

Supplementary Information

Article Title

Gut microbiome comparability of fresh-frozen versus stabilized-frozen samples from hospitalized patients using 16S rRNA gene and shotgun metagenomic sequencing

Authors

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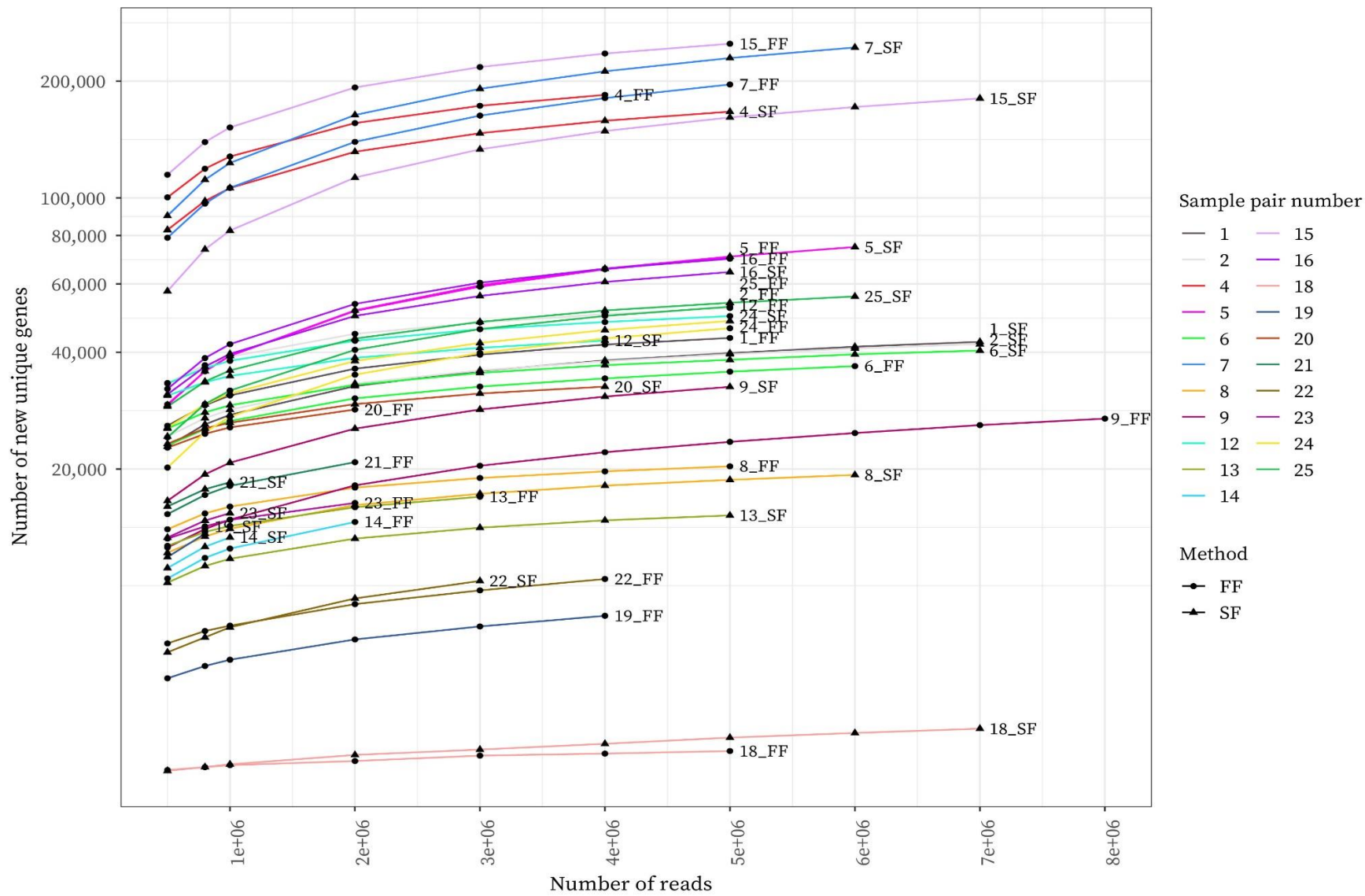
Supplementary Table S1

