Supplemental Table I. Participants for each clinical site for measure development and validation

Site	Location	Region*	Number of focus group participants for measure development	Number of clinician participants for measure development	Number of longitudinal participants for measure validation
Baylor Heart and Vascular Institute	Dallas, TX	South	0	0	30
Dartmouth-Hitchcock Medical Center	Lebanon, NH	Northeast	14	5	0
Maine Medical Center	Portland, ME	Northeast	0	0	7
Mayo Clinic	Rochester, MN	Midwest	16	0	0
Northwestern Memorial Hospital	Chicago, IL	Midwest	16	0	14
Oregon Health & Science University Hospital	Portland, OR	Pacific	15	5	15
University of Alabama at Birmingham Hospital and affiliated outpatient clinics	Birmingham, AL	South	0	0	8
Hospital of the University of Pennsylvania	Philadelphia, PA	Northeast	0	0	1

^{*}Regions are Census Bureau designations.

SUPPLEMENTAL MATERIAL

Supplemental Table II. Survey eligibility windows for longitudinal sample, by treatment type and time point

	Baseline		Follow-up	
	Eligible date	Cut-off	Eligible date*	Cut-off
Initiation of guideline- directed medical therapy after new heart failure diagnosis or first hospitalization	At time of diagnosis of new onset heart failure or date of first hospitalization	2 weeks after diagnosis or discharge	76 days after diagnosis or discharge	4 months after diagnosis or discharge
Cardiac Rehabilitation	2 weeks before first rehab appointment	2 weeks after first rehab appointment	2 weeks before final rehab appointment	1 month after final rehab appointment
Cardiac Resynchronization Therapy Left Ventricular Assist Device	1 month before insertion	Day before insertion	76 days after insertion date	4 months after insertion
Hospitalization primarily for Heart Failure	Upon admission	2 weeks after discharge	76 days after discharge	4 months after discharge

^{*}A 76-day follow-up timeline (3 months minus 2 weeks) was selected because many patients were scheduled to return to the clinic for 3-month follow-up, and this allowed some flexibility.

${\bf Supplemental\ Table\ III.\ The\ PROMIS-Plus-HF\ profile\ measure}$

A. Physical

Instrument	Item	Responses and Scores
Dyspnea		
Existing PROMIS	Over the past 7 days, how short of breath did you get with each of these activities?: Walking 50 steps/paces on flat ground at a normal speed without stopping	1=No shortness of breath, 2=Mildly short of breath, 3=Moderately short of breath, 4=Severely short of breath, 5=I did not do this in the past 7 days
Existing PROMIS	Over the past 7 days, how short of breath did you get with each of these activities?: Lifting something weighing 10-20 lbs. (about 4.5-9 kg, like a large bag of groceries)	1=No shortness of breath, 2=Mildly short of breath, 3=Moderately short of breath, 4=Severely short of breath, 5=I did not do this in the past 7 days
Existing PROMIS	Over the past 7 days, how short of breath did you get with each of these activities?: Walking (faster than your usual speed) for ½ mile (almost 1 km) without stopping	1=No shortness of breath, 2=Mildly short of breath, 3=Moderately short of breath, 4=Severely short of breath, 5=I did not do this in the past 7 days
Existing PROMIS	Over the past 7 days, how short of breath did you get with each of these activities?: Walking 10 steps/paces on flat ground at a normal speed without stopping	1=No shortness of breath, 2=Mildly short of breath, 3=Moderately short of breath, 4=Severely short of breath, 5=I did not do this in the past 7 days
Existing PROMIS	Over the past 7 days, how short of breath did you get with each of these activities?: Walking up 5 stairs without stopping	1=No shortness of breath, 2=Mildly short of breath, 3=Moderately short of breath, 4=Severely short of breath, 5=I did not do this in the past 7 days
Existing PROMIS	Over the past 7 days, how short of breath did you get with each of these activities?: Walking up 10 stairs (1 flight) without stopping	1=No shortness of breath, 2=Mildly short of breath, 3=Moderately short of breath, 4=Severely short of breath, 5=I did not do this in the past 7 days

Instrument	Item	Responses and Scores
Existing	Over the past 7 days, how short of breath	1=No shortness of breath, 2=Mildly short of
PROMIS	did you get with each of these activities?:	breath, 3=Moderately short of breath, 4=Severely
	Lifting something weighing less than 5 lbs.	short of breath, 5=I did not do this in the past 7
	(about 2 kg, like a houseplant)	days
Existing	Over the past 7 days, how short of breath	1=No shortness of breath, 2=Mildly short of
PROMIS	did you get with each of these activities?:	breath, 3=Moderately short of breath, 4=Severely
	Lifting something weighing 5-10 lbs.	short of breath, 5=I did not do this in the past 7
	(about 2-4.5 kg, like a basket of clothes)	days
Existing	Over the past 7 days, how short of breath	1=No shortness of breath, 2=Mildly short of
PROMIS	did you get with each of these activities?:	breath, 3=Moderately short of breath, 4=Severely
	Lifting something weighing more than 20	short of breath, 5=I did not do this in the past 7
	lbs. (about 9 kg, like a medium-sized	days
	suitcase)	
Existing	Over the past 7 days, how short of breath	1=No shortness of breath, 2=Mildly short of
PROMIS	did you get with each of these activities?:	breath, 3=Moderately short of breath, 4=Severely
	Carrying something weighing less than 5	short of breath, 5=I did not do this in the past 7
	lbs. (about 2 kg, like a houseplant) from	days
D	one room to another	
Fatigue		
Existing	In the past 7 days To what degree did	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	you have to push yourself to get things	a bit, 5=Very much
	done because of your fatigue?	1.34
Existing	In the past 7 days How often did your	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	fatigue make you feel slowed down in your	5=Always
E : 4:	thinking?	1 N 2 P 1 2 G 4: 4 0 C
Existing	In the past 7 days How often did you	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	have to limit your social activities because	5=Always
Eviation	of your fatigue?	1-Navon 2-Domaky 2-Compation of 4-OC-
Existing PROMIS	In the past 7 days How often were you	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
	too tired to do your household chores?	5=Always
Existing PROMIS	In the past 7 days How often did you run	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
LKOMIS	out of energy?	5=Always

