

Table 2- MLSRI-20 intra-rater reliability by individual item within categories

Category and Item	Description	First Rating Mean (SD)	Second Rating Mean (SD)	ICC (95% CI)
What the Therapist SAYS				
1	Encouragement	2.03 (0.89)	2.20 (0.92)	0.58 (0.12-0.80)
2	Instructions- Object/Environment	0.87 (0.86)	0.93 (0.98)	0.68 (0.32-0.85)
3	Instructions- Body movement	1.53 (0.68)	1.47 (0.73)	0.55 (0.06-0.79)
4	Asking rather than telling	0.60 (0.81)	0.40 (0.67)	0.88 (0.57-0.94)
5	Feedback- Movement Performance	1.80 (0.85)	1.80 (0.76)	0.40 (0.00-0.72)
6	Feedback- Results	0.90 (0.88)	0.77 (0.94)	0.78 (0.53-0.89)
7	Feedback- What was done well	0.47 (0.57)	0.53 (0.57)	0.54 (0.04-0.78)
8	Feedback- What was done poorly	0.27 (0.45)	0.17 (0.38)	0.49 (0.00-0.76)
9	Link activities	0.47 (1.01)	0.67 (1.09)	0.82 (0.64-0.92)
10	Mental Practice	0.07 (0.37)	0.07 (0.37)	0.00 (0.00-0.49)
What the Therapist DOES				
11	Demonstration	0.60 (1.10)	0.83 (1.26)	0.94 (0.87-0.97)
12	Physical Guidance	2.97 (1.03)	3.10 (1.03)	0.86 (0.70-0.93)
13	Errors as part of learning	1.43 (1.01)	1.60 (0.67)	0.73 (0.43-0.87)
14	Recommends practice	0.07 (0.36)	0.00 (0.00)	0.00 (0.00-0.52)
15	Provides education	0.27(0.69)	0.13(0.51)	0.43 (0.00-0.73)
How the Practice IS Organized				
16	Repetitive	3.90 (0.31)	3.87(0.43)	0.78 (0.53-0.89)
17	Whole	3.47 (0.78)	3.57 (0.86)	0.84 (0.66-0.92)
18	Variable	2.27 (1.14)	2.23 (1.19)	0.72 (0.41-0.87)
19	Random	0.97 (1.03)	1.00 (1.08)	0.83 (0.64-0.92)
20	Progressive	2.07 (1.28)	2.17 (1.12)	0.81 (0.60-0.91)
TOTAL SCORE				0.89 (0.76-0.95)

Bolded ICC indicates values in the 'poor' range²¹