| Patient | Sample | Method | HSCT type | HSCT to sampling (days) | Sampling to freezing (days) |
|----------------|---------------|---------------|------------------------|--------------------------------|------------------------------------|
| 1 | 1 | <i>FF</i> | Myeloablative HSCT | 7 | 0 |
| 1 | 1 | <i>SF</i> | Myeloablative HSCT | 7 | 0 |
| 1 | 2 | <i>FF</i> | Myeloablative HSCT | 14 | NA ¹ |
| 1 | 2 | <i>SF</i> | Myeloablative HSCT | 14 | NA ¹ |
| 2 | 3 | <i>FF</i> | Myeloablative HSCT | 7 | 0 |
| 2 | 3 | <i>SF</i> | Myeloablative HSCT | 7 | 9 |
| 3 | 4 | <i>FF</i> | Myeloablative HSCT | -28 | 0 |
| 3 | 4 | <i>SF</i> | Myeloablative HSCT | -28 | 0 |
| 4 | 5 | <i>FF</i> | Non-myeloablative HSCT | -150 | 2 |
| 4 | 5 | <i>SF</i> | Non-myeloablative HSCT | -150 | 2 |
| 5 | 6 | <i>FF</i> | Non-myeloablative HSCT | 28 | 7 |
| 5 | 6 | <i>SF</i> | Non-myeloablative HSCT | 28 | 7 |
| 6 | 7 | <i>FF</i> | Myeloablative HSCT | -22 | 2 |
| 6 | 7 | <i>SF</i> | Myeloablative HSCT | -22 | 2 |
| 6 | 8 | <i>FF</i> | Myeloablative HSCT | 14 | 0 |
| 6 | 8 | <i>SF</i> | Myeloablative HSCT | 14 | 0 |
| 6 | 9 | <i>FF</i> | Myeloablative HSCT | 21 | 0 |
| 6 | 9 | <i>SF</i> | Myeloablative HSCT | 21 | 0 |
| 7 | 10 | <i>FF</i> | Myeloablative HSCT | -19 | 7 |
| 7 | 10 | <i>SF</i> | Myeloablative HSCT | -19 | 7 |
| 8 | 11 | <i>FF</i> | Non-myeloablative HSCT | 10 | 1 |
| 8 | 11 | <i>SF</i> | Non-myeloablative HSCT | 10 | 1 |
| 9 | 12 | <i>FF</i> | Non-myeloablative HSCT | -28 | 0 |
| 9 | 12 | <i>SF</i> | Non-myeloablative HSCT | -28 | 0 |
| 9 | 13 | <i>FF</i> | Non-myeloablative HSCT | 20 | 0 |
| 9 | 13 | <i>SF</i> | Non-myeloablative HSCT | 20 | 13 |
| 9 | 14 | <i>FF</i> | Non-myeloablative HSCT | 26 | 0 |
| 9 | 14 | <i>SF</i> | Non-myeloablative HSCT | 26 | 7 |