Instrument	Item	Responses and Scores
Existing	In the past 7 days How often did you feel	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	tired?	5=Always
Existing	During the past 7 days I feel weak all	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	over	a bit, 5=Very much
Existing	During the past 7 days I feel tired	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS		a bit, 5=Very much
Existing	During the past 7 days I have energy	5=Not at all, 4=A little bit, 3=Somewhat, 2=Quite
PROMIS		a bit, 1=Very much
Existing	During the past 7 days I am able to do	5=Not at all, 4=A little bit, 3=Somewhat, 2=Quite
PROMIS	my usual activities	a bit, 1=Very much
New	In the past 7 days How often did you	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	need to take breaks to finish daily tasks?	5=Always
Health Behav	vior Outcomes	
New	In the past 7 days Were you able to	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	control your salt intake?	5=Always
New	In the past 7 days Were you able to keep	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	a healthy diet?	5=Always
New	In the past 7 days Were you able to	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	control your weight?	a bit, 5=Very much
Pain Interfer	rence	
Existing	In the past 7 days How much did pain	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	interfere with your ability to participate in	a bit, 5=Very much
	leisure activities?	
Existing	In the past 7 days How much did pain	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	interfere with your ability to concentrate?	a bit, 5=Very much
Physical Fun	ction	
Existing	Does your health now limit you in bending,	5=Not at all, 4=Very little, 3=Somewhat, 2=Quite
PROMIS	kneeling, or stooping?	a lot, 1=Cannot do
Existing	Does your health now limit you in doing	5=Not at all, 4=Very little, 3=Somewhat, 2=Quite
PROMIS	heavy work around the house like	a lot, 1=Cannot do

Instrument	Item	Responses and Scores		
	scrubbing floors, or lifting or moving heavy furniture?			
Existing PROMIS	Are you able to push open a heavy door?	5=Without any difficulty, 4=With a little difficulty, 3=With some difficulty, 2=With much difficulty, 1=Unable to do		
Existing PROMIS	Are you able to go for a walk of at least 15 minutes?	5=Without any difficulty, 4=With a little difficulty, 3=With some difficulty, 2=With much difficulty, 1=Unable to do		
Existing PROMIS	Does your health now limit you in going OUTSIDE the home, for example to shop or visit a doctor's office?	5=Not at all, 4=Very little, 3=Somewhat, 2=Quite a lot, 1=Cannot do		
Existing PROMIS	Are you able to walk a block (about 100 m) on flat ground?	5=Without any difficulty, 4=With a little difficulty, 3=With some difficulty, 2=With much difficulty, 1=Unable to do		
Existing PROMIS	Are you able to run 100 yards (100 m)?	5=Without any difficulty, 4=With a little difficulty, 3=With some difficulty, 2=With much difficulty, 1=Unable to do		
Existing PROMIS	Are you able to walk up and down two steps?	5=Without any difficulty, 4=With a little difficulty, 3=With some difficulty, 2=With much difficulty, 1=Unable to do		
Existing PROMIS	Does your health now limit you in climbing one flight of stairs?	5=Not at all, 4=Very little, 3=Somewhat, 2=Quite a lot, 1=Cannot do		
Existing PROMIS	Does your health now limit you in walking about the house?	5=Not at all, 4=Very little, 3=Somewhat, 2=Quite a lot, 1=Cannot do		
Sleep Disturb	Sleep Disturbance			
Existing PROMIS	In the past 7 days My sleep quality was	5=Very poor, 4=Poor, 3=Fair, 2=Good, 1=Very good		
Existing PROMIS	In the past 7 days I got enough sleep.	5=Never, 4=Rarely, 3=Sometimes, 2=Often, 1=Always		
Existing PROMIS	In the past 7 days I had a problem with my sleep.	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite a bit, 5=Very much		

Instrument	Item	Responses and Scores
Existing	In the past 7 days I had difficulty falling	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	asleep.	a bit, 5=Very much
Existing	In the past 7 days I tried hard to get to	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite
PROMIS	sleep.	a bit, 5=Very much
Existing	In the past 7 days I had trouble sleeping.	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS		5=Always
Symptoms		
New	In the past 7 days Did you feel dizzy or	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	lightheaded?	5=Always
New	In the past 7 days Did you have chest	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	pain?	5=Always
New	In the past 7 days Did you have swelling	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	in your feet or legs?	5=Always

B. Mental

Instrument	Item	Responses and Scores
Anger		
New	In the past 7 days I felt frustrated by my	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	health.	5=Always
Anxiety		
New	In the past 7 days I worried about losing	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	my independence.	5=Always
New	In the past 7 days I worried about	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	fainting.	5=Always
New	In the past 7 days I worried that I would	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	get swelling in my feet or legs.	5=Always
New	In the past 7 days I worried that my	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS	health would get worse	5=Always
New	In the past 7 days I worried about dying.	1=Never, 2=Rarely, 3=Sometimes, 4=Often,
PROMIS		5=Always

Instrument	Item	Responses and Scores		
Cognitive Ab	Cognitive Abilities			
Existing	In the past 7 days I have been able to	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	bring to mind words that I wanted to use	a bit, 5=Very much		
	while talking to someone			
Existing	In the past 7 days I have been able to	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	concentrate	a bit, 5=Very much		
Existing	In the past 7 days My ability to	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	concentrate has been good	a bit, 5=Very much		
Cognitive Fu				
Existing	In the past 7 days My thinking has been	5=Never, 4=Rarely (Once), 3=Sometimes (Two or		
PROMIS	slow	three times), 2=Often (About once a day), 1=Very		
		often (Several times a day)		
Existing	In the past 7 days I have had to work	5=Never, 4=Rarely (Once), 3=Sometimes (Two or		
PROMIS	really hard to pay attention or I would	three times), 2=Often (About once a day), 1=Very		
	make a mistake	often (Several times a day)		
Existing	In the past 7 days I have been upset about	5=Never, 4=Rarely (Once), 3=Sometimes (Two or		
PROMIS	my problems with memory, concentration,	three times), 2=Often (About once a day), 1=Very		
ъ.	or making mental mistakes	often (Several times a day)		
Depression				
Existing	In the past 7 days I felt helpless	1=Never, 2=Rarely, 3=Sometimes, 4=Often,		
PROMIS		5=Always		
Existing	In the past 7 days I felt sad	1=Never, 2=Rarely, 3=Sometimes, 4=Often,		
PROMIS		5=Always		
Existing	In the past 7 days I felt that I wanted to	1=Never, 2=Rarely, 3=Sometimes, 4=Often,		
PROMIS	give up on everything	5=Always		
Existing	In the past 7 days I felt depressed	1=Never, 2=Rarely, 3=Sometimes, 4=Often,		
PROMIS	X 4	5=Always		
Existing	In the past 7 days I felt unhappy	1=Never, 2=Rarely, 3=Sometimes, 4=Often,		
PROMIS	Y 4 4 7 1 Y C 1: 1	5=Always		
Existing	In the past 7 days I felt hopeless	1=Never, 2=Rarely, 3=Sometimes, 4=Often,		
PROMIS		5=Always		

