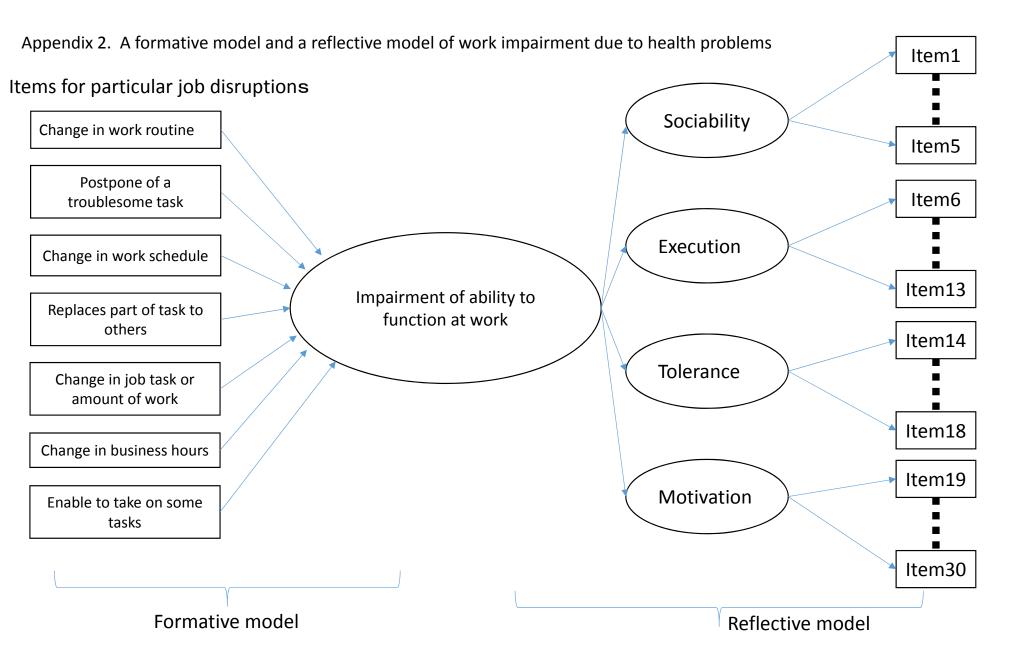
Aim	Subjects and Methods
To conceptualize a construct	Focus group discussion
To generate items	Interview
To examine content validity	
	Internet survey (n=1000)
To examine a structural validity	Exploratory and confirmatory factor analyses
To select items	Rasch model analysis
To refine items and examine fitness to the	
Rash model	
	Manufacturing worker (n=1294)
To examine construct validity	5 ()
To examine differential test functioning	Additional samples from 5 workplaces
	To conceptualize a construct To generate items <u>To examine content validity</u> To examine a structural validity To select items To refine items and examine fitness to the <u>Rash model</u> To examine construct validity

Appendix 1. Study phase and development process



Appendix 3. Candidate items

Compared with when you're in a typically good physical condition, how often do you currently experience the following situations?

- Item 1 I have felt that having a conversation is a pain.
- Item 2 I have not been able to smile.
- Item 3 Being affable required an effort.
- Item 4 I haven't been able to behave socially.
- Item 5 I have had a communication problem.
- Item 6 I haven't been able to utilize specialized knowledge and skill.
- Item 7 I have lacked ideas and inspiration.
- Item 8 I haven't been able to work with curiosity.
- Item 9 I haven't been able to maintain the quality of my work.
- Item 10 I have taken too long to complete work.
- Item 11 I have had trouble thinking clearly.
- Item 12 I have lacked the ability to concentration.
- Item 13 The number of mistakes I make has increased.
- Item 14 I have taken longer breaks.
- Item 15 I have taken more rests during my work.
- Item 16 I have had some difficulty reading texts.
- Item 17 I have had some difficulty preparing documents.
- Item 18 I have felt very drowsy at work.
- Item 19 I have felt that my work isn't going well.
- Item 20 I have felt that rules and instructions were inconvenient.
- Item 21 I haven't been able to make rational decisions.
- Item 22 I haven't been able to keep my goal in mind at work.
- Item 23 I could not find the work before others.
- Item 24 I have spent time doing things that were not necessary at that moment.
- Item 25 I have felt like time is passing slowly.
- Item 26 I haven't been proactive about my work.
- Item 27 I haven't been motivated.
- Item 28 I have thought of changing, leaving, or reallocating jobs due to my health
- Item 29 I haven't wanted to pick up the phone.
- I haven't put any effort into self-improvement (qualification learning,

<u>English conversation, personal empowerment, workshop participation, etc.).</u> The items were originally developed in Japanese, and these were translated only for publication purposes and have not been verified with respect to back translation or cross-cultural differences. The Japanese version of the WFun is available from the corresponding author upon request.