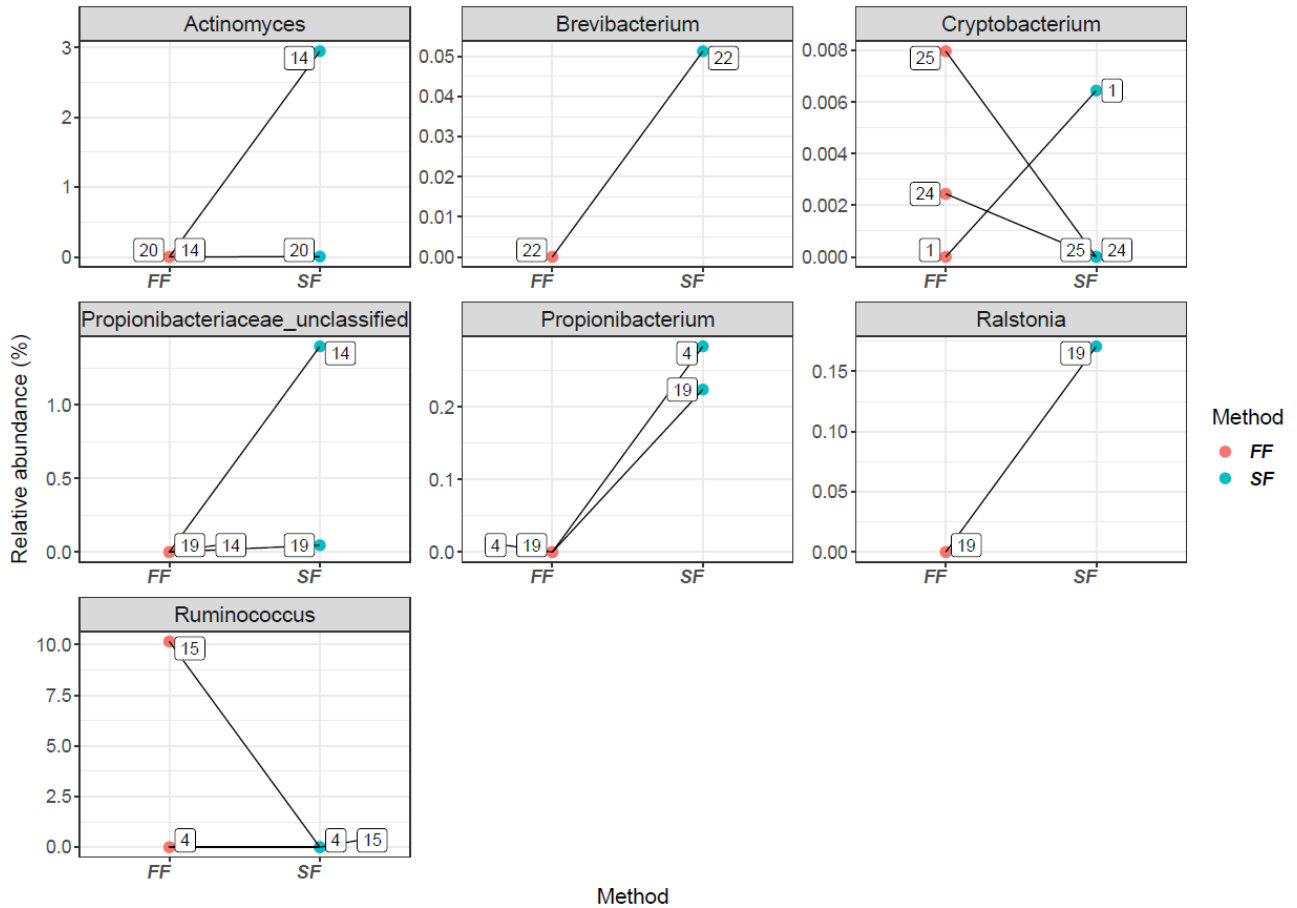
| | | | | | |
|----|----|-----------|------------------------|-----|----|
| 10 | 15 | <i>FF</i> | Myeloablative HSCT | -29 | 0 |
| 10 | 15 | <i>SF</i> | Myeloablative HSCT | -29 | 0 |
| 11 | 16 | <i>FF</i> | Non-myeloablative HSCT | 7 | 0 |
| 11 | 16 | <i>SF</i> | Non-myeloablative HSCT | 7 | 0 |
| 11 | 17 | <i>FF</i> | Non-myeloablative HSCT | 14 | 0 |
| 11 | 17 | <i>SF</i> | Non-myeloablative HSCT | 14 | 7 |
| 12 | 18 | <i>FF</i> | Myeloablative HSCT | 21 | 1 |
| 12 | 18 | <i>SF</i> | Myeloablative HSCT | 21 | 8 |
| 13 | 19 | <i>FF</i> | Myeloablative HSCT | 14 | 0 |
| 13 | 19 | <i>SF</i> | Myeloablative HSCT | 14 | 8 |
| 14 | 20 | <i>FF</i> | Myeloablative HSCT | 14 | 0 |
| 14 | 20 | <i>SF</i> | Myeloablative HSCT | 14 | 2 |
| 14 | 21 | <i>FF</i> | Myeloablative HSCT | 21 | 0 |
| 14 | 21 | <i>SF</i> | Myeloablative HSCT | 21 | 9 |
| 14 | 22 | <i>FF</i> | Myeloablative HSCT | 29 | 0 |
| 14 | 22 | <i>SF</i> | Myeloablative HSCT | 29 | 14 |
| 15 | 23 | <i>FF</i> | Myeloablative HSCT | 14 | 3 |
| 15 | 23 | <i>SF</i> | Myeloablative HSCT | 14 | 16 |
| 16 | 24 | <i>FF</i> | Myeloablative HSCT | 14 | 3 |
| 16 | 24 | <i>SF</i> | Myeloablative HSCT | 14 | 7 |
| 16 | 25 | <i>FF</i> | Myeloablative HSCT | 21 | 0 |
| 16 | 25 | <i>SF</i> | Myeloablative HSCT | 21 | 8 |
| 17 | 26 | <i>FF</i> | Myeloablative HSCT | 14 | 1 |
| 17 | 26 | <i>SF</i> | Myeloablative HSCT | 14 | 14 |

Baseline table of patients, samples, sampling time points and time to freezing. *FF*= Fresh-frozen, *SF*= Stabilized-frozen.