Instrument	Item	Responses and Scores		
Illness Burde	Illness Burden			
New	In the past 7 days Did you feel pressure	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	to lose weight?	a bit, 5=Very much		
New	In the past 7 days Did you feel burdened	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	by having to monitor you health?	a bit, 5=Very much		
New	In the past 7 days Did you feel burdened	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	by having to monitor your weight?	a bit, 5=Very much		
New	In the past 7 days Did you feel burdened	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	by restrictions on what you could eat or	a bit, 5=Very much		
	drink?			
Life Satisfact	Life Satisfaction			
New	Does your health now limit you in	5=Not at all, 4=A little bit, 3=Somewhat, 2=Quite		
PROMIS	achieving your goals?	a bit, 1=Very much		
New	In the past 7 days I am able to enjoy life.	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS		a bit, 5=Very much		

C. Social

Instrument	Item	Responses and Scores		
Ability to Par	Ability to Participate in Social Roles and Activities			
Existing	I have trouble doing my regular daily work	5=Never, 4=Rarely, 3=Sometimes, 2=Usually,		
PROMIS	around the house	1=Always		
Existing	I have trouble meeting the needs of my	5=Never, 4=Rarely, 3=Sometimes, 2=Usually,		
PROMIS	family	1=Always		
Existing	I am limited in doing my work (include	5=Never, 4=Rarely, 3=Sometimes, 2=Usually,		
PROMIS	work at home)	1=Always		
Existing	I have trouble doing everything for my	5=Never, 4=Rarely, 3=Sometimes, 2=Usually,		
PROMIS	family that I feel I should do	1=Always		
Existing	I have trouble accomplishing my usual	5=Never, 4=Rarely, 3=Sometimes, 2=Usually,		
PROMIS	work (include work at home)	1=Always		
Existing	I have trouble doing everything for work	5=Never, 4=Rarely, 3=Sometimes, 2=Usually,		
PROMIS	that I want to do (include work at home)	1=Always		

Instrument	Item	Responses and Scores		
Independenc	Independence			
New	In the past 7 days Were you dependent	5=Not at all, 4=A little bit, 3=Somewhat, 2=Quite		
PROMIS	on others to get things done?	a bit, 1=Very much		
New	Does your health now limit you in doing	5=Not at all, 4=A little bit, 3=Somewhat, 2=Quite		
PROMIS	things that make you feel independent?	a bit, 1=Very much		
New	In the past 7 days I was satisfied with my	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	ability to be independent.	a bit, 5=Very much		
Satisfaction v	vith Social Roles and Activities			
Existing	I am satisfied with my ability to maintain	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	friendships	a bit, 5=Very much		
Existing	I am satisfied with how much work I can	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	do (include work at home)	a bit, 5=Very much		
Existing	I am satisfied with my ability to work	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	(include work at home)	a bit, 5=Very much		
Existing	I am satisfied with my ability to do	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	household chores/tasks	a bit, 5=Very much		
Existing	I am satisfied with my ability to do things	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	for fun at home (like reading, listening to	a bit, 5=Very much		
	music, etc.)			
Existing	I am satisfied with the amount of time I	1=Not at all, 2=A little bit, 3=Somewhat, 4=Quite		
PROMIS	spend performing my daily routines	a bit, 5=Very much		
Social Isolati	Social Isolation			
Existing	People get the wrong idea about my	1=Never, 2=Rarely, 3=Sometimes, 4=Usually,		
PROMIS	situation	5=Always		
Existing	I feel left out	1=Never, 2=Rarely, 3=Sometimes, 4=Usually,		
PROMIS		5=Always		

Supplemental Table IV. Measure statistics of the cross-sectional sample

								Obs	erved
Domain Measure	N	Missing	Mean	Median	SD	Skewness	Kurtosis	Minimum	Maximum
PHYSICAL									
Dyspnea	589	11	24.38	25.0	7.32	-0.21	-0.69	10	40
Fatigue	600	0	31.89	32.0	7.60	0.20	0.54	11	55
Health Behavior Outcomes	600	0	9.53	9.0	2.34	0.23	0.29	3	15
Pain Interference	600	0	5.22	5.0	1.84	0.12	-0.06	2	10
Physical Function	600	0	33.18	33.0	7.43	-0.06	0.27	10	50
Sleep Disturbance	598	2	16.86	17.0	4.99	0.09	0.26	6	30
Symptoms	599	1	7.81	8.0	2.37	-0.08	0.00	3	15
MENTAL									
Anger	600	0	2.95	3.0	1.12	0.07	-0.62	1	5
Anxiety	600	0	13.58	14.0	4.41	0.15	-0.21	5	25
Cognitive Abilities	600	0	9.30	9.0	2.44	0.35	0.17	3	15
Cognitive Function	600	0	10.19	10.0	2.86	-0.29	-0.23	3	15
Depression	600	0	15.32	15.0	5.50	0.22	-0.28	6	30
Illness Burden	599	1	11.00	11.0	3.72	0.14	-0.09	4	20
Life Satisfaction	600	0	5.90	6.0	1.77	0.34	-0.09	2	10
SOCIAL									
Ability to Participate in SR&A	600	0	18.63	18.0	4.91	-0.17	0.42	6	30
Independence	600	0	9.45	9.0	2.56	0.04	0.35	3	15
Satisfaction with SR&A	600	0	18.55	18.0	4.95	-0.06	0.13	6	30
Social Isolation	600	0	5.65	6.0	1.81	0.07	0.01	2	10

PROMIS = Patient-Reported Outcomes Measurement Information System, SD = Standard Deviation, SR&A = Social Roles and Activities.