	Items Measure SE Infit Outfit Reason for deletic					
Items	Items Measure		mean-square	mean-square	Reason for deletion	
Item 1	-0.59	0.04	1.14	1.16	Not necessary	
Item 2	-0.42	0.04	0.99	1.06	Not necessary	
Item 3	-0.54	0.04	1.05	0.97	Not necessary	
Item 4	-0.31	0.04	0.97	0.9		
Item 5	0.33	0.05	1.08	0.87		
Item 6	0.63	0.05	1.16	0.89	Not necessary	
Item 7	-0.12	0.04	0.92	0.9	Not necessary	
Item 8	-0.27	0.04	0.85	0.78	Not necessary	
Item 9	-0.24	0.04	0.89	1.11		
Item 10	-0.39	0.04	0.99	1.24	Not necessary	
Item 11	-0.38	0.04	0.74	0.73		
Item 12	-0.77	0.04	0.82	1.01		
Item 13	0.07	0.04	0.9	0.84		
Item 14	0.02	0.04	1.49	1.87	Misfit	
Item 15	0.23	0.04	1.21	1.25		
Item 16	0.59	0.05	1.23	1.01	Not necessary	
Item 17	0.6	0.05	1.1	0.91	Not necessary	
Item 18	-0.15	0.04	1.51	1.86	Misfit	
Item 19	-0.2	0.04	0.81	0.87		
Item 20	0.28	0.04	0.97	0.76	Not necessary	
Item 21	0.24	0.04	0.74	0.69		
Item 22	0.31	0.05	0.78	0.61		
Item 23	0.26	0.04	0.81	0.68	Not necessary	
Item 24	0.26	0.04	0.97	0.84	Not necessary	
Item 25	-0.26	0.04	1.34	1.62	Misfit	
Item 26	0.1	0.04	0.73	0.66		
Item 27	-0.73	0.04	1.04	1.2		
Item 28	0.78	0.05	1.6	1.17	Misfit	
Item 29	0.31	0.05	1.31	1.05	Not necessary	
Item 30	0.37	0.05	1.34	1.08	Not necessary	

Appendix 4. Preliminary Rasch analysis and item fit statistics

			oadings resent <.4)	Within each factor			
Itom	Factor 1	Factor2	Factor 3	Factor 4	Item-rest	Cronbach's alpha	Cronbach's
Item	(motivation)	(execution)	(sociability)	(tolerance)	correlation	if item deleted	alpha
item 1			0.77		0.82	0.93	0.941
item 2			0.87		0.88	0.92	
Item 3			0.79		0.85	0.93	
item 4			0.81		0.88	0.92	
Item 5			0.67		0.78	0.94	
Item 6		0.47			0.74	0.94	0.943
item 7		0.63			0.82	0.93	
item 8		0.52			0.82	0.93	
Item 9		0.49			0.78	0.94	
Item 10		0.50			0.76	0.94	
item 11		0.69			0.85	0.93	
Item 12		0.58			0.80	0.94	
Item 13		0.55			0.80	0.94	
item 14				0.76	0.71	0.89	0.902
tem 15				0.85	0.82	0.87	
Item 16				0.76	0.81	0.87	
item 17				0.74	0.83	0.87	
tem 18				0.42	0.64	0.91	
tem 19	0.45				0.82	0.96	0.959
tem 20	0.62				0.83	0.95	
tem 21	0.45				0.84	0.95	
item 22	0.53				0.86	0.95	
Item 23	0.50				0.85	0.95	
Item 24	0.48				0.80	0.96	
Item 25	0.69				0.71	0.96	
Item 26	0.61				0.86	0.95	
Item 27	0.63				0.75	0.96	
Item 28	0.58				0.72	0.96	
Item 29	0.55				0.77	0.96	
Item 30	0.50				0.77	0.96	
genvalue	17.6	16.8	15.3	15.0			

Appendix 6. Factor loadings after promax rotation and inter-item and item-total correlations.

