Supplemental Table 3. Sample characteristics and descriptive statistics for all respondents.

| | Understanding Classification | | | |
Variable	Poor	OK	Good	*p* value [a]
Unaffected				
n	138 (30.1%)	200 (43.7%)	120 (26.2%)	
Age, years	31.48 (8.2)	32.87 (8.7)	36.87 (10.5)	<.001
BMI	26.72 (6.1)	27.15 (6.9)	27.01 (6.5)	.83
College Graduate	54 (39.1%)	90 (45.0%)	70 (58.3%)	.007
Non-Hispanic White	89 (65.4%)	141 (71.6%)	96 (80.0%)	.035
Female	36 (26.3%)	94 (47.0%)	65 (54.2%)	<.001
T1D				
n	10 (5.2%)	70 (36.5%)	112 (58.3%)	
Age, years	35.5 (9.9)	41.1 (13.1)	39.94 (15.0)	.548
BMI	25.33 (2.3)	27.73 (7.1)	25.95 (4.7)	.102
College Graduate	7 (70.0%)	45 (64.3%)	81 (72.3%)	.52
Non-Hispanic White	5 (50.0 %)	58 (85.3%)	102 (91.9%)	.004
Female	2 (20.0%)	55 (78.6%)	83 (74.8%)	<.001
T2D				
n	17 (9.0%)	107 (56.3%)	83 (43.7%)	
Age, years	51.3 (15.7)	53.8 (11.5)	54.3 (11.5)	.658
BMI	31.8 (8.4)	33.5 (9.3)	33.6 (8.9)	.748
College Graduate	7 (41.2%)	57 (53.5%)	45 (54.2%)	.608
Non-Hispanic White	11 (73.3%)	78 (73.6%)	71 (87.7%)	.053
Female	10 (58.5%)	77 (72.0%)	145 (70.0%)	.546

Note. M (SD) or frequency (percent) reported.

[a] *p* value reflects group differences among understanding classification and within respondent group.