

**Supplementary File 2. Demographic Characteristics of Participants (N=22)**

Demographic information	Frequency (%)
<b>Country of birth</b>	
Australia/NZ	13 (59.1)
United Kingdom	3 (13.6)
Hungary	2 (9.1)
China	2 (9.1)
South Africa	1 (4.5)
Netherlands	1 (4.5)
<b>Completed secondary school education</b>	
Year 12	9 (30.0)
Year 11	6 (20.0)
Year 10	4 (13.3)
Less than year 9	3 (10.0)
<b>Completed post secondary school education</b>	
University degree	6 (27.3)
Vocational Education and Training	8 (26.7)
Nil	8 (26.7)
<b>Occupation</b>	
Registered nurse/Enrolled nurse	3 (13.6)
Housekeeper/cook	3 (13.6)
Teacher	2 (9.1)
Home duties	2 (9.1)
Manager/accounting	2 (9.1)
Unemployed	2 (9.1)
Other	8 (36.4)

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Income source	
Employed	8 (36.4)
Self-funded retirement	3 (13.6)
Unemployment or disability benefit	3 (13.6)
Old age pension/veterans' pension	8 (36.4)
Retired	
Yes	11 (50.0)
No	11 (50.0)

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