**Supplemental Table S1.** Cross tabulation of normal-weight/overweight at 7 and 13 years and in early adulthood.\*

			Early adulthood			
		Normal v	Normal weight		Overweight	
Age 7 years		n	%	n	%	
Normal-weight	Non-cases	56,311	90.4	4,212	6.8	
	Combined cases	230	86.5	20	7.5	
Overweight	Non-cases	914	1.5	887	1.4	
	Combined cases	5	1.9	11	4.1	
Age 13 years						
Normal-weight	Non-cases	56,496	89.6	3,269	5.2	
	Combined cases	231	85.2	17	6.3	
Overweight	Non-cases	1,397	2.2	1,889	3.0	
	Combined cases	9	3.3	14	5.2	

<sup>\*</sup>Overweight defined by IOTF criteria until and including age 17 years and by WHO from 18 years onwards.

**Supplemental Table S2.** Adjusted hazard ratios (HR)\* and 95% confidence intervals (CI) for associations between quintiles of body mass index and esophageal and gastric cardia adenocarcinoma incidence.

		Esophageal Adenocarcinoma		Gastric Cardia Adenocarcinoma		Combined Cases	
Body Mass Index (kg/m²)	Total (n)	Cases (n)	HR (95% CI)	Cases (n)	HR (95% CI)	Cases (n)	HR (95% CI)
Age, 7 years							
11.68–14.52	12,518	30	1.54 (0.88, 2.69)	19	0.67 (0.37, 1.18)	49	1.02 (0.69, 1.51)
>14.52–15.10	12,518	25	1.22 (0.68, 2.18)	28	0.94 (0.56, 1.57)	53	1.06 (0.72, 1.55)
>15.10–15.63	12,517	21	Referent	30	Referent	51	Referent
>15.63–16.32	12,519	36	1.69 (0.99, 2.90)	26	0.88 (0.52, 1.48)	62	1.21 (0.84, 1.76)
>16.32–25.55	12,518	29	1.37 (0.78, 2.41)	22	0.75 (0.43, 1.29)	51	1.01 (0.68, 1.48)
P for trend†			0.2		0.5		0.7
Age, 13 years							
12.53-16.42	12,664	24	1.07 (0.60, 1.88)	18	0.59 (0.33, 1.04)	42	0.79 (0.53, 1.17)
>16.42–17.33	12,661	25	1.04 (0.60, 1.83)	26	0.80 (0.48, 1.33)	51	0.90 (0.62, 1.31)
>17.33–18.25	12,668	24	Referent	33	Referent	57	Referent
>18.25–19.57	12,664	29	1.20 (0.70, 2.06)	20	0.60 (0.35, 1.05)	49	0.86 (0.58, 1.25)
>19.57–35.07	12,665	42	1.79 (1.08, 2.95)	30	0.93 (0.57, 1.53)	72	1.29 (0.91, 1.83)
P for trend†			0.5		0.2		0.4
Early Adulthood							
14.23-19.64	12,939	24	1.06 (0.60, 1.86)	13	0.47 (0.25, 0.91)	37	0.74 (0.49, 1.12)
>19.64–20.78	12,937	31	1.26 (0.75, 2.14)	27	0.92 (0.55, 1.55)	58	1.08 (0.74, 1.56)
>20.78–21.85	12,941	25	Referent	30	Referent	55	Referent
>21.85–23.29	12,939	24	0.96 (0.55, 1.68)	28	0.94 (0.56, 1.57)	52	0.95 (0.65, 1.39)
>23.29–41.63	12,939	42	1.73 (1.05, 2.85)	31	1.09 (0.66, 1.80)	73	1.38 (0.97, 1.96)
P for trend†			0.1		0.3		0.2

<sup>\*</sup>Adjusted for education level and age at conscription. †Tests of trend were performed using linear splines with three knot points.

**Supplemental Table S3.** Adjusted hazard ratios (HR)\* and 95% confidence intervals (CI) for associations between per unit increase in BMI *z*-score<sup>†</sup> and esophageal and gastric cardia adenocarcinoma incidence.

		Esophageal Adenocarcinoma		Gastric Cardia Adenocarcinoma		Combined Cases	
Body Mass Index (kg/m²)	Total (n)	Cases (n)	HR (95% CI)	Cases (n)	HR (95% CI)	Cases (n)	HR (95% CI)
Age, 7 years	62,590	141	1.07 (0.89, 1.29)	125	1.05 (0.86, 1.27)	266	1.06 (0.93, 1.21)
Age, 13 years	63,322	144	1.24 (1.03, 1.49)	127	1.13 (0.93, 1.37)	271	1.19 (1.04, 1.36)
Early Adulthood	64,695	146	1.23 (1.03, 1.47)	129	1.24 (1.03, 1.50)	275	1.23 (1.08, 1.40)

<sup>\*</sup>Adjusted for education level and age at conscription. The results should be interpreted with caution as tests for linearity using linear splines indicated that the associations may be non-linear (p-values: esophageal adenocarcinoma age 7 years p=0.03, age 13 years p=0.08, early adulthood p=0.002; gastric cardia: age 7 years p=0.21, age 13 years p=0.23 early adulthood p=0.07; combined cases: age 7 year p=0.04, age 13 years p=0.10, early adulthood p=0.09). †The z-scores were age-specific and based on an internal reference. ‡Tests of trend were performed based on one unit increase in z-score.