

Quiz*

1. When you are doing CPR, how many times per minute should you push on the center of a person's chest?
 - a. At least 50
 - b. At least 150
 - c. At least 100
 - d. I don't know

2. When should you stop pushing on a person's chest during CPR?
 - a. 5 minutes
 - b. Until I get tired
 - c. Until the health professionals arrive
 - d. I don't know

3. How deep should you push on the chest of an adult during CPR?
 - a. 2.5 cm
 - b. 5 cm
 - c. 7.5 cm
 - d. I don't know

4. What are the correct steps of "hands-only" CPR?
 - a. Call 9-1-1 and then push hard and fast on the center of the person's chest until a health professional arrives
 - b. Push hard and fast on the center of the chest and then call 9-1-1
 - c. Give the person 2 breaths mouth-to-mouth and then call 9-1-1
 - d. I don't know

5. Would you feel comfortable doing CPR on someone who had a cardiac arrest?
 - a. Yes
 - b. No

*Correct answers for 1, 2, 3, and 4 are (c), (c), (b), and (a), respectively