

**Supplementary Table 1.** Results of newcastle-ottawa risk of bias assessment

Study ID	Representativeness	Size	Comparability	Outcome	Statistics	Total
Aissaoui 2012	0	0	0	1	1	2
Altan 2003	0	0	0	1	0	1
Anyfanti 2012	0	0	0	1	0	1
Arisoy 2013	0	0	0	1	1	2
Aydın 2016	0	0	1	1	1	3
Baysal 2011	0	1	0	1	1	3
Cakar 2007	0	0	0	1	1	2
Cooksey 2015	0	1	1	1	1	4
Demir 2013	0	0	0	1	1	2
Dhakad 2015	0	0	0	1	1	2
Dincer 2007	0	0	0	1	0	1
Durmus 2015	0	0	0	1	1	2
Ertenli 2012	0	0	0	1	1	2
Ersözlü-Bozkırlı 2015	0	0	0	1	1	2
Fallahi 2014	0	0	0	1	1	2
Günaydin 2009	0	0	0	1	1	2
Hakkou 2011	0	0	0	1	1	2
Healey 2009	1	1	1	1	1	5
Hyphantis 2013	0	0	0	1	1	2
Jiang 2015	1	1	0	1	1	4
Li 2013	0	1	1	1	1	4
Lian 2003	0	0	0	1	1	2
Martindale 2006	0	0	1	1	1	3
Meesters 2014	1	1	0	1	0	3
Ortancil 2010	0	0	0	1	1	2
Ozkorumak 2011	0	0	0	1	1	2
Rodríguez-Lozano 2012	0	0	0	1	1	2
Rostom 2013	0	0	1	1	1	3
Schneeberger 2015	0	0	0	1	1	2
Shen 2016	1	1	0	1	0	3
Xu 2016	0	0	1	1	0	2