

# Data extraction form (trial)

(Title)

## 1. General Information

<b>Person extracting data (name)</b>	
<b>Date form completed</b>	
<b>Report title</b> <i>(title of paper/ abstract/ report that data are extracted from)</i>	
<b>Study country</b>	

## 2. Population and setting

<b>Recruitment details</b>	Number of people screened: Number of people eligible: Number of people recruited: Number of people randomized:
<b>Notes:</b>	

## 3. Methods

	<b>Descriptions as stated in report/paper</b>	<b>Location in text</b> <i>(pg &amp; ¶/fig/table)</i>
<b>Aim of study</b>		
<b>Design</b> <i>(e.g. parallel, cluster)</i>		
<b>Control group</b> (What did the control group receive?)	Wait-list <input type="checkbox"/> no intervention <input type="checkbox"/> treatment as usual <input type="checkbox"/> <b>Other active treatment:</b> <b>Describe:</b>	
<b>Notes:</b>		

## 4. Risk of Bias assessment

See [Chapter 8](#) of the Cochrane Handbook and *The Cochrane collaboration tool for assessing risk of bias; criteria for judging risk of bias in the 'Risk of bias' assessment tool*

Domain	Risk of bias			Support for judgement (describe)	Location in text (pg & ¶/fig/table)
	Low risk	High risk	Unclear		
<b>Random sequence generation</b> <i>(selection bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Allocation concealment</b> <i>(selection bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Blinding of participants and personnel</b> <i>(performance bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Outcome group: All/	
<b>Blinding of outcome assessment: self-reported outcomes</b> <i>(detection bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Outcome group: All/	
<b>Blinding of outcome assessment: objective outcomes</b> <i>(detection bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Outcome group: All/	
<b>Incomplete outcome data</b> <i>(attrition bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Selective outcome reporting?</b> <i>(reporting bias)</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Other bias</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Notes:</b>					

## 5. Participants

Provide overall data and, if available, comparative data for each intervention or comparison group.

	Setting;			Location in text (pg & ¶/fig/table)
<b>Specific intervention</b>				
<b>Number of participants</b>	<b>Total:</b>	<b>Intervention:</b>	<b>Comparison:</b>	
<b>% Female</b>	<b>Total:</b>	<b>Intervention:</b>	<b>Comparison:</b>	
<b>Age</b>	<b>Total:</b>	<b>Intervention:</b>	<b>Comparison:</b>	

<b>Diagnose criteria</b>				
<b>Sample size</b>		<b>Intervention:</b>	<b>Comparison</b>	
<b>Comments from the authors</b>				
<b>Notes:</b>				

## 6. Outcomes / results (In Revman)

Copy and paste table for each outcome

### Primary time point

	Outcome	Result	Location in text (pg & ¶/fig/table)
Post-intervention	Pain		
	Fatigue		
	Sleep quality		
	Psychological stress		
	Depression		
	Anxiety		
	Mindfulness		
	Quality of Life		
	Work participation ability		

	Description as stated in report/paper	Location in text (pg & ¶/fig/table)
Key conclusions of study authors		
Notes:		

Adverse Events	
----------------	--

### Exclusion after data extraction

**Reasons for exclusion:** (study design? participants? interventions/ outcomes? attrition? bias?)

### Dates:

**Date entered into RevMan and by whom?**

**Date checked and by whom?**