

Supplementary Table 1. Descriptive Statistics for Life Expectancy, Self-Rated Health, and Number of Doctor Consultations Per Capita by Country

Country	Life expectancy (yr)	Good self-rated health* (%)	Fair+poor self-rated health [†] (%)	Poor self-rated health [‡] (%)	Number of doctor consultations per capita
Austria	81.3	69.8	30.2	8.8	6.6
Belgium	81.1	74.6	25.4	9.4	6.8
Czech Republic	78.7	61.2	38.8	11.1	11.1
Denmark	80.8	71.6	28.4	7.6	4.4
Estonia	77.7	51.4	48.5	15.7	6.4
Finland	81.6	69.8	30.2	5.8	4.3
France	82.4	67.8	32.2	7.8	6.3
Germany	80.7	64.5	35.4	8.3	10.0
Hungary	75.7	56.3	43.7	15.8	11.8
Iceland	82.5	76.3	23.7	5.7	5.9
Ireland	81.5	82.3	17.7	3.9	5.7
Italy	82.6	65.6	34.4	12.4	6.8
Japan	83.9	35.4	63.6	14.5	12.7
Korea	82.1	32.5	67.5	17.6	16.0
Latvia	74.6	46.2	53.8	16.3	5.9
Luxembourg	82.4	70.4	29.6	8.7	5.8
Netherlands	81.6	76.2	23.7	5.2	8.2
Norway	82.4	78.3	21.7	6.4	4.3
Poland	77.6	57.8	42.2	14.3	7.4
Portugal	81.2	46.4	53.6	18.0	4.1
Slovak Republic	76.7	65.9	34.1	12.3	11.4
Slovenia	80.9	64.8	35.2	11.6	6.8
Spain	83.0	72.4	27.7	7.5	7.6
Sweden	82.3	79.7	20.3	3.8	2.9
Switzerland	83.0	79.3	20.7	3.8	3.9
Turkey	78.0	66.4	33.6	12.0	8.4

Organization for Economic Co-operation and Development (OECD) countries with the same question on self-rated health.

*Good or very good; [†]Fair, poor, or very poor; [‡]Poor or very poor.