Appendix 5: Online tools and resources for HF

Description	Link
Websites for patients	www.heartandstroke.ca/heart/conditions/heart-failure www.bcheartfailure.ca www.bcheartfailure.ca/for-patients-and-families/e-learning-module-on-hf www.heartfailurematters.org/en_GB www.ottawaheart.ca/heart-failure-patient-guide www.hfsa.org/patient
Phone apps for patients These phone apps have medication trackers and reminders, symptom trackers and weight monitoring, tips and information on how to live with HF.	HF Path by the American Heart Association Heart Failure Storylines by the Heart Failure Society of America
Handouts for patients Some handouts are provided in different languages and there are handouts for health eating tips and recipes for different cuisines.	http://www.heartandstroke.ca/what-we-do/publications_ http://www.bcheartfailure.ca/for-patients-and-families/co-management-resources/
Websites for pharmacists and other health care professionals	https://www.ccs.ca/en/heart-failure-program https://www.ccs.ca/en/guidelines/guideline-resources
Phone apps for pharmacists	CCS app MED-HF app or website TOM-C HF tool ¹

Beique LC, et al. 2017 Guidelines for the management of heart failure by pharmacists. *Can Pharm J* (Ott) 2019;152(5). DOI: 10.1177/1715163519853307.