysical (relative sea level and present day vertical velocities) and geological (ice margin extent and strandline records of proglacial lake extent) constraints. This model was also used to compute freshwater flux time series for all northern hemisphere ice sheets (Greenland, North American ice sheet complex, European ice sheets), subsequently used to calculate past fluxes of nutrients and organic carbon (see Supplementary Figure 1). Freshwater flux terms can be sub-divided into subglacial meltwater (generated by geothermal and strain heating of basal ice layers within the ice sheet), runoff (subglacially routed) and ice discharge due to iceberg calving.

GLAC-1D replicates key features associated with the decreasing northern hemisphere ice volumes over the last deglaciation (Supplementary Figure 1). Peak northern hemisphere ice discharge via iceberg calving was apparent at the Last Glacial Maximum (LGM, c. 24-25 kyr B.P.), which is consistent with the presence of large ice sheets (and the accompanying extensive marine exposure of their margins) with a predominance of warm-basal conditions and high ice stream activity⁷. Modelled runoff fluxes from northern hemisphere ice sheets rose from the LGM onwards, and meltwater pulse events 1A at 14.5 kyr and 1B at c. 11 kyr are relatively well resolved in Glac1D, as is the fall to low freshwater fluxes by 7 kyr B.P. Temporal trends in modelled freshwater fluxes compared well with previous work⁸. Subglacial melt fluxes were generally low, peaking around the LGM.

Freshwater fluxes were not computed for the Antarctic Ice Sheet because of sensitivity to poorly constrained precipitation in the model. Hence, we rely on previously published values to estimate nutrient fluxes from the Antarctic Ice Sheet at the present day/past⁹.

Calculations of ice sheet nutrient and carbon fluxes from northern and southern hemisphere ice sheets

We present an envelope of what we consider to be bioavailable fluxes of nutrients, together with total organic carbon, from past (northern hemisphere) and present-day ice sheets (northern and southern hemisphere). Bioavailable dissolved fluxes include: Dissolved Inorganic Nitrogen (DIN), Dissolved Inorganic Phosphorus (DIP), Dissolved Silica (DSi) and Dissolved Fe (DFe, comprising filterable iron <45μm) and Dissolved Organic Carbon (DOC). Bioavailable nutrient fluxes associated with suspended sediment (SS) in glacial runoff include loosely-bound N (PN), loosely-bound P + NaOH-P (PP)², labile Fe associated with ascorbate-extractable iron oxyhydroxide nanoparticles¹¹ (PFe) and amorphous Si (PSi)¹⁰. Particulate organic carbon fluxes (POC) associated with suspended sediments (SS) in runoff were also computed.

Nutrient and organic carbon fluxes for present day ice sheets are computed from the product of the concentration (min, max and mid-range values) of the nutrient species and the freshwater or sediment flux (also using min, max and mid-range values). We also present peak potential nutrient fluxes for northern hemisphere ice sheets, at 14.5 kyr B.P., which corresponded to Meltwater Pulse 1a (Supplementary Figure 1). Freshwater fluxes at this time were taken from simulations using the GLAC1-D model^{3,4,5} (see Supplementary Figure 1). To calculate peak nutrient and organic carbon fluxes for northern hemisphere ice sheet runoff and icebergs we applied scaling factors to present day nutrient fluxes, assuming that the freshwater flux changes, but the nutrient concentration associated with this flux remains the same. The scaling factor was 22 for northern hemisphere runoff fluxes, assuming a northern hemisphere ice sheet runoff flux of 545 km³ a⁻¹ at present (Greenland Ice Sheet) and 11,932 km³ at 14.5 kyr B.P. (Greenland Ice Sheet and European/North American ice sheet complexes Supplementary Figure 1). For icebergs, the scaling factor was 3.1, assuming a present day ice discharge of 498 km³ a⁻¹ 12 and peak deglaciation fluxes of 1542 km³ a⁻¹ (Supplementary Figure 1). We assume that the proportional uncertainty around these peak freshwater flux values is similar to the present day.