Supplemental Table V. Test-retest reliability of PROMIS-Plus-HF domains and validity measures using cross-sectional data

		ICC:	
		Systematic +	ICC:
Domain Measure	# items	Random	Random
PHYSICAL			
Dyspnea	10	0.98	0.98
Fatigue	11	0.98	0.99
Health Behavior Outcomes	3	0.98	0.98
Pain Interference	2	0.97	0.97
Physical Function	10	0.98	0.98
Sleep Disturbance	6	0.98	0.98
Symptoms	3	0.97	0.97
MENTAL			
Anger	1	0.97	0.97
Anxiety	5	0.99	0.99
Cognitive Ability	3	0.97	0.97
Cognitive Function	3	0.98	0.98
Depression	6	0.97	0.97
Illness Burden	4	0.98	0.98
Life Satisfaction	2	0.96	0.96
SOCIAL			
Ability to Engage in Social Roles and Activities	6	0.97	0.97
Independence	3	0.90	0.90
Satisfaction with Social Roles and Activities	6	0.99	0.99
Social Isolation	2	0.95	0.95

ICC = intraclass correlation coefficient

PROMIS = Patient-Reported Outcomes Measurement Information System

Supplemental Table VI. Categorical confirmatory factor analysis modeling results using cross-sectional data

Domain Measure*	# items	CFI	TLI	RMSEA	WRMR
Ability to Engage in Social Roles and Activities	6	0.99	0.98	0.14	0.93
Anxiety	5	0.99	0.98	0.08	0.55
Depression	6	0.99	0.99	0.11	0.74
Dyspnea	10	0.98	0.97	0.11	1.33
Fatigue	11	0.89	0.86	0.21	2.38
Illness Burden	4	0.99	0.98	0.12	0.45
Physical Function	10	0.91	0.89	0.19	2.26
Satisfaction with Social Roles and Activities	6	0.97	0.96	0.17	1.27
Sleep Disturbance	6	0.92	0.86	0.31	2.78

^{*}Only domains with four or more items were analyzed

CFI = Comparative Fit Index

RMSEA = Root Mean Square Error for Approximation

TLI = Tucker-Lewis Index

WRMR = Weighted Root Mean Square Residual

Supplemental Table VII. Differential item functioning results using cross-sectional data

Domain Measure*	# items	DIF by Sex (Male vs. Female)	DIF by Age (≤55 vs. >55)	DIF by Education (completed college or not)
Ability to Engage in Social Roles and Activities	6	No	No	No
Anxiety	5	No	No	No
Depression	6	No	No	No
Dyspnea	10	No	No	No
Fatigue	11	No	No	No
Illness Burden	4	No	No	No
Physical Function	10	No	No	No
Satisfaction with Social Roles and Activities	6	No	No	No
Sleep Disturbance	6	No	No	No

[&]quot;No" indicates that there was no impactful DIF

DIF = Differential Item Functioning

^{*}Only domains with four or more items were analyzed

Supplemental Table VIII. ANOVA of PROMIS domains by PROMIS Global Health Physical (Low vs. High) using cross-sectional data

						CI for		
Domain Measure	GH Physical Group	N	Mean	SD	Lower Bound	Upper Bound	ANOVA p value	Result Interpretation
PHYSICAL								
Dyspnea	Low High	168 115	28.76 17.27	6.38 6.24	27.79 16.12	29.73 18.42	<.001	High GH Physical = better domain status
Fatigue	Low High	174 116	38.05 24.64	6.91 6.35	37.01 23.47	39.08 25.81	<.001	High GH Physical = better domain status
Health Behavior Outcomes	Low High	174 116	9.56 9.94	2.12 3.17	9.25 9.36	9.88 10.52	0.226	No group difference
Pain Interference	Low High	174 116	6.41 3.83	1.74 1.71	6.15 3.51	6.67 4.14	<.001	High GH Physical = better domain status
Physical Function	Low High	174 116	27.82 40.50	6.60 6.89	26.83 39.23	28.80 41.77	<.001	High GH Physical = better domain status
Sleep Disturbance	Low High	174 114	19.55 13.55	4.92 4.94	18.81 12.64	20.28 14.47	<.001	High GH Physical = better domain status
Symptoms	Low High	174 115	9.22 5.63	2.11 2.31	8.91 5.21	9.54 6.06	<.001	High GH Physical = better domain status
MENTAL								
Anger	Low High	174 116	3.59 2.27	1.06 1.12	3.43 2.06	3.75 2.47	<.001	High GH Physical = better domain status
Anxiety	Low High	174 116	16.26 10.11	4.25 3.99	15.63 9.38	16.90 10.85	<.001	High GH Physical = better domain status
Cognitive Abilities	Low High	174 116	8.92 10.28	2.17 3.10	8.60 9.71	9.24 10.85	<.001	High GH Physical = better domain status
Cognitive Function	Low High	174 116	8.66 12.41	3.01 2.18	8.20 12.00	9.11 12.81	<.001	High GH Physical = better domain status
Depression	Low High	174 116	18.71 10.92	4.90 4.70	17.98 10.06	19.45 11.79	<.001	High GH Physical = better domain status
Illness Burden	Low	174	12.64	3.99	12.04	13.23	<.001	

	High	115	8.81	3.63	8.14	9.48		High GH Physical = better domain status
Life Satisfaction	Low High	174 116	4.95 7.28	1.47 1.95	4.73 6.93	5.17 7.64	<.001	High GH Physical = better domain status
SOCIAL								
Ability to Engage	Low	174	15.31	4.65	14.61	16.01	<.001	High GH Physical =
in SR&A	High	116	22.50	4.84	21.61	23.39	\. 001	better domain status
Indonandanaa	Low	174	7.80	2.49	7.43	8.18	<.001	High GH Physical =
Independence	High	116	11.51	2.43	11.06	11.96	\.001	better domain status
Satisfaction with	Low	174	15.62	4.82	14.90	16.34	<.001	High GH Physical =
SR&A	High	116	22.78	4.75	21.90	23.65	<.001	better domain status
Social Igalation	Low	174	6.73	1.64	6.48	6.98	< 001	High GH Physical =
Social Isolation	High	116	4.30	1.72	3.99	4.62	<.001	better domain status

ANOVA = Analysis of Variance

CI = Confidence Interval

GH = PROMIS Global Health

PROMIS = Patient-Reported Outcomes Measurement Information System SD = Standard Deviation

