Supplementary Information

Energetic costs regulated by cell mechanics and confinement are predictive of migration path during decision-making

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Parameter	Meaning	Value	Origin
D_{c}	Assumed normal cell diameter	18 µm	1
E_{c}	Cell stiffness	200-1000 Pa	Adjusted, based on values measured here
Vc	Poisson's ratio of the cell	0.45	Assumed
$E_{\rm ECM}$	Extracellular matrix stiffness	400-550 Pa	2
VECM	Poisson's ratio of the extracellular matrix	0.45	Assumed
σ	Minimal energy required for migration	0.19 pJ s ⁻¹	3

Supplementary Table 1. Model parameters.



Supplementary Figure 1. Cell migration speed and spatial confinement. Quantification of cell velocity with increasing confinement (n = 34, 33, 22 cells for 15, 12, 7 µm tracks). Data shown as median ± interquartile range (box), 5th-95th percentiles (whiskers), and mean (+); Kruskal-Wallis test with Dunn's post hoc analysis; n.s. = not significant.



Supplementary Figure 2. Cell stiffness-mediated changes in cell and matrix deformation increase with spatial confinement. a–c, Quantification of cell elongation following pharmacological treatments and siCav1 knockdown in 15 μ m (a), 12 μ m (b), and 7 μ m (c) collagen microtracks. d–f, Quantification of track deformation post pharmacological treatments and siCav1 knockdown in 15 μ m (d), 12 μ m (e), and 7 μ m (f) collagen microtracks (*n* = Ctrl: 111, 91, 118; Rho+: 111, 92, 107; CL-A: 121, 95, 100; Y27: 127, 117, 135; ML7: 114, 95, 107; M β CD: 116, 105, 123; siCtrl: 63, 49, 53; siCav1: 68, 46, 55 cells for 15, 12, 7 μ m microtracks). Data shown as median \pm interquartile range (box), 5th–95th percentiles (whiskers), and mean (+); two-tailed Mann–Whitney test; **P*<0.05, n.s. = not significant.



Supplementary Figure 3. Cell stiffness-mediated changes in cellular ATP:ADP ratio and glucose uptake increase with spatial confinement. **a**–**c**, Quantification of normalized PercevalHR ratio following pharmacological treatments and siCav1 knockdown in 15 μ m (**a**), 12 μ m (**b**), and 7 μ m (**c**) collagen microtracks (n =Ctrl: 111, 91, 118; Rho+: 111, 92, 107; CL-A: 121, 95, 100; Y27: 127, 117, 135; ML7: 114, 95, 107; M β CD: 116, 105, 123; siCtrl: 63, 49, 53; siCav1: 68, 46, 55 cells for 15, 12, 7 μ m microtracks). **d**–**f**, Quantification of 2-NBDG uptake following pharmacological treatments and siCav1 knockdown in 15 μ m (**d**), 12 μ m (**e**), and 7 μ m (**f**) collagen microtracks (n = Ctrl: 46, 29, 36; Rho+: 44, 41, 42; CL-A:48, 40, 49; Y27:61, 37, 46; ML7: 52, 38, 36; M β CD: 40, 24, 28; siCtrl: 46, 17, 22; siCav1: 46, 28, 21 cells for 15, 12, 7 μ m microtracks). Data shown as median \pm interquartile range (box), 5th–95th percentiles (whiskers), and mean (+); two-tailed Mann–Whitney test; *P<0.05, **P<0.01, n.s. = not significant.



Supplementary Figure 4. Matrix stiffness-mediated changes in cellular ATP:ADP ratio and glucose uptake with spatial confinement. a–c, Quantification of normalized PercevalHR ratio for 15 μ m (a), 12 μ m (b), and 7 μ m (c) microtracks in collagen gels glycated with 0 mM or 100 mM ribose (n = 0 mM: 47, 30, 31; 100 mM: 49, 28, 29 cells for 15, 12, 7 μ m tracks). d–f, Quantification of 2-NBDG uptake in 15 μ m (d), 12 μ m (e), and 7 μ m (f) microtracks in collagen gels glycated with 0 mM or 100 mM ribose (n = 0 mM: 96, 53, 59; 100 mM: 71, 46, 35 cells for 15, 12, 7 μ m tracks). Data shown as median ± interquartile range (box), 5th–95th percentiles (whiskers), and mean (+); two-tailed Mann–Whitney test; **P*<0.05, n.s. = not significant.

Supplementary References

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- 2. Bordeleau, F. *et al.* Matrix stiffening promotes a tumor vasculature phenotype. *Proc. Natl. Acad. Sci.* **114**, 492–497 (2016).
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