

Supplementary Table S1. Sleep problems and duration by chronic conditions/diseases: European Health Examination Survey in Luxembourg.

Variables	Total	Chronic diseases /conditions				P
		0	1	2	≥3	
Diagnosis of sleep disorder (N=1486)	122 (8.21)	11 (9.02)	13 (10.66)	22 (18.03)	76 (62.30)	<0.001
Sleepiness	118 (7.89)	25 (21.19)	26 (22.03)	18 (15.25)	49 (41.53)	0.071
Have difficulties in sleeping the night through (N=1505)	510 (33.89)	84 (16.63)	79 (15.64)	93 (18.42)	249 (49.31)	
Sleep duration						
Num sleep hours when you have to work the next day						
(N=1,152-working)						
<6h	70 (6.08)	10 (14.29)	13 (18.57)	19 (27.14)	28 (40.00)	0.006
6-7h	761 (66.06)	232 (30.73)	206 (27.28)	133 (17.62)	184 (24.37)	
≥8h	321 (27.86)	103 (32.09)	87 (27.10)	56 (17.45)	75 (23.36)	
Num sleep hours when you do NOT work the next day						
(N=1,501)						
≤6h	203 (13.52)	25 (12.38)	34 (16.83)	43 (21.29)	100 (49.50)	<0.001
7-8h	878 (58.49)	245 (28.00)	227 (25.94)	150 (17.14)	253 (28.91)	
>8h	420 (27.98)	133 (31.89)	100 (23.98)	75 (17.99)	109 (26.14)	

Values are: numbers (%) ^a χ^2 test for categorical variable

