

Supplementary Data

SUPPLEMENTARY TABLE S1. EXCLUSION DEMOGRAPHICS

	<i>Included</i>	<i>Excluded</i>
Total	2662 % (95% CI)	12,527 % (95% CI)
Sex		
Female	47.91 (45.94–49.87)	51.26 (50.08–52.45)
Male	52.09 (50.13–54.06)	48.74 (47.55–49.92)
Race/ethnicity		
Hispanic	18.77 (16.01–21.54)	18.17 (15.67–20.65)
White	67.99 (64.71–71.27)	56.94 (53.59–60.28)
Black	13.24 (11.33–15.14)	12.90 (11.15–14.64)
Other	—	12.00 (10.54–13.46)
Income:poverty ratio		
3.0–4.0	43.27 (40.42–46.11)	41.67 (39.09–44.25)
1.0–3.0	38.38 (35.91–41.45)	38.09 (36.09–40.09)
<1.0	18.05 (16.19–19.92)	20.24 (18.31 (22.17)
Education		
No HS diploma	14.39 (12.53–16.25)	13.92 (12.60–15.24)
HS diploma	19.42 (17.13–21.70)	18.94 (17.44–20.45)
>HS diploma	66.20 (63.15–69.24)	67.13 (65.07–69.20)
Food security status		
Food insecure	17.25 (15.47–19.04)	17.32 (16.04–18.61)

There were 15,189 NHANES participants aged 20–39 from 2003 to 2014. In total, 2662 were included in the final sample for analysis; 12,527 total were excluded for various criteria: pregnant at the time of examination (1393), taking antidiabetic medication (284), nonfasting status (368), incomplete data regarding MetS (9530), incomplete household income data (1157), incomplete education data (439), and incomplete food security assessment (3819).

CI, confidence interval.