¹NA = the nurse/patient taking the sample had not noted the time of sampling. The sampling to freezing value for this sample is therefore marked as NA for both the *SF* and *FF* sample from the same stool.



Supplementary Figure S1. Gene richness rarefaction curve per sample and method. Each individual sample per sample pair is labelled (sample pair number_sampling method, e.g. 1_SF (sample pair 1, sampling method= stabilized-frozen)). There is a saturation of new unique genes for the majority of samples after the 5 million reads mark. Based on forward reads mapping to the IGC (Integrated Gene Catalogue) catalogue. FF= Fresh-frozen, SF= Stabilized-frozen.



Supplementary Figure S2. The paired DESEQ2 analysis on shotgun metagenomic data showed significant differences in the abundance of seven bacterial genera. Here we show the sample pairs that had these differences for each bacterial genera. *FF*= Fresh-frozen, *SF*= Stabilized-frozen.

Supplementary Methods

Stabilizer choice:

Several stabilizers are available for the sampling of stool for later microbiome analysis and claim to allow for a delay prior to freezing (*SF* (stabilized-frozen) sampling). The main commercially available stabilization fluids include RNAlater, 70% or 95% ethanol, guanidine, PSP buffer and OMNIgene.GUT. Gut microbiome studies have also been performed using stool from swabs or FTA (Flinders Technology Associates)/FOBT (faecal occult blood test)/FIT (faecal immunochemical test) cards. A discussion of these additional sampling methods is beyond the scope of this article.

Among studies assessing different *SF* collection methods (all in non-hospitalized/healthy cohorts), most have found fresh-frozen (*FF*) and *SF* sampling methods to be comparable^{1,2}. However, several studies have found not to recommend 70% ethanol^{3,4}, and others have found RNAlater to give a lower DNA yield and lower bacterial diversity compared to *FF* samples⁵⁻⁸, as well as a loss in stability when at ambient temperatures for a longer period of time^{3,9}. Studies evaluating the OMNIgene.GUT. (DNA Genotek Inc.) stabilization fluid have found it to have the least effect on gut microbiome composition compared to other *SF* methods^{3,7,10,11}. Importantly, the OMNIgene.GUT stabilization fluid has been shown to give similar results after 28 days at room temperature as samples with freshly extracted DNA (*FE*) samples¹². Some have found minor differences with the OMNIgene.GUT tube with regard to bacterial abundance proportions^{7,13-15}, but results have been generally comparable to *FF* sampling^{14,16,17}, with differences among sampling methods being of a lower scale than those between individuals^{13,16}. Thus, our literature review concluded that the OMNIgene.GUT tube should be our *SF* sampling method of choice and should be tested against *FF* samples in our hospital cohort. We cannot make any conclusions regarding other *SF* reagents that were not tested. Again, the company DNA Genotek Inc. played no part in this review, and all sampling kits were financed without aid from the company. No authors or hospital staff have received financial support or have any stockholdings in DNA Genotek Inc.

Overview of human stool sample collection/stabilizer comparison studies from 2010 onwards

