

## Appendix 1:

### Selected risk markers for the development of heart failure<sup>2</sup>

Demographic and lifestyle	Medical history	Markers
Older age	Hypertension	Abnormal ECG
Male sex	Coronary artery disease	Increased cardiothoracic ratio on CXR
Heavy alcohol use	Diabetes	Elevated neurohormonal biomarkers
Smoking	Hyperlipidemia	Elevated resting heart rate
Physical inactivity	Obesity	Microalbuminuria

Beique LC, et al. 2017 Guidelines for the management of heart failure by pharmacists. *Can Pharm J* (Ott) 2019;152(5). DOI: 10.1177/1715163519853307.