SR&A = Social Roles and Activities

Supplemental Table IX. ANOVA of PROMIS domains by PROMIS Global Health Mental (Low vs. High) using cross-sectional data

	CII				95% CI for Mean		_	
Domain Measure	GH Mental Group	N	Mean	SD	Lower Bound	Upper Bound	ANOVA p value	Result Interpretation
PHYSICAL								
Dyspnea	Low High	201 140	27.55 19.55	6.56 7.01	26.63 18.38	28.46 20.72	<.001	High GH Mental = better domain status
Fatigue	Low High	207 143	36.67 27.45	7.15 7.84	35.69 26.15	37.65 28.74	<.001	High GH Mental = better domain status
Health Behavior Outcomes	Low High	207 143	9.43 10.46	2.06 2.81	9.14 10.00	9.71 10.93	<.001	High GH Mental = better domain status
Pain Interference	Low High	207 143	6.14 4.27	1.80 1.92	5.89 3.95	6.39 4.58	<.001	High GH Mental = better domain status
Physical Function	Low High	207 143	29.00 37.90	6.96 7.24	28.05 36.70	29.95 39.09	<.001	High GH Mental = better domain status
Sleep Disturbance	Low High	206 142	19.21 14.56	4.76 5.42	18.56 13.66	19.87 15.46	<.001	High GH Mental = better domain status
Symptoms	Low High	207 142	8.94 6.46	2.18 2.57	8.64 6.03	9.24 6.88	<.001	High GH Mental = better domain status
MENTAL								
Anger	Low High	207 143	3.54 2.47	1.04 1.16	3.39 2.28	3.68 2.66	<.001	High GH Mental = better domain status
Anxiety	Low High	207 143	15.77 11.24	4.36 4.33	15.18 10.52	16.37 11.95	<.001	High GH Mental = better domain status
Cognitive Abilities	Low High	207 143	8.91 10.33	2.19 3.02	8.61 9.83	9.21 10.83	<.001	High GH Mental = better domain status
Cognitive Function	Low High	207 143	8.64 12.10	2.97 2.53	8.24 11.69	9.05 12.52	<.001	High GH Mental = better domain status
Depression	Low High	207 143	18.96 11.24	4.96 4.80	18.28 10.45	19.64 12.04	<.001	High GH Mental = better domain status
Illness Burden	Low	207	12.67	3.94	12.13	13.21	<.001	

	High	142	9.18	3.57	8.59	9.78		High GH Mental = better domain status
Life Satisfaction	Low	207	5.03	1.48	4.83	5.23	<.001	High GH Mental =
Life Satisfaction	High	143	7.18	1.86	6.87	7.49	<.001	better domain status
SOCIAL	Ī							
Ability to Engage	Low	207	15.98	4.95	15.30	16.65	<.001	High GH Mental =
in SR&A	High	143	20.90	5.15	20.05	21.75	<.001	better domain status
Indonandanaa	Low	207	8.16	2.42	7.83	8.50	<.001	High GH Mental =
Independence	High	143	10.87	2.68	10.42	11.31	<.001	better domain status
Satisfaction with	Low	207	15.92	4.88	15.25	16.59	<.001	High GH Mental =
SR&A	High	143	21.85	4.68	21.08	22.63	<.001	better domain status
Social Isolation	Low	207	6.57	1.66	6.35	6.80	< 001	High GH Mental =
Social Isolation	High	143	4.81	1.89	4.50	5.12	<.001	better domain status

CI = Confidence Interval

GH = PROMIS Global Health

PROMIS = Patient-Reported Outcomes Measurement Information System

SD = Standard Deviation

SR&A = Social Roles and Activities

Supplemental Table X. Confirmatory measure statistics using baseline data from 185 participants in the longitudinal sample

								Obse	erved
Domain Measure	N	Missing	Mean	Median	SD	Skewness	Kurtosis	Minimum	Maximum
PHYSICAL									
Dyspnea	155	30	26.15	26.0	9.35	-0.12	-1.23	10	40
Fatigue	175	10	37.40	37.0	9.23	-0.23	-0.51	16	55
Health Behavior Outcomes	180	5	10.73	11.0	2.66	-0.37	0.16	3	15
Pain Interference	179	6	5.22	5.0	2.45	0.17	-1.03	2	10
Physical Function	177	8	28.58	27.0	9.53	0.26	-0.82	10	49
Sleep Disturbance	180	5	19.33	19.0	6.43	-0.10	-0.89	6	30
Symptoms	180	5	8.03	8.0	2.88	0.34	-0.38	3	15
MENTAL									
Anger	181	4	3.34	3.0	1.11	-0.29	-0.39	1	5
Anxiety	179	6	13.41	13.0	4.58	0.43	-0.31	5	25
Cognitive Abilities	181	4	10.31	10.0	2.73	-0.08	-0.31	3	15
Cognitive Function	182	3	10.93	12.0	3.28	-0.59	-0.51	3	15
Depression	178	7	13.98	13.5	5.75	0.53	-0.37	6	30
Illness Burden	181	4	9.52	9.0	4.02	0.67	-0.02	4	20
Life Satisfaction	181	4	5.93	6.0	2.07	0.22	-0.70	2	10
SOCIAL									
Ability to Participate in SR&A	175	10	16.62	18.0	6.01	-0.07	-0.65	6	30
Independence	181	4	8.73	9.0	3.37	-0.07	-0.90	3	15
Satisfaction with SR&A	179	6	17.20	17.0	6.16	0.38	-0.66	6	30
Social Isolation	179	6	5.67	6.0	2.03	0.03	-0.40	2	10

PROMIS = Patient-Reported Outcomes Measurement Information System, SD = Standard Deviation, SR&A = Social Roles and Activities.