| Reference | Year | Journal | N subjects | Subject type | <i>FF</i> | <i>FE</i> | <i>SF</i> | 16S rRNA gene sequencing (region) | Shotgun metagenomic sequencing | Sequencing machine |
|-------------------------------|------|--------------------------------|------------|-------------------|-----------|-----------|---|-----------------------------------|--------------------------------|--|
| Wu et al. ¹ | 2010 | BMC Microbiology | 10 | Adults | Yes | Yes | PSP (Invitex) buffer | Yes (V1-V2) | No | 454 FLX machine Roche |
| Domianni et al. ⁵ | 2013 | BMC Microbiology | 3 | Adults | Yes | No | RNAlater | Yes (V3-V4) | No | 454 FLX machine Roche |
| Choo et al. ⁷ | 2015 | Scientific reports | 1 | Adults | Yes | No | OMNIgene.GUT, RNAlater, Tris-EDTA | Yes (V4) | No | Illumina MiSeq |
| Flores et al. ¹⁸ | 2015 | Microbiome | 10 | Adults | Yes | No | RNAlater, RNAlater+ kanamycin, RNAlater+ ciprofloxacin | Yes (V3-V4) | No | Illumina MiSeq |
| Gorzalak et al. ⁶ | 2015 | PLOSone | 4 | Adults | Yes | No | RNAlater | Yes (target bacterial groups) | No | Biorad CFX 96 real time PCR detection system |
| Mathy et al. ¹¹ | 2015 | Biopreservation and Biobanking | 3 | Infants (+3 dogs) | Yes | No | OMNIgene.GUT (P-084 and P-085 prototype), PSP Spin Stool DNA plus kit, RNAlater | Yes (V4) | No | Illumina MiSeq |
| Voigt et al. ² | 2015 | GenomeBiology | 8 | Adults | Yes | No | RNAlater | No | Yes | Illumina HiSeq |
| Anderson et al. ¹² | 2016 | Scientific reports | 16 | Adults | Yes | Yes | OMNIgene.GUT | No | Yes | Illumina HiSeq |

| | | | | | | | | | | |
|-------------------------------------|------|------------------------------------|----|--------------------------|-----|-----|---|--|-----|-----------------------------------|
| Hill et al.¹⁶ | 2016 | Microbiome | 44 | Infants and older adults | Yes | Yes | OMNIgene.GUT | Yes (V4-V5) | No | Illumina MiSeq |
| Song et al.³ | 2016 | mSystems | 10 | Adults (+ 5 dogs) | Yes | Yes | OMNIgene.GUT, 70% ethanol, 95% ethanol, Flinders Technology Associates (FTA) cards | Yes (V4) | No | Illumina HiSeq and Illumina MiSeq |
| Al et al.¹⁹ | 2017 | Journal of Microbiological Methods | 3 | Adults | Yes | Yes | RNAlater | Yes (V4) | No | Illumina MiSeq |
| Vogtmann et al.⁹ | 2017 | American Journal of Epidemiology | 52 | Adults | Yes | No | 95% ethanol, RNAlater, faecal occult blood test cards, faecal immunochemical test tubes | Universal primer set 515F/806R | No | Illumina HiSeq |
| Angebault et al.⁸ | 2018 | PLOSone | 3 | Adults | Yes | No | RNAlater | Yes (V3-V4) (+ITS) | No | 454 FLX machine Roche |
| Han et al.¹⁵ | 2018 | Microbiome | 8 | Adults | Yes | Yes | OMNIgene.GUT, Novel NOBp-based | No | Yes | Illumina HiSeq + BGISEQ-500 |
| Panek et al.¹⁴ | 2018 | Scientific reports | 4 | Adults | Yes | Yes | OMNIgene.GUT | Yes (V3-V4 for Illumina, V2, V4, V8 and V3, V6-V7, V9 for Ion Torrent) | No | Illumina MiSeq + Ion Torrent PGM |

| | | | | | | | | | | |
|--------------------------------------|------|---|----|---------|-----|-----|---|-------------|----|-----------------|
| Penington et al.¹³ | 2018 | Scientific reports | 6 | Adults | Yes | No | OMNIgene.GUT | Yes (V4) | No | Illumina MiSeq |
| Ribeiro et al.²⁰ | 2018 | Journal of the Sao Paulo Institute of Tropical Medicine | 10 | Adults | Yes | Yes | Guanidine | Yes (V4) | No | Ion Torrent PGM |
| Szopinska et al.¹⁷ | 2018 | BMC Microbiology | 14 | Adults | No | Yes | OMNIgene.GUT | Yee (V3-V4) | No | Illumina MiSeq |
| Wang et al.²¹ | 2018 | Frontiers in Cellular and Infection Microbiology | 8 | Healthy | Yes | No | OMNIgene.GUT, 95% ethanol, RNAlater, Flinders Technology Associates (FTA) cards | Yes (V4) | No | Illumina MiSeq |
| Ezzy et al.²² | 2019 | Journal of Microbiological Methods | 3 | Healthy | Yes | No | DETA (20% DMSO-0.25M EDTA, pH 8.0), DETA-NaCl, 95% ethanol* | Yes (V3-V4) | No | Illumina MiSeq |

*Only samples stored with DETA-NaCl as well as fresh-frozen, -20°C and -80°C storage samples were 16S rRNA gene sequenced (other methods were assessed for DNA yield and purity only)

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