Summarised concentrations and fluxes of nutrients are organic carbon are presented in Supplementary Tables 1-3. Details of how these were calculated are given in the next section.

Northern Hemisphere ice sheet nutrient and organic carbon fluxes

Glacial runoff

The Greenland Ice Sheet is the only ice sheet in the northern hemisphere at the present day. We employ previously published concentrations (min, max, mid-range) of DIN/PN¹³, DIP/PP², Fe/PFe¹⁴, Si/PSi¹⁰ and DOC/POC¹⁵ in subglacially routed runoff from the Greenland Ice Sheet. Freshwater fluxes are taken from ref. ¹² and include minimum, mean and maximum values for the period 2011-2016. For fluxes of nutrients and organic carbon associated with SS in runoff, we take SS concentrations from ref. ¹⁴ (1.1 g L⁻¹, range = 0.64-3.9 g L⁻¹). This gives typical SS fluxes of 604 Tg a⁻¹ (range = 260-2822 Tg a⁻¹).

Icebergs

Particulate nutrient and organic carbon fluxes associated with Greenland icebergs at the present day were calculated assuming iceberg debris concentrations of 0.5 g L^{-1} (range = 0.28-0.8 g L^{-1})¹⁶ and annual iceberg freshwater fluxes of 498 km³ a⁻¹ (range = 494-501) km³ a⁻¹. Thus, sediment fluxes associated with Greenland icebergs were 249 Tg a⁻¹ (range = 138-401) Tg a⁻¹.

Dissolved fluxes (DIN and DOC only) associated with Greenland icebergs were calculated from the product of the freshwater flux and an estimate of the dissolved species concentration. DIN concentrations associated with Greenland icebergs were taken from ref. ¹³ (min and max concentrations measured in surface Greenland ice) and ref. ¹⁷ (mean concentrations in Greenland ice cores). For DOC concentrations in icebergs, we employ minimum, mean and maximum concentrations of DOC in Greenlandic ice reported in ref. ¹⁸. DIP, DFe and DSi concentrations associated with Greenland icebergs were considered to be negligible compared with particulate fluxes based on measured their concentrations in glacial ice and meltwaters ^{10,19,20}.

Particulate fluxes of nutrients associated with Greenland icebergs were derived from the iceberg rafted debris flux and the estimated nutrient concentration associated with those sediments. Concentrations of loosely-bound N associated with iceberg entombed sediment from Tunulliarfik Fjord (Greenland), were 1.5 ng g⁻¹ (0.1 – 38.9 ng g⁻¹ see first section). Loosely-bound P and NaOH-P concentrations associated with sediments entombed in icebergs in icebergs sampled from Tunulliarfik Fjord (see first section) were 1.8 (0.6-3.1) ng g⁻¹ and 5.1 (1.3-8.9) ng g⁻¹ respectively, the sum of which is considered to be equal to the bioavailable concentration. Bioavailable (ascorbic acid extractable) Fe fluxes associated with sediments hosted in Greenland icebergs at the present day were calculated using minimum, mean and maximum concentrations reported in ref. ²¹. PSi concentrations associated with iceberg rafted debris were taken from measured mean, minimum and maximum concentrations of amorphous Si associated with Greenland icebergs¹⁰. We employed POC concentrations reported for debris entombed in basal ice

sampled from the ice sheet margins to calculate POC fluxes from icebergs, giving a mid-range concentration of 0.31 % (range 0.185 % - 0.44 %)^{22,23}.