Supplemental Table XI. Confirmatory internal consistency reliability testing of the PROMIS-Plus-HF measure using baseline data from 185 participants in the longitudinal sample

			Inter-item Correlation			Item-adjusted Total Correlation		
Domain Measure	# items	alpha	Average	Min	Max	Min	Max	
PHYSICAL								
Dyspnea	10	0.96	0.68	0.34	0.88	0.66	0.88	
Fatigue	11	0.93	0.57	0.30	0.80	0.57	0.83	
Health Behavior Outcomes	3	0.67	0.42	0.23	0.57	0.38	0.64	
Pain Interference	2	0.88	0.79	0.79	0.79	0.79	0.79	
Physical Function	10	0.92	0.55	0.35	0.79	0.58	0.78	
Sleep Disturbance	6	0.93	0.70	0.58	0.89	0.72	0.88	
Symptoms	3	0.62	0.37	0.23	0.53	0.33	0.55	
MENTAL								
Anger	1							
Anxiety	5	0.78	0.42	0.27	0.54	0.48	0.66	
Cognitive Abilities	3	0.63	0.39	0.14	0.73	0.23	0.66	
Cognitive Function	3	0.90	0.75	0.73	0.76	0.79	0.81	
Depression	6	0.92	0.66	0.54	0.81	0.71	0.84	
Illness Burden	4	0.80	0.51	0.36	0.67	0.53	0.74	
Life Satisfaction	2	0.68	0.53	0.53	0.53	0.53	0.53	
SOCIAL								
Ability to Engage in Social Roles and Activities	6	0.94	0.73	0.60	0.90	0.74	0.91	
Independence	3	0.74	0.49	0.39	0.58	0.50	0.64	

Satisfaction with Social Roles and Activities	6	0.88	0.54	0.32	0.71	0.46	0.76
Social Isolation	2	0.68	0.52	0.52	0.52	0.52	0.52

Alpha = Cronbach's alpha

Supplemental Table XII. Confirmatory convergent validity testing using Pearson r and Spearman rho Correlations with baseline data from 185 participants in the longitudinal sample

Measures	Pearson r/Spearman rho coefficients [†]
Physical Function* and KCCQ: Physical Limitation	0.74/0.72
Symptoms* and KCCQ: Symptom Severity	-0.60/-0.61
Life Satisfaction* and KCCQ: Quality of Life	0.59/0.61
Satisfaction with SR&A* and KCCQ: Social Limitation	0.64/0.61
Ability to Engage in SR&A* and KCCQ: Social Limitation	0.63/0.59

KCCQ = Kansas City Cardiomyopathy Questionnaire

^{*} Domains from the PROMIS-Plus-HF profile measure † We defined expected convergent validity as r or rho > 0.60. SR&A = Social Roles and Activities

Supplemental Table XIII. Confirmatory divergent validity testing using Pearson r and Spearman rho Correlations with baseline data from 185 participants in the longitudinal sample

Pearson r/Spearman rho coefficients

Measures	Physical Function*	Life Satisfaction*	Satisfaction with SR&A*	Ability to Engage in SR&A*	Symptoms*
KCCQ: Self-Efficacy	0.20/0.24	0.23/0.27	0.21/0.19	0.13/0.12	-0.23/.0.22

SR&A = Social Roles and Activities

KCCQ = Kansas City Cardiomyopathy Questionnaire

^{*} Domains from the PROMIS-Plus-HF profile measure † We defined expected divergent validity as r or rho < 0.3.

Supplemental Table XIV. ANOVA of PROMIS domains by PROMIS Global Health Physical (Low vs. High) using baseline data from 185 participants in the longitudinal sample

						CI for ean		
Domain Measure	GH Physical Group	N	Mean	SD	Lower Bound	Upper Bound	ANOVA p value	Result Interpretation
PHYSICAL								
Dyspnea	Low	63	30.28	8.18	28.22	32.34		High GH Physical =
Dysplica	High	38	19.32	9.16	16.31	22.33	<.001	better domain status
Fatigue	Low	80	42.68	7.34	41.04	44.31		High GH Physical =
•	High	40	28.43	8.11	25.83	31.02	<.001	better domain status
Health Behavior	Low	82	10.61	2.73	10.01	11.21		No group difference
Outcomes	High	40	11.05	3.11	10.05	12.05	0.426	No group difference
Pain Interference	Low	82	6.41	2.21	5.93	6.90	<.001	High GH Physical =
rain interference	High	39	3.38	1.84	2.79	3.98	\. 001	better domain status
Dhygical Eunation	Low	82	23.40	7.73	21.70	25.10	<.001	High GH Physical =
Physical Function	High	37	38.76	7.01	36.42	41.09	<.001	better domain status
Sleep Disturbance	Low	82	22.04	5.34	20.86	23.21	<.001	High GH Physical =
Sleep Disturbance	High	40	14.40	5.86	12.53	16.27	<.001	better domain status
Symptoms	Low	82	9.07	2.77	8.47	9.68	<.001	High GH Physical =
Symptoms	High	40	6.43	2.24	5.71	7.14	\.UU1	better domain status
MENTAL								
A	Low	81	3.88	0.90	3.68	4.08	< 001	High GH Physical =
Anger	High	40	2.45	0.99	2.13	2.77	<.001	better domain status
A	Low	81	15.47	4.54	14.47	16.47	< 001	High GH Physical =
Anxiety	High	39	10.18	3.51	9.04	11.32	<.001	better domain status
Cognitive	Low	82	9.41	2.40	8.89	9.94	<.001	High GH Physical =
Abilities	High	39	11.59	2.81	10.68	12.50	<.001	better domain status
Cognitive	Low	82	9.50	3.47	8.74	10.26	<.001	High GH Physical =
Function	High	40	12.43	2.70	11.56	13.29	\. 001	better domain status
Depression	Low	81	16.47	6.02	15.14	17.80	<.001	High GH Physical =
	High	38	10.55	4.15	9.19	11.92		better domain status
Illness Burden	Low	81	10.74	4.27	9.80	11.68	<.001	

	High	40	7.53	3.07	6.54	8.51		High GH Physical = better domain status
Life Satisfaction	Low High	81 40	4.81 7.95	1.64 1.62	4.45 7.43	5.18 8.47	<.001	High GH Physical = better domain status
SOCIAL								
Ability to Engage	Low	80	13.53	5.48	12.30	14.75	<.001	High GH Physical =
in SR&A	High	36	21.72	5.26	19.94	23.50	\.UU1	better domain status
Independence	Low	82	7.20	3.19	6.49	7.90	<.001	High GH Physical =
macpenaence	High	39	11.21	2.71	10.33	12.08	\.UU1	better domain status
Satisfaction with	Low	80	13.53	4.46	12.53	14.52	<.001	High GH Physical =
SR&A	High	40	23.50	5.47	21.75	25.25	\.001	better domain status
Social Isolation	Low	82	6.55	1.98	6.11	6.98	<.001	High GH Physical =
Social isolation	High	39	4.05	1.65	3.52	4.59	\.UU1	better domain status

