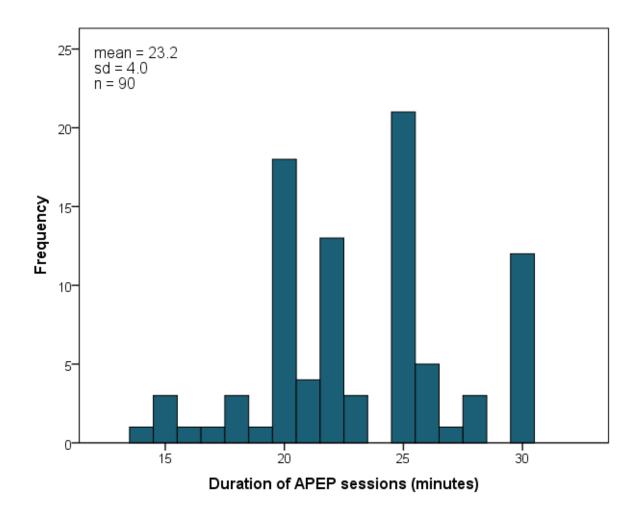
Additional file 2: Histogram of the duration of all 90 APEP sessions performed in the trial



Abbreviations: $sd = standard\ deviation$; n = number; $APEP = augmented\ prescribed\ exercise\ program$