Southern Hemisphere ice sheet nutrient and organic carbon fluxes

Subglacial meltwater

There is much greater uncertainty around Antarctic subglacial meltwater nutrient and organic carbon fluxes due to very limited data. We employed modelled estimations of the subglacial meltwater flux derived from ref. 9 (65 km 3 a $^{-1}$, range = 41-79 km 3 a $^{-1}$ 9). For sediment-bound nutrients and in the absence of Antarctic data, we assumed mean suspended sediment concentrations in Antarctic subglacial meltwater similar to Greenland (1.1 g L⁻¹, range = 0.63-3.88 g L⁻¹), giving a sediment flux of 72 Tg a⁻¹ (range = 26-307 Tg a⁻¹). DIN, DIP, DSi and DOC concentrations (mid-range, max, min) were derived from concentrations reported from Subglacial Lake Whillans^{24,25}. A mid-range DFe concentration for Antarctic subglacial meltwaters was taken from maximum values reported for Greenland Ice Sheet runoff ¹⁴, with minimum and maximum values calculated as 10x less or 10x greater than the mid-range value. This assumes that meltwater residence times would likely be enhanced beneath the Antarctic Ice Sheet compared with Greenland²⁶. In the absence of data on the concentrations of nutrients associated with suspended sediment in Antarctic subglacial meltwater, we employed estimates of PN, PP, PSi and PFe concentrations in SS associated with Greenland subglacial runoff^{2,10,13,14}. For OC concentrations associated with suspended sediments in Antarctic subglacial meltwater, we employed the POC concentrations reported in surface lake sediments in Subglacial Lake Whillans to give a mid-range value of 0.46 %²⁴ and assumed minimum (0.1 %) and maximum (1%) values in line with concentrations measured from IODP cores from around Antarctica²⁷.

Icebergs

Present day nutrient and organic carbon fluxes associated with Antarctic icebergs were calculated using published estimates of the freshwater flux (minimum =1321 km³ ²⁸, maximum = 1893 km³ ²⁹, with midrange calculated as the mean of the minimum and maximum values = 1562 km³), mid-range, minimum and maximum estimates of the iceberg sediment concentration¹⁶ and estimates of nutrient/organic carbon concentration in the ice (DIN and DOC only) and/or associated with iceberg entombed debris (PN, PP, PFe, PSi, POC). We assumed sediment concentrations of 0.28, 0.5 and 0.8 g L⁻¹ in Antarctic icebergs¹⁶, yielding iceberg rafted debris fluxes of 345, 781 and 1514 Tg a⁻¹ respectively.

Dissolved nutrient and organic carbon fluxes associated with Antarctic icebergs were calculated for DIN and DOC, from the product of the freshwater flux and estimated dissolved concentration in the ice. Mean DIN concentrations in Antarctic icebergs were assumed to be similar to mean DIN in Antarctic ice cores¹⁷, with minimum and maximum values taken from measured concentrations of nitrate³⁰ and

ammonium³¹ in the EPICA Dome C ice core, Antarctica. DOC concentrations in icebergs were assumed to be similar to those reported for englacial Antarctic ice¹⁸. DIP, DFe and DSi fluxes associated with Antarctic icebergs were assumed to be negligible, since their concentrations in ice are generally low^{32,33}.

Particulate nutrient and organic carbon fluxes were derived from the sediment flux associated with Antarctic icebergs and the nutrient concentration associated with those sediments. In the absence of bioavailable N and P concentrations associated with Antarctic iceberg rafted debris, we employ loosely-bound N/P and NaOH- P concentrations reported in this manuscript for Greenland icebergs (see first section). Bioavailable (ascorbate extractable) Fe concentrations associated with iceberg entombed debris were taken directly from ref. ²¹, which reports typical concentrations for Antarctic bergs. PSi concentrations of iceberg rafted debris were also assumed to be similar to those observed for Greenland Ice Sheet icebergs, in the absence of Antarctic data¹⁰. We assumed that concentrations of POC associated with iceberg entombed debris ranged from 0.1 % to 1% (typical minimum and mean Antarctic marine sediment concentrations)³⁴, with a mid-range value of 0.46 % (Subglacial Lake Whillans concentrations²⁴).

A summary of the freshwater/sediment fluxes and concentrations of nutrients and organic carbon associated with runoff and icebergs in both hemispheres can be found in Supplementary Tables 1, 2 and 3.

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