ANOVA = Analysis of Variance CI = Confidence Interval

GH = PROMIS Global Health

PROMIS = Patient-Reported Outcomes Measurement Information System SD = Standard Deviation

SR&A = Social Roles and Activities

Supplemental Table XV. ANOVA of PROMIS domains by PROMIS Global Health Mental (Low vs. High) using baseline data from 185 participants in the longitudinal sample

	2:				95% (Me		-	
Domain Measure	GH Mental Group	N	Mean	SD	Lower Bound	Upper Bound	ANOVA p value	Result Interpretation
PHYSICAL								
Dyspnea	Low High	33 52	30.54 22.97	7.95 9.61	27.72 20.30	33.35 25.65	<.001	High GH Mental = better domain status
Fatigue	Low High	41 57	44.12 30.61	7.10 8.23	41.88 28.43	46.36 32.80	<.001	High GH Mental = better domain status
Health Behavior Outcomes	Low High	42 57	10.45 11.21	2.96 2.62	9.53 10.51	11.38 11.91	0.182	No group difference
Pain Interference	Low High	42 57	6.81 4.11	2.11 2.20	6.15 3.52	7.47 4.69	<.001	High GH Mental = better domain status
Physical Function	Low High	42 57	24.00 32.91	7.89 10.00	21.54 30.26	26.46 35.57	<.001	High GH Mental = better domain status
Sleep Disturbance	Low High	42 58	23.31 15.28	5.23 6.25	21.68 13.63	24.94 16.92	<.001	High GH Mental = better domain status
Symptoms	Low High	42 58	9.62 6.71	3.02 2.51	8.68 6.05	10.56 7.37	<.001	High GH Mental = better domain status
MENTAL								
Anger	Low High	42 58	4.31 2.72	0.72 1.04	4.09 2.45	4.53 3.00	<.001	High GH Mental = better domain status
Anxiety	Low High	42 57	17.36 10.89	3.88 3.79	16.15 9.89	18.56 11.90	<.001	High GH Mental = better domain status
Cognitive Abilities	Low High	42 57	8.98 11.25	2.33 2.79	8.25 10.50	9.70 11.99	<.001	High GH Mental = better domain status
Cognitive Function	Low High	42 58	8.29 12.40	3.34 2.41	7.25 11.76	9.33 13.03	<.001	High GH Mental = better domain status
Depression	Low High	42 57	19.52 10.33	5.07 3.95	17.94 9.28	21.10 11.38	<.001	High GH Mental = better domain status
Illness Burden	Low	42	11.67	4.22	10.35	12.98	<.001	

	High	58	7.67	3.18	6.84	8.51		High GH Mental = better domain status
Life Catiafaction	Low	42	4.38	1.36	3.96	4.80	< 001	High GH Mental =
Life Satisfaction	High	58	7.19	1.92	6.68	7.70	<.001	better domain status
SOCIAL	Ü							
Ability to Engage	Low	42	11.69	5.13	10.09	13.29	<.001	High GH Mental =
in SR&A	High	55	20.38	5.22	18.97	21.79	<.001	better domain status
Indonandanaa	Low	42	6.76	2.95	5.84	7.68	<.001	High GH Mental =
Independence	High	57	9.86	2.92	9.09	10.63	\. 001	better domain status
Satisfaction with	Low	42	12.40	4.70	10.94	13.87	<.001	High GH Mental =
SR&A	High	57	21.95	5.53	20.48	23.42	<.001	better domain status
Social Isolation	Low	42	7.24	2.06	6.60	7.88	<.001	High GH Mental =
Social isolation	High	57	4.47	1.73	4.01	4.93	<.001	better domain status

CI = Confidence Interval

GH = PROMIS Global Health

PROMIS = Patient-Reported Outcomes Measurement Information System SD = Standard Deviation

SR&A = Social Roles and Activities

Supplemental Figure 1. Flow diagram for longitudinal sample

Clinical research coordinator identified and contacted eligible HF patients, obtained consent, and generated electronic baseline survey link for 237 HF patients

195 HF patients enrolled (informed consent, completed baseline survey)

75 HF patients completed follow-up surveys

75 HF patients categorized by treatment group:

- 43 Recently hospitalized primarily for HF
- 11 Underwent LVAD
- <u>11</u> Started GDMT after new HF diagnosis or first hospitalization
- 5 Underwent cardiac rehabilitation
- 5 Underwent CRT

* Verbal or written consent, depending on the Internal Review Board of record.

CRT = Cardiac resynchronization therapy; GDMT = Guideline-directed medical therapy; HF = Heart failure; LVAD = Left ventricular assist device

Patient Focus Group Guide

(Bold type = Instructions for moderator or observer, not to be read aloud)

A. WELCOME

As participants arrive, invite them to pick up their name tent, help themselves to refreshments and have a seat. Ask them to complete consent form and participant information sheet (i.e., demographics). Collect forms before Introduction.

B. INTRODUCTION

MODERATOR: "I'd like to welcome you to this focus group session. My name is _____. I'll be leading our discussion today." (Moderator says a little more about who she is and introduces anyone assisting her.)

C. STUDY INFORMATION SHEET (OPTIONAL)

MODERATOR: "Ok, before we get started, I want to make sure everyone received a focus group information sheet. This describes what this focus group is about, and what your participation entails. Are there any questions about this information?"

Answer any question.

E. GROUND RULES FOR DISCUSSION

MODERATOR: "Before we get started, I would like to go over a few ground rules for our discussion."

- 1. You are the experts and we would like to know what YOU think. There are no right or wrong answers. It is OK to have a different opinion from others. Different opinions can be helpful to us understand multiple perspectives.
- 2. You don't need to answer any questions you don't want to. Your participation today is voluntary.
- 3. I'd like to turn on the voice recorder to make sure that we can accurately record what you say today. This information will not be matched to your actual name when it is typed. To help us keep track of the different voices, please say your name each time you speak. The name will not be transcribed we will just use it to help us differentiate voices. The recording will be transcribed and reviewed by the researchers of this project. Later the tape will be erased. Is it OK with you if I record today's session? I have two recorders

here – one is a backup. Now I am going to turn on the recorders. **[turn on recorders.]** I have just turned on the recorders – to repeat, is it OK if I record our session today? **[record voices saying yes].** Thank you.