Appendix 7. Discriminant and convergent validity of raw scores accord	ding to
characteristics in the pilot study (n=1000)	

characteristics in the pilot study (n=1000)				
Sex	n	Mean	SD	p *
Men Women	500 500	14.6 14.3	7.5 6.9	0.584
Age group	200	16.2	7.7	<0.001
20-29 30-39	200 200	16.2 14.7	7.7	<0.001
40-49 50-59	200 200	15.2 13.8	7.7 6.7	
60-69	200	12.3	5.6	
Employment status				
Full time Non-regular employee	542	15.0	7.6	0.172
(temporary worker, contract employee)	93	14.3	7.2	
Part time Self-employed	239 110	13.5 13.9	6.3 6.9	
Contract (outsourcing)	16	14.9	5.8	
Job type				
Mainly desk work Mainly jobs involving interpersonal communication Mainly labor	512 231 257	14.8 14.0 14.1	7.4 6.8 7.0	0.284
Annual income < 1,000,000 JPY	136	13.9	7.1	0.208
1,000,000-2,000,000 JPY 2,000,000-3,000,000 JPY	173 167	13.8 14.8	6.9 7.3	
3,000,000-5,000,000 JPY	270	15.1	7.6	
5,000,000-7,000,000 JPY 7,000,000-10,000,000 JPY	141 83	13.5 14.6	6.8 6.9	
> 10,000,000 JPY	30	15.8	8.1	
I have changed my work routine				
Not at all One or more days a month	646 159	12.6 14.2	6.4 5.4	<0.001+
About one day a week	96	18.5	7.2	
Two or more days a week Almost everyday	72 27	21.3 26.1	6.8 8.2	
I have postponed a troublesome task Not at all	542	12.2	6.4	< 0.001 +
One or more days a month About one day a week	193 121	13.4 17.0	5.1 6.2	
Two or more days a week	102	20.1	6.5	
Almost everyday	42	27.1	7.0	
I have changed a work schedule Not at all	661	12.6	6.3	< 0.001+
One or more days a month	160	14.6	5.9	<0.001
About one day a week Two or more days a week	98 60	19.3 20.9	6.8 7.3	
Almost everyday	21	29.8	4.2	
I asked other staff to take a part/all of my task				
Not at all	799 110	13.3 16.0	6.7 6.0	< 0.001 +
One or more days a month About one day a week	49	21.6	6.0	
Two or more days a week Almost everyday	32 10	21.3 29.6	8.0 8.4	
The content or amount of my work has been				
Not at all	803	13.1	6.5	< 0.001 +
One or more days a month About one day a week	88 53	16.9 20.8	6.0 7.1	
Two or more days a week	34	21.8	6.9	
Almost everyday	22	27.2	8.4	
My work hours have been changed Not at all	801	13.2	6.6	< 0.001+
One or more days a month	87	15.7	5.9	<0.001
About one day a week Two or more days a week	52 39	19.7 21.7	6.8 6.6	
Almost everyday	21	28.3	7.0	
I could not take on some work due to poor health				
condition Not at all	786	13.2	6.6	< 0.001+
One or more days a month	113	16.6	6.4	<0.001
About one day a week Two or more days a week	53 33	19.8 22.0	6.6 7.1	
Almost everyday	15	28.5	8.6	
SF-8				
0-14 15-19	127 289	9.7 11.4	4.8 4.6	< 0.001+
20-24	306	14.2	6.1	
25-29 30-	194 84	18.4 24.1	7.2 7.8	
Stanford Performance Scale				
0-19	112	9.0	2.3	<0.001+
20-24 25-29	184 317	10.5 14.3	3.9 6.2	
30-34	313	16.4	7.4	
35-	74	24.7	7.4	
Follow-up status after 3 months I missed work more than 1 day due to bad				
health condition (including paid leave)	148	19.5	8.2	<0.001
I took a leave of absence I left a job and am currently not working	11 13	27.1 20.5	6.3 8.9	
I moved to a different job	14	15.6	9.0	
None of the above * P values were derived from ANOVA.	681	14.5	o.5	
* P values were derived from ANOVA with the linear tr	end tes	t.		

 $^{\rm +}$ P values were derived from ANOVA with the linear trend test.