

**Table, Supplemental Digital Content 5.** Alpha Diversity Metrics

<b>Alpha Diversity Metrics</b>	<b>2 Weeks</b>			<b>4 Weeks</b>			<b>8 Weeks</b>		
	<i>p</i>	MR Mean	HR Mean	<i>p</i>	MR Mean	HR Mean	<i>p</i>	MR Mean	HR Mean
Faith's Phylogenetic Diversity	0.83	31.50	32.27	0.58	30.63	27.60	0.85	28.52	29.12
Chao1 Index	0.57	489.11	531.41	0.72	457.97	494.25	0.17	437.79	528.32
Observed OTUs	0.56	420.12	453.19	0.72	403.71	431.80	0.26	390.84	448.86