5.	The bathroom is located	If you have other needs	, like if the room becomes too
	warm or too cold, please let u	s know. We will end at	_ today. Do you have any
	questions before we get starte	ed?	

F. ICE BREAKER

Let's start by going around the room and saying your name and say one thing about this item. **[pass out item – a photo of nature or actual pieces of nature (pebble, leaf, twig)]** There are no right or wrong answers, just something that comes to mind.

G. QUESTIONS

- 1) We are here to learn from you what it is like to have your condition (OA-K/heart failure). Let's each write down how your life has changed since you began to have symptoms related to your condition (OA-K/heart failure). What you write about is up to you. It could include how having your condition has affected you physically, emotionally, socially, or with regard to how you function at home and/or at work. I will give a few minutes for everyone to do some writing, and then you will have the choice of sharing what you wrote.
 - Please take 5 minutes to think about this and write down how your life has changed.
 - (Allow time)
 - Who would like to share first?
 - *Probing questions:* Can you give me an example? Can you explain this more? Have others experienced the same situation? Are there other things that come to mind?
 - What would you say changed the most since developing your condition?
 - (Additional question for OA-K group that has had surgery) What changed the most since having your surgery for better or worse?
 - Observer will keep track of domains (physical, emotional, social, cognitive, work life) and sub-topics using checklist below. Will share with Moderator after Question #2 for further exploration with participants.

- Note: if respondents begin to discuss issues related to healthcare experience (e.g., medication cost, access to care, communication with physician), please redirect conversation back to non-healthcare system issues.
- 2) **Ask each participant to respond to following:** Given all the areas we have discussed, what would you say is your <u>top</u>, <u>most important</u> concern related to having your condition and why is it your top concern?

3`) We've heard about	and	. How about	•

Moderator will use checklist to decide on areas to cover in more depth

Preface areas with something like: Others with HF/OA-K have talked about (fill in the blank). What has been your experience with this or thoughts about this?

- 4) **Ask each person:** We've now discussed many other experiences or concerns. Earlier we heard about everyone's top / major concern. Now I'm interested to know if you still have the same top concern or is it different and why?
- 5) Thinking about all of the topic areas we have discussed today, do you want to add any other thoughts or comments?
- 6) Now we are going to do several things on paper. We have given you two forms. On the first form, titled "Focus Groups: Additional Comments" please add any other final thoughts or comments that you may have that you would rather not share with the group today. These can be things that you have experienced that would be helpful for us to know about to better understand the symptoms related to your condition. What you write is up to you. It is OK to leave the paper blank. When you are done, please fold it in half and raise your hand and we will collect it and review at a later time. It will not be discussed today.

On the second piece of paper, please think of one goal you have related to your condition that is important for you to achieve. This might be a long or short term goal. Please write your goal in the space provided.

Moderator will ask the following after everyone has completed both pieces of paper

Do you think it would be helpful to discuss this kind of goal with your doctor? Why or why not?

7) Lastly, we have shared a packet with you. On each page, you will see a domain (e.g., physical function) with a list of items/activities related to the domain. We would like to know how important the items/activities are to you as someone with [heart failure/osteoarthritis].

Please complete two steps: First, in the column labeled Top 10, please put an "X" next to the items that are most important to you. You may select up to 10 items. Next, please review the items you selected and put an "X" in the column labeled Top 5 for the 5 that are the <u>very most important</u> to you as someone with [heart failure/osteoarthritis].

When you have finished, please bring your packet to **[gesture to location]** and we will give you your thank you gift at that time. If you have any questions, please don't hesitate to ask.

Thank you so much! Your input today has been extremely helpful.

Physical

	Covered	Sufficient time spent on topic?	Follow-up questions needed/suggested
Ability to move around (e.g., walking climbing ladder, etc.)			
Activities that require strength (e.g., carrying things)			
Routine daily activities/self-care (e.g., showering, etc.)			
Exercise or sports activities			
Fatigue/tiredness			
Pain (severity)			
Pain (limitations)			
Sleep (quality, quantity)			
Other			

Emotional

	Covered	Sufficient time spent on topic?	Follow-up questions needed/suggested
Sadness/depression			
Worry/anxiety			
Frustration			
Fatigue/tiredness			
Dependency			
Self-worth/self- esteem			
Other			

Social

Covered	Sufficient time spent on topic?	Follow-up questions needed/suggested
	Covered	·

Cognitive

	Covered	Sufficient time spent on topic?	Follow-up questions needed/suggested
Memory			
Ability to think clearly			
Ability to think quickly			
Fatigue/tiredness			
Other			

Work

	Covered	Sufficient time spent on topic?	Follow-up questions needed/suggested
Routine tasks			
Inability to work			
Employer/colleague response			
Other			

Provider Interview Guide

(Bold type = Instructions for moderator or observer, not to be read aloud)

Assume that the rating scales for providers who agree to be interviewed will be conducted via an online survey platform prior to the interview. If the provider has not completed this by the time of the interview and the interview is being conducted in person, then the interviewer will bring along a paper copy of the instrument in hopes of having the provider fill it out then. If the interview is being conducted over the phone and the provider has not yet completed the instrument, then the interviewer will remind them to please complete the ratings.

Thank you for agreeing to share your expertise on (OA-K/heart failure). Specifically, we are interested in knowing your thoughts about the impact of this condition on patients' lives.

Intro researcher

Permission to Record -- Assure Confidentiality

- 1) To begin, could you share a bit about your background related to caring for patients with (OA-K/heart failure)?
- 2) How long have you been treating patients with osteoarthritis/heart failure?
- 3) Approximately how many OA-K/Heart failure patients do you see per month?
- 4) Thinking about your patients with (OA-K/heart failure) what would you say are the primary ways in which their daily lives change after developing the condition? This could include how their condition affects them physically, emotionally, socially, or how it impacts their ability to function at home and/or at work. Please list any that you can think of for these patients.
 - Are these different for different patients? In what ways?
 - For OA-K providers if they don't say: What would you say are the primary ways their life changes after treatment, such as surgery, particularly during the months just after surgery?
- 3) From your experience, which of the changes that you talked about are most concerning for patients?
 - Are these different for different patients? In what ways?
- 4) As a provider, what patient concerns or daily life changes are most important for you or your healthcare team to know about when